

The American Journal of Human Genetics

Supplemental Data

Adjusting for Heritable Covariates Can Bias Effect

Estimates in Genome-Wide Association Studies

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Figure S1. Illustrative examples of direct acyclic graphs.

Y is the outcome, C is a potential covariate, g is a predictor of interest, and U is an unmeasured variable that can results or depends on Y , C and g .

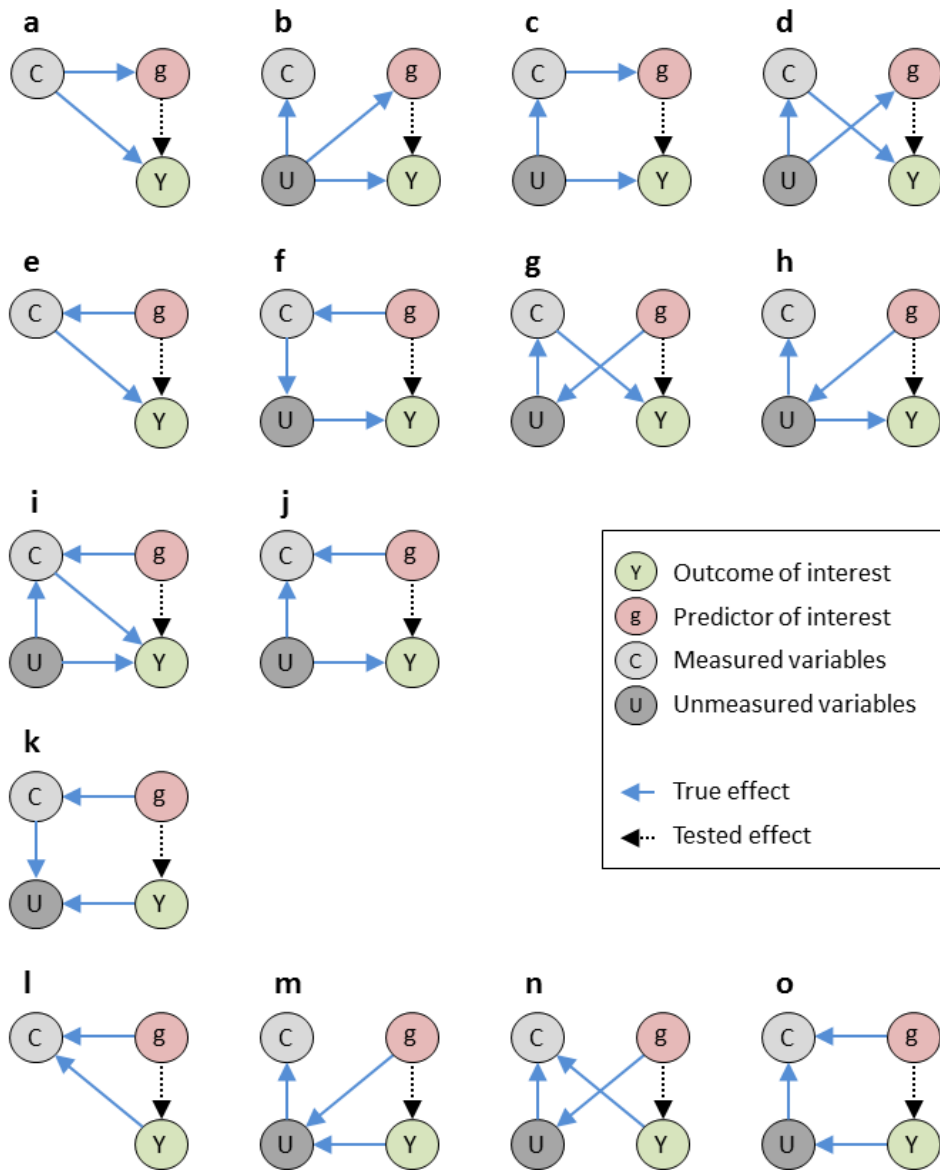


Figure S2. Statistical power in adjusted analysis

Statistical power when the genetic variant is differentially associated with two correlated phenotypes. Two traits Y and C are simulated with correlation ρ_{CY} varying from 0 to 0.9. A genetic variant g has a positive effect β_Y on Y and explains 0.015% (left panel) or 0.04% (right panel) of its variance; we vary the effect of g on C between $-\beta_Y$ and β_Y . a) We compared the power at 5×10^{-8} significance level to detect the g/Y association between the marginal model (unadjusted for C , red line) to the adjusted model (light grey to black plain line). b) We plotted the power to detect the marginal g/C association (light blue to dark blue plain line) while varying α , the significance level.

