Questionnaire A (special for students)

School name:	City area:	Date of birth:	
1. Do you receive iron pills every week?		Yes □	No 🗆

- 2. What do you usually do with the iron pills?
 - a. I always take them in class or after class.
 - b. I take them at home.
 - c. I do not regularly take the pills either at school or at home.
 - d. I never take them.
 - e. Others (please mention it below)

3. If you do not take the pills, which of the followings is the reason? (you may choose more than one option)

a. I had experienced upset feeling, vomiting, abdominal discomfort, unpleasant taste of pills and feeling of drowsiness/dizziness

- b. I had no access to drinking water to take pills.
- c. I did not feel pill consumption was necessary.
- d. I had been using similar iron supplements at home.
- e. Suggestions from my close friends

f. I was thinking that why my female teachers were not interested to take the same pills.

- e. Others (please mention it below)
- 4. Is the drinking water available in time of pills distribution? Yes \Box No \Box
- 5. Do you think why you are recommended to take iron pills?

6. Apart from the iron distribution in the classroom, what other activities are done to encourage you and your friends to take the tablets? (You may mark more than one choice.)

- a. Putting up iron-related posters on boards at school hall
- b. Distribution of iron-related brochures among the students
- c. Inviting health center professionals to talk about iron topics in school
- d. Showing movies/video clips regarding iron deficiency anemia

e. Speech by school administrators in classrooms or at school grounds about iron related topics

f. Inviting parents to school and talking to them about the importance of iron pills for student's health

e. Others (if any)

7. Have you ever	noticed installed	iron-related poster	s on the school	notificati	on
boards?				Yes □	No 🗆
8. If yes,					
a. What were t	they encouraging	g you to do?			
illustrations	text 🗆	as more interesting color □	others (mentio	on it belov	
-	-	was more effective		essage?	
illustrations [text □			
both illustrati	ions and texts \Box	others	s (mention it bel	.ow)	
9. Have principal	vice-principals	or health coaches e	ver talked to vo	u about ir	on
topics at the scho			, , , , , , .	Yes □	No 🗆
10. If yes,					
b. How long	did it take?	e? Classroom□ (minutes) since start of the cu		ground □ ur?]
once \Box	twice □		more \Box		
11. Have your tea	chers spoken abo	out the iron suppler	nentation at you	ır classroo Yes □	oms? No □
	id it take? t was repeated si	(minutes) nce start of current	school year?		
once \Box	twice \Box	three times \Box	more \Box		
13. Have your par	rents attended to	any meeting about		-	-
_	did it take? it was repeated s	(minutes) since start of the cu		Yes □ ur?	No 🗆
once \Box c. Who were	twice \Box the trainers/facil	three times [itators?	□ more	: 🗆	
health ce	enter personnel 🗆] principal	or vice- princip	al 🗆	
health co	baches \Box	others (n	nention it below)	

15. Have personnel from health centers had any lectures about iron supplementationprogram for students at school?Yes □No □

16. If yes, a. Where was the lecture held?						
	classroom □ b. How long did	l it take?	,	school		
c. How often it was repeated since start of the current school year?						
	once \Box	twice \Box	three times \Box	more		
d. Were the talks easy to understand? Yes			es 🗆	No 🗆		
e. Was the intervention venue convenient and comfortable? Yes \Box					No 🗆	
f. Was there any problem with noise and crowds? Yes \Box			Yes 🗆	No 🗆		
	ow much of edu extremely □	cator's talk be very □	een relevant to iron to moderately □	pics? slightly □	not	at all 🗆
18. How do you evaluate the educator?						
a. He/she could behave friendly. Yes \Box			les □	No 🗆		
b. It was easy to communicate with him/her. Yes \Box				les □	No 🗆	
	c. He/she could encourage us to participation. Yes \Box			Yes 🗆	No 🗆	
	d. He/she could	speak clearly	y and understandably.		Yes 🗆	No 🗆

e. We were free to ask any question. Yes \Box No \Box

19. Which of the followings had the greatest impact on your decision to consume the iron pills?

- a. Health center personnel advices
- b. Recommendations made by school principal, vice-principals or teachers
- c. Posters
- d. Brochures
- e. My parents' advices
- f. My physician's advices
- g. My own knowledge about iron benefits
- h. Others (mention it below)
- 20. How do you see yourself in terms of body iron status?
 - a. I am severely iron deficient.
 - b. I have moderate iron deficiency.
 - c. I don't have any iron deficiency problem.
 - d. I am better than ideal in terms of iron status.
 - e. I have no idea.

21. Have you ever checked up your iron	Yes □	No 🗆		
22. What is your father's education leve a. illiterate c. at high school level	l? b. up to high school d. university graduate			
 23. What is your mother's education level? a. illiterate b. up to high school c. at high school level d. university graduate 				
24. How do you define iron deficiency?				
25. Which diseases are caused by low iron intake?				
26. What are signs/symptoms of iron deficiency?				
27. How we can improve iron status of our body?				
28. Could you name some iron rich foods?				

29. Do you think who are at risk of iron deficiency?