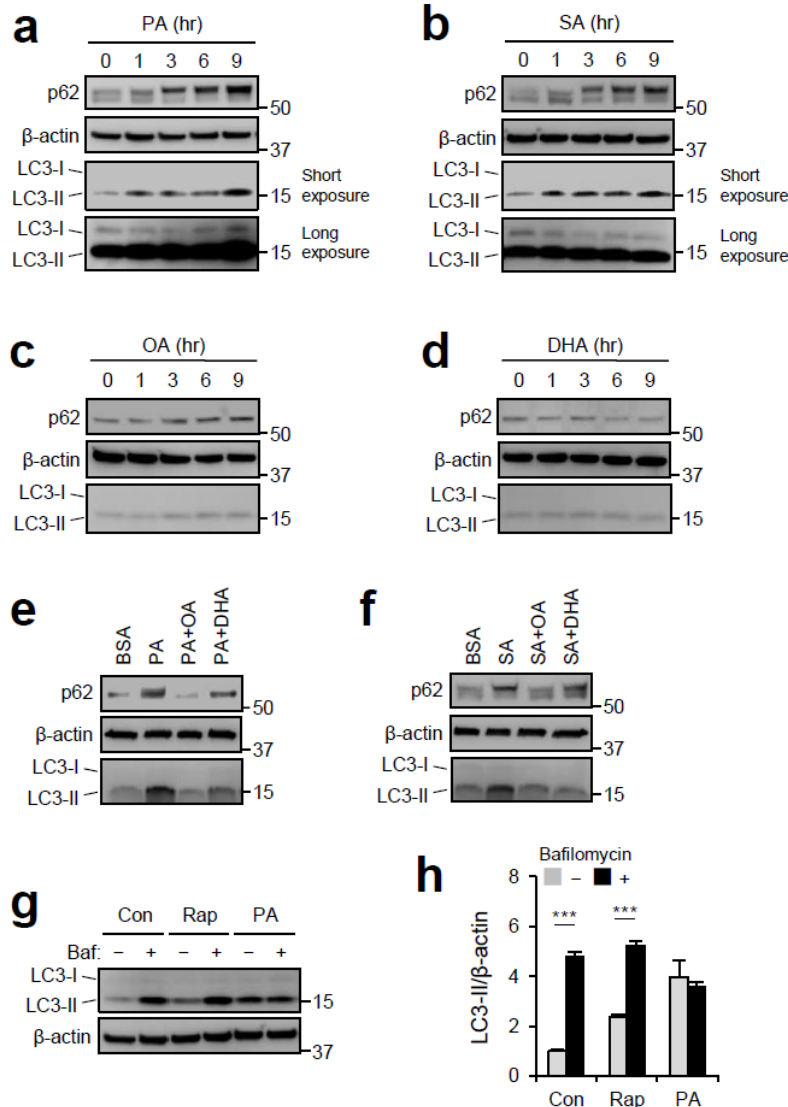
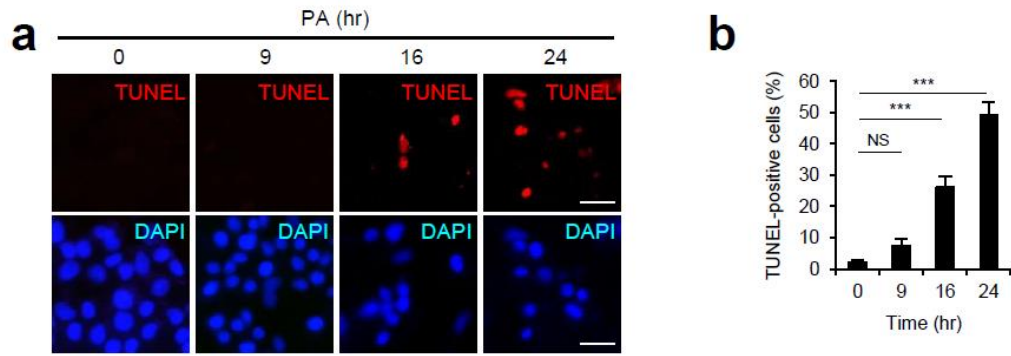