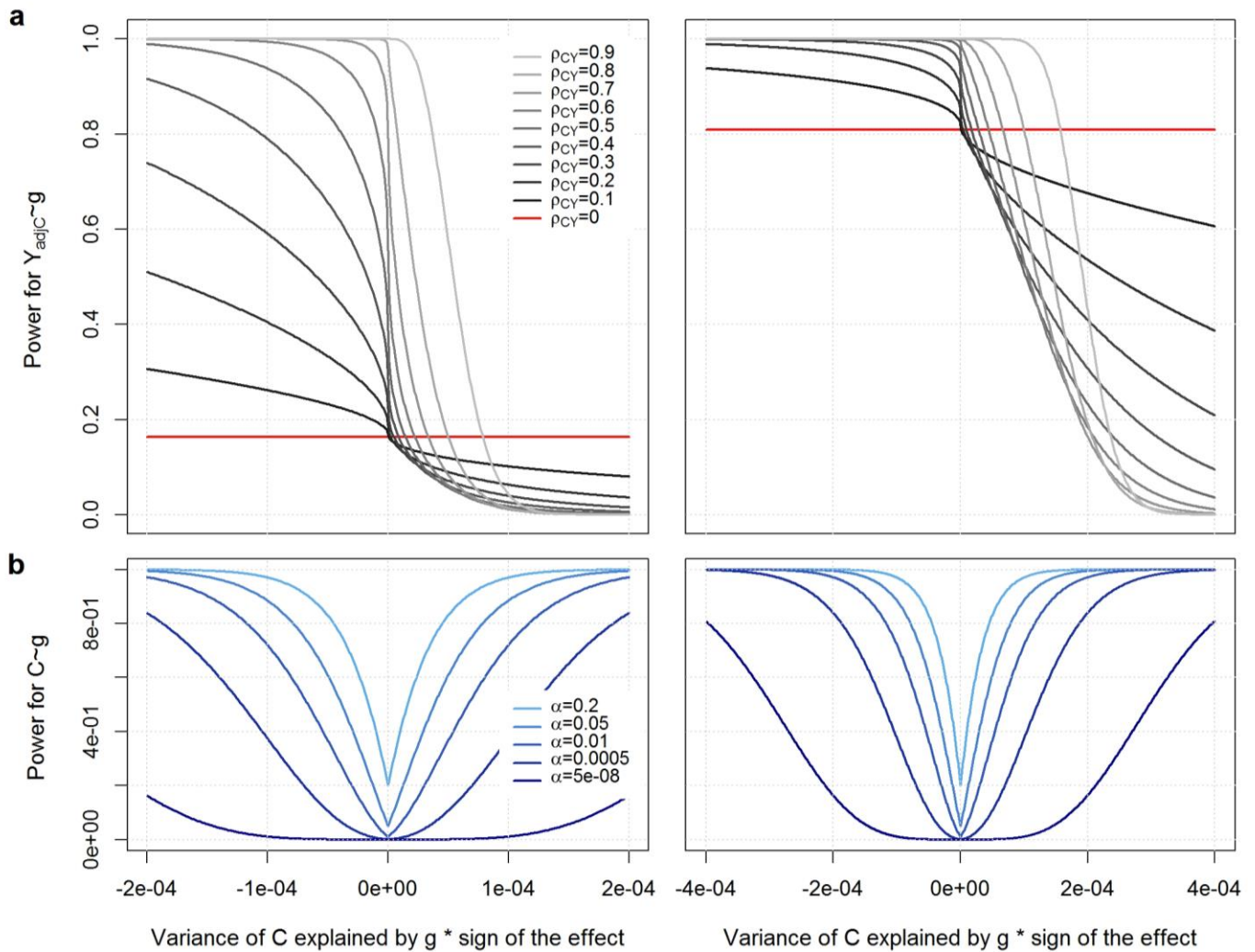


Figure S3. Effect of the adjustment on estimate

Upper panel presents $\hat{\beta}_Y$ the estimated effect of G on Y in the unadjusted model as a function of $\hat{\beta}_C$ the estimated effect of G on C across 1,000 replicates of 100,000 subjects (grey dots) and the regression line (black) when the correlation between C and Y is 0.5, $\beta_C = 0$ and $\beta_Y = 0$ (a) or $\beta_Y = 0.3$ (b). Upper plots also display $\Delta_{\hat{\beta}_Y} = \hat{\beta}_Y - \hat{\beta}_{Yadj}$ the change in estimates before and after the adjustment for C (blue dots). This change corresponds on average to the deviation of $\hat{\beta}_Y$ from β_Y . Bottom panel shows the correlation between $\hat{\beta}_C$ and the p -values of $\hat{\beta}_{Yadj}$, the estimate of G on Y after adjustment for C for the same replicates.

