Supporting Information

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SI Appendix

Assumptions and Corollaries. Throughout the binary-choice model, we assume that (z_a, z_b) , $(y_{a,i}, y_{b,i})$, $\log(fz_a + (1-f)z_b)$, and $\log(fy_{a,i} + (1-f)y_{b,i})$ have finite moments up to order 2 for all $f \in [0, 1]$ and *i*. We assume further that, for all $f \in [0, 1]$, $\mathbb{E}[fz_a + (1-f)z_b] = \mathbb{E}[fy_{a,i} + (1-f)y_{b,i}]$ for all *i*, so that we can compare growth rates of populations in different environments. More specifically, the optimal log geometric average growth rate increases as the portion of idiosyncratic risk increases:

$$\alpha_{\lambda_1}(f_{\lambda_1}^*) \ge \alpha_{\lambda_2}(f_{\lambda_2}^*)$$
 if $0 \le \lambda_1 \le \lambda_2 \le 1$.

To prove this result, for any given *f*, take the first derivative of $\alpha_{\lambda}(f)$ with respect to λ :

$$\frac{\partial \alpha_{\lambda}(f)}{\partial \lambda} = \mathbb{E}_{z} \left[\frac{z^{f} - \mathbb{E}\left[y^{f} \right]}{\lambda z^{f} + (1 - \lambda) \mathbb{E}\left[y^{f} \right]} \right].$$

Evaluate the first derivative at $\lambda = 0, 1$, and recall that our assumptions imply that $\mathbb{E}_{z}[z^{f}] = \mathbb{E}_{y}[y^{f}]$:

$$\begin{aligned} \frac{\partial \alpha_{\lambda}(f)}{\partial \lambda} \Big|_{\lambda=0} &= \mathbb{E}_{z} \left[\frac{z^{f} - \mathbb{E}_{y} \left[y^{f} \right]}{\mathbb{E}_{y} \left[y^{f} \right]} \right] = 0, \\ \frac{\partial \alpha_{\lambda}(f)}{\partial \lambda} \Big|_{\lambda=1} &= \mathbb{E}_{z} \left[\frac{z^{f} - \mathbb{E}_{y} \left[y^{f} \right]}{z^{f}} \right] = 1 - \mathbb{E}_{y} \left[y^{f} \right] \mathbb{E}_{z} \left[\frac{1}{z^{f}} \right] \leq 0 \end{aligned}$$

where the last step uses Jensen's Inequality. Now, take the second derivative of $\alpha_{\lambda}(f)$ with respect to λ :

$$\frac{\partial^2 \alpha_{\lambda}(f)}{\partial \lambda^2} = \mathbb{E}_z \left[\frac{-\left(z^f - \mathbb{E}\left[y^f\right]\right)^2}{\left(\lambda z^f + (1-\lambda)\mathbb{E}\left[y^f\right]\right)^2} \right] \le 0$$

Therefore, for any given f, $\alpha_{\lambda}(f)$ is a nonincreasing concave function in the interval $0 \le \lambda \le 1$. Because $\alpha_{\lambda}(f_{\lambda}^{*})$ is the maximum of $\alpha_{\lambda}(f)$ over all f, it follows that $\alpha_{\lambda_1}(f_{\lambda_1}^{*}) \ge \alpha_{\lambda_2}(f_{\lambda_2}^{*})$ whenever $\lambda_1 \le \lambda_2$, as desired.

Proof of Eqs. 2 and 3. The total number of offspring of type f in generation t is simply the sum of all of the offspring from the type f individuals of the previous generation:

$$\begin{split} & t_{t}^{f} = \sum_{i=1}^{n_{t-1}^{f}} x_{i,t}^{f} = \lambda \sum_{i=1}^{n_{t-1}^{f}} z_{i,t}^{f} + (1-\lambda) \sum_{i=1}^{n_{t-1}^{f}} y_{i,t}^{f} \\ &= \lambda \left(z_{a,t} \sum_{i=1}^{n_{t-1}^{f}} I_{i,t}^{f} + z_{b,t} \sum_{i=1}^{n_{t-1}^{f}} \left(1 - I_{i,t}^{f} \right) \right) \\ &+ (1-\lambda) \left(\sum_{i=1}^{n_{t-1}^{f}} I_{i,t}^{f} y_{a,i,t} + \sum_{i=1}^{n_{t-1}^{f}} \left(1 - I_{i,t}^{f} \right) y_{b,i,t} \right), \end{split}$$