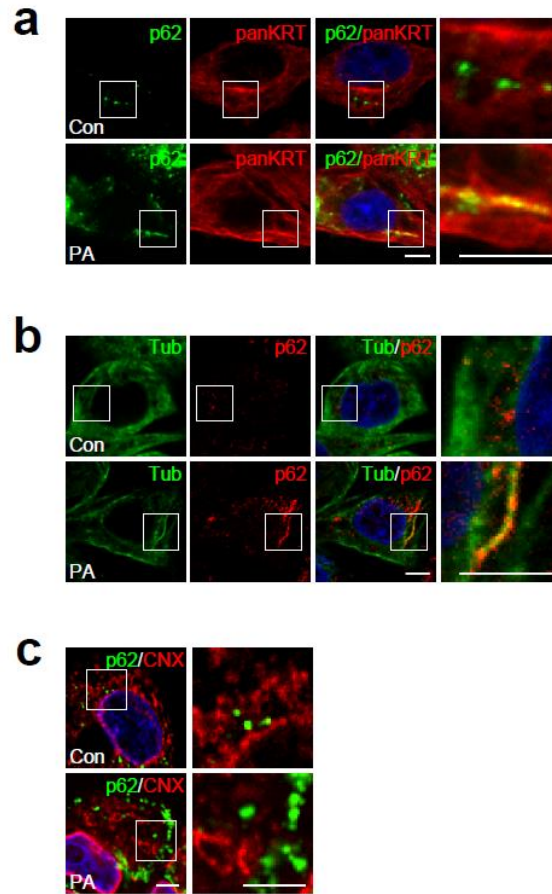
Supplementary Figure 1 | Palmitic acid-induced accumulation of ubiquitin and p62 is dose- and time-dependent. (a,b) HepG2 cells were treated with indicated concentrations of palmitic acid (PA) for 24 hr (a) and 48 hr (b) and analyzed by immunoblotting. Molecular weight markers are indicated in kDa.



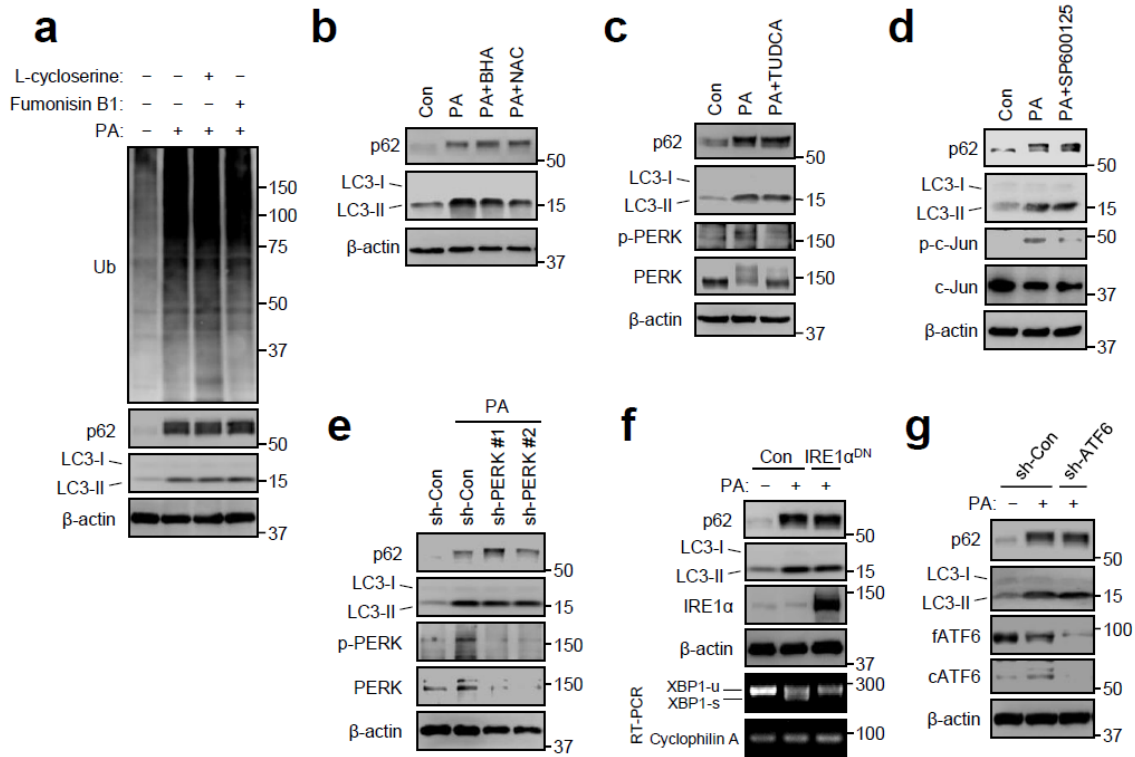
Supplementary Figure 2 | Saturated fatty acids, but not unsaturated fatty acids, induce accumulation of p62 and LC3. (a-f) HepG2 cells were treated with BSA, PA, stearic acid (SA), oleic acid (OA) and/or docosahexaenoic acid (DHA) (500 μ M) for indicated hr (a-d) or 9 hr (e,f) and analyzed by immunoblotting. (g,h) Cells were treated with BSA (Con), rapamycin (Rap, 100 nM) or PA (500 μ M) for 9 hr. Bafilomycin (Baf, 100 nM) was treated for last 3 hr as indicated. Cell lysates were analyzed by immunoblotting (g) and quantified through densitometry (h, $n = 3$). All data are shown as mean \pm s.e.m. *** $P < 0.001$ (Student's t test). Molecular weight markers are indicated in kDa.