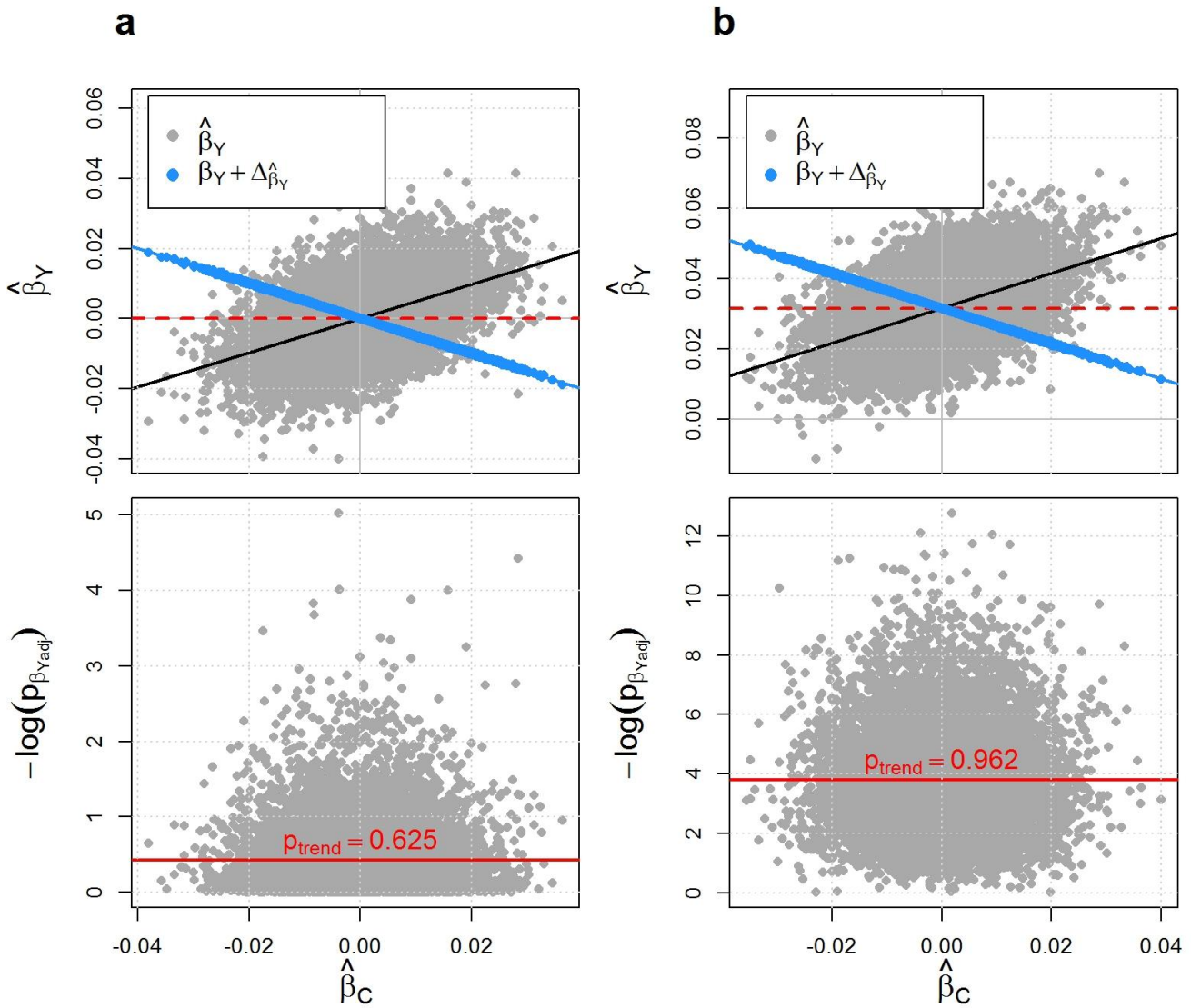


Figure S4. Opposite genetic effects between BMI and WHR/WC

Log₁₀ p-value of the observed proportion of SNP with effects in opposite direction when assuming a binomial distribution with probability 0.5, when filtering out SNPs based on their *p*-value for association with BMI.

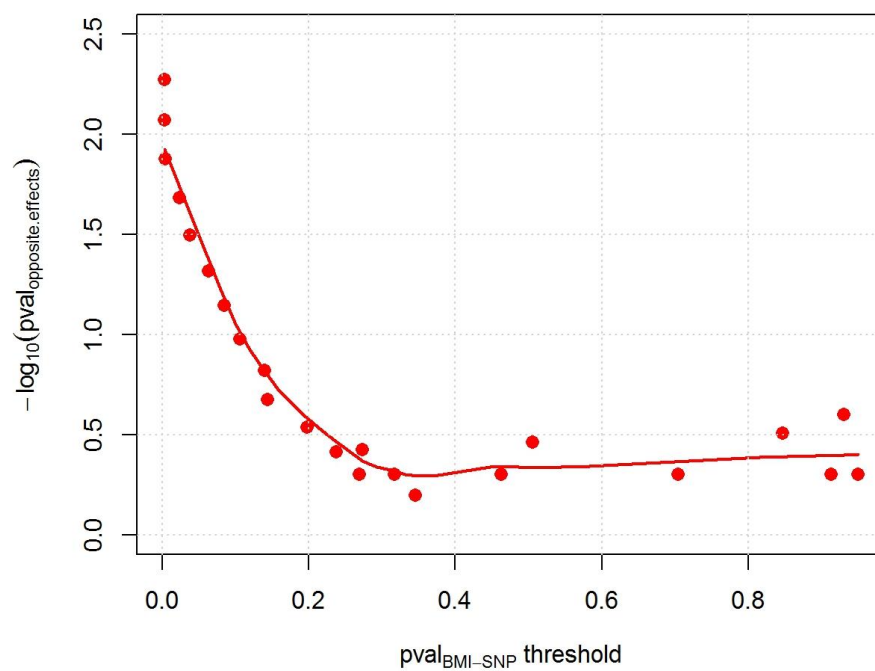


Figure S5. QQplot under the null for three corrections.

We generated 10,000 replicates of 1,000 subjects. For each replicates we simulated normally distributed variables Y , C and g , so that C and Y display a correlation of 0.5 and g explained 1% of the variance of C but none of Y . We derived the inflation factor λ and plotted the observed distribution of p -value for tests of association between Y and g against its expected distribution. We considered a marginal model in the whole sample (black), a model adjusted for the raw values of C (grey) or after removing either the true effect of g on C (blue) or its estimated effect (green), a C -specific strata of the marginal model ($C \geq 0$, dark red dots, and $C < 0$, light red), and a two-step procedure proposed by Vansteelandt et al¹ (orange).