where we have added time subscripts to the relevant variables to clarify their temporal ordering. As n_{t-1}^{f} increases without bound, the Law of Large Numbers implies that

$$n_{t}^{f} \stackrel{p}{=} n_{t-1}^{f} \left(\lambda \left(f z_{a,t} + (1-f) z_{b,t} \right) + (1-\lambda) \left(f \mathbb{E}_{y} [y_{a}] + (1-f) \mathbb{E}_{y} [y_{b}] \right) \right) \\ = n_{t-1}^{f} \left(\lambda \left(f z_{a,t} + (1-f) z_{b,t} \right) + (1-\lambda) \mathbb{E}_{y} [y^{f}] \right),$$

where $\frac{p}{2}$ denotes equality in probability. Through backward recursion and assuming that $n_0^f = 1$ without loss of generality, the population of type *f* individuals in generation *T* is given by

$$\boldsymbol{n}_{T}^{f} \stackrel{p}{=} \prod_{t=1}^{I} \Big(\lambda \big(f \boldsymbol{z}_{a,t} + (1-f) \boldsymbol{z}_{b,t} \big) + (1-\lambda) \mathbb{E}_{\boldsymbol{y}} \big[\boldsymbol{y}^{f} \big] \Big).$$

Taking the logarithm on both sides and again, using the Law of Large Numbers, we get

$$\begin{split} \frac{1}{T} \log n_T^f &\stackrel{p}{=} \frac{1}{T} \sum_{t=1}^I \log \left(\lambda \left(f z_{a,t} + (1-f) z_{b,t} \right) \right. \\ &+ (1-\lambda) \mathbb{E}_y \left[y^f \right] \right) \stackrel{p}{\to} \mathbb{E}_z \left[\log \left(\lambda z^f + (1-\lambda) \mathbb{E}_y \left[y^f \right] \right) \right], \end{split}$$

where \xrightarrow{p} denotes convergence in probability, which completes the proof of Eq. 2. Eq. 3 simply rewrites Eq. 2.

Examples for Common Distributions of Relative Fecundity. Define $R = \omega_a^{\lambda} / \omega_b^{\lambda}$ to be the relative fecundity of two actions. We can characterize the growth-optimal behavior f^* for common distribution of R. Fig. S1 plots f^* for five distributions of R as a function of distribution parameters.

Lognormal distribution. Let *R* follow the lognormal distribution $\log N(\Delta \alpha, \Delta \beta^2)$. The expectations of *R* and 1/R are

$$\mathbb{E}[R] = \exp\left(\Delta\alpha + \frac{\Delta\beta^2}{2}\right) \text{ and}$$
$$\mathbb{E}[1/R] = \exp\left(-\Delta\alpha + \frac{\Delta\beta^2}{2}\right).$$

Therefore, the optimal behavior f^* is given by

$$T^* = \begin{cases} 1 & \text{if } \frac{\Delta \beta^2}{2} < \Delta \alpha \\ \text{between 0 and 1} & \text{if } \frac{\Delta \beta^2}{2} \ge |\Delta \alpha| \\ 0 & \text{if } \frac{\Delta \beta^2}{2} < -\Delta \alpha \end{cases}$$

 γ -Distribution. Let *R* follow the γ -distribution $\gamma(\alpha, \beta)$, where $\alpha > 0, \beta > 0$. The expectation of 1/R exists only for $\alpha > 1$, and therefore, the parameter space is restricted to $\alpha > 1, \beta > 0$:

$$\mathbb{E}[R] = \frac{\alpha}{\beta} \text{ and}$$
$$\mathbb{E}[1/R] = \frac{\beta}{\alpha - 1}.$$

Therefore, the optimal behavior f^* is given by

$$f^* = \begin{cases} 1 & \text{if } \beta < \alpha - 1 \\ \text{between } 0 \text{ and } 1 & \text{if } \alpha - 1 \le \beta \le \alpha \\ 0 & \text{if } \beta > \alpha. \end{cases}$$

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As special cases of γ -distribution, we automatically have the results for the exponential, χ^2 , and Erlang distribution.

