

**Supplementary Table 1 Eudemonic wellbeing and mortality in the complete sample, proportional hazards model including all covariates (Model 5 in table 1)**

Factor	Adjusted hazard ratio (95% C.I.)	P
Eudemonic wellbeing quartile		
1 (lowest)	1	
2	0.780 (0.683 - 0.891)	0.001
3	0.805 (0.688 - 0.942)	0.007
4 (highest)	0.697 (0.583 - 0.833)	0.001
Age		
50-59	1	
60-69	2.000 (1.588 - 2.516)	0.001
70-79	5.235 (4.145 - 6.612)	0.001
80+	12.551 (9.847 - 16.00)	0.001
Gender (female)	0.568 (0.510 - 0.632)	0.001
Wealth		
1 (lowest)	1 (reference)	
2	0.965 (0.834 - 1.115)	0.63
3	0.792 (0.674 - 0.932)	0.005
4	0.826 (0.701 - 0.974)	0.023
5 (highest)	0.739 (0.614 - 0.889)	0.001
Education		
Lower	1 (reference)	
Intermediate	1.042 (0.889 - 1.222)	0.61
Higher	0.937 (0.797