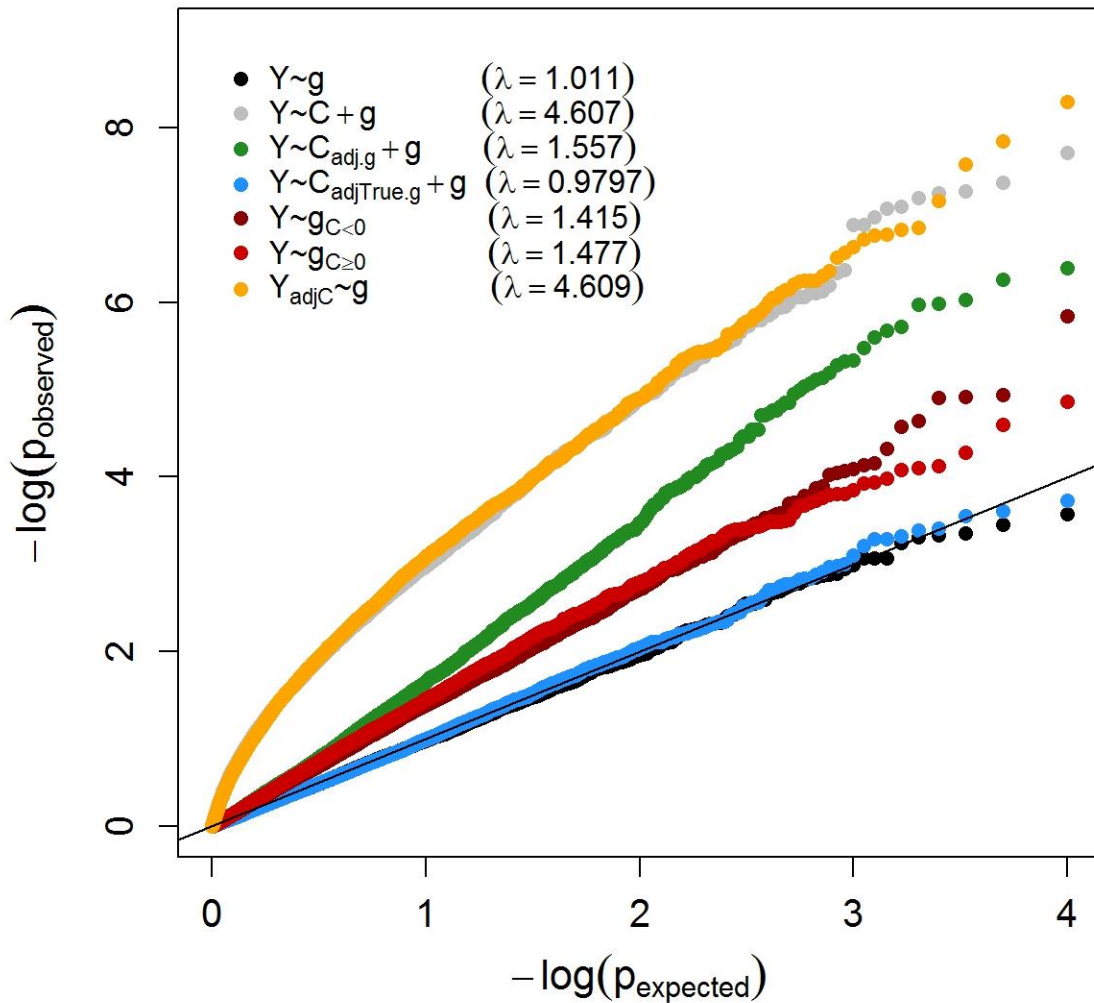


Figure S6. Bias in covariate stratified analysis.

Outcome values (Y) as a function of a continuous predictor (G) in the total sample and in strata defined by a covariates (C). For simplicity all variables, G , C and Y are normally distributed and generated under model from Figure 1B. The plain lines are the regression lines for the association between G and Y . While there is no correlation between Y and G in the whole sample (a), Y and G display a negative correlation in each C strata (b).

