Text S1: Modeling Supplement

Deactivation of a negative regulator: a distinct signal transduction mechanism, pronounced in Akt signaling

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Development of the model

Our modeling approach here was to make simplifying assumptions so as to minimize the number of adjustable parameters and allow for ready understanding of the presented analyses. It should be appreciated that a more realistic model of a particular signaling process would integrate additional interactions and modifications, and complexities such as subcellular localization/compartmentalization might need to be included. In our view, more sophisticated modeling will be warranted once quantitative measurements corresponding to the modeled variables become available.

We consider two distinct mechanisms by which a protein kinase might promote signal transduction through substrate phosphorylation: (I) increasing the activity of a positive regulator (activator) or (II) decreasing that of a negative regulator (deactivator). In both cases, the common step is phosphorylation of the regulatory molecule by the kinase. To describe this in the simplest manner possible, we consider that the relative activity of the upstream kinase may be represented by a time-dependent rate constant, $k_k(t)$. Neglecting concentration gradients and saturation of the upstream kinase or of the opposing (constitutively active) phosphatase(s), we express the conservation of phosphorylated activator (mechanism I) as follows.

$$\frac{dA_p}{dt} = k_k(t)A - k_pA_p; \quad A_p(0) = 0$$
(S1)

In the equation above, A_p is the concentration of phosphorylated activator, A is the concentration of unphosphorylated activator, and k_p is the pseudo-first-order rate constant of protein dephosphorylation. With the assumption that the sum of the phosphorylated and unphosphorylated regulator is conserved during the time scale of interest, we define the fraction of phosphorylated regulator as the dimensionless variable, ϕ , and we define the dimensionless signal function, s(t), to scale $k_k(t)$ by k_p .

$$A + A_p = A_{Tot} = \text{constant}$$

$$\phi = \frac{A_p}{A_{Tot}}; \quad s(t) = \frac{k_k(t)}{k_p}$$
(S2)

Substituting these definitions into Eq. S1 yields Eq. 1 in the main text, reprised here.

$$\frac{d\phi}{dt} = k_p \left[s \left(1 - \phi \right) - \phi \right]; \quad \phi(0) = 0$$

Up to this point, mechanism II is developed identically (i.e., Eq. 1 in the main text applies to both mechanisms), except for the conceptual distinction that the substrate of the kinase is a deactivator; therefore, D and D_p take the place of A and A_p , respectively.

Next we consider the downstream response element, which is found in either an inactive (off) or active (on) state, with concentrations R and R^* , respectively. Following analogous assumptions as above, we write conservation equations for two mechanisms — activation (mechanism I) and relief of deactivation (mechanism II) — as follows.

$$\frac{dR^*}{dt} = \begin{cases} \left(k_{a,0}A + k_{a,\max}A_p\right)A_{Tot}^{-1}R - k_{d,0}R^* & (I)\\ k_{a,0}R - \left(k_{d,0}D + k_{d,\min}D_p\right)D_{Tot}^{-1}R^* & (II) \end{cases}$$
(S3)

In each of these equations, the first term describes activation, and the second, deactivation. In mechanism I, the activation term contains contributions from both the unphosphorylated and phosphorylated activator, with rate constants $k_{a,0}$ and $k_{a,max}$, respectively (dividing the activation term by the constant A_{Tot} makes these rate constants pseudo-first order); the deactivation rate constant is fixed at $k_{d,0}$. Conversely, in mechanism II, the deactivation term contains contributions from both the unphosphorylated and phosphorylated deactivator, with rate constants $k_{d,0}$ and $k_{d,min}$, respectively (dividing the deactivation term by the constant D_{Tot} makes these rate constants pseudo-first order); in this mechanism, the activation rate constant is fixed at $k_{a,0}$. With the assumption that the total concentration of the response element ($R_{Tot} = R + R^*$) is constant, and with the definition $\rho = R^*/R_{Tot}$ (along with the definition of ϕ for each mechanism), Eq. S3 is modified to obtain Eq. 2 in the main text, reprised here.