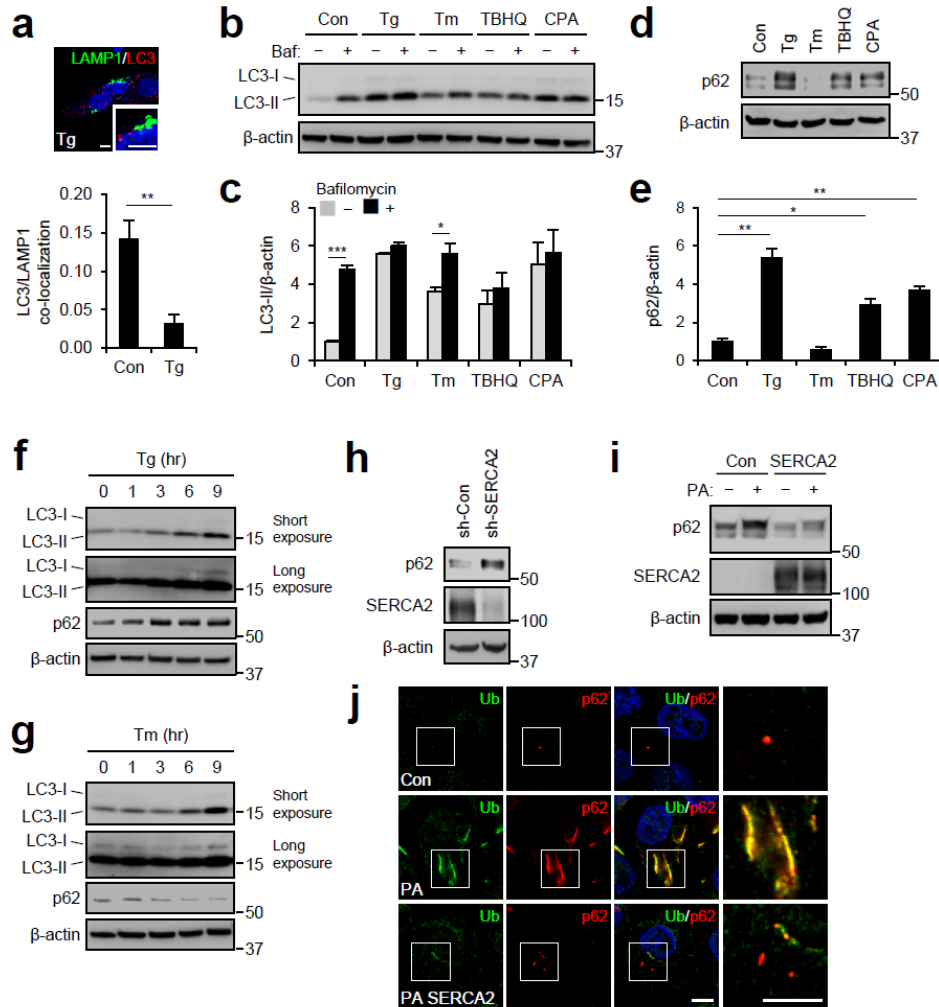
Supplementary Figure 3 | The effect of palmitic acid on HepG2 cell apoptosis. (a,b) HepG2 cells were treated with 500 μ M palmitic acid (PA) for indicated hr and analyzed by TUNEL (red) and DAPI (blue) staining (**a**). TUNEL-positive cells were quantified (**b**, $n = 3$). Scale bar, 20 μ m. All data are shown as mean \pm s.e.m. *** $P < 0.001$ (Student's t test).



