

Supplemental Materials

Supplemental Table 1: Data for mean and 95% confidence intervals are provided for the clinical epidemiology of hypertension displayed in Figure 2.

Supplemental Table 2. Descriptive data are provided for adults by age group.

Supplemental Table 2a. P-values are provided for differences between age groups within each NHANES time period

Supplemental Table 2b. P-values are provided for differences within age groups between NHANES time periods.

Supplemental Table 3. Descriptive data are provided for adults by race/ethnicity subgroup.

Supplemental Table 3a. P-values are provided for differences between race/ethnicity groups within each NHANES time period.

Supplemental Table 3b. P-values are provided for differences within race/ethnicity group between NHANES time periods.

Supplemental Table 1. Data for the clinical epidemiology of hypertension 1999–2012 among adults ≥ 18 years old.

| NHANES Time Period | Prevalence | Aware | Treated | Control/Treated | Control |
|-------------------------------|---------------------|---------------------|---------------------|------------------------|---------------------|
| 1999-2000 | 30.1 27.2 – 32.9 | 69.6 66.0–73.2 | 59.8 54.4 – 65.1 | 53.3 48.9 – 57.8 | 32.2 27.4 – 37.0 |
| 2000-2002 | 29.3 27.4 – 31.1 | 71.1 67.9 – 74.2 | 61.0 57.7 – 64.3 | 58.6 56.1 – 61.0 | 35.6 32.6 – 38.6 |
| 2003-2004 | 30.8 28.7 – 33.0 | 76.1 71.9 – 80.4 | 66.0 61.2 – 70.8 | 62.2 58.4 – 66.0 | 41.0 36.8 – 45.2 |
| 2005-2006 | 30.1 27.8 – 32.4 | 78.4 75.4 – 81.4 | 68.7 65.7 – 71.7 | 66.1 62.1 – 70.1 | 45.1 41.6 – 48.7 |
| 2007-2008 | 30.3 28.8 – 31.7 | 81.2 79.1 – 83.3 | 73.6 71.4 – 75.7 | 68.6 65.1 – 72.0 | 50.4 47.0 – 53.9 |
| 2009-2010 | 29.9 27.6 – 32.2 | 81.7 78.9 – 84.5 | 76.5 73.0 – 80.0 | 70.4 68.5 – 72.2 | 53.8 50.9 – 56.8 |
| 2011-2012 | 30.8 29.2 – 32.5 | 82.0 79.1 – 85.0 | 74.7 71.1 – 78.4 | 68.9 65.3 – 72.5 | 51.2 46.5 – 55.8 |
| P-value trend | 0.3192 | 0.0007 | 0.0004 | 0.0015 | 0.0006 |

Data are presented as percentages with mean and 95% confidence intervals. NHANES=National Health and Nutrition Examination Survey.

Supplemental Table 2. Characteristics of adults with hypertension by age group in three NHANES time periods.

