



Follow-up (years)

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	Baseline	1 year	2 years	3 years	4 years	5 years	6 years	7 years
MedDiet+EVOO	1982	1808	1703	1626	1332	1150	861	348
MedDiet+nuts	1882	1586	1448	1336	1033	923	687	287
Control diet	1931	1392	1136	1026	783	706	493	201

Appendix to: Mediterranean diets and metabolic syndrome status in the PREDIMED randomized trial. Babio N, ToledoE, Estruch R, et al. CMAJ 2014. DOI: 10.1503/cmaj.140764. Copyright © 2014 Canadian Medical Association and its licensors