

Study ID: «ID\_»

**Activity Monitor Log**

\*«ID\_»\*

<b>Day</b>	<b>Circle the Day of the Week</b>	<b>Date monitor put on</b>	<b>Time out of bed in the morning</b>	<b>Time monitor put on in the morning</b>	<b>Time monitor removed at night</b>	<b>Time into bed for the night</b>	<b>List times during the day the monitor was not worn and state reason for not wearing it (e.g., showering). Any additional comments?</b>
1	M T W TH F SA SU	____/____/ mm/dd/yy	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	_____
2	M T W TH F SA SU	____/____/	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	_____
3	M T W TH F SA SU	____/____/	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	_____
4	M T W TH F SA SU	____/____/	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	_____
5	M T W TH F SA SU	____/____/	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	_____
6	M T W TH F SA SU	____/____/	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	_____
7	M T W TH F SA SU	____/____/	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	____ : ____ am pm	_____

Thank you for completing this form. Please return it with the activity monitor.

OFFICE USE ONLY

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