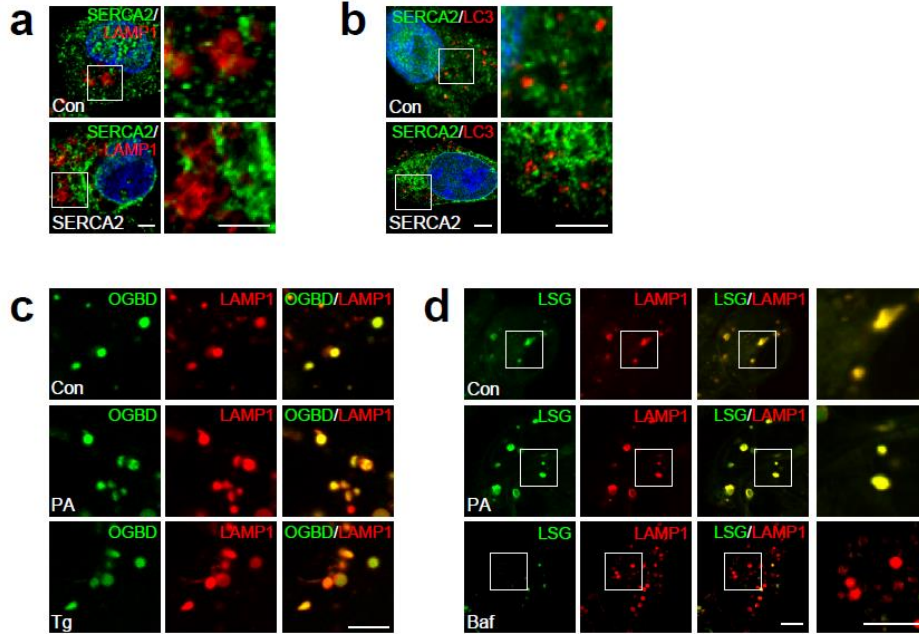
Supplementary Figure 4 | Palmitic acid-induced protein inclusion associates with keratin and tubulin fibers but not with ER. (a-c) HepG2 cells were treated with BSA (Con) or 500 μ M palmitic acid (PA) for 9 hr and stained with p62, pan-keratin (panKRT), tubulin (Tub) and calnexin (CNX, an ER and outer nuclear envelop membrane marker) antibodies and DAPI (blue). Boxed areas are magnified in right-most panels. Scale bars, 5 μ m.



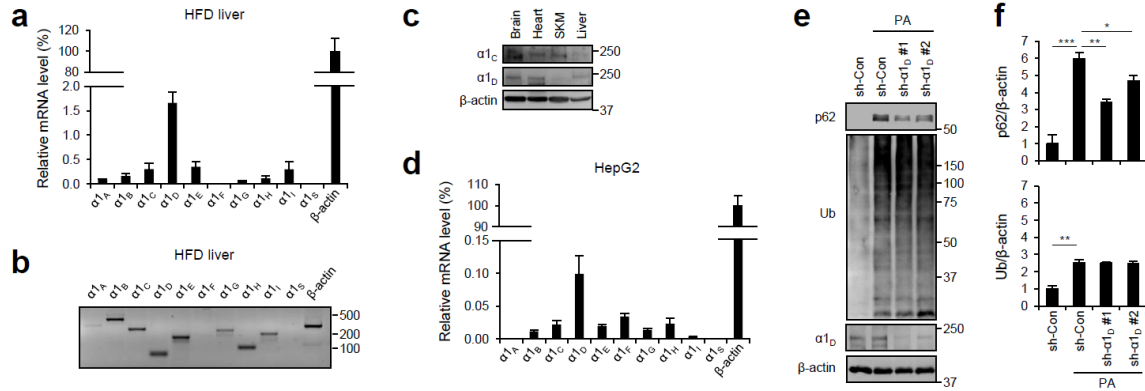
Supplementary Figure 5 | Ceramides, oxidative stress, ER stress and JNK signaling do not mediate palmitic acid-induced p62 accumulation. (a-d) Effects of ceramide synthesis inhibitors, L-cycloserine (100 μM) and fumonisin B1 (10 μM) (a), antioxidants, butylated hydroxyanisole (BHA, 100 μM) and N-acetylcysteine (NAC, 10 mM) (b), a chemical chaperone TUDCA (500 $\mu\text{g/ml}$) (c) or a JNK inhibitor SP600125 (50 μM) (d) on PA-induced accumulation of ubiquitinated proteins (a), p62 and LC3-II (a-d) were analyzed through immunoblotting. L-cycloserine, fumonisin B1, BHA, NAC, TUDCA and SP600125 were all treated 1 hr before 9 hr of PA treatment. (e-g) Effects of ER stress signaling inhibition on PA-induced accumulation of p62 and LC3-II were analyzed through immunoblotting. At 48 hr after infection with lentiviruses expressing GFP (Con) and dominant-negative IRE1 α (IRE1 α^{DN}) (f) or shRNAs targeting luciferase (sh-Con), PERK (e) or ATF6 (g), cells were treated with BSA (-) or PA for 9 hr. XBP1-u, unspliced XBP1; XBP1-s, spliced XBP1; fATF6, full-length ATF6; cATF6, cleaved ATF6. Molecular weight markers are indicated in kDa.