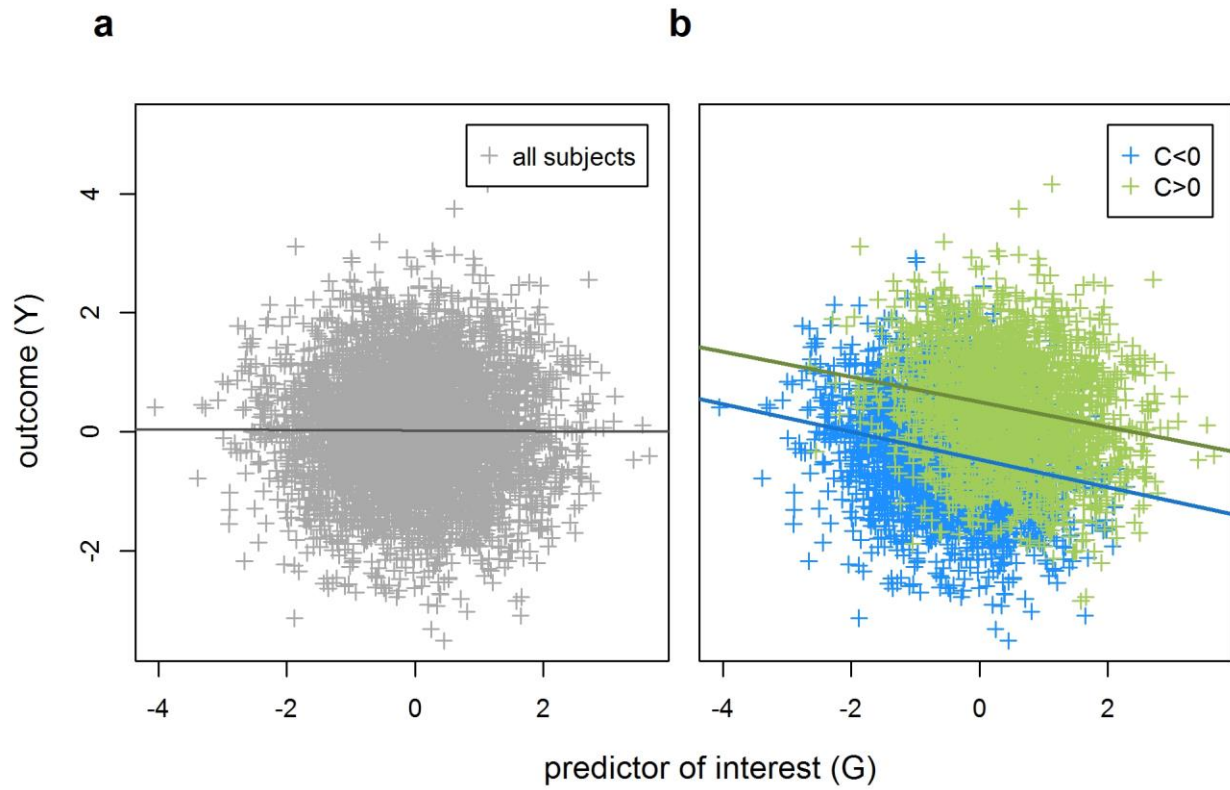


Table S1. Genetic effect estimates and p-value for association with T2D before and after adjustment for BMI

