

ESM Table 2 Characteristics of the ERA JUMP participants with IFG

Characteristics	Whites	Japanese	<i>p</i> value
Participants (n)	147	201	
Age (years)	45.2 (2.8)	45.2 (2.8)	NS
BMI (kg/m ²)	28.7 (4.5)	24.0 (2.8)	<0.01
VAT (cm ²)	183.8 (79.0)	142.4 (48.5)	<0.01
Systolic BP (mmHg)	124.1 (11.6)	125.5 (16.2)	NS
Current smokers (%)	9.5	49.3	<0.01
Alcohol drinkers (%)	44.2	68.7	<0.01
Hypertension (%)	18.4	27.9	NS
Glucose (mmol/l)	5.8 (5.7, 6.1)	5.9 (5.7, 6.2)	<0.01
Insulin (pmol/l)	101.4 (72.9, 137.5)	69.5 (55.6, 88.2)	<0.01
Triacylglycerol (mmol/l)	1.5 (1.0, 2.2)	1.6 (1.2, 2.1)	NS
LDL-cholesterol (mmol/l)	3.5 (0.93)	3.5 (0.90)	NS
HDL-cholesterol (mmol/l)	1.2 (0.34)	1.4 (0.33)	<0.01
CRP (nmol/l)	9.2 (5.5, 15.4)	3.1 (1.4, 6.8)	<0.01
Adiponectin (mg/l)	9.3 (7.2, 12.6)	5.8 (4.4, 7.9)	<0.01
Hypertension medication (%)	8.8	6.0	NS
Lipid medication (%)	15.0	3.5	<0.01
Physical activity (%)	67.4	28.4	<0.01
Family history of type 2 diabetes (%)	30.6	24.4	NS

Values are mean (SD) unless specified otherwise
Refer table 1 for definitions and abbreviations