$$\frac{d\rho}{dt} = \begin{cases} \left[k_{a,0} + \left(k_{a,\max} - k_{a,0} \right) \phi \right] (1 - \rho) - k_{d,0} \rho & \text{(I)} \\ k_{a,0} \left(1 - \rho \right) - \left[k_{d,0} - \left(k_{d,0} - k_{d,\min} \right) \phi \right] \rho & \text{(II)} \end{cases}$$

The initial conditions are assigned as follows, so that ρ is stationary when $\phi = 0$ for either mechanism.

$$\rho(0) = \frac{k_{a,0}}{k_{a,0} + k_{d,0}} \tag{S4}$$

To set the models for mechanisms I and II on a common basis for comparison, we enforce that both mechanisms yield the same maximum steady-state value of ρ (i.e., with $\phi_{ss} = 1$), which is achieved if we define a common, dimensionless gain parameter, g, as follows.

$$g = \frac{k_{a,\max}}{k_{a,0}} = \frac{k_{d,0}}{k_{d,\min}}$$
(S5)

Defining $K = k_{a,0}/k_{d,0}$, each conservation equation is reduced to a dimensionless form with only two adjustable constants (g and K) as follows. Thus, main text Eq. 2 was reduced to main text Eq. 4, reprised here.

$$\frac{1}{k_{d,0}}\frac{d\rho}{dt} = \begin{cases} K\left[1+\left(g-1\right)\phi\right]\left(1-\rho\right)-\rho & (I)\\ K\left(1-\rho\right)-\left[1-\left(1-g^{-1}\right)\phi\right]\rho & (II)\\ \rho(0) = \frac{K}{1+K} \end{cases}$$

Analysis of the steady state

For constant s, the steady-state solution of main text Eq. 1, ϕ_{ss} , is as follows.

$$\phi_{ss} = \frac{s}{1+s} \tag{S6}$$

For each of the two mechanisms, the steady-state response ρ_{ss} is derived in terms of ϕ_{ss} , and hence in terms of *s*, as follows.

$$\rho_{ss} = \begin{cases}
\frac{K[1+(g-1)\phi_{ss}]}{1+K[1+(g-1)\phi_{ss}]} = \frac{K(1+gs)}{1+K+(1+gK)s} & \text{(I)} \\
\frac{K}{1-(1-g^{-1})\phi_{ss}+K} = \frac{K(1+s)}{1+K+g^{-1}(1+gK)s} & \text{(II)}
\end{cases}$$
(S7)

To lend additional insight, the steady-state response may be expressed as a fold change relative to the basal value.

$$\frac{\rho_{ss}(s) - \rho(0)}{\rho(0)} = \begin{cases} \frac{(g-1)s}{1+K+(1+gK)s} & (I) \\ \frac{(g-1)s}{g(1+K)+(1+gK)s} & (II) \end{cases}$$
(S8)

As one might expect, each of these fold-change expressions can be rearranged to give the familiar hyperbolic form. Adopting the vernacular of a pharmacological dose-response relationship, we define the EC_{50} here as the value of *s* that yields the half-maximal value of the fold change. By rearrangement of Eq. S8, we obtain

$$EC_{50} = \begin{cases} \frac{1+K}{1+gK} & (I) \\ g\frac{1+K}{1+gK} & (II) \end{cases}$$
(S9)

By inspection of Eq. S9, one concludes the following.

- 1) The EC_{50} value of mechanism I is less than 1, the value of *s* for which $\phi_{ss} = 0.5$, provided that g > 1 (phosphorylation activates the regulator). Therefore, mechanism I generally saturates at a lower value of *s* relative to phosphorylation of the positive regulator. The substrate of the activator (the response element in the 'off' state) is progressively depleted as the input increases, and so there is sub-linear sensitivity of the response with respect to the increasing activity of the activator. This is the nature of a sequential activation pathway with potential for saturation at each step.
- 2) The EC_{50} value of mechanism II is greater than 1, the value of *s* for which $\phi_{ss} = 0.5$, provided that g > 1 (phosphorylation deactivates the regulator). Therefore, II generally saturates at a higher value of *s* relative to phosphorylation of the negative regulator. In this case, the

substrate of the deactivator (the response element in the 'on' state) becomes more abundant as the input increases, and so there is supra-linear sensitivity of the response with respect to the decreasing activity of the deactivator. This offsets the decreasing sensitivity of ϕ with respect to *s*.