SNP ^a	Risk Allele	BMI (<i>pval</i>)	T2D (<i>pval</i>)	T2D _{adjBMI} (<i>pval</i>)
rs2568958	A	3.77 (1.2×10^{-11})	0.0253 (0.038)	0.0170 (0.15)
rs10913469	C	3.36 (6.2×10^{-8})	-0.0044 (0.87)	-0.0177 (0.27)
rs7561317	G	6.12 (4.2×10^{-17})	0.0212 (0.22)	0.0000 (0.9)
rs7647305	C	4.42 (7.2×10^{-11})	0.0334 (0.036)	0.0128 (0.35)
rs2844479	T	1.38 (0.003)	-0.0223 (0.11)	-0.0315 (0.028)
rs6265	G	4.58 (5.1×10^{-10})	-0.0088 (0.64)	-0.0269 (0.12)
rs925946	T	3.85 (8.5×10^{-10})	0.0170 (0.15)	0.0043 (0.73)
rs7138803	A	3.28 (1.2×10^{-7})	0.0453 (0.00023)	0.0334 (0.009)
rs7498665	G	3.63 (3.2×10^{-10})	0.0212 (0.069)	0.0128 (0.25)
rs6499640	A	5.26 (4.0×10^{-13})	0.0294 (0.027)	0.0086 (0.48)
rs8050136	A	8.04 (1.1×10^{-47})	0.0531 (1.6×10^{-5})	0.0212 (0.086)
rs12970134	A	4.38 (1.2×10^{-12})	0.0170 (0.18)	0.0000 (0.91)
rs29941	C	4.18 (7.3×10^{-12})	0.0043 (0.7)	0.0000 (0.96)

^aWe extracted SNPs found associated with BMI and/or weight and their estimated effect on BMI and T2D before and after adjustment for BMI from Thorleifsson et al².

SNPs with decreased *p*-value for association with T2D after the adjustment for BMI are indicated in bold.

Table S2. Additional examples of genetically-associated covariate GWAS

Outcome	SNP	Effect on the outcome ^a			Effect on covariate ^b		opposite effect	
		trait-increasing allele /alt allele	Unadjusted Pvalue ^c	Adjusted Pvalue	trait-increasing allele /alt allele	pValue		
<i>Glycemic traits adjusted for BMI (positive correlation with the outcome)³</i>								
Fasting Insulin	rs2943645	T / C	1.4 x 10 ⁻⁷	2.3 x 10 ⁻¹⁹	C / T	0.0069	x	
	rs10195252	T / C	4.9 x 10 ⁻¹⁰	1.3 x 10 ⁻¹⁶	C / T	0.0093	x	
	rs2126259	T / C	1.5 x 10 ⁻¹⁰	3.3 x 10 ⁻¹³	T / C	0.60		
	rs4865796	A / G	2.1 x 10 ⁻⁸	2.2 x 10 ⁻¹²	G / A	5.1 x 10 ⁻⁵	x	
	rs17036328	T / C	1.9 x 10 ⁻⁵	3.6 x 10 ⁻¹²	C / T	0.019	x	
