

## SUPPLEMENTARY DATA

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**Supplementary Table 1.** Incidence rates (cases/100 person-years) of diabetes or HbA<sub>1c</sub> ≥6.5% (48 mmol/mol) by study period, treatment, and self-reported race/ethnicity.

Outcome	Study period	Treatment*	Overall	White	African-American	Hispanic	American Indian	Asian or Pacific Islander
Diabetes by glucose	DPP	Plac	8.6	8.5	8.0	9.1	7.9	11.4
		Met	6.2	6.3	5.1	6.7	6.7	5.9
		ILS	4.3	4.7	4.1	3.6	3.9	3.7
	Total	Plac	6.8	6.1	8.8	7.0	6.5	10.2
		Met	5.4	5.2	6.1	5.0	6.5	5.2
		ILS	4.9	4.7	6.1	5.3	4.2	3.8
Diabetes by HbA <sub>1c</sub> ≥6.5%	DPP	Plac	8.8	6.7	18.3	7.2	11.5	11.7
		Met	5.1	3.7	12.5	4.6	3.3	2.6
		ILS	4.6	3.8	10.0	2.9	6.2	3.3
	Total	Plac	5.0	4.1	9.2	4.6	5.9	6.3
		Met	3.1	2.2	6.6	3.0	3.7	3.1
		ILS	3.5	3.1	5.8	3.0	4.6	3.5

\* Plac=placebo, Met=metformin, ILS=intensive lifestyle intervention.

The sample sizes were 922 (placebo), 911 (metformin), and 932 (lifestyle), and 2765 (total of three treatment groups).

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**Supplemental Figure 1.** Study flowchart.

- DPP enrolled participants over a 3-year period ending in June 1999. Therefore, participants had varying durations of DPP followup depending on their year of enrollment.
- DPP participants who had not died or withdrawn consent by September 1, 2002 were eligible for DPPOS.
- The number of participants examined in Year 6 of DPPOS are lower than for other years because the close of data for analysis occurred before all follow-up examinations were scheduled.

