

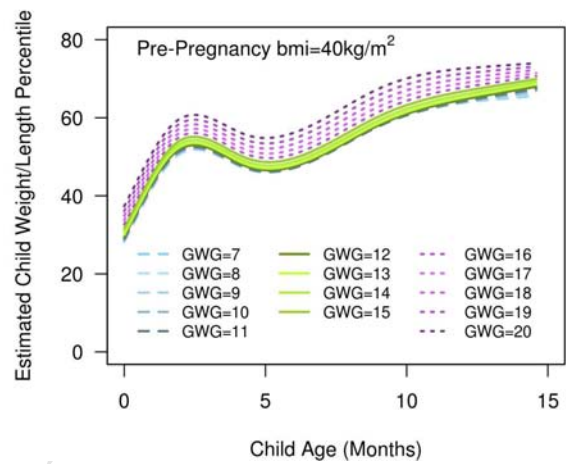
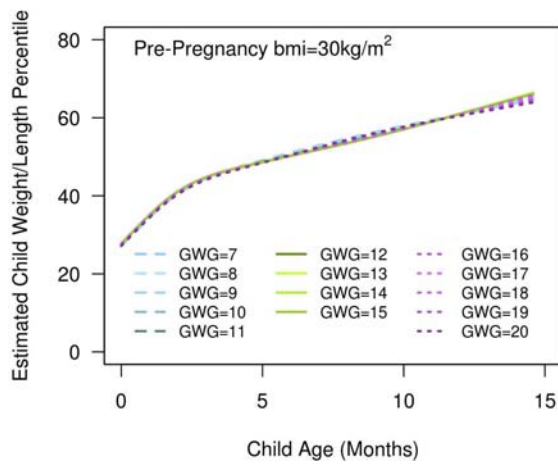
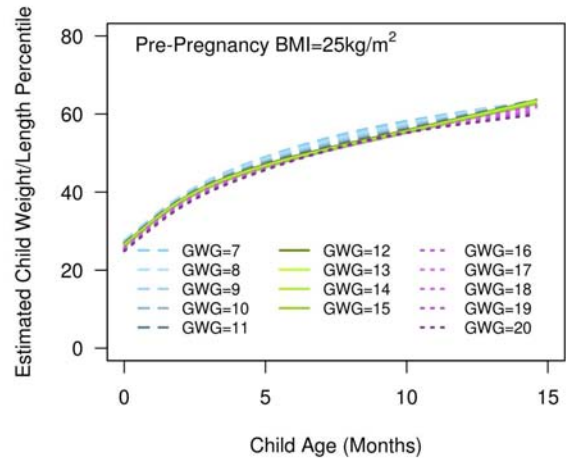
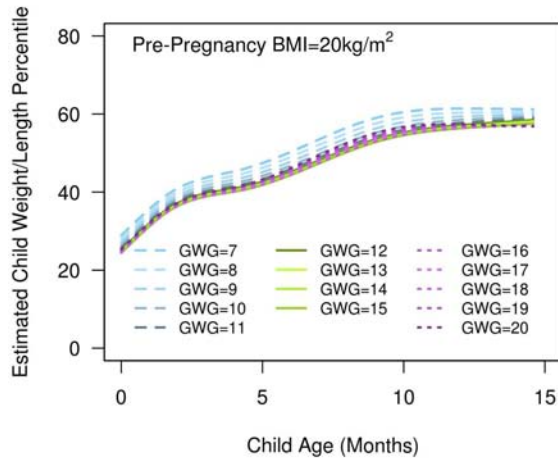
Table 2: Maternal Gestational Weight Gain by Pre-Pregnancy Body Mass Index and Institute of Medicine Recommendations

Maternal Pre-Pregnancy BMI	Number of Mothers	IOM Recommended Weight Gain (kg)	# Classified as Excess Gestational Weight Gain n(%)	Mean (SD) Gestational Weight Gain for Mothers with Excess GWG (kg)
< 18.5	8	12.5-18.0	3 (37.5%)	22.4 (3.0)
18.5-24.9	218	11.5-16.0	74 (33.9%)	20.7 (4.0)
25.0-29.9	131	7.0-11.5	72 (55.0%)	17.8 (4.9)
≥30.0	142	5.0-9.0	62 (43.7%)	15.8 (5.8)

Data are presented as N (%) or median (interquartile range).

Supplemental Table 1: Recommended Gestational Weight Gain based on 2009 IOM Guidelines⁹

Maternal Pre-Pregnancy BMI	IOM Recommended Weight Gain (kg)
< 18.5	12.5-18.0
18.5-24.9	11.5-16.0
25.0-29.9	7.0-11.5
≥ 30.0	5.0-9.0



ACCEPTED