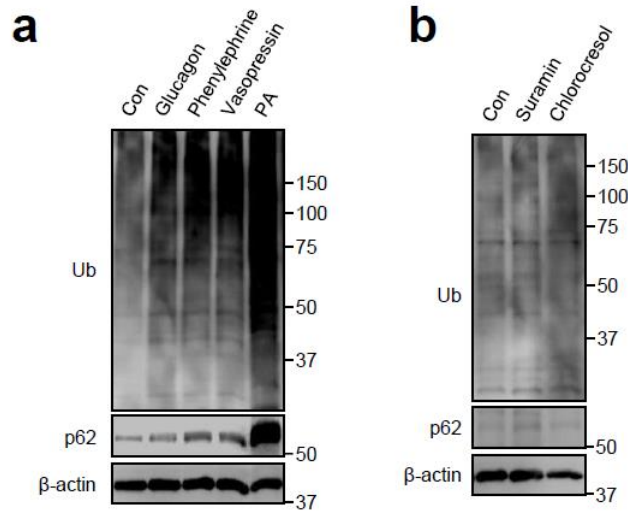
Supplementary Figure 6 | Palmitic acid impairs autophagy through inhibition of SERCA. (a) HepG2 cells were treated with thapsigargin (Tg) for 9 hr and subjected to immunostaining with LAMP1 and LC3 antibodies (upper panel). Co-localization between LAMP1 and LC3 was quantified and compared to untreated (Con) cells (lower panel) ($n = 4$). (b-e) Cells were treated with DMSO (Con), Tg (1 μ M), tunicamycin (Tm, 5 μ g/ml), tert-butylhydroquinone (TBHQ, 50 μ M) or cyclopiiazonic acid (CPA, 50 μ M) for 9 hr. Bafilomycin (Baf, 100 nM) was treated for last 3 hr as indicated. Cell lysates were analyzed by immunoblotting (b,d) and quantified through densitometry (c,e) ($n = 3$). (f,g) Cells were treated with Tg (1 μ M) or Tm (5 μ g/ml) for indicated hr and analyzed by immunoblotting. (h) Cells were transduced with adenoviruses expressing shRNA targeting luciferase (sh-Con) or SERCA2b (sh-SERCA2b). At 48 hr after transduction, cells were analyzed by immunoblotting. (i,j) Cells were transduced with control or SERCA2b-overexpressing adenoviruses. At 48 hr after transduction, cells were treated with BSA (-) or PA (500 μ M) for 9 hr and subjected to immunoblotting (i) or immunostaining (j). DNA was visualized by DAPI (blue). Boxed areas in fluorescence images are magnified in right-most panels. Scale bars, 5 μ m. All data are shown as mean \pm s.e.m. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ (Student's t test). Molecular weight markers are indicated in kDa.