| NHANES | 1999-2004 | | | 2005-2008 | | | 2009-2012 | | |
|---------------------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| Age Group | <45 | 45-64 | ≥65 | <45 | 45-64 | ≥65 | <45 | 45-64 | ≥65 |
| Sample, N | 628 | 1688 | 2445 | 463 | 1428 | 1670 | 494 | 1630 | 1816 |
| U.S. Population, N | 10150938 | 24057398 | 21982426 | 10157602 | 28442174 | 23119980 | 10053044 | 30935491 | 25913142 |
| *All HTN, % | 18.1(1.0) | 42.8(1.0) | 39.1(0.9) | 16.5(1.4) | 46.1(1.1) | 37.5(1.7) | 15.0(0.8) | 46.2(0.9) | 38.7(1.0) |
| Age, yr | 36.0(0.5) | 54.4(0.2) | 74.4(0.2) | 36.2(0.4) | 54.8(0.2) | 74.1(0.2) | 35.9(0.4) | 55.6(0.2) | 73.8(0.2) |
| Sex, M:F | | | | | | | | | |
| Male, % | 63.8(2.4) | 47.7(1.2) | 38.4(1.0) | 64.5(1.9) | 48.7(1.7) | 40.3(0.8) | 59.5(2.3) | 50.1(1.9) | 42.8(1.2) |
| Female, % | 36.2(2.4) | 52.3(1.2) | 61.6(1.0) | 35.5(1.9) | 51.3(1.7) | 59.7(0.8) | 40.5(2.3) | 49.9(1.9) | 57.2(1.2) |
| Race | | | | | | | | | |
| White, % | 61.2(2.4) | 71.5(2.5) | 82.0(1.9) | 63.4(4.2) | 70.8(2.8) | 82.8(2.0) | 58.3(4.0) | 69.0(3.3) | 77.2(2.3) |
| Black, % | 19.6(2.6) | 14.7(1.7) | 8.6(1.2) | 19.5(3.2) | 16.2(2.3) | 9.5(1.4) | 21.8(3.1) | 16.3(2.2) | 9.8(1.3) |
| Hispanic, % | 14.0(2.3) | 8.6(1.5) | 7.0(2.0) | 11.2(2.1) | 8.0(1.1) | 5.2(1.0) | 12.3(2.1) | 9.5(1.8) | 7.4(1.6) |
| Other, % | 5.3(1.6) | 5.2(0.7) | 2.4(0.4) | 5.9(1.7) | 4.9(0.7) | 2.5(0.6) | 7.6(1.6) | 5.2(1.0) | 5.6(1.0) |
| Healthcare visits/yr | | | | | | | | | |
| 0-1 | 34.2(2.1) | 23.8(1.4) | 12.8(0.8) | 34.1(2.3) | 22.6(1.5) | 10.7(0.8) | 27.8(2.2) | 20.9(1.5) | 10.5(1.0) |
| ≥2 | 65.8(2.1) | 76.2(1.4) | 87.2(0.8) | 65.9(2.3) | 77.4(1.5) | 89.3(0.8) | 72.2(2.2) | 79.1(1.5) | 89.5(1.0) |
| Insured | 76.8(1.7) | 88.2(1.1) | 99.2(0.2) | 79.4(2.3) | 84.6(1.2) | 98.5(0.3) | 77.6(2.7) | 84.8(1.2) | 97.9(0.4) |
| BMI, kg/m² | 31.5(0.4) | 30.9(0.3) | 28.3(0.1) | 32.3(0.4) | 31.4(0.3) | 28.8(0.2) | 33.3(0.4) | 31.6(0.3) | 29.4(0.2) |
| BMI ≥30, % | 53.0(2.5) | 48.7(1.5) | 32.6(1.3) | 55.0(2.5) | 51.5(1.8) | 35.2(1.2) | 61.2(2.9) | 53.2(2.3) | 40.3(1.5) |
| SBP, mmHg | 133.7(0.8) | 138.6(0.6) | 147.5(0.7) | 132.6(0.9) | 134.6(0.6) | 140.4(0.7) | 133.5(0.9) | 132.2(0.9) | 137.6(0.7) |
| DBP, mmHg | 85.5(0.5) | 80.0(0.5) | 68.8(0.4) | 82.2(0.8) | 77.5(0.4) | 66.9(0.5) | 83.5(1.0) | 76.1(0.6) | 65.3(0.5) |
| Non-HDL | 156.8(2.1) | 160.9(1.4) | 154.9(1.1) | 154.2(2.9) | 153.3(1.2) | 139.7(1.1) | 151.4(2.0) | 150.5(1.7) | 135.3(1.3) |
| Hypercholesterolemia, % | 39.5(2.6) | 62.4(1.8) | 70.6(1.0) | 43.5(3.2) | 63.1(1.5) | 70.1(1.5) | 40.6(2.5) | 65.1(2.0) | 69.8(1.4) |
| Cholesterol Treatment, % | 8.1(1.5) | 23.8(1.2) | 29.4(1.2) | 12.1(1.5) | 32.6(1.7) | 41.6(1.4) | 13.0(2.1) | 36.8(2.1) | 46.7(1.5) |
| Diabetes, % | 8.8(1.2) | 20.7(1.1) | 24.5(1.1) | 14.7(1.7) | 23.8(1.6) | 30.9(1.5) | 14.5(1.8) | 26.9(1.7) | 32.4(1.3) |
| CVD, % | 5.1(0.9) | 16.3(1.5) | 31.5(1.3) | 5.5(1.3) | 16.7(1.5) | 34.3(1.5) | 6.7(1.1) | 15.0(0.9) | 32.1(1.5) |
| CKD, % | 4.5(0.9) | 7.2(0.7) | 29.4(1.1) | 5.4(1.3) | 9.0(1.2) | 30.4(0.8) | 4.4(1.0) | 8.3(1.0) | 29.3(1.7) |
| Smoking, % | 28.5(2.2) | 21.6(1.2) | 7.5(0.7) | 30.2(2.8) | 24.1(1.7) | 7.8(0.6) | 24.9(2.6) | 19.1(1.5) | 7.5(0.8) |
| 10-yr CHD >20% | 13.1(1.5) | 33.1(1.7) | 53.6(1.3) | 19.6(1.8) | 35.1(1.9) | 57.9(1.8) | 18.8(2.2) | 37.6(1.8) | 55.6(1.5) |
| 10-yr CHD <10% | 42.1(2.5) | 22.3(1.5) | 8.6(0.7) | 41.7(3.7) | 18.4(1.6) | 8.7(0.9) | 46.4(4.0) | 18.8(1.7) | 7.2(0.9) |