	rs731839	G / A	1.7 x 10 ⁻⁸	5.1 x 10 ⁻¹²	A / G	0.0052	x	
	rs974801	G / A	2.1 x 10 ⁻¹⁰	3.3 x 10 ⁻¹¹	G / A	0.89		
	rs459193	G / A	6.6 x 10 ⁻⁸	1.2 x 10 ⁻¹⁰	A / G	0.22	x	
	rs6822892	A / G	3.2 x 10 ⁻⁵	2.6 x 10 ⁻¹⁰	G / A	0.37	x	
	rs4846565	G / A	2.0 x 10 ⁻⁸	1.8 x 10 ⁻⁹	A / G	0.29	x	
	rs3822072	A / G	1.2 x 10 ⁻⁴	1.8 x 10 ⁻⁸	G / A	0.12	x	
	rs6912327	T / C	2.8 x 10 ⁻⁶	2.3 x 10 ⁻⁸	C / T	0.066	x	
	2hGlu	rs7651090	G / A	1.1 x 10 ⁺	4.5 x 10 ⁻⁸	A / G	0.026	x
	Fasting Glucose	rs17762454	T / C	1.9 x 10 ⁻⁷	9.6 x 10 ⁻⁹	T / C	0.46	
rs7708285		G / A	4.9 x 10 ⁻⁶	1.2 x 10 ⁻⁸	A / G	0.034	x	
	rs2657879	G / A	5.7 x 10 ⁻⁶	3.9 x 10 ⁻⁸	A / G	0.24	x	
<i>Body mass index adjusted for height (positive correlation with the outcome)⁴</i>								
BMI	rs11676272	G/A	6.0 x 10 ⁻⁷	6.0 x 10 ⁻⁹	A/G	1.09 x 10 ⁻⁶	x	
<i>Forced vital capacity (FVC) adjusted for height (positive correlation with the outcome)⁵</i>								
	rs6923462	T/C	na	5.89 x 10 ⁻¹³	C/T	4.86 x 10 ⁻⁶	x	
	rs1430193	A/T	na	1.86 x 10 ⁻¹²	A/T	6.70 x 10 ⁻⁷		
	rs2863171	C/A	na	8.97 x 10 ⁻¹⁰	C/A	0.28		
	rs6501431	T/C	na	2.94 x 10 ⁻⁹	T/C	0.23		
	rs1079572	G/A	na	9.95 x 10 ⁻⁹	A/G	0.0098	x	
	rs4237643	G/T	na	3.53 x 10 ⁻⁸	G/T	0.91	x	
<i>Ratio of FVC over forced expiratory Volume in 1 second (FEV1) adjusted for height (negative correlation with the outcome)⁶</i>								
A	rs1980057	T/C	na	3.21 x 10 ⁻²⁰	T/C	0.00073	x	
T	rs1032295	G/T	na	4.37 x 10 ⁻¹⁵	G/T	0.00013	x	
G	rs2070600	T/C	na	3.15 x 10 ⁻¹⁴	T/C	0.41	x	
T	rs10947233	T/G	na	6.66 x 10 ⁻¹²	T/G	0.52	x	
T	rs11168048	C/T	na	1.08 x 10 ⁻¹¹	C/T	0.0065	x	
T	rs7735184	T/G	na	6.23 x 10 ⁻¹¹	T/G	0.0073	x	
T	rs2277027	A/C	na	9.93 x 10 ⁻¹¹	A/C	0.053	x	
G	rs1422795	T/C	na	2.62 x 10 ⁻¹⁰	T/C	0.046	x	
G	rs3817928	G/A	na	1.17 x 10 ⁻⁹	A/G	2.0 x 10 ⁻¹¹		
C	rs7776375	G/A	na	6.71 x 10 ⁻⁹	A/G	9.4 x 10 ⁻¹⁸		
G	rs6937121	G/T	na	1.25 x 10 ⁻⁸	T/G	1.2 x 10 ⁻¹⁸		

