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Title: Nitrite Modulates Bacterial Antibiotic Susceptibility and Biofilm Formation in Association with Airway Epithelial Cells

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Keywords: Pseudomonas aeruginosa; biofilm; sodium nitrite; colistimethate; colistin; polymyxin

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Abstract: Pseudomonas aeruginosa is the major pathogenic bacteria in cystic fibrosis and other forms of bronchiectasis. Growth in antibiotic resistant biofilms contributes to the virulence of this organism. Sodium nitrite has antimicrobial properties and has been tolerated as a nebulized compound at high concentrations in human subjects with pulmonary hypertension; however, its effects have not been evaluated on biotic biofilms or in combination with other clinically useful antibiotics. We grew P. aeruginosa on the apical surface of primary human airway epithelial cells to test the efficacy of sodium nitrite against biotic biofilms. Nitrite alone prevented 99% of biofilm growth. We then identified significant cooperative interactions between nitrite and polymyxins. For P. aeruginosa growing on primary CF airway cells, combining nitrite and colistimethate resulted in an additional log of bacterial inhibition compared to treating with either agent alone. Nitrite and colistimethate additively inhibited oxygen consumption by P. aeruginosa. Surprisingly, while the antimicrobial effects of nitrite in planktonic, aerated cultures are nitric oxide (NO) dependent, antimicrobial effects in other growth conditions are not. The inhibitory effect of nitrite on bacterial oxygen consumption and biofilm growth did not require NO as an intermediate as chemically scavenging NO did not block growth inhibition. These data suggest an NO-radical independent nitrosative or oxidative inhibition of respiration. The combination of nebulized sodium nitrite and colistimethate may provide a novel therapy for chronic P. aeruginosa airway infections, because sodium nitrite, unlike other antibiotic respiratory chain 'poisons', can be safely nebulized at high concentration in humans.



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July 2, 2014

Dr. Harry Ischiropoulos Associate Editor Free Radical Biology & Medicine Journal

Dear Dr. Ischiropoulos:

Attached please find our revised manuscript entitled "Nitrite modulates bacterial antibiotic susceptibility and biofilm formation in association with airway epithelial cells" by Anna Zemke, Sruti Shiva, Jane Burns, Samuel Moskowitz, Joseph Pilewski Mark Gladwin and Jennifer Bomberger (Manuscript No. FRBM-D-14-00520). We have addressed all of the comments by you and the reviewers, and we thank you for making important recommendations and suggestions. As a result of the revisions, the manuscript has greatly improved, and we hope it is now suitable for publication in the Free Radical Biology & Medicine Journal. Our responses to the comments are summarized below.

Reviewer #1:

1. The main issue I have is the title - I do not think that you have proved that nitrite is working through an NO independent mechanism. The evidence that you give for this is lack of inhibition of effect with CPTIO may be due to the inability of this substance to penetrate the biofilm in the experimental set-up. My understanding is that nitrate and nitrite will be toxic to Pseudomonas species if nitric oxide reductase enzymes are blocked. NO reductase rapidly reduced NO to N2O. Could it be that the polymyxin interferes with NO reductase? This could be determined by measuring the formation of N2O in these experiments, or, alternatively, looking at the effect of NO or an alternative NO donor when combined with the polymyxin antibiotic. At least the importance of psuedomonas NO reductase (which has been very well characterised - see

<u>http://www.jbc.org/content/266/34/22785.short</u> by Braun - this paper shows that NO reductase inactivation is lethal to pseudomonas organisms exposed to nitrite) should be considered in the discussion.

At the reviewer's request, we have modified the title of the manuscript. We have also addressed a potential role for *P. aeruginosa* NO reductase in regulating the antimicrobial effect we observe in anaerobic conditions in the Discussion section (lines 413-418) and have referenced the Braun manuscript in the Introduction (lines 108-109).

Regarding the concern that CPTIO does not penetrate the biofilm: CPTIO is added one hour into the biofilm assay at which point microcolonies have begun to form but there is no EPS at this point. The concern is quite valid, particularly if experiments were to be done studying the effect of CPTIO and nitrite on mature biofilms. Because of these concerns, we have changed the title as suggested, and discussed this technical aspect in more detail (lines 424-426).

It is quite possible that the inner membrane damage induced by polymyxins also block denitirifcation pathway activity, however due to methodological constraints we did not test this hypothesis. As the reviewer points out, this may be an additional reason why *P. aeruginosa* is more sensitive to nitrite and polymyxins under anaerobic conditions (see the data in Table 1).

Reviewer #2:

1. Page 3, Line 4-6: This sentence is redundant since the issue elucidating the colistin effect was outlined one already in the prior paragraph.

Figure text figure 5. Second last line. Replace "of" by "or".

At the reviewer's request, we have corrected the described grammatical errors and removed the described text redundancy.

2. Please expand the issue of nitrite toxicity in the discussion section since the applied concentrations (300mM) are exorbitant high.

To address this important concern, we have performed additional experiments to measure the integrity of the airway epithelial barrier (via transepithelial electrical resistance measurements, TEER) and airway epithelial cytotoxicity (via lactate dehydrogenase release assays). Barrier function is a sensitive and early marker of epithelial dysfunction, so TEER measurements were done for both CFBE-wt and primary CF HBE cells. As reported in Figure 1F, epithelial barrier function was not compromised until 150 mM sodium nitrite for the CFBE-wt cell line and remained intact at 300 mM sodium nitrite in the primary CF HBE cells (noted in text). We retained the 150 mM concentration in Figure 1E to demonstrate that the antimicrobial effect of nitrite had plateaued by 50 mM, however because of concerns about cytotoxicity in later figures only concentrations at or below 50 mM were used with CFBE-wt cells. Lactate dehydrogenase (LDH) release assays were also performed as a secondary method to assess cytotoxicity and demonstrated no increase in LDH release with the sodium nitrite concentrations presented in the manuscript (data not shown). We have also added greater detail in the Results and Discussion sections to address concerns of cytotoxicity to the epithelium (see lines 382-390, 418-420).

Reviewer #3:

1. Results presented in Figure 1: Can the authors calculate a dose-response relationship from the current data, which could show the LC50s for nitrite on biofilm formation?

The potency of antibiotics (and a particular organisms' susceptibility to any particular antibiotic) is typically expressed as minimum inhibitory concentration (MIC) or minimum bactericidal concentration (MBC). There are no widely established methodologies for determining an MBC for biofilms in general or biotic biofilms specifically. Even less established are methodologies for determining values such as LC50 in biofilm models, consequently we are not reporting the data as an LC50.

2. In Figure 1 very high nitrite concentrations were used as final concentrations. Is this toxic for any kind of cell - also including alveolar epithelium? What are dose-response curves for nitrite and alveolar epithelium particulary in comparision to bacteria.