Table Legend: Data are presented as mean and Standard Error. * Percent of all hypertensive adults in time period accounted for by age group.

Abbreviations: NHANES=National Health and Nutrition Examination Survey; N=number; HTN=hypertension; M=male; F=female; HC=healthcare; BMI=body mass index; S=systolic; D=diastolic; BP=blood pressure; non-HDL=non-high-density lipoprotein cholesterol; CVD=cardiovascular disease; CKD=chronic kidney disease; 10-yr CHD Risk=Framingham 10-yr coronary heart disease risk.

Supplemental Table 2a. P-values for Supplemental Table 1 (between groups within NHANES time period).

| NHANES | 1999-2004 | | | 2005-2008 | | | 2009-2012 | | |
|---|-----------------|-----------------|---------------|-----------------|-----------------|---------------|-----------------|-----------------|---------------|
| | <45 vs 45-64 | 45-64 vs ≥65 | <45 vs ≥65 | <45 vs 45-64 | 45-64 vs ≥65 | <45 vs ≥65 | <45 vs 45-64 | 45-64 vs ≥65 | <45 vs ≥65 |
| Age, yr | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <.001 | <0.001 |
| Sex, M:F (proportion of M and F) | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | 0.002 | <0.001 |
| Race (proportion of W:B:H) | <0.001 | <0.001 | <0.001 | 0.06 | <0.001 | <0.001 | 0.002 | <0.001 | <0.001 |
| Healthcare visits/yr (proportion of 0-1, ≥2) | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | 0.003 | <0.001 | <0.001 |
| Insured | <0.001 | <0.001 | <0.001 | 0.02 | <0.001 | <0.001 | 0.004 | <0.001 | <0.001 |
| BMI, kg/m² | 0.19 | <0.001 | <0.001 | 0.06 | <0.001 | <0.001 | 0.01 | <0.001 | <0.001 |
| BMI ≥30 | 0.15 | <0.001 | <0.001 | 0.27 | <0.001 | <0.001 | 0.04 | <0.001 | <0.001 |
| SBP, mmHg | <0.001 | <0.001 | <0.001 | 0.06 | <0.001 | <0.001 | 0.27 | <0.001 | <0.001 |
| DBP, mmHg | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Non-HDL, mg/dL | 0.12 | <0.001 | 0.36 | 0.78 | <0.001 | <0.001 | 0.77 | <0.001 | <0.001 |
| Hypercholesterolemia,% | <0.001 | <0.001 | <0.001 | <0.001 | 0.002 | <0.001 | <0.001 | 0.05 | <0.001 |
| Cholesterol treatment,% | <0.001 | <.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Diabetes, %, | <0.001 | 0.02 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | 0.02 | <0.001 |
| CVD, % | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| CKD, % | 0.06 | <0.001 | <0.001 | 0.01 | <0.001 | <0.001 | 0.03 | <0.001 | <0.001 |
| Smoking, % | 0.002 | <0.001 | <0.001 | 0.06 | <0.001 | <0.001 | 0.04 | <0.001 | <0.001 |
| 10-yr CHD | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |

Table Legend: NHANES=National Health and Nutrition Examination Survey; M=male; F=female; BMI=body mass index; S=systolic; D=diastolic; BP=blood pressure; non-HDL=non-high-density lipoprotein cholesterol; CVD=cardiovascular disease; CKD=chronic kidney disease; 10-yr CHD Risk=Framingham 10-yr coronary heart disease risk. P-values <0.017 are statistically significant, i.e., 3-way comparison with Bonferonni correction. P-values reflect within NHANES period comparisons with values in column 1 representing comparisons with column 2, column 2 with column 3, and column 3 with column 1.

Supplemental Table 2b. P-values for Supplemental Table 1 (within group between NHANES time periods).

| NHANES | 1999-2004 vs 2005-2008 | | | 2005-2008 vs 2009-2012 | | | 1999-2004 vs 2009-2012 | | |
|--------------------------------|------------------------|--------|--------|------------------------|-------|-------|------------------------|--------|--------|
| | <45 | 45-64 | ≥65 | <45 | 45-64 | ≥65 | <45 | 45-64 | ≥65 |
| Age group, years | <45 | 45-64 | ≥65 | <45 | 45-64 | ≥65 | <45 | 45-64 | ≥65 |
| Age, years | 0.79 | 0.16 | 0.34 | 0.66 | 0.01 | 0.16 | 0.91 | <0.001 | 0.02 |
| Sex, M:F | | | | | | | | | |
| Male, % | 0.83 | 0.65 | 0.20 | 0.09 | 0.59 | 0.09 | 0.21 | 0.30 | 0.01 |
| Female, % | 0.83 | 0.65 | 0.20 | 0.09 | 0.59 | 0.09 | 0.21 | 0.30 | 0.01 |
| Race (W:B:H:O) | | | | | | | | | |
| White, % | 0.63 | 0.86 | 0.78 | 0.38 | 0.68 | 0.07 | 0.53 | 0.55 | 0.11 |
| Black, % | 0.98 | 0.57 | 0.62 | 0.60 | 0.99 | 0.89 | 0.58 | 0.56 | 0.51 |
| Hispanic, % | 0.38 | 0.75 | 0.48 | 0.73 | 0.49 | 0.25 | 0.58 | 0.70 | 0.87 |
| Other, % | 0.78 | 0.76 | 0.95 | 0.47 | 0.82 | 0.01 | 0.32 | 0.99 | 0.001 |
| Healthcare visits/yr | | | | | | | | | |
| 0-1 | 0.99 | 0.56 | 0.07 | 0.05 | 0.42 | 0.92 | 0.04 | 0.15 | 0.07 |
| ≥2 | 0.99 | 0.56 | 0.07 | 0.05 | 0.42 | 0.92 | 0.04 | 0.15 | 0.07 |
| Insured | 0.36 | 0.02 | 0.06 | 0.63 | 0.91 | 0.18 | 0.78 | 0.03 | 0.002 |
| BMI, kg/m² | 0.15 | 0.17 | 0.05 | 0.11 | 0.66 | 0.03 | 0.001 | 0.10 | <0.001 |
| BMI ≥30 | 0.59 | 0.23 | 0.16 | 0.11 | 0.57 | 0.01 | 0.03 | 0.09 | <0.001 |
| SBP, mmHg | 0.35 | <0.001 | <0.001 | 0.47 | 0.03 | 0.005 | 0.87 | <0.001 | <0.001 |
| DBP, mmHg | <0.001 | <0.001 | 0.003 | 0.33 | 0.06 | 0.03 | 0.06 | <0.001 | <0.001 |
| Non-HDL | 0.45 | <0.001 | <.001 | 0.43 | 0.19 | 0.01 | 0.07 | <0.001 | <0.001 |
| Hypercholesterolemia,% | 0.33 | 0.75 | 0.78 | 0.47 | 0.44 | 0.88 | 0.77 | 0.31 | 0.64 |
| Cholesterol treatment,% | 0.07 | <0.001 | <0.001 | 0.73 | 0.12 | 0.01 | 0.05 | <0.001 | <0.001 |
| Diabetes, %, | 0.004 | 0.10 | <0.001 | 0.96 | 0.19 | 0.43 | 0.01 | 0.003 | <0.001 |
| CVD, % | 0.80 | 0.86 | 0.18 | 0.49 | 0.31 | 0.30 | 0.27 | 0.43 | 0.78 |
| CKD, % | 0.54 | 0.18 | 0.49 | 0.52 | 0.67 | 0.54 | 0.93 | 0.38 | 0.94 |
| Smoking, % | 0.63 | 0.22 | 0.77 | 0.17 | 0.03 | 0.78 | 0.29 | 0.19 | 0.98 |
| 10-yr CHD | | | | | | | | | |
| >20,% | 0.01 | 0.41 | 0.04 | 0.80 | 0.35 | 0.31 | 0.03 | 0.07 | 0.32 |
| <10,% | 0.92 | 0.08 | 0.94 | 0.39 | 0.85 | 0.23 | 0.34 | 0.13 | 0.21 |

