

**SUPPLEMENTAL DATA**

**Table A. Physical function: mean change from baseline by group using last observation carried forward method**

	<b>UC Group</b>	<b>RRE Group</b>	
	<b>(n=48)</b>	<b>(n=59)</b>	<b>P-value</b>
<b>6-minute walk test (feet, mean±SD)</b>	-9.7 ±215	161 ±249	<0.001
<b>Sit-to-stand test (% of age predicted, mean±SD)</b>	0.7 ±11.8	20.9 ±26.3	<0.001
<b>Gait speed test (cm/seconds, median [IQR])</b>	0 (-9 - 12.5)	0 (-26 - 28)	0.83

**Table B. Health-related quality of life: mean change from baseline by group using last observation carried forward method**

	<b>UC Group</b>	<b>RRE Group</b>	
<b>Measure</b>	<b>(n=48)</b>	<b>(n=59)</b>	<b>P-value</b>
<b>Physical Measures</b>			
Role functioning/Physical	-8.3	15.4	<0.01
Physical functioning	-0.6	9.2	<0.01
Energy/fatigue	0.5	8.1	0.02
General health	-1.1	4.0	0.04
<b>Mental Measures</b>			
Pain	-3.6	4.7	0.05
Emotional wellbeing	-0.4	3.4	0.22
Social functioning	1.6	3.4	0.65
Role functioning/emotional	1.8	5.6	0.46