

Basuhlah tangan

- sebelum makan.
- selepas bermain di tanah.
- selepas ke tandas.



Health Education Learning Package to control Soil-Transmitted Helminthiasis among Orang Asli Schoolchildren

Project team: Assoc. Prof. Dr. Hesham M. Al-Mekhlafi
Professor Dr. Rohela Mahmud
Assoc. Prof. Dr. Yvonne Al Lim
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In collaboration with:



Pakailah

KASUT

bila bermain
di luar



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Cuci tangan sebelum makan



Cuci tangan selepas bermain tanah



Pakai kasut bila bermain di tanah



Cuci tangan selepas ke tandas.

Potong kuku



Minum air yang dimasak



Untuk hidup sihat tanpa Jangkitan Cacing Tularan Tanah



Basuh sayuran dan buah-buahan dengan air bersih



Lindungi makanan daripada lalat



Jika tiada tandas, buang air jauh dari kawasan bermain

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