Table Legend: Abbreviations: NHANES=National Health and Nutrition Examination Survey; M=male; F=female; BMI=body mass index; S=systolic; D=diastolic; BP=blood pressure; non-HDL=non-high-density lipoprotein cholesterol; CVD=cardiovascular disease; CKD=chronic kidney disease; 10-yr CHD Risk=Framingham 10-yr coronary heart disease risk. P-values ≤0.01 are statistically significant. P-values in column 1 of NHANES 1999–2004 reflect comparisons with column 1 of NHANES 2005–2008, 2005–2008 with 2009–2012, and 2009–2012 with 1999–2004. Values in columns 2 and 3 reflect time period comparisons described for column 1.

Supplemental Table 3. Characteristics of adults with hypertension by race/ethnicity group in three NHANES time periods.

| NHANES Period | 1999-2004 | | | 2005-2008 | | | 2009-2012 | | |
|--------------------------------|------------------|------------|------------|------------------|------------|------------|------------------|------------|------------|
| Race/Ethnicity | White | Black | Hispanic | White | Black | Hispanic | White | Black | Hispanic |
| Sample, N | 2447 | 1100 | 1071 | 1833 | 961 | 664 | 1733 | 1122 | 779 |
| US Population, N | 41430914 | 7411633 | 5024388 | 45726048 | 8803740 | 4614791 | 47215169 | 9769619 | 6096419 |
| *All HTN, % | 73.7(1.9) | 13.2(1.5) | 8.9(1.6) | 74.1(2.5) | 14.3(2.0) | 7.5(1.0) | 70.6(2.9) | 14.6(1.9) | 9.1(1.6) |
| Age, years | 60.6(0.4) | 54.1(0.6) | 54.7(1.4) | 60.4(0.7) | 54.7(0.6) | 54.6(0.9) | 61.1(0.4) | 55.3(0.6) | 56.8(0.9) |
| Sex, M:F | | | | | | | | | |
| Male, % | 47.7(1.0) | 43.6(1.8) | 46.5(2.8) | 49.0(1.0) | 42.9(1.8) | 51.7(1.9) | 49.0(1.4) | 43.4(1.5) | 50.8(1.8) |
| Female, % | 52.3(1.0) | 56.4(1.8) | 53.5(2.8) | 51.0(1.0) | 57.1(1.8) | 48.3(1.9) | 51.0(1.4) | 56.6(1.5) | 49.2(1.8) |
| Healthcare visits/year | | | | | | | | | |
| 0-1 | 19.9(1.0) | 23.5(1.2) | 28.2(2.4) | 18.2(1.2) | 19.4(1.3) | 33.2(2.7) | 16.4(1.2) | 18.0(1.2) | 26.4(2.5) |
| ≥2 | 80.1(1.0) | 76.5(1.2) | 71.8(2.4) | 81.8(1.2) | 80.6(1.3) | 66.8(2.7) | 83.6(1.2) | 82.0(1.2) | 73.6(2.5) |
| Insured, % | 93.4(0.9) | 85.3(1.2) | 75.6(3.1) | 91.9(0.8) | 84.1(1.2) | 68.5(3.3) | 92.7(0.9) | 83.3(1.9) | 71.1(2.3) |