Pareto distribution. Let *R* follow the Pareto distribution Pareto (x_m, α) , where $x_m > 0, \alpha > 0$. The expectation of *R* exists only for $\alpha > 1$, and therefore, the parameter space is restricted to $x_m > 0, \alpha > 1$:

$$\mathbb{E}[R] = \frac{\alpha x_m}{\alpha - 1} \text{ and}$$
$$\mathbb{E}[1/R] = \frac{\alpha}{(\alpha + 1)r}.$$

Therefore, the optimal behavior f^* is given by

$$f^* = \begin{cases} 1 & \text{if } x_m > 1 - \frac{1}{\alpha + 1} \\ \text{between 0 and 1} & \text{if } 1 - \frac{1}{\alpha} \le x_m \le 1 - \frac{1}{\alpha + 1} \\ 0 & \text{if } x_m < 1 - \frac{1}{\alpha}. \end{cases}$$

 β '-*Distribution*. Let *R* follow the β '-distribution $\beta'(\alpha, \beta)$, where $\alpha > 0, \beta > 0$. The expectation of *R* exists only for $\beta > 1$, and the expectation of 1/R exists only for $\alpha > 1$; therefore, the parameter space is restricted to $\alpha > 1, \beta > 1$:

$$\mathbb{E}[R] = \frac{\alpha}{\beta - 1} \text{ and}$$
$$\mathbb{E}[1/R] = \frac{\beta}{\alpha - 1}.$$

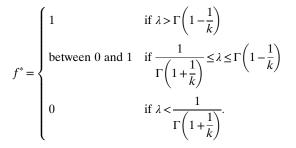
Therefore, the optimal behavior f^* is given by

$$f^* = \begin{cases} 1 & \text{if } \beta < \alpha - 1\\ \text{between } 0 \text{ and } 1 & \text{if } \alpha - 1 \le \beta \le \alpha + 1\\ 0 & \text{if } \beta > \alpha + 1. \end{cases}$$

Weibull distribution. Let *R* follow the Weibull distribution Weibull(k, λ), where $k > 0, \lambda > 0$. The expectation of 1/R exists only for k > 1, and therefore, the parameter space is restricted to $k > 1, \lambda > 0$:

$$\mathbb{E}[R] = \lambda \Gamma \left(1 + \frac{1}{k} \right) \text{ and}$$
$$\mathbb{E}[1/R] = \frac{1}{\lambda} \Gamma \left(1 - \frac{1}{k} \right),$$

where $\Gamma(.)$ is the γ -function. Therefore, the optimal behavior f^* is given by



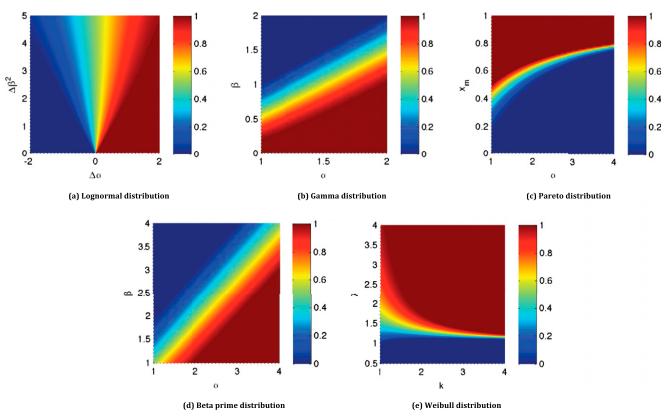


Fig. S1. Optimal behavior f^* for several distributions of relative fecundity $R = \omega_a^{\lambda} / \omega_b^{\lambda}$. In A–E, different colors correspond to deterministic ($f^* = 0$ or 1) or randomizing ($0 < f^* < 1$) behavior given the particular parameters of the distribution.