Details dataset

Title Dataset
Dataset Pots et al_MBCT as a public mental health intervention_PlosOne_24072014

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Data Citation
When using this data, please cite the dataset and the original article.

Citation dataset: Pots, W.T.M. (2011). The efficacy of mindfulness-based cognitive therapy as a public mental health intervention for adults with mild to moderate depressive symptomatology: a Randomized Controlled Trial. [Data file and Metadata file]. Online archiving system DANS-EASY. Persistent Identifier: urn:nbn:nl:ui:13-6gd4-iv

Location (repository)
DANS-EASY (http://easy.dans.knaw.nl)

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Related publications
These data underlie the paper:
Pots WTM, Meulenbeek PAM, Veehof MM, Klungers J, Bohlmeijer ET (2014). The efficacy of mindfulness-based cognitive therapy as a public mental health intervention for adults with mild to moderate depressive symptomatology: a Randomized Controlled Trial. PLOS ONE (submitted)

Subject
A community-based MBCT intervention for adults with mild to moderate depressive symptomatology.