| BMI, kg/m² | 29.9(0.2) | 31.1(0.2) | 30.3(0.3) | 30.4(0.2) | 32.2(0.3) | 30.4(0.3) | 30.6(0.3) | 33.0(0.4) | 32.0(0.3) |
| BMI ≥30 | 42.5(1.2) | 49.4(1.6) | 46.8(2.9) | 44.3(1.2) | 55.5(1.9) | 47.8(3.3) | 47.7(1.7) | 58.3(1.7) | 58.3(2.0) |
| SBP, mmHg | 140.4(0.5) | 143.1(0.7) | 143.7(1.2) | 135.7(0.5) | 138.7(0.6) | 139.5(0.9) | 133.5(0.7) | 136.7(1.1) | 138.1(0.9) |
| DBP, mmHg | 75.4(0.4) | 79.9(0.6) | 78.7(0.8) | 73.5(0.5) | 77.2(0.6) | 76.6(1.0) | 72.2(0.7) | 76.1(0.9) | 75.3(1.0) |
| Non-HDL, mg/dL | 158.0(1.1) | 152.6(2.2) | 161.8(2.1) | 148.6(1.0) | 139.9(1.7) | 159.0(1.7) | 145.4(1.2) | 138.3(1.3) | 151.9(2.4) |
| Hypercholesterolemia,% | 63.2(1.1) | 52.0(2.5) | 60.0(3.2) | 64.3(1.2) | 52.1(2.0) | 63.2(2.8) | 64.4(1.4) | 55.6(1.7) | 67.2(2.4) |
| Cholesterol Treatment,% | 25.4(1.1) | 15.6(1.2) | 16.7(1.7) | 34.2(1.4) | 27.8(1.4) | 26.9(2.4) | 38.1(1.5) | 32.3(1.4) | 37.0(2.3) |
| Diabetes, % | 17.7(0.7) | 26.4(1.4) | 27.2(2.3) | 22.2(1.4) | 34.7(2.3) | 34.7(2.7) | 23.2(0.9) | 35.1(1.6) | 40.6(2.7) |
| CVD, % | 21.3(0.9) | 19.5(1.3) | 11.6(1.5) | 21.8(1.5) | 23.9(1.9) | 16.3(1.5) | 20.4(1.1) | 21.1(1.3) | 18.7(2.1) |
| CKD, % | 16.1(0.8) | 13.2(1.2) | 12.7(2.1) | 17.6(1.2) | 13.6(1.1) | 12.5(1.6) | 16.7(1.2) | 13.5(1.2) | 14.5(1.7) |
| Smoking, % | 15.7(0.9) | 24.2(1.5) | 18.5(2.0) | 18.3(1.3) | 23.6(1.7) | 18.3(2.1) | 13.5(1.2) | 25.4(2.6) | 15.2(1.3) |
| 10-yr CHD | | | | | | | | | |
| >20% | 37.2(1.0) | 38.7(1.4) | 36.0(2.2) | 40.1(1.9) | 45.3(2.2) | 44.9(2.8) | 39.2(1.3) | 45.0(1.8) | 52.6(2.9) |
| <10% | 19.6(0.9) | 26.1(1.8) | 19.5(2.1) | 16.9(1.5) | 25.8(2.4) | 20.0(2.7) | 18.2(1.3) | 22.4(1.6) | 14.3(1.8) |

*Percent of all hypertensives in time period accounted for by race/ethnicity group. Data are presented as mean and Standard Error. Abbreviations: NHANES=National Health and Nutrition Examination Survey; N=number; HTN=hypertension; M=male; F=female; BMI=body mass index; S=systolic;

D=diastolic; BP=blood pressure; non-HDL=non-high-density lipoprotein cholesterol; CVD=cardiovascular disease; CKD=chronic kidney disease; 10-yr CHD Risk=Framingham 10-yr coronary heart disease risk.

