

Childhood Food and Symptom Association Questionnaire

Instructions:

The child and mother (or other primary caretaker) should have the questionnaire administered separately. See instructions below:
Will be read aloud to the child/adolescent:

Some children feel that the certain foods can make them have belly problems like pain, throwing up, or diarrhea. I am going to name foods for you. If a food I name causes you to have belly pain or other belly problems – please raise your hand. I'll ask you a few questions about that food after you raise your hand. Do you understand?

“If you eat/drink X do you have any belly problems?”

“If you eat/drink Y do you have any belly problems?”

Will be read aloud to the parent:

Some parents notice that certain foods can cause their children to have belly problems, like pain, throwing up, or diarrhea. I am going to name foods for you. If a food I name causes your child to have belly pain or other belly problems – please raise your hand. I'll ask you a few questions about that food if you raise your hand. Do you understand?

“If your child eats/drinks X, does he/she have any belly problems?”

“If your child eats/drinks Y, does he/she have any belly problems?”

Frequency of symptom correlation:

- 1-Rarely, ~25% of the time or less
- 2-Sometimes, ~50% of the time
- 3-Often, ~75% of the time
- 4-Always, ~100% of the time (every time this food is consumed)

Avoid:

If subject restricts- write 'Y' for yes

Food Item	Type of Symptom	Severity of Symptom				Avoid (Y/N)	Frequency of Symptom Correlation			
		Little	Some	Bad	Very Bad		Rarely	Sometimes	Often	Always
Apples		1	2	3	4		1	2	3	4
Pears		1	2	3	4		1	2	3	4
Mangoes		1	2	3	4		1	2	3	4
Watermelons		1	2	3	4		1	2	3	4
Melons		1	2	3	4		1	2	3	4
Oranges		1	2	3	4		1	2	3	4
Grapefruits		1	2	3	4		1	2	3	4
Lemons		1	2	3	4		1	2	3	4
Peaches		1	2	3	4		1	2	3	4
Plums		1	2	3	4		1	2	3	4
Cherries		1	2	3	4		1	2	3	4
Nectarines		1	2	3	4		1	2	3	4
Bananas		1	2	3	4		1	2	3	4
Apricots		1	2	3	4		1	2	3	4
Grapes		1	2	3	4		1	2	3	4
Raisins		1	2	3	4		1	2	3	4
Berries		1	2	3	4		1	2	3	4
Fruit juices		1	2	3	4		1	2	3	4
Dried fruits		1	2	3	4		1	2	3	4
Other fruits:		1	2	3	4		1	2	3	4
Onions		1	2	3	4		1	2	3	4
Broccoli		1	2	3	4		1	2	3	4
Cauliflower		1	2	3	4		1	2	3	4
Asparagus		1	2	3	4		1	2	3	4
Cabbage		1	2	3	4		1	2	3	4
Beans		1	2	3	4		1	2	3	4
Peas		1	2	3	4		1	2	3	4

Food Item	Type of Symptom	Severity of Symptom				Avoid (Y/N)	Frequency of Symptom Correlation			
		Little	Some	Bad	Very Bad		Rarely	Sometimes	Often	Always
Tomatoes		1	2	3	4		1	2	3	4
Corn		1	2	3	4		1	2	3	4
Potatoes		1	2	3	4		1	2	3	4
Brussel sprouts		1	2	3	4		1	2	3	4
Green or red peppers		1	2	3	4		1	2	3	4
Cooked vegetables		1	2	3	4		1	2	3	4
Raw vegetables		1	2	3	4		1	2	3	4
Other vegetables:		1	2	3	4		1	2	3	4
Milk (Cow's)		1	2	3	4		1	2	3	4
Soy Milk		1	2	3	4		1	2	3	4
Ice Cream		1	2	3	4		1	2	3	4
Cheese Specify:		1	2	3	4		1	2	3	4
Creams Specify:		1	2	3	4		1	2	3	4
Yogurt		1	2	3	4		1	2	3	4
Butter		1	2	3	4		1	2	3	4
Margarine		1	2	3	4		1	2	3	4
Coconut milk/cream		1	2	3	4		1	2	3	4
BBQ sauce		1	2	3	4		1	2	3	4
Ketchup		1	2	3	4		1	2	3	4
Mayonnaise		1	2	3	4		1	2	3	4
Salad dressings Specify:		1	2	3	4		1	2	3	4
Mustard		1	2	3	4		1	2	3	4
Pancake syrup		1	2	3	4		1	2	3	4
Honey		1	2	3	4		1	2	3	4

