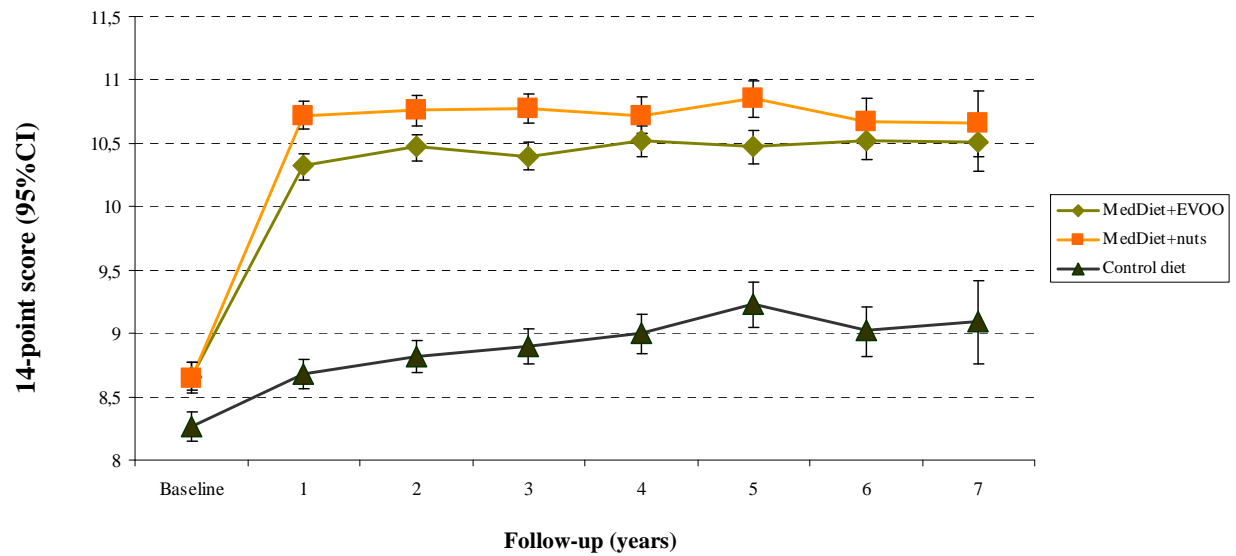


Appendix 2: Adherence to Mediterranean diet among study participants with metabolic syndrome at baseline (as supplied by the authors)



	Baseline	1 year	2 years	3 years	4 years	5 years	6 years	7 years
MedDiet+EVOO	1236	1169	1105	1054	874	754	580	237
MedDiet+nuts	1062	960	875	805	616	545	416	183
Control diet	1093	906	738	672	500	432	322	137

Appendix to: Mediterranean diets and metabolic syndrome status in the PREDIMED randomized trial. Babio N, ToledoE, Estruch R, et al. *CMAJ* 2014. DOI: 10.1503/cmaj.140764. Copyright © 2014 Canadian Medical Association and its licensors