Supplemental Table 3a. P values for Supplemental Table 2 (between groups within NHANES time period).

| NHANES Period | 1999-2004 | | | 2005-2008 | | | 2009-2012 | | |
|---|----------------|-------------------|-------------------|----------------|-------------------|-------------------|----------------|-------------------|-------------------|
| | White vs Black | Black vs Hispanic | White vs Hispanic | White vs Black | Black vs Hispanic | White vs Hispanic | White vs Black | Black vs Hispanic | White vs Hispanic |
| Age, years | <0.001 | 0.71 | <0.001 | <0.001 | 0.87 | <0.001 | <0.001 | 0.17 | <0.001 |
| Sex, M:F (distribution of M and F) | 0.03 | 0.44 | 0.70 | 0.002 | 0.001 | 0.21 | 0.01 | 0.002 | 0.35 |
| Healthcare visits/year (distribution 0-1 and ≥2) | 0.01 | 0.06 | <0.001 | 0.48 | <0.001 | <0.001 | 0.30 | 0.003 | <0.001 |
| Insured | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| BMI, kg/m² | <0.001 | 0.01 | 0.34 | <0.001 | <0.001 | 0.83 | <0.001 | 0.03 | 0.002 |
| BMI ≥30 | <0.001 | 0.35 | 0.18 | <0.001 | 0.07 | 0.36 | <0.001 | 0.99 | <0.001 |
| SBP, mmHg | 0.003 | 0.66 | 0.02 | <0.001 | 0.48 | <0.001 | 0.01 | 0.28 | <0.001 |
| DBP, mmHg | <0.001 | 0.36 | 0.002 | <0.001 | 0.59 | 0.01 | <0.001 | 0.51 | 0.004 |
| Non-HDL, mg/dL | 0.02 | 0.002 | 0.11 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | 0.03 |
| Hypercholesterolemia,% | <0.001 | 0.04 | 0.33 | <0.001 | <0.001 | 0.71 | <0.001 | <0.001 | 0.30 |
| Cholesterol treatment,% | <0.001 | 0.58 | <0.001 | <0.001 | 0.73 | 0.004 | 0.001 | 0.12 | 0.64 |
| Diabetes, %, | <0.001 | 0.76 | <0.001 | <0.001 | 0.99 | <0.001 | <0.001 | 0.05 | <0.001 |
| CVD, % | 0.24 | 0.002 | <0.001 | 0.31 | 0.001 | 0.02 | 0.68 | 0.33 | 0.50 |
| CKD, % | 0.04 | 0.88 | 0.19 | 0.005 | 0.53 | 0.01 | 0.01 | 0.65 | 0.25 |
| Smoking, % | <0.001 | 0.003 | 0.16 | 0.01 | 0.06 | 0.96 | <0.001 | <0.001 | 0.33 |
| 10-yr CHD (proportion >20 vs. <10%) | <0.001 | 0.003 | 0.87 | <0.001 | 0.08 | 0.05 | <0.001 | <0.001 | <0.001 |

NHANES=National Health and Nutrition Examination Survey; M=male; F=female; BMI=body mass index; S=systolic; D=diastolic; BP=blood pressure; non-HDL=non-high-density lipoprotein cholesterol; CVD=cardiovascular disease; CKD=chronic kidney disease; 10-yr CHD Risk=Framingham 10-yr coronary heart disease risk. P-values ≤0.01 are statistically significant. P-values reflect within NHANES period comparisons with values in column 1 representing comparisons with column 2, column 2 with column 3, and column 3 with column 1.