To address this important concern, we have performed additional experiments to measure the integrity of the airway epithelial barrier (via transepithelial electrical resistance measurements) and airway epithelial cytotoxicity (via lactate dehydrogenase release assays). Please see the response to Reviewer 2, comment 2 above.

3. In Figure 1 very high millimolar concentrations were used to assess the toxicity on Pseudomonas aeruginosa. Using e.g. nitrite inhalation will such high concentrations be reached in the lungs? The review recalls from the authors previous studies that - at least in plasma - nitrite inhalation causes an increase in the micromolar range only. Please comment.

The concentration of inhaled nitrite is slightly over 1 M and roughly 1 ml is inhaled. The airway surface liquid in a healthy lung is 7 ml, so low milliMolar concentrations are probably achievable in the airway surface liquid. Because ASL cannot be sampled noninvasively, these are estimates. While Figure 1 goes up to 150 mM, the main effect is between 5-50mM. Low mM nitrite concentrations in this range in the airway surface liquid are likely achievable.

4. In Figure 2 (effects for the combination of colistimethate and nitrite). Can the authors use e.g. 2-way ANOVA or any kind linear regression testing to assess the statistical effect of both treatments alone as well as their combination?

At the reviewer's request, we have reanalyzed the results of Figure 2 and Figure 3, using a 2-way ANOVA (using GraphPad Prism software package). The data presented in both figures is significant, as assessed by 2-way ANOVA (Figure 2 p value of <0.0001 and Figure 3 p value of 0.0056, respectively).

We thank you and the reviewers for the time and effort in reviewing our manuscript, and recommending the necessary additions and changes that resulted in improvement of the manuscript. We sincerely hope that our paper is now suitable for publication in the FRBM Journal.

Sincerely,

Jennifer Bomberger, PhD Assistant Professor Department of Microbiology and Molecular Genetics University of Pittsburgh School of Medicine

- Nitrite prevents *P. aeruginosa* biofilms on human CF airway epithelial cells.
- Nitrite and polymyxins additively inhibit bacterial respiration.
- Nitrite and colistimethate additively inhibit biofilm growth on airway cells.

1 2	
3	Nitrite Modulates Bacterial Antibiotic Susceptibility and Biofilm Formation in Association with Airway
4	Epithelial Cells
5	Running title: Colistin and nitrite prevent P. aeruginosa biofilms
6	
7	
8 9 10	Anna C Zemke ¹ , Sruti Shiva ² , Jane L. Burns ³ , Samuel M. Moskowitz ⁴ , Joseph M. Pilewski ¹ , Mark T. Gladwin ^{1,5} and Jennifer M. Bomberger ⁶
10 11 12 13	 Division of Pulmonary, Allergy and Critical Care Medicine. University of Pittsburgh Department of Pharmacology, University of Pittsburgh Department of Pediatrics, University of Washington
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19 20 21 22 23 24 25 26	Corresponding author: Jennifer M. Bomberger jbomb@pitt.edu phone (412) 624-1963 fax (412) 624-2139
27 28 29 30 31	Conflict of interest: Dr. Gladwin is listed as a co-inventor on an NIH government patent for the use of nitrite salts in cardiovascular diseases. Dr. Gladwin consults with Mast-Aires Pharmaceuticals on the development of a phase II proof of concept trial using inhaled nitrite for pulmonary arterial hypertension.
32 33 34 35 36	Funding acknowledgements: ACZ 2T32HL007563-26 JLB, JMP P30DK072506, JMB R00HL098342-01, Breathe Pennsylvania Research Grant JMP Cystic Fibrosis Foundation
37 38 39 40	MTG: R01HL098032, R01HL096973, and P01HL103455, T32 HL110849, the Institute for Transfusion Medicine and the Hemophilia Center of Western Pennsylvania. SMM: R01AI067653 and Cystic Fibrosis Foundation MOSKOW13P0

Abstract

42 *Pseudomonas aeruginosa* is the major pathogenic bacteria in cystic fibrosis and other forms of bronchiectasis. Growth in antibiotic resistant biofilms contributes to the virulence of this organism. 43 Sodium nitrite has antimicrobial properties and has been tolerated as a nebulized compound at high 44 concentrations in human subjects with pulmonary hypertension; however, its effects have not been 45 evaluated on biotic biofilms or in combination with other clinically useful antibiotics. We grew P. 46 *aeruginosa* on the apical surface of primary human airway epithelial cells to test the efficacy of sodium 47 48 nitrite against biotic biofilms. Nitrite alone prevented 99% of biofilm growth. We then identified significant cooperative interactions between nitrite and polymyxins. For *P. aeruginosa* growing on 49 50 primary CF airway cells, combining nitrite and colistimethate resulted in an additional log of bacterial inhibition compared to treating with either agent alone. Nitrite and colistimethate additively inhibited 51 oxygen consumption by *P. aeruginosa*. Surprisingly, while the antimicrobial effects of nitrite in 52 planktonic, aerated cultures are nitric oxide (NO) dependent, antimicrobial effects in other growth 53 conditions are not. The inhibitory effect of nitrite on bacterial oxygen consumption and biofilm growth 54 did not require NO as an intermediate as chemically scavenging NO did not block growth inhibition. 55 These data suggest an NO-radical independent nitrosative or oxidative inhibition of respiration. The 56 combination of nebulized sodium nitrite and colistimethate may provide a novel therapy for chronic *P*. 57 58 aeruginosa airway infections, because sodium nitrite, unlike other antibiotic respiratory chain 'poisons', 59 can be safely nebulized at high concentration in humans.

- 60
- 61

62 Keywords

63 *Pseudomonas aeruginosa,* biofilm, sodium nitrite, colistimethate, colistin, polymyxin

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INTRODUCTION

In cystic fibrosis (CF), chronic airway infection results in bronchiectasis and cycles of airway
inflammation that ultimately lead to early death from respiratory failure. *Pseudomonas aeruginosa* is the
most common pathogen in teenagers and adults with CF. Once chronic airway infection is established, *P. aeruginosa* becomes very difficult to eradicate because of multiple resistance mechanisms including
intrinsic antibiotic tolerance, selection of antibiotic-resistant subpopulations by decades of antibiotic
exposure, and bacterial growth in biofilms (1-3).

74 The high metabolic activity of *P. aeruginosa* and neutrophils in and around mucus plaques depletes oxygen at the airway surface, such that biofilm growth is largely anaerobic, with bacteria 75 76 subsisting through denitrification (4). *Ex vivo* evidence of denitrification in the airway was recently established by detecting nitrous oxide, a unique product of bacterial denitrification, in sputum samples 77 78 from patients with CF (5). Anaerobic growth confers resistance to many antibiotics that clinicians 79 commonly use against *P. aeruginosa*, in part through alterations in efflux pump expression (1, 6). Further 80 complicating the search for new antimicrobial approaches to *P. aeruginosa* is the difference in behavior of biofilms grown in the presence of airway cells compared to those grown on abiotic surfaces (glass or 81 82 plastic). The former, known as "biotic" biofilms, can be >100-fold more resistant to antibiotics than 83 predicted by conventional susceptibility testing. This makes extrapolation of data derived from 84 planktonic experiments difficult to translate to performance against biotic biofilms and limits our 85 understanding of the *in vivo* activity of existing drugs (2).

Sodium nitrite has long been known to have antimicrobial properties as a food preservative.
Nitrite may also contribute to host defense against *Helicobacter pylori* and *Clostridium difficile (7, 8)*. The
antimicrobial action of the nitrite moiety is due in part through generation of NO, inactivation of Fe-S
containing proteins, and inhibition of bacterial respiration (9-11). Within the lung, inhaled nitrite salts
are converted to NO through reductive reactions with heme- and molybdenum-containing enzymes such

as hemoglobin and xanthine oxidoreductase, and potentially through bacterial metabolism. NO has a 91 half-life of milliseconds *in vivo* (reviewed in (12, 13)). There are ongoing attempts to adapt inhaled NO as 92 an antimicrobial agent, but the short half-life makes delivery cumbersome (14, 15). Nitrite has a half-life 93 of 50-60 minutes *in vivo* when delivered intravenously, allowing intermittent dosing (16). An ongoing 94 Phase 2b clinical trial is currently evaluating the safety and efficacy of nebulized sodium nitrite in 95 pulmonary hypertension; inhaled nitrite has thus far been well tolerated at concentrations near 1 molar 96 (ClinicalTrials.gov locator NCT01431313, M. Gladwin personal communication). The availability of 97 pharmaceutical-grade sodium nitrite for inhalation improves the feasibility of using nitrite as an 98 99 antimicrobial agent in CF airway infection.

Previous work has shown that sodium nitrite has pH-dependent antimicrobial activity against *P*. 100 *aeruginosa*, with activity at pH 6.5 being best studied (hereafter "nitrite" refers to sodium nitrite in 101 solution at pH 6.5)(17). At micromolar concentrations, nitrite is a potential substrate for anaerobic 102 energy generation through denitrification, however at millimolar concentrations it inhibits anaerobic 103 104 growth (11, 18). Beyond direct bactericidal effects, nitrosative stress also affects virulence of *P*. *aeruginosa* by inactivating pyocyanin and increasing production of alginate (19, 20). Additionally, nitrite 105 has antimicrobial activity against a wide variety of other pathogens found in CF, including Burkholderia 106 *cepacia* complex and *Staphylococcus aureus (21, 22)*. When nitric oxide reductase activity is lost, nitrite 107 becomes growth inhibitory in *P. stutzeri (23)*. Whether nitrite itself or the NO produced from nitrite can 108 prevent biotic biofilm growth is unknown. The interactions between nitrite and commonly used 109 antibiotics are also poorly understood. The goals of this study were to determine the effect of sodium 110 nitrite on *P. aeruginosa* biotic biofilms and screen nitrite for interactions with other commonly used 111 antibiotics in the CF population. We focused primarily on colistin because previous work has shown that 112 it targets the inner core of highly structured abiotic biofilms where the oxygen tension is lowest, 113 suggesting activity against anaerobically growing *P. aeruginosa (24, 25)*. The effect of polymyxins on *P.* 114 *aeruginosa* clinical isolates grown under anaerobic conditions has not been extensively studied but 115 available data suggest decreased susceptibility when compared to aerobic growth (6). 116

117	Polymyxins are polycationic lipopeptide antibiotics that interact with negatively charged
118	lipopolysaccharide at the outer membrane of Gram-negative bacteria. Polymyxins initially increase outer
119	membrane permeability and, after diffusing across the periplasmic space, disrupt the inner (cytoplasmic)
120	membrane. Bacterial death ensues within minutes (26). Colistimethate is a prodrug of colistin
121	(polymyxin E) that can be administered by inhalation for the treatment of chronic airway infections in
122	both CF and non-CF bronchiectasis (27). In 2005, 9% of CF patients in the United States routinely inhaled
123	an aerosol form of intravenous colistimethate for the treatment of chronic airway infection, and as of
124	2012, approximately 11% of adult CF patients were doing so (28, 29). A dry powder colistimethate
125	inhaler approved to treat CF airway infection in Europe is designed to make delivery more convenient
126	(30).
127	The primary objective of this study was to investigate the role of nitrite in preventing biotic
128	biofilm growth and the potential interactions between nitrite and colistimethate. We tested the
129	hypotheses (1) that the inhibition of biofilm growth by nitrite is NO-independent and (2) that the
130	cooperative interaction between nitrite and colistimethate is due to NO independent respiratory
131	inhibition.
132	MATERIALS AND METHODS
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134	Bacterial strains: The following bacterial strains were studied: Pseudomonas aeruginosa strains PA14
135	and PAO1 (gift of George O'Toole, Geisel School of Medicine at Dartmouth)(31), ten "late" P. aeruginosa
136	clinical isolates from the University of Washington collection previously published in (32), 8 previously
137	published Achromobacter sp. isolates and ten Burkholderia sp. isolates from the Cystic Fibrosis
138	Foundation Burkholderia cepacia Research Laboratory and Repository at the University of Michigan (33)

and colistin resistant *P. aeruginosa* isolates (described in (34)).

140 **Reagents:** Colistin sulfate, sodium nitrite, hydrogen peroxide, potassium cyanide, sodium azide,

141 paraquat, Luria broth (LB), Luria broth agar, polymyxin B sulfate and polymyxin b nonapeptide were all

obtained from Sigma (St. Louis MO), Other reagents obtained as follows: colistimethate (XGen

pharmaceuticals, Lot A72649 and A99296, Big Flats NY), Carboxy-PTIO (Cayman Chemicals, Ann Arbor
MI).

Bacterial Growth Methods: 5ml bacterial cultures were grown on a roller drum at 100 rpm for 16-18
hours prior to the start of the experiment in LB. Unless otherwise indicated, bacteria were "returned to
log phase" by diluting overnight cultures 1:100 in fresh LB and placing cultures on a roller drum at 37°C
for 2 hours. During experiments combining colistimethate, colistin sulfate, azide, cyanide and CPTIO,
200µl of "log phase" cultures were grown for additional 5.5 hours in a 96 well plate at 37°C on a nutating
rocker.

151 **Biotic Biofilm Imaging:** To image epithelial-bacterial co-cultures, live-cell imaging was used as 152 described in (31). Briefly, we used a FCS2 closed system, live-cell chamber from Bioptechs (Butler, PA). The immortalized human bronchial cell line (CFBE410-) derived from a Δ F508/ Δ F508 patient with 153 stable expression of wild-type CFTR was used (gift from Bruce Stanton, referred to as CFBE-wt). Biofilms 154 of GFP expressing *P. aeruginosa* strain PAO1 were grown on CFBE-wt cells seeded onto glass coverslips in 155 a flow chamber. Bacteria were inoculated at approximately 25 MOI and allowed to attach to airway 156 epithelial cells for two hours without media flowing. Biofilms were then grown for four hours with 157 158 minimum essential media (MEM) flowing at 20 ml/hr. After a total of six hours, z-stack images were taken of 6-10 random fields from each chamber using a Nikon Ti-inverted microscope. Biofilm biomass 159 160 was measured with COMSTAT image analysis software(35). Nitrite treated chambers were exposed to 15mM sodium nitrite in pH 6.5 minimal essential medium for 4 hours following bacterial attachment, 161 while control chambers were exposed to pH 6.5 MEM alone. The experiment was done in triplicate. 162 More detail for this protocol can be found in the descriptions by Moreau-Marquis (31, 36). 163

Liquid Culture Experiments: For time-kill assays to measure bactericidal activity of polymyxins with other compounds, overnight cultures were diluted in pH 6.5 LB, returned to log phase growth at 37°C, and then treated with nitrite and/or polymyxins and grown for an additional 5.5 hours. The number of live bacteria was then determined by plating in a colony forming unit assay (CFU assay). For nitrite pretreatment assays: bacteria were grown as above in 15mM nitrite and after 5.5 hours the cultures were pelleted at 6000xg for 5 min and re-suspended in media containing colistimethate. The cultures were
then incubated for 60 minutes and bacteria were counted in a CFU assay.

Co-culture experiments: Conducted as previously described (31) with the following modifications:. 171 Primary human bronchial epithelial cells (HBE) were cultured from explanted lungs of patients with CF. 172 under an Institutional Review Board approved protocol at the University of Pittsburgh (PR011070367 173 and IRB970946). Cells were enzymatically dissociated, expanded in growth media, and seeded onto 174 Transwell inserts at air-liquid interface. Cultures were used when well polarized and differentiated (37). 175 For other experiments, the cell line CFBE-wt stably expressing wild-type CFTR were used as described 176 (31). CFBE-wt cells were seeded onto Transwell filters, grown at air-liquid interface, and used 7-10 days 177 after seeding. Both cell lines were used in *P. aeruginosa* – epithelial co-culture experiments as follows 178 (described in detail in (31)). Biofilm prevention assays were done as follows: overnight cultures of PAO1 179 were rinsed once and added to the apical surface of the epithelial cells in 500ul of minimal essential 180 media with glutamate at an MOI of 25. After the 60 minute bacterial attachment period, developing 181 biofilms were treated with 300 mM sodium nitrite. 20µg/ml colistimethate, both agents or 300mM 182 sodium chloride as a tonicity control for the subsequent 5 hours. At the end of this period, biofilms were 183 removed with 0.1% Triton-X 100 and live bacteria were plated in a colony forming unit assay. 184

Agar Dilution MIC under aerobic and anaerobic conditions: Agar dilution minimum inhibitory 185 concentration (MIC) experiments were used to screen multiple clinical isolates for nitrite/polymyxin 186 cooperativity. The MIC protocol by Wiegand et al. was used with the following modifications (38). 187 Checkerboards included two-fold dilutions of colistin sulfate from 0.125µg/ml to 16µg/ml. Nitrite 188 concentrations from 0.5mM to 32mM were used. The pH of molten agar was adjusted to pH 6.5 with HCl. 189 The agar was cooled to 50°C and increasing concentrations of colistin sulfate and/or nitrite were added. 190 Plates were poured and used immediately. For aerobic experiments, plates were read 18 -20 hours 191 later. For highly colistin resistant isolates, plates were grown for 48-72 hours because control growth of 192 193 these organisms is very slow. To determine anaerobic MICs for *Pseudomonas aeruginosa* clinical isolates, MHB plates were made as described above with the addition of 1% potassium nitrate (Sigma). An
anaerobic environment was created using GasPak EZ Anaerobe Container System and BBL Dry Anaerobic
Indicator Strips (BD Franklin Lakes, NJ) were used for every experiment to assure an anaerobic
environment. Plates were incubated for 2 days for anaerobic MIC determinations.

Oxygen Consumption measurements: Bacteria were diluted in LB and treated with nitrite and/or colistimethate for 30 min at 37°C. Oxygen consumption was measured with a Clark-type Instech Oxygen Electrode, model #125-05 with a YSE Biological Oxygen Monitor, model 5300A and calculated from the slope. Measurements were done in triplicate on different days and data are displayed as % control oxygen consumption with all points from each day normalized to the control oxygen consumption from that day. Representative tracings show the raw data. The tracing have been overlayed for easier visual comparison.

205 Cytotoxicity Assays: Lactate dehydrogenase release assays were done using the CytoTox 96 Non-

Radioactive Cytotoxicity Assay kit (Promega Madison, WI), following the manufacturer's instructions.

207 Transepithelial Electrical Resistance Measurements: Transepithelial electrical resistance (TEER) was 208 measured hourly for five hours on air-liquid interface differentiated CFBE-wt airway epithelial cells and 209 primary human airway epithelial cells (HBE) treated with sodium nitrite or sodium chloride using a

210 Ag/AgCl electrode (EVOM meter).

Statistics: All data are plotted as mean +/- standard deviation. Data were log transformed and tested by
one-way ANOVA for an effect (or two-way ANOVA as applicable). If an effect was present, a Tukey test
was used for individual comparisons using PRISM software (La Jolla, California).

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RESULTS

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217 Nitrite prevents *P. aeruginosa* biofilm formation on airway epithelial cells.

To test the ability of nitrite to prevent biofilm formation on airway epithelial cells, immortalized human 218 airway cells were grown as a confluent monolayer on glass coverslips. The *P. aeruginosa* strain PAO1 219 stably expressing green fluorescent protein (PA01-GFP) was added to the surface of these cells in a flow 220 chamber and biofilm development was imaged as described (31). Under control conditions, robust 221 biofilm growth (seen in green in Figures 1A and 1C) is seen. In the presence of 15mM sodium nitrite. 222 223 biofilm growth was nearly absent (Figure 1B and 1D). Quantification of biofilm biomass revealed a 90% reduction in biomass (numbers on panels 1C and 1D). *P. aeruginosa* biofilms grown in this model have 224 been previously characterized for expression of biofilm marker genes (*tolA*), repression of planktonic 225 marker genes (*fliC*), exopolysaccharide production and increased antibiotic resistance (31). To define the 226 227 dose-response relationship, a static co-culture system was used where *P. aeruginosa* biofilms were grown 228 on airway epithelial cells at an air-liquid interface for five hours (31). Dose-dependent prevention of biofilm growth was observed in the range of 1.5 and 50 mM nitrite, with an effect ceiling at 50 mM nitrite 229 (Figure 1E). Transepithelial electrical resistance (TEER), a measure of epithelial barrier integrity, 230 decreased in CFBE-wt cells at nitrite doses exceeding 50 mM (Figure 1F), but there was no consistent 231 232 LDH release at doses up to 150 mM (data not shown). Further CFBE-wt experiments were conducted with nitrite concentrations below 50mM. Of note, comparable decreases in transepithelial electrical 233 resistance were seen with sodium chloride at the same concentrations, so the decrease in TEER may be 234 235 due to hypertonicity rather than nitrite per se.

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237 Colistin sulfate demonstrates cooperative antimicrobial activity with nitrite against biotic

biofilms. Colistimethate is in wide clinical use as an inhaled antibiotic, and previous work has shown
antimicrobial activity against abiotic biofilms (24, 25). The magnitude of activity of polymyxins against
biotic biofilms (i.e. biofilms grown in association with airway epithelial cells) is not known, so we used
the static co-culture system to test the ability of colistin to disrupt established biofilms. Figure 2A shows
that 2 µg/ml colistin sulfate disrupted one-half log of mature biofilm, while 20 µg/ml colistin sulfate
disrupted 3 logs (or 99.9%) of established biofilms. The airway concentration of active polymyxin

achieved through colistimethate nebulization are poorly characterized, however estimated
concentrations of colistin are near 10-20 µg/ml (39, 40). In comparison to reported data using the
identical model system, the biotic biofilm antimicrobial activity of colistin sulfate was 2 logs better than
that reported for imipenem, 1 log better than ciprofloxacin and comparable to tobramycin at doses that
are achieved in the airway (31).

We next examined if nitrite could improve the antimicrobial activity of polymyxins. To determine 249 the interaction between polymyxins and nitrite, modified time-kill assays were used. Robust growth was 250 seen in the presence of up to 30 mM nitrite. No bacterial killing was seen with 70 µg/ml colistimethate 251 (CMS) or 1.5 µg/ml colistin sulfate (COL) in well aerated cultures (doses that are subinhibitory in *P*. 252 253 aeruginosa PA14 under these conditions). However, when nitrite was combined with subinhibitory 254 concentrations of colistin sulfate (Figure 2B) or colistimethate (Figure 2C) up to 4 additional logs of bacteria were killed. Representative images of cultures grown with 15mM nitrite. 20 µg/ml 255 colistimethate or both agents are shown in Figure 2D, demonstrating large differences in turbidity. 256 Similarly, increased bacterial killing was seen with polymyxin B and 12mM nitrite at sub-inhibitory 257 concentrations of both compounds (Figure 4B). These results suggest that nitrite and polymyxins may 258 259 have cooperative antimicrobial activity.

Because there is great diversity in the antibiotic susceptibility of bacterial clinical isolates, we used 260 261 agar dilution checkerboard testing to assess for antimicrobial synergy in a collection of *P. aeruginosa* clinical isolates from cystic fibrosis patients. Synergy is defined as a Fractional Inhibitory Concentration 262 (FIC) of ≤ 0.5 . FIC is calculated by dividing the MIC of each drug when used in combination with the MIC 263 264 of each drug when used alone. Anaerobic MICs were determined adding 1% KNO₃ to the growth media to support denitrification and growing the plates for 48 hours prior to interpretation to account for 265 slower growth under anaerobic conditions. Three isolates grew too slowly anaerobically to give 266 267 interpretable MICs by this method. Eight of nine isolates were more susceptible to colistin under anaerobic conditions. In addition, isolates were 2-4 fold more susceptible to nitrite under anaerobic 268 269 conditions, in agreement with previously published data (17). Only the lab strain PA14 grown under

anaerobic conditions met the FIC cutoff of 0.5 that defines synergy. The MIC was very consistently
lowered by 2-fold when nitrite and colistin were combined (corresponds to the FICs of >0.5 and <1). The
FIC cutoff of 0.5 was set in part to account for the 1 dilution variation that is accepted for MIC assays. In
these experiments, we consistently saw a 1-dilution decrease (and never an increase) in colistin sulfate
MIC when subinhibitory nitrite was present. Despite not meeting the 0.5 FIC threshold for synergy, the
consistent decrease in MIC suggested that nitrite and colistimethate might have cooperative activity
against biofilms.

To determine whether nitrite would confer polymyxin susceptibility to bacteria with high innate
polymyxin resistance, eight highly colistin resistant clinical isolates were also tested under aerobic
conditions in the presence of nitrite. All isolates had a colistin MIC >512 µg/ml in both the presence and
absence of 3 mM (subinhibitory) sodium nitrite. *Achromobacter spp.* and *Burkholderia spp.* are pathogens
that are difficult to treat within the CF population because of high innate antibiotic resistance.

Burkholderia spp. have high innate resistance to polymyxins. Accordingly, the MIC to colistin was >512
μg/ml with or without nitrite, although growth of these organisms was inhibited by 18 mM nitrite alone.
Amongst Achromobacter spp., increased susceptibility to colistin in the presence of nitrite was seen in 4 of
8 clinical isolates (Supplementary Table 1). Taken together, among isolates of *P. aeruginosa* that do not
have high innate polymyxin resistance, nitrite increases the susceptibility to polymyxins for a majority of
isolates, and for some of the Achromobacter isolates.

Biofilms grow more robustly on CF airway cells than on those expressing wild-type CFTR (31). 288 We have shown that nitrite causes an increase in susceptibility to colistin in planktonic culture and on 289 290 nutrient agar. To determine whether nitrite augmented the antimicrobial activity of polymyxins for biotic biofilms on primary CF HBE cells, the polymyxin pro-drug colistimethate was combined with 291 nitrite in a biofilm prevention assay (Figure 3). In this experiment, bacteria were allowed to attach to the 292 surface of primary CF HBE cells for one hour. The developing biofilms were then treated with nitrite, 293 colistimethate or both agents. When nitrite was not used, sodium chloride was added to control for 294 tonicity. Nitrite alone prevented 1-2 logs of bacterial biofilm growth. Of note, primary CF HBE cells 295

tolerate higher concentrations of nitrite than CFBE-wt cells. Transepithelial electrical resistance did not

drop with up to 300 mM nitrite (control TEER 678 m Ω •cm² vs 300 mM nitrite 597 m Ω •cm²).

298 Colistimethate (20 µg/ml) prevented 3 logs of growth and the combination of the agents prevented 4 logs

of growth. The cooperative effect of this combination in biofilm prevention led us to undertake further
 mechanistic studies of nitrite and colistimethate.

301

Nitrite and polymyxins additively inhibit bacterial respiration. Nitrite has many effects on bacterial 302 physiology. In the case of *P. aeruginosa*, concentrations of nitrite in the 1-20 mM range inhibit aerobic 303 respiration (as measured by NADH oxidase activity), oxygen uptake, and both aerobic and anaerobic 304 305 growth (11, 18, 41, 42). Polymyxins initially bind to the outer membrane and increase its permeability; subsequently they disrupt the cytoplasmic membrane (43). Polymyxins appear to inhibit bacterial 306 respiration, presumably a consequence of damage to the cytoplasmic membrane (26). To explore the 307 mechanism of action of combined nitrite and colistin, we tested the hypotheses that (1) polymyxins 308 increase outer membrane permeability and thus promote increased intracellular concentrations of nitrite 309 and (2) polymyxins and nitrite cooperatively inhibit bacterial respiration to exert antimicrobial activity. 310 If increased bacterial killing by nitrite and colistin were a consequence of increased intracellular 311 nitrite concentration, then nitrite and colistin would need to be present simultaneously for increased 312 313 killing to occur. To test this prediction, bacteria were treated with 15 mM nitrite, rinsed and treated with increasing concentrations of colistimethate in aerobic culture. Pretreatment with nitrite increases the 314 susceptibility to colistimethate (Figure 4A). The timing of these effects excludes increased intracellular 315 concentration of nitrite due to polymyxins because extracellular nitrite has been removed from the 316 system prior to exposure to colistimethate. Polymyxin B nonapeptide, which lacks a lipid tail, increases 317 outer membrane permeability without causing bacterial death or cytoplasmic membrane damage (44). 318 Increased susceptibility to polymyxin b nonapeptide was not seen with nitrite (Figure 4B) in contrast to 319 the increased bacterial killing seen with the parent compound polymyxin b and nitrite in a time-kill assay. 320 321 The lack of killing in combination with polymyxin b nonapeptide and the increased susceptibility to

polymyxins with nitrite pretreatment both exclude increased intracellular accessibility to nitrite as acause of this effect.

324 Both nitrite and polymyxins inhibit bacterial respiration, although in the case of polymyxins this may be a secondary effect to massive cytoplasmic membrane damage. We next tested if other agents that 325 326 inhibit cellular respiration sensitize *P. aeruginosa* to polymyxins. In time-kill assays, the combinations of colistin sulfate and colistimethate with potassium cyanide or sodium azide all showed at least 4 logs of 327 additional killing than any of the agents alone (Figure 5A). To show more quantitatively that nitrite and 328 329 polymyxins were inhibiting respiration, oxygen consumption was measured. For these experiments low 330 concentrations of nitrite and colistimethate were chosen that did not affect overall bacterial viability in 331 combination so that the oxygen consumption measurements would not be confounded by bacterial death. Nitrite, as previously described, inhibits oxygen consumption with a linear dose-response at 332 concentrations below the MIC as measured using a Clark-type electrode (representative tracings shown 333 in Figure 5B). 5mM nitrite and 30µg/ml colistimethate both cause a 20% reduction in oxygen uptake 334 under the conditions tested. In combination the agents caused a statistically significant, 50% decrease in 335 oxygen uptake (Figure 5C). Next, to determine if the effect was NO dependent, the scavenger CPTIO was 336 337 added in modified time-kill assays. As shown in Figure 5D, CPTIO did not block the increased bacterial killing by nitrite with colistimethate. Similar results were obtained using oxyhemoglobin as the 338 339 scavenger (data not shown). If respiratory blockade were part of the mechanism, then respiratory blockade in this situation should also be independent of NO. As shown in Figure 5E, treatment of cultures 340 341 with CPTIO and hemoglobin did not protect *P. aeruginosa* against the inhibitory effects of nitrite on oxygen uptake. 342

343

344 Anti-biofilm effects of nitrite are NO independent.

Previous work indicates that scavenging NO prevents the anti-bacterial effects of nitrite on *P. aeruginosa* in planktonic culture(17). First we determined the nitrite concentrations required for growth inhibition in this system by exposing aerated, planktonic cultures of *P. aeruginosa* to increasing

concentrations of nitrite (Figure 6A). Similar to the previous work, introduction of NO scavengers 348 (hemoglobin and CPTIO) protected *P. aeruginosa* against nitrite induced growth inhibition (Figure 6B). 349 350 Because the metabolic demands of biotic biofilm lifestyle differ from those of a planktonic lifestyle, we next examined whether biofilm prevention by nitrite was also dependent on NO. In contrast to the effects 351 of nitrite under aerobic conditions, the addition of 1 mM CPTIO (far in excess of the 500 nM NO generated 352 by nitrite in culture as reported in (17)) did not protect biotic biofilms from the activity of nitrite (Figure 353 6C). In conclusion, nitrite prevents *P. aeruginosa* biofilm formation on the apical surface of airway 354 epithelial cells. Unlike the antibacterial activity in aerated planktonic culture, scavenging NO does not 355 356 block the antibacterial activity of nitrite under biofilm conditions.

357

358 DISCUSSION

We have demonstrated that sodium nitrite prevents biotic biofilm formation by *P. aeruginosa* grown 359 on the surface of CF primary human airway cells. While it was previously known that nitrite could inhibit 360 growth of *P. aeruginosa* in planktonic conditions, in abiotic biofilms and in expectorated sputum, this is 361 the first demonstration of antimicrobial activity against biotic biofilms. In concordance with previously 362 363 published work, we found that anaerobic conditions increased the susceptibility of *P. aeruginosa* to nitrite. The oxygen tension in our epithelial co-culture systems is very low as the perfusate for the flow 364 365 chamber is not actively oxygenated and the static co-cultures are submerged under several millimeters of media despite having >10⁶ metabolically active bacteria/ml growing on the surface of the airway cells. 366 While the available evidence suggests that mucus plugs within the CF airway provide an anaerobic 367 environment for bacterial growth, regions of aerobic growth cannot be excluded, especially during 368 periods of biofilm dispersal. It is noteworthy that nitrite effectively prevented bacterial growth under 369 both aerobic and anaerobic conditions. 370

The millimolar concentrations of nitrite we used in this study are much higher than typical concentrations of currently used antibiotics, which may cause concern regarding cytotoxicity. Yoon *et al* clearly demonstrated that nitrite concentrations up to 300 mM do not cause epithelial cytotoxicity as measured by lactate dehydrogenase release, effect on short circuit current, permeability to dextran, or IL8 secretion (17). In our studies, CFBE-wt cells tolerated up to 50mM nitrite without a loss of barrier
function and well-differentiated primary CF HBE cells did not show loss of barrier integrity even with
exposure to 300 mM sodium nitrite. Further, inhalation of approximately 1 molar sodium nitrite has
been well tolerated by human subjects in phase I and II studies (M. Gladwin, personal communication).
These data support the pursuit of clinical trials using nitrite as a nebulized antibiotic against *P. aeruginosa* in CF.

While our study investigated the interactions between colistimethate and nitrite, inhaled colistimethate is used less frequently than inhaled tobramycin and inhaled aztreonam in the CF population. Previous reports demonstrated that NO protects bacteria against a wide range of antibiotics (45). However, these reports do not address the interaction between NO and antimicrobial peptides such as the polymyxins, which have a unique mechanism of action. The possibility that nitrite may have adverse interactions with other antibiotics is a valid concern, warranting further investigation.

Despite widespread clinical use, the activity of colistimethate against biotic biofilms has not been 387 clearly described. We have shown that colistin sulfate has activity against biotic biofilms that is at least 388 comparable to that of ciprofloxacin. The activity of polymyxins under anaerobic conditions also has not 389 been extensively studied. In the report by Hill et al, anaerobic growth was supported by Muller Hinton 390 391 broth in the absence of exogenous nitrate, which makes the results difficult to interpret. Polymyxin susceptibility is also pH dependent. This study used pH 6.5, the reported pH of the CF airway surface 392 liquid, thus the colistin sulfate MICs for these isolates may be slightly different in this study than when 393 394 MIC testing is performed at pH 7.4. Additionally, ionic strength can affect polymyxin activity, and hypertonicity can cause additional effects on the epithelial cells used in our co-culture experiments (43). 395 To account for this possibility, sodium chloride was used as a tonicity control in the static co-culture 396 397 experiments.

The strengths of combining polymyxins with nitrite are the activity under anaerobic conditions and the activity against biotic biofilms, which are limitations of our current antibiotic approaches.

Additionally, the proposed mechanism of interaction is unique. Existing antibiotics do not target 400 bacterial respiration, although the combination of fosfomycin and tobramycin has recently been shown to 401 suppress denitrification (46). While the current study focused on the interaction of nitrite and 402 polymyxins in aerobic metabolism, a similar effect is possible regarding anaerobic respiration where 403 polymyxin induced inner membrane damage may indirectly disrupt the function of the denitrification 404 enzymes allowing accumulation of toxic intermediates. Because of the rapidity of bacterial killing by 405 polymyxins we did not directly test the hypothesis that polymyxins inhibit denitrification. However, the 406 proposed mechanism that nitrite and polymyxins are both inhibiting aerobic respiration is concordant 407 with the observation that flow cell biofilms are killed by the combination of colistin and the respiratory 408 409 chain uncoupler CCCP (24). The advantage of our approach is that, unlike CCCP and other respiratory chain poisons, nitrite can be safely nebulized. 410

While the antimicrobial effects of nitrite in planktonic, aerated culture are NO-dependent. 411 antimicrobial effects under biofilm growth conditions are likely not NO-dependent. In these experiments, 412 the scavenger CPTIO was added while the biofilms were microcolonies with minimal matrix production. 413 so inability of the scavenger to penetrate the colony is unlikely to be solely responsible for these results. 414 There are several potential explanations for the difference in NO-radical dependence of growth inhibition 415 by nitrite. First, *P. geruginosg* has multiple mechanisms for detoxifying NO including expression of 416 flavohemoglobins and the anaerobic expression catalase (47, 48). The relative efficiency of these 417 detoxification systems, and thus organismal exposure to NO vs nitrite, may vary with growth conditions. 418 Second, the targets of nitrosative stress are not clearly understood in *P. aeruginosa*, especially when the 419 metabolic versatility of the bacterium is considered. Nitrite and NO can cause S-nitrosation of cysteine 420 and the inactivation of Fe-S containing proteins. Targets of S-nitrosation have been identified in Borrelia 421 burgdorferi, Mycobacterium tuberculosis, Escherichia coli and Helicobacter pylori, but to date not in P. 422 aeruginosa (49-51). Multiple enzymes within central metabolism are potential targets for inactivation by 423 nitrosative stress including NADH dehvdrogenase, the terminal cytochrome c oxidases, and aconitase. In 424 425 eukaryotes, mitochondrial complex I is a target for cysteine S-nitrosation, which confers protection from

ischemia/perfusion injury (52, 53). In contrast, work in Salmonella enterica suggested the site of 426 respiratory inhibition by the NO donor spermine NONOate to be nitrosylation of *heme d* in the terminal 427 cytochrome oxidases while bacterial NADH dehydrogenase activity remained uninhibited. The sources 428 of nitrosative stress vary between these reports, and more importantly the role of NADH dehydrogenase 429 in the organism vary (*S. entericq* is viable in the absence of both NADH dehydrogenases). Growth 430 conditions may dictate the bacterial targets of nitrosative stress (and thus the chemical targets for nitrite 431 or NO). The study by Ren *et al* is informative. *E. coli* growth in minimal media requires synthesis of 432 branched chain amino acids catalyzed by dihydroxyacid dehydratase (IlvD). NO inhibits IlvD through 433 formation of dinitrosyl iron complexes, thus inhibiting growth and rendering the bacteria dependent on 434 supplementation of branched chain amino acids. Growth inhibition by NO in this situation is avoided by 435 supplementing the growth media with the needed amino acids (54). One could imagine that had the 436 experiment performed in *E. coli* been done in rich media, a different target of nitrosative stress might 437 have been found (albeit with a higher stress required) (55). In the current study, the bacterial substrate 438 usage in aerated LB is likely very different from that of a low-oxygen tension biofilm grown in apposition 439 to an epithelial cell, which may then in turn dictate which metabolic pathways are susceptible to 440 inhibition. Teasing out the targets of NO vs nitrite under biofilm conditions as compared to planktonic 441 growth will be a complex task. 442

443 In conclusion, nitrite shows promise as an antimicrobial agent targeting biotic biofilms in the lungs of patients with *P. aeruginosa* infection. Combining nitrite with colistimethate may increase the 444 effectiveness of the latter. Even in isolation, inhaled nitrite may be a useful addition to our antimicrobial 445 armamentarium because of its broad range of activity, including activity against anaerobically growing *P*. 446 aeruginosa, anti-biofilm activity, and activity against other pathogens such as Achromobacter sp. and 447 Burkholderia sp. for which few effective antimicrobials are available. This study provides further 448 449 motivation to pursue human trials of nebulized nitrite as an antimicrobial in patients with airway colonization by resistant organisms. 450

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Figure 1: Nitrite prevents P. aeruginosa biofilm formation on airway epithelial cells. To test if 612 nitrite prevented biotic biofilm formation, *Pseudomonas aeruginosa* biofilms were grown on CFBE-wt 613 cells seeded onto coverslips and imaged by live cell microscopy after 6 hours of growth. DAPI (blue) 614 staining shows the epithelial cell nuclei. (A) Untreated biofilms showed abundant growth of (GFP)-P. 615 *aeruginosa* in characteristic clusters. (B) Biofilms treated with 15mM showed very few bacteria present. 616 Volumetric projections of control (C) vs 15 mM (D) treated biofilms demonstrate the decreased bacterial 617 biomass with 15 mM nitrite exposure. COMSTAT biomass quantification showed an 80% reduction in 618 biomass (numbers on panels). (E) A static co-culture model was used to establish a dose-response 619 relationship for nitrite in biofilm prevention. Increasing concentrations of sodium nitrite were added to 620 621 epithelial – P. aeruginosa co-cultures following an attachment period. Bacterial colony forming units U) were counted 5 hours later. All concentrations caused a statistically significant decrease in bacteria 622 (one-way ANOVA followed by Tukey test). (F) Transepithelial electrical resistance measurements were 623 used to assess epithelial integrity in the presence of nitrite. Resistance was not significantly different 624 625 from control at 15mM and 50 mM nitrite (one-way ANOVA followed by Tukey test, p > 0.05).

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Figure 2: Nitrite sensitizes *P. aeruginosa* to polymyxins. (A) The static co-culture model was used to 627 determine the efficacy of colistin sulfate at disrupting established *P. aeruginosa* biotic biofilms. *P.* 628 629 aeruginosa was added to the apical surface of CFBE-wt cells. After 6 hours of maturation, the biofilms were treated with colistin sulfate for 90 minutes and the number of bacteria was enumerated with a CFU 630 dilution assay. 20µg/ml colistin sulfate caused a 3-log reduction in CFUs. Planktonic time-kill assays 631 were used to determine the interaction between nitrite and polymyxins. Subinhibitory concentrations of 632 (B) colistin sulfate (1.5µg/ml) and (C) colistimethate (70µg/ml) showed increased antimicrobial activity 633 against P. aeruginosa strain PA14 when combined with subinhibitory concentrations of acidified sodium 634 nitrite. p<0.05 for polymyxin vs polymyxin + nitrite by two-way ANOVA. (D) Representative cultures 635 showed reduced bacterial growth (turbidity) when both CMS and nitrite are present. 636

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Table 1: Checkerboard MIC testing under aerobic and anaerobic conditions for 12 isolates of *P. aeruginosa.* MIC was determined by agar dilution with pH 6.5 MHB agar. 1% KNO₃ was added for
anaerobic growth and anaerobic plates were incubated for 48 hours. Three isolates (33-2, 66-2, and 74grew too poorly under anaerobic conditions to obtain interpretable MICs. The MIC for both colistin
sulfate and nitrite are lower under anaerobic conditions. Nitrite and colistin sulfate were synergistic for
one strain (PA14) under anaerobic conditions (FIC<0.5).

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Figure 3: Nitrite and colistimethate additively prevent biotic biofilm formation on primary CF
human airway epithelial cells. PAO1 biofilms were grown on primary CF HBE cells. After attachment,
developing biofilms were treated with 300mM nitrite, colistimethate 20µg/ml or a combination of the
agents. p-values indicated from two-way ANOVA.

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Figure 4: Increased bacterial killing with nitrite and polymyxins is not due to increased

intracellular availability of nitrite. (A) Bacteria were grown in the presence of 15 mM nitrite for 5.5
hours, rinsed and exposed to colistimethate in liquid aerobic culture for 60 minutes. Nitrite pretreatment
sensitized *P. aeruginosa* to colistimethate in planktonic culture. (B) Planktonic cultures were exposed to
polymyxin b (PMB), polymyxin b nonapeptide (PMBN) and 12 mM nitrite for 5.5 hours. No significant
difference was seen by one-way ANOVA between PMBN treatment with or without nitrite. PMB + nitrite
was significantly lower than PMB or nitrite alone by one-way ANOVA followed by Tukey test.

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Figure 5: Inhibition of respiration by nitrite and polymyxins A) Inhibiting respiration with 0.4mM
KCN or 5mM NaN₃ increases polymyxin susceptibility of *P. aeruginosa* grown in aerobic LB culture.
Colistin sulfate (COL) was used at 1.5µg/ml while colistimethate (CMS) was used at 20µg/ml (both sub
inhibitory doses in PA14 under these conditions). (B) Representative tracings of bacterial oxygen
consumption measured using a Clark-type electrode in LB with increasing concentrations of nitrite. (C)
At low concentrations, both nitrite and CMS inhibit oxygen consumption by 20%. The combination of

CMS and nitrite additively blocked oxygen uptake. Brackets show p values <0.05 from one-way ANOVA
followed by Tukey test. Data shown as mean +/- SD. (D) Increased killing by nitrite and CMS in
combination is not blocked by the addition of the scavenger CPTIO in planktonic culture. (E)
Representative tracing of oxygen uptake from a Clark-type electrode. 15mM nitrite decreases oxygen
consumption by 50%. Pretreatment with 1mM CPTIO or 15μM hemoglobin did not prevent nitrite
induced oxygen consumption blockade.

670

Figure 6: Biofilm cytostasis is nitric oxide independent. (A) Nitrite inhibited growth of PA14 in planktonic culture. (B) To confirm that nitrite induced cytostasis in planktonic cultures is nitric oxide dependent, log-phase oxygenated cultures were grown with nitrite and the nitric oxide scavengers CPTIO or oxyhemoglobin. Growth inhibition was blocked by the addition of either agent. (C) To determine if the prevention of biofilm growth by nitrite requires nitric oxide, static epithelial- *P. aeruginosa* co-cultures were treated with nitrite and the nitric oxide scavenger CPTIO. Growth inhibition was unchanged by the addition of 1mM CPTIO.

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Supplementary Table 1: The MIC for colistin sulfate was determined by agar dilution in the presence or
absence of 3mM nitrite for 8 *Achromobacter sp.* isolates.

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Table 1.

Strain	Aerobic	Anaerobic	Aerobic	Anaerobic	Aerobic	Anaerobic
	MIC COL	MIC COL	MIC mM	MIC mM	FIC	FIC
	µg/ml	µg/ml	Nitrite	Nitrite		
PA14	2	2	16	4	0.75	0.375
PAO1	2	1	16	4	0.75	0.75
31-2	2	0.5	16	4	0.75	0.75
36-3	2	0.5	16	4	0.75	0.75
41-2	4	0.5	8	4	1.5	0.625
47-3	1	0.25	8	2	1	1
60-3	4	1	16	4	0.625	0.75
62-3	1	0.25	8	4	1	1
71-2	4	1	16	4	0.625	0.75
33-2	4	n.d.	16	n.d.	0.75	n.d.
66-2	8	n.d.	8	n.d.	0.625	n.d.
74-2	0.5	n.d.	8	n.d.	1	n.d.

Supplementary Table 1: Nitrite decreases the colistin sulfate MIC of Achromobacter isolates.

Isolate #		COL MIC ug/ml	COL MIC with 3mM nitrite
AU19487	A. xylosoxidans	8	2
AU13697	A. ruhlandii	>512	>512
AU2687a	A. xylosoxidans	>512	>512
AU18049	A. xylosoxidans	128	128
AU12168	A. xylosoxidans	128	32
AU12688	A. xylosoxidans	4	2
AU20153	A. dolans	256	256
AU19839	A. xylosoxidans	256	128

Table 1: The MIC for colistin sulfate was determined by agar dilution in the presence or absence of 3mM nitrite for 8 *Achromobacter sp.* isolates.



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