Advances in Therapy

PEER REVIEWED SUMMARY SLIDE

- Implementing C-reactive protein (CRP) testing for respiratory tract infections in primary care is being explored as a strategy to reduce antibiotic prescribing rates, and potentially reduce antibiotic resistant infections.
- Three CRP point-of-care testing strategies were compared to current practice to estimate their cost effectiveness over a three-year period in the National Health Service (NHS) in England: General practitioner (GP) plus CRP testing; practice nurse plus CRP testing; GP plus CRP testing and communication skills training
- This study is the first cost-effectiveness analysis of CRP point-of-care testing delivered in primary care in the UK.
- Both the GP plus CRP testing and the practice nurse plus CRP testing strategies were associated with an increased number of quality-adjusted life years, in combination with reduced antibiotic prescribing and lower reported infection rates, with a total reduced cost per patient over 3 years
- Since these benefits are greater than the associated increased cost per patient, CRP testing represents a cost-effective option for the English NHS.

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