Food Item	Type of Symptom	Severity of Symptom				Avoid (Y/N)	Frequency of Symptom Correlation			
		Little	Some	Bad	Very Bad		Rarely	Sometimes	Often	Always
Jellies/Jams Specify:		1	2	3	4		1	2	3	4
Peanut Butter		1	2	3	4		1	2	3	4
Sweet and sour sauce		1	2	3	4		1	2	3	4
Gravy		1	2	3	4		1	2	3	4
Salsa		1	2	3	4		1	2	3	4
Pork		1	2	3	4		1	2	3	4
Sausage Specify:		1	2	3	4		1	2	3	4
Hot dogs		1	2	3	4		1	2	3	4
Ham		1	2	3	4		1	2	3	4
Beef		1	2	3	4		1	2	3	4
Turkey		1	2	3	4		1	2	3	4
Chicken		1	2	3	4		1	2	3	4
Fish		1	2	3	4		1	2	3	4
Eggs		1	2	3	4		1	2	3	4
Peanuts		1	2	3	4		1	2	3	4
Other Nuts Specify:		1	2	3	4		1	2	3	4
Pasta		1	2	3	4		1	2	3	4
Pasta sauce		1	2	3	4		1	2	3	4
Wheat bread		1	2	3	4		1	2	3	4
Rye bread		1	2	3	4		1	2	3	4
White bread		1	2	3	4		1	2	3	4
Bagels		1	2	3	4		1	2	3	4
Sourdough bread		1	2	3	4		1	2	3	4
Cold breakfast cereal Specify:		1	2	3	4		1	2	3	4

Food Item	Type of Symptom	Severity of Symptom				Avoid (Y/N)	Frequency of Symptom Correlation			
		Little	Some	Bad	Very Bad		Rarely	Sometimes	Often	Always
Cookies		1	2	3	4		1	2	3	4
Crackers		1	2	3	4		1	2	3	4
Cakes		1	2	3	4		1	2	3	4
Pizza		1	2	3	4		1	2	3	4
Rice		1	2	3	4		1	2	3	4
Pickles		1	2	3	4		1	2	3	4
Sodas		1	2	3	4		1	2	3	4
Diet Sodas		1	2	3	4		1	2	3	4
Sports drinks		1	2	3	4		1	2	3	4
Coffee		1	2	3	4		1	2	3	4
Tea		1	2	3	4		1	2	3	4
Alcohol		1	2	3	4		1	2	3	4
Smoked foods Specify:		1	2	3	4		1	2	3	4
Deep-fried foods Specify:		1	2	3	4		1	2	3	4
Fried foods Specify:		1	2	3	4		1	2	3	4
Pastries		1	2	3	4		1	2	3	4
Chocolate		1	2	3	4		1	2	3	4
Non-chocolate candy		1	2	3	4		1	2	3	4
Sugar free chewing gum		1	2	3	4		1	2	3	4
Sugar chewing gum		1	2	3	4		1	2	3	4
Spicy food/hot spices Specify:		1	2	3	4		1	2	3	4
Fast Foods Specify:		1	2	3	4		1	2	3	4

Demographic Data

1) Male/ Female

2) Height:

3) Weight:

4) Identified Race: White African American/Black Asian/Pacific Islander American Indian or Alaskan Native Other/Unknown

Hispanic: Yes No

5) Are there any foods that I did not mention that may cause you/your child to have belly problems?

6) Do all foods cause you/your child to have belly problems?