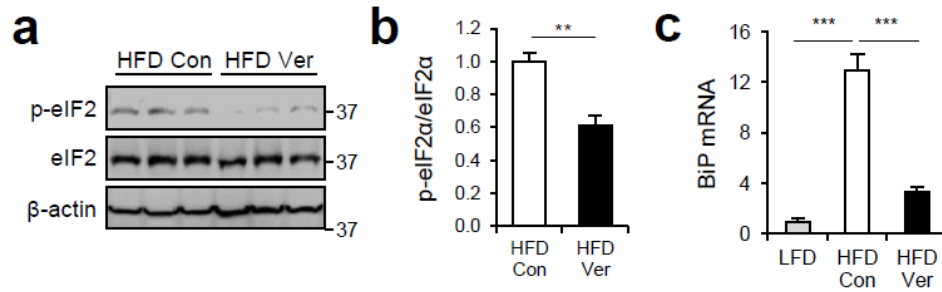
Supplementary Figure 7 | Palmitic acid does not affect lysosomal calcium and proton homeostasis. (a,b) HepG2 cells were either untreated (Con) or transduced with adenoviruses overexpressing SERCA2b. Endogenous and overexpressed SERCA2 proteins were visualized by immunostaining. Lysosomes were visualized by anti-LAMP1 immunostaining (a). Autophagosomes were visualized by anti-LC3 immunostaining (b). DNA was visualized by DAPI (blue). (c,d) Cells were transduced with lentiviruses expressing LAMP1-mRFP that labels lysosomes. (c) Two days after transduction, cells were treated with BSA (Con), PA (500 μ M) or Tg (1 μ M) for 9 hr and loaded with Oregon Green 488 BAPTA-1-dextran (OGBD), a calcium indicator that accumulates in lysosomes. OGBD's fluorescence intensity is proportional to calcium concentration in lysosome lumen¹. (d) Two days after transduction, cells were treated with BSA, PA or bafilomycin (Baf, 100 nM) for 9 hr and loaded with LysoSensor Green (LSG), a pH indicator that labels lysosomes. LysoSensor's fluorescence intensity is proportional to proton concentration in lysosome lumen². Bafilomycin is an inhibitor of lysosomal proton pump, therefore was used as a positive control. Boxed areas in fluorescence images are magnified in right-most panels. Scale bars, 5 μ m.



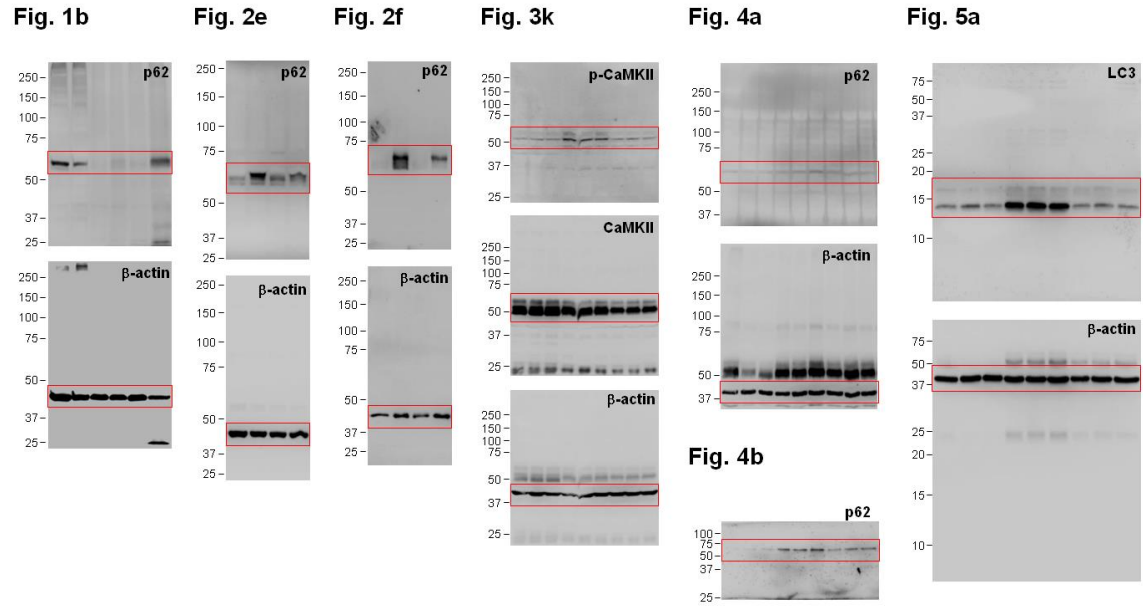
Supplementary Figure 8 | α_{1D} / $Ca_v1.3$ is expressed in hepatocytes and plays a role in palmitic acid-induced p62 inclusion. (a,b) mRNA expressions of calcium channel isoforms were analyzed by qRT-PCR from livers of obese mice on HFD (a). Endpoint PCR products were analyzed by agarose gel running (b). (c) Expression of α_{1C} / $Ca_v1.2$ and α_{1D} proteins were examined from brain, heart, skeletal muscle (SKM) and liver lysates by immunoblotting. (d) mRNA expression of calcium channel isoforms were analyzed by qRT-PCR from HepG2 cells. (e,f) At 48 hr before PA treatment, HepG2 cells were infected with lentiviruses expressing shRNAs targeting luciferase (sh-Con) or α_{1D} and their insoluble fractions were subjected to immunoblotting with anti-p62, anti-ubiquitin and anti-actin antibodies (e). α_{1D} expression was examined from soluble fractions. Levels of p62 and ubiquitinated proteins were quantified (f) ($n = 3$). All data are shown as mean \pm s.e.m. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ (Student's t test). Molecular weight markers are indicated in kDa.



