

- The purpose of our study was to determine the symptoms patients with opioid induced constipation would prefer to improve the most and the magnitude of change desired.
- An on-line survey of 513 patients across six countries was conducted.
- At least 80% of the participants responded that they would prefer to have bowel movements without pain, soft stools that are not loose or watery, a reduction in rectal straining, relief from feeling bloated, use opioid medications with less fear of constipation, worry less about having bowel movements, and have less pain in the stomach area.
- More than 90% of participants felt that having at least one more bowel movement per week would be an important change in their symptomatology.
- Future research should focus on these patient-centered preferences.

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