3) Mechanism II has an EC_{50} value that is greater, by a factor of g, than that of I. Thus, as g is increased to enhance the maximum fold-change of the response, the dynamic range of s (over which the response shows near-linear sensitivity) shrinks for I, whereas it is expanded for II.

Since g is defined so that the maximum and minimum values of $\rho_{ss}(s)$ are the same for both mechanisms, the higher EC_{50} for mechanism II implies a lower sensitivity in the limit s, $\phi_{ss} \ll 1$, as shown in Fig. 1d&e. For mechanism II, greater sensitivity near saturation implies low sensitivity when the system is far from saturation, whereas the opposite is well appreciated to be true for the 'canonical' mechanism I.

Analysis of time scales

Transient behaviors of the two mechanisms are shown in Fig. 2 of the paper. The results were obtained by numerical integration of the differential equations, using a stiff implicit solver in MATLAB. Though this is simple enough, we find that approximations of the 'exact' solutions are instructive. Such analyses are outlined below.

In the examples shown in Fig. 2a&b, a step change in the input function s(t) is assumed, i.e., constant *s* for t > 0. The transient solution of main text Eq. 1 for these conditions is as follows, with ϕ_{ss} taken from Eq. S6.

$$\phi(t) = \phi_{ss} \left\{ 1 - \exp\left[-(1+s)k_p t \right] \right\}$$
(S10)

Therefore, the kinetics of $\phi(t)$ approaching the steady-state value become progressively faster as *s* increases, with a time scale of $[(1 + s)k_p]^{-1}$. Based on the parameter values chosen for the calculations shown in Fig. 2, we reasoned that the kinetics of $\phi(t)$ were relatively fast. With this conjecture, we substitute the approximation $\phi(t) \approx \phi_{ss}$ in main text Eq. 2 and simplify as follows.

$$\frac{d\rho}{dt} \approx \begin{cases} \frac{k_{d,0}}{1-\rho_{ss}} (\rho_{ss} - \rho) & (I) \\ \frac{k_{a,0}}{\rho_{ss}} (\rho_{ss} - \rho) & (II) \end{cases}$$
(S11)

For the calculated examples, $k_{d,0} = 0.1k_p$, $k_{a,0} = 0.005k_p$, and ρ_{ss} varies from 0.047 (s = 0) and 0.33 (s >> 1). Therefore, we confirm that the time scale of $\phi(t)$ is never rate limiting under the conditions tested.

This analysis also shows how the kinetics of $\rho(t)$ for mechanism I generally become faster, and how the kinetics for II become slower, as *s* increases. By inspection of Eq. S11 above, we identify the characteristic time scale τ as the inverse of the effective rate constant, i.e., with $d\rho/dt \approx \tau^{-1}(\rho_{ss} - \rho)$. The time constant thusly identified for mechanism I is $(1 - \rho_{ss})/k_{d,0}$, which decreases (faster kinetics) as ρ_{ss} increases. As explained in the main text, this is intuitive because signaling increases the frequency of activation. The time constant for mechanism II is $\rho_{ss}/k_{a,0}$, which increases (slower kinetics) as ρ_{ss} increases; here, signaling decreases the frequency of deactivation, while that of activation is constant.

In the examples shown in Fig. 2c&d, a time-decaying input was considered.

$$s(t) = s(0)\exp\left(-k_{decay}t\right)$$
(S12)

The rate constant of decay was $k_{decay} = 0.03k_p$, i.e., slow enough for $\phi(t)$ to respond according to the following quasi-steady state approximation.

$$\phi(t) \approx \frac{s(t)}{1+s(t)} \tag{S13}$$

It is readily shown that this function decays, on a relative basis, slower than does s(t). This is intuitive when s(t) >> 1, because $\phi(t)$ is pegged close to 1. This insight along with the steadystate sensitivity results presented in Fig. 1d&e provides at least a qualitative explanation of the kinetics shown in Fig. 2 c&d. For mechanism I, the slow decay of $\phi(t)$ for saturating s(0) is compounded by the modest sensitivity of ρ to $\phi(t)$ near saturation (Fig. 1d); thus, the response peaks rapidly but decays slowly under such conditions (Fig. 2c). In contrast, mechanism II shows ultrasensitivity to $\phi(t)$ in that regime (Fig. 1e); thus, after a prolonged equilibration period (reflected in the time at which the response achieves its peak, consistent with the slow kinetics shown in Fig. 2b), the time scale associated with the decay of the response is much closer to that of s(t) (Fig. 2d).