Supplemental Table 3b. P values for Supplemental Table 2 (within group between NHANES time periods).

| NHANES | 1999-2004 vs 2005-2008 | | | 2005-2008 vs 2009-2012 | | | 1999-2004 vs 2009-2012 | | |
|---------------------------------|------------------------|--------|----------|------------------------|-------|----------|------------------------|--------|----------|
| | White | Black | Hispanic | White | Black | Hispanic | White | Black | Hispanic |
| Age, yr | 0.87 | 0.48 | 0.94 | 0.40 | 0.48 | 0.09 | 0.36 | 0.14 | 0.23 |
| Sex, M:F | | | | | | | | | |
| Male, % | 0.37 | 0.78 | 0.19 | 0.97 | 0.81 | 0.73 | 0.44 | 0.94 | 0.25 |
| Female, % | 0.37 | 0.78 | 0.19 | 0.97 | 0.81 | 0.73 | 0.44 | 0.94 | 0.25 |
| Healthcare visits/yr | | | | | | | | | |
| 0-1 | 0.28 | 0.02 | 0.18 | 0.28 | 0.43 | 0.07 | 0.02 | <0.001 | 0.62 |
| ≥2 | 0.28 | 0.02 | 0.18 | 0.28 | 0.43 | 0.07 | 0.02 | <0.001 | 0.62 |
| Insured | 0.23 | 0.49 | 0.13 | 0.51 | 0.75 | 0.52 | 0.56 | 0.39 | 0.27 |
| BMI, kg/m² | 0.14 | 0.002 | 0.73 | 0.39 | 0.08 | <0.001 | 0.03 | <0.001 | <0.001 |
| BMI ≥30 | 0.29 | 0.01 | 0.83 | 0.09 | 0.27 | 0.005 | 0.009 | <0.001 | 0.002 |
| SBP, mmHg | <0.001 | <0.001 | 0.02 | 0.01 | 0.11 | 0.27 | <0.001 | <0.001 | <0.001 |
| DBP, mmHg | 0.004 | 0.002 | 0.11 | 0.10 | 0.35 | 0.36 | <0.001 | <0.001 | 0.01 |
| Non-HDL | <0.001 | <0.001 | 0.36 | 0.04 | 0.46 | 0.02 | <0.001 | <0.001 | 0.002 |
| Hypercholesterolemia, % | 0.49 | 0.97 | 0.50 | 0.96 | 0.18 | 0.26 | 0.48 | 0.23 | 0.09 |
| Cholesterol treatment, % | <0.001 | <0.001 | <0.001 | 0.06 | 0.03 | 0.003 | <0.001 | <0.001 | <0.001 |
| Diabetes, % | 0.001 | 0.002 | 0.04 | 0.57 | 0.87 | 0.12 | <0.001 | <0.001 | <0.001 |
| CVD, % | 0.78 | 0.06 | 0.04 | 0.46 | 0.22 | 0.36 | 0.52 | 0.40 | 0.004 |
| CKD, % | 0.30 | 0.78 | 0.94 | 0.61 | 0.96 | 0.39 | 0.66 | 0.82 | 0.54 |
| Smoking, % | 0.08 | 0.79 | 0.95 | 0.005 | 0.58 | 0.19 | 0.14 | 0.70 | 0.19 |
| 10-yr CHD | | | | | | | | | |
| >20, % | 0.15 | 0.01 | 0.01 | 0.72 | 0.92 | 0.06 | 0.21 | 0.01 | <0.001 |
| <10, % | 0.10 | 0.93 | 0.89 | 0.50 | 0.23 | 0.08 | 0.35 | 0.13 | 0.08 |

NHANES=National Health and Nutrition Examination Survey; M=male; F=female; BMI=body mass index; S=systolic; D=diastolic; BP=blood pressure; non-HDL=non-high-density lipoprotein cholesterol; CVD=cardiovascular disease; CKD=chronic kidney disease; 10-yr CHD Risk=Framingham 10-yr coronary heart disease risk. P-values ≤0.01 are statistically significant. P-values in column 1 of NHANES 1999–2004 reflect comparisons with column 1 of NHANES 2005–2008, 2005–2008 with 2009–2012, and 2009–2012 with 1999–2004. Values in columns 2 and 3 reflect time period comparisons described for column 1.