Supplementary Figure 9 | Activation of IP3 receptor, but not ryanodine receptor, resulted in modest accumulation of ubiquitinated proteins and p62. (a,b) HepG2 cells were treated with glucagon (100 nM), phenylephrine (100 μ M), vasopressin (1 μ M), suramin (400 μ M), chlorocresol (100 μ M) or PA (500 μ M) for 12 hr and analyzed by immunoblotting. Molecular weight markers are indicated in kDa.



Supplementary Figure 10 | Effects of verapamil on ER stress of mouse hepatocytes. 4 month-old C57BL/6 male mice kept on HFD for two months were subjected to daily administration of PBS (Con, $n = 4$) or verapamil (Ver, 25 mg/Kg body weight, i.p., $n = 3$) for 10 days. LFD-kept mice ($n = 5$) of same age were used as a negative control. **(a-c)** Levels of eIF2 α phosphorylation from livers were analyzed by immunoblotting **(a)** and quantified **(b)**. Levels of BiP mRNA expression from livers were analyzed by qRT-PCR **(c)**. All data are shown as mean \pm s.e.m. $**P < 0.01$, $***P < 0.001$ (Student's t test). Molecular weight markers are indicated in kDa.



Supplementary Figure 11 | Uncropped images of blots presented in the main paper. Red boxes indicate the cropped regions. Molecular weight markers are indicated in kDa.

Supplementary Table 1 | Effect of calcium channel blockers on metabolic homeostasis of humans and animals.

a. Positive effects of calcium channel blockers on metabolism.

Compound	Organism	Metabolic effects	Refs.
Amlodipine	Obese humans	Improved glucose tolerance	3
	Hypertensive humans	Increased insulin sensitivity	4
	Obese humans	Reduced insulin resistance	5, 6
Azelnidipine	Hypertensive humans	Improved glucose tolerance	7
Benidipine	Hypertensive humans	Improved insulin resistance	8
Cilnidipine	Obese humans	Reduced insulin resistance	5
Isradipine	SHR rats	Improved insulin sensitivity	9
Lercanidipine	CRDH rats	Reduced blood glucose level	10
Manidipine	T2DM humans	Increased insulin sensitivity	11
	Obese humans	Reduced insulin resistance	5
Nifedipine	CHD patients with LGT NASH mice on MCD	Reduced blood glucose level	12
		Reduced liver damage	13
	Agouti-induced obese mice	Reduced fibrosis	14
		Reduced obesity	
	SHHF obese rats	Improved insulin sensitivity	15
STZ-injected rats	Improved insulin response	16	
Nisoldipine	STZ-injected SHR rats	Reduced hyperglycemia	17
		Reduced hyperlipidemia	
Nitrendipine	Obese humans	Reduced blood glucose level	18, 19
		Reduced insulin resistance	
		Reduced hyperinsulinemia	
Verapamil	SHR rats	Improved glucose tolerance	20
		Improved glucose tolerance	
		Improved glucose tolerance	
Verapamil	T2DM humans	Reduced insulin resistance	21, 22, 23,
		Reduced blood glucose level	
		Reduced blood glucose turnover	
	Obese humans	Reduced hyperinsulinemia	24
		Improved glucose tolerance	25
	Obese <i>ob/ob</i> mice	Reduced hyperinsulinemia	26
		Improved glucose tolerance	27
		Improved insulin sensitivity	

SHR, Spontaneously Hypertensive; CRDH, Cohen Rosenthal Diabetic Hypertensive; T2DM, Type 2 Diabetes Mellitus (also known as NIDDM); CHD, Coronary Heart Disease; LGT, Low Glucose Tolerance; NASH, Non-Alcoholic Steatohepatitis; MCD, Methionine-Choline-deficient Diet; SHHF, Spontaneously Hypertensive Heart Failure; STZ, streptozotocin;

b. Neutral or negative effects of calcium channel blockers on metabolism.