Figure S1 Multiple examples of the indirect activation mechanism (mechanism II) downstream of Akt. In each example, the kinase activity of Akt is considered the input, and its substrate is a negative regulator (deactivator). *a*) Phosphorylation of TSC2 results in reduced GTP-activating protein (GAP) function, indirectly promoting accumulation of the active, GTP-bound form of Rheb. Rheb-GTP goes on to activate mTOR (not pictured here). *b*) Phosphorylation of PRAS40 results in 14-3-3 protein binding that prevents association with PRAS40 with mTOR. This liberates mTOR for interactions with its substrates. *c*) Phosphorylation of GSK3 α/β inactivates the kinase, resulting in reduced phosphorylation of BAD prevents it from binding Bcl-2/-xL. This frees Bcl-2/-xL to promote cell survival by maintaining the integrity of the outer mitochondrial membranes.



Figure S2 Illustration of the steady-state sensitivities of mechanisms I and II as phosphorylation of the regulator approaches saturation. In both cases, progressive increases in the input signal eventually result in phosphorylation of most of the regulator (indicated by –P) at steady state. In the case of mechanism I, the regulator has a positive influence on the downstream response, and the phosphorylated form is more active. Near saturation, a further increase in the input results in only a slight fractional gain in the activity of the positive regulator. Conversely, in the case of mechanism II, the regulator has a negative influence on the downstream response, and the phosphorylated form is a negative influence on the downstream response, and the phosphorylated form is less active. Near saturation, a further increase in the increase in the input results in a dramatic fractional change (reduction) in the remaining activity of the negative regulator.



Figure S3 Replotting of Fig. 2a to better show the early kinetics. Initial responses of the direct activation mechanism (mechanism I) to step changes in *s*, from zero to the indicated values of s(0), are shown. Time is given in units of $k_{\rho}t$; parameters are K = 0.05, g = 10, $k_{d,0} = 0.1k_{\rho}$. For each curve, the midpoint between $\rho(0)$ and ρ_{ss} is indicated by the inverted triangle, illustrating that the time scale becomes faster as the input increases.



Figure S4 Identification of activation mechanisms I (green) and II (red) in the Akt/mTOR signaling network.



Figure S5 Temporal response of an incoherent feedforward motif with direct activation of an activator by mechanism I and indirect activation of an inhibitor by mechanism II. Parameter values are the same as in Fig. 3c, and $k_{d,0} = 0.1k_p$ for both I and II. Values of the input, *s*, are as indicated for each curve, and time is expressed in units of $k_p t$. Note that high values of *s* yield an adaptive response due to the inherent disparity in time scales for I and II.



Figure S6 Analysis of a coherent feedforward loop (FFL) with direct and indirect activation of two activators in parallel. *a*) Hypothetical circuit diagram. *b*) Signaling in the mTOR network that loosely maps to the hypothetical circuit. *c*) Steady-state response of the coherent FFL, assuming additive contributions to the output, according to

Output = $(\alpha \rho_I + \beta \rho_{II})/(1 + \alpha \rho_I + \beta \rho_{II})$.

Parameter values are K = 0.05 and g = 100 for both I and II; the parameters for the output function are $\alpha = 0.5$, $\beta = 1$. Note that the output shows a broad sensitivity, over several logs of *s*, due to the disparity between the saturation of I and II. *d*) Kinetics of the system, with the same parameter values as in *c* and $k_{d,0} = 0.1k_p$ for both I and II. Values of the input, *s*, are as indicated for each curve, and time is expressed in units of k_pt . Note that high values of *s* provoke an initial rapid increase due to activation of I, followed by slower increase due to delayed activation of II.