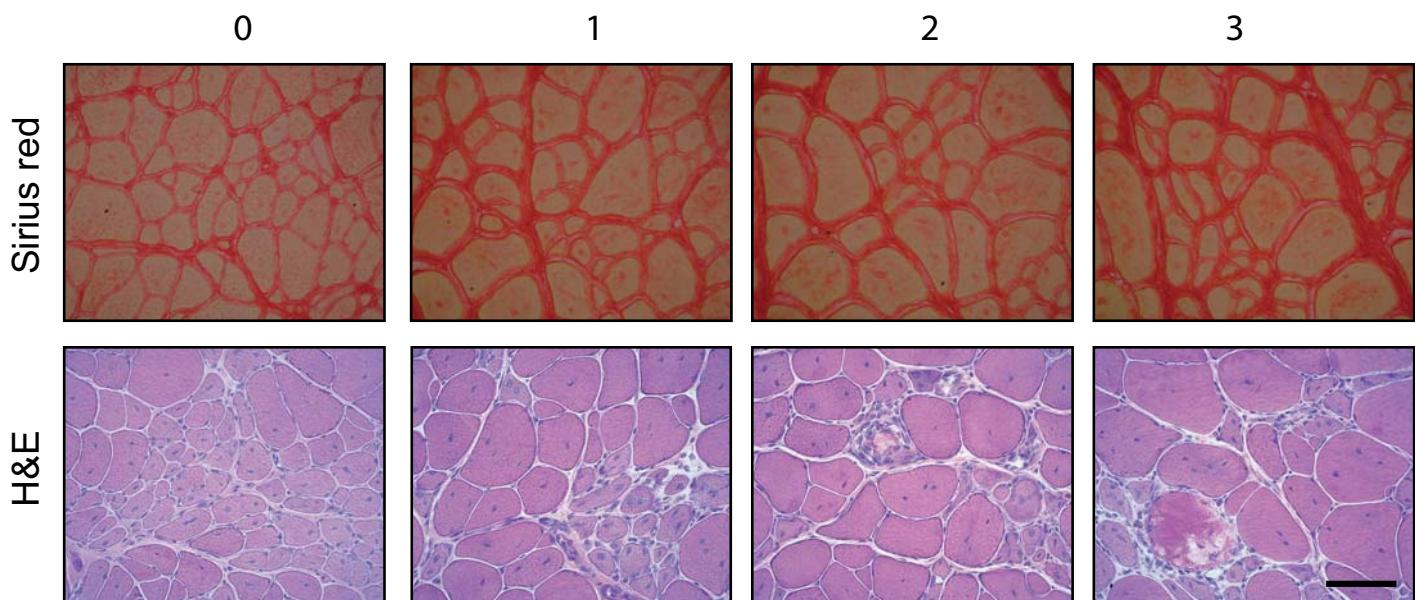
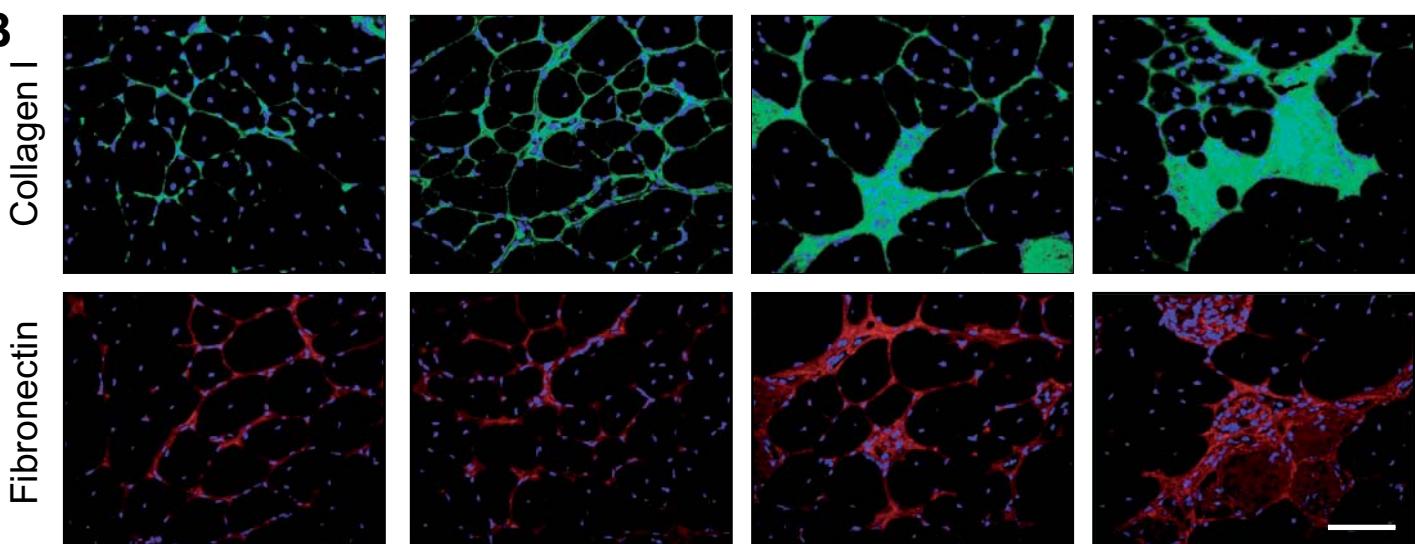
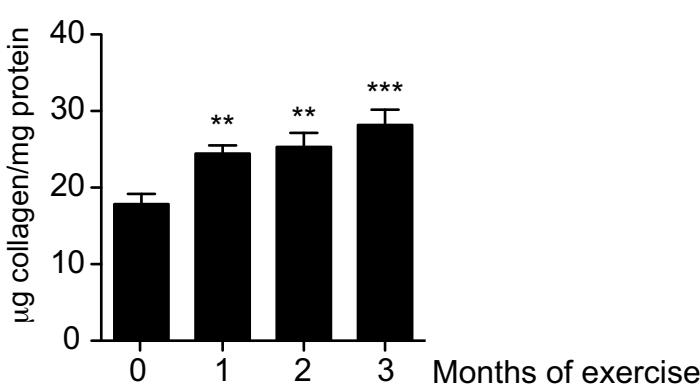


**A**

Months of exercise

**B****C****D**