Compound	Organism	Metabolic effects	Refs.
CCB in general	Hypertensive humans	No effects on incidental diabetes	28
Amlodipine	Hypertensive humans	No effects on blood lipid level	29
Diltiazem	Hypertensive humans	No effects on insulin sensitivity	30
Felodipine	Hypertensive humans	No effects on blood glucose level No effects on blood lipid level	31
	T2DM humans	No effects on blood glucose level	32
Nicardipine	T2DM humans	No effects on glucose tolerance	33
	Hypertensive humans	No effects on blood lipid profile	34
Nifedipine	Obese <i>cp/cp</i> rats	No effects on blood glucose level Slight increase in insulin level	35
	Dogs	No effects on blood glucose level Slight decrease in insulin level	36
Nitrendipine	Hypertensive humans	No effects on blood glucose level No effects on blood lipid level	37
Verapamil	Healthy humans	No effect on glucose tolerance	38
		No effect on basal glucose level Slight decrease in insulin sensitivity	39
		Induction of hyperglycemia	
	Healthy dogs	Systemic insulin resistance*	40
	Nondiabetic rats	Induction of glucose intolerance	41

CCB, Calcium Channel Blocker; T2DM, Type II Diabetes Mellitus; *, treated with toxic concentration of verapamil

Supplementary Table 2 | Primers used in this study

Gene	Forward	Reverse	Refs.
Adiponectin	TGTTCTCTTAATCCTGCCCA	CCAACCTGCACAAGTTCCCTT	42
TNF α	AGGGTCTGGGCCATAGAACT	CCACCACGCTCTTCTGTCTAC	43
Interleukin-6	ACCAGAGGAAATTTCAATAGGC	GATGCACTTGCAGAAAACA	43
mouse BiP	GGTGCAGCAGGACATCAAGTT	CCCACCTCCAATATCAACTTGA	44
mouse $\alpha 1_A$	CACCGAGTTGGGAATAACTTCA	ATTGTGCTCCGTGATTGGAA	42
mouse $\alpha 1_B$	AAGTGGCATCAAGGAGTCGC	GCTAGGCGTGGCATAGAGG	42
mouse $\alpha 1_C$	ATGAAAACACGAGGATGTACGTT	ACTGACGGTAGAGATGGTTGC	42
mouse $\alpha 1_D$	AGAGGACCATGCGAACGAG	CCTTCACCAGAAATAGGGAGTCT	42
mouse $\alpha 1_E$	GATGGAGACTCGGACCAGAG	TGACCGTGAAACAGTTCTGCC	42
mouse $\alpha 1_F$	ATGTCCGAATCTGAAGTCGGG	ACCGCCACAGTCTTGTGTTT	42
mouse $\alpha 1_G$	TGTCTCCGCACGGTCTGTAA	AGATACCCAAAGCGACCATCTT	42
mouse $\alpha 1_H$	GAACGTGGTTCTTTACAACGGC	GCACATAGTTCCCAAAGGTCA	42
mouse $\alpha 1_I$	GGGCGTGGCCTGTTTAGTC	TGAGGGTCTCGGAGTGCTC	42
mouse $\alpha 1_S$	CAGCGGGGACTGTATTGC	TGTGGCACACCTGAAGAGC	42
mouse β -actin	CAAAGCCACCCCACTCCTAAG A	GCCCTGGCTGCCTCAACACCTC	45
human $\alpha 1_A$	CGCTTCGGAGACGAGATGC	TGCGCCATTGACTGCTTGT	42
human $\alpha 1_B$	GACAACGTCGTCCGCAAATAC	CCCGATGAAATAGGGCTCCG	42
human $\alpha 1_C$	GAAGCGGCAGCAATATGGGA	TTGGTGGCGTTGGAATCATCT	42
human $\alpha 1_D$	TCAGCCGAATAGCTCCAAGC	TCGGATGGGGTTATTGAGTGA	42
human $\alpha 1_E$	CCATGTCCCGAAGACTGGAGA	CCATTGCGGAGGTAAGAGC	42
human $\alpha 1_F$	CCATGTCCCGAAGACTGGAGA	CCATTGCGGAGGTAAGAGC	42
human $\alpha 1_G$	TGTCTCCGCACGGTCTGTAA	AAGCCGGTTCCAAGTGTCTC	42
human $\alpha 1_H$	ATGCTGGTAATCATGCTCAACTG	AAAAGGCGAAAATGAAGGCGT	42
human $\alpha 1_I$	GGAGCTGATCCTCATGTCCC	CACGGGTTGCACACCATCT	42
human $\alpha 1_S$	TTGCCTACGGCTTCTTATTCCA	GTTCCAGAATCACGGTGAAGAC	42
human XBP1	TTACGAGAGAAAATCATGGC	GGTCCAAGTTGTCCAGAATGC	46
human cyclophilin A	GCAAAGTGAAAGAAGGCATGAA	CCATTCTGGACCCAAAGC	47

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