

Appendix B. Most Commonly Reported Food Items Not Included in BFFQ-Restricted Diaries

Food Item	Percentage (%) of Patients Reporting Item	Food Item	Percentage (%) of Patients Reporting Item
Coffee	47	Pancakes	6
Tea	40	Assorted nuts	6
Crackers	33	Gelatin	5
Diet soda	22	Artificial fruit drinks	4.8
Jam	20	Pickled cucumber	4.8
Sugar	18	Pudding	4.8
Cornbread	16	Cottage cheese	4.8
Mustard	13	Relish	4
Hard candy	12	Raisins	4
Gravy	9	BBQ sauce	4
Salad dressing	8	Popsicle	3
Pancake syrup	7	Olives	3
Mayonnaise	7	Pretzels	3
Lemonade	7	Sour cream	3
Lemon juice	7	Hush puppies	2.7

Forty-seven other items that were also not included in the BFFQ-restricted diaries were reported by fewer than 3 (2%) individuals.