^a We extracted SNPs found associated with human phenotypes at genome-wide significance level in population of European ancestry after adjusting for either body mass index or height, for which effect estimates can be extracted from the GIANT consortium database⁷.

^b For each SNP selected we extracted from the GIANT consortium database⁷ their p-value for association with BMI or height when relevant, and the trait-increasing allele.

^c GWAS the unadjusted p-value and estimates were not available (noted "na").

Table S3. Mean chi-square for adjusted and unadjusted analysis across 15 null models

Case-scenario	Generative DAG ^a	Mean chi-square for the test of association between G and Y ^b	
		unadjusted	Adjusted for C
<i>G and Y share a common cause</i>	Figure S1a	989.9	1.0
	Figure S1b	989.9	563.1
	Figure S1c	278.8	1.0
	Figure S1d	278.4	1.0
<i>Effect of G on Y is mediated through C</i>	Figure S1e	989.7	1.0
	Figure S1f	279.0	1.0
	Figure S1g	278.8	1.0
	Figure S1h	989.6	563.3
<i>An unmeasured variable influences both C and Y</i>	Figure S1i	727.5	676.2
	Figure S1j	1.0	818.0
<i>C and Y both influence an unmeasured variable</i>	Figure S1k	1.0	1.0
<i>C is a descendant of Y</i>	Figure S1l	1.0	2251.7
	Figure S1m	1.0	270.8
	Figure S1n	1.0	2143.4
	Figure S1o	1.0	444.0

^aDAG: direct acyclic graph. For each DAG from Figure S1 we generated 10,000 replicates of 10,000 individuals. For simplicity all true effects were defined so that independent variables explain 30% of the variance of the dependent variable. All effects were positives.

^bG, Y and C are the genetic variant, the outcome and the covariate included in the adjusted model, respectively.

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