

Table S1: Summary of fatty acids changes due to induced genotype detected following analysis by GC-FID, comparing gastrocnemius muscle, blood serum, and liver tissue from the controls and DTG mice. A reduction of C22:6 (all-cis-4,7,10,13,16,19) was consistently detected in gastrocnemius muscle of the DTG mice, across the effects of diet and ageing. The *P*-values were obtained from t-test comparing HF/HS-fed controls and DTG mice (* *P*<0.05, ** *P*<0.01, *** *P*<0.001). Stearic acid, C18:0 was found significantly increased in the DTG mice following a two-way ANOVA test ([#] *P*<0.05), showing the increase was consistent across the effect of diet. The *R*² and *Q*² values of the corresponding PLS-DA model were detailed along the differential metabolites for that model.

Samples	Increased in DTG mice	Decreased in DTG mice
Gastrocnemius Muscle PLS-DA: $R^2X = 52\%$ $R^2Y = 68\%$ $Q^2 = 57\%$	SFA C18:0* n-6 PUFA C20:4 (all-cis-5,8,11,14)*	SFA C14:0* C15:0* C16:0* C24:0** MUFA C16:1 (cis-9)* n-3 PUFA C18:3 (all-cis-9,12,15)* C22:6 (all-cis-4,7,10,13,16,19) ***
Blood serum PLS-DA: $R^2X = 49\%$ $R^2Y = 60\%$ $Q^2 = 46\%$	SFA C14:0* C16:0* C18:0 [#] MUFA C18:1 (cis-9)* n-3 PUFA C18:3 (all-cis-9,12,15)* n-6 PUFA C20:2 (all-cis-11,14)*	n-3 PUFA C20:3 (all-cis-11,14,17)*
Liver tissue PLS-DA: $R^2X = 78\%$ $R^2Y = 83\%$ $Q^2 = 48\%$	SFA C18:0 [#] MUFA C24:1(cis-15)*	MUFA C20:1 (cis-11)* n-6 PUFA C20:3 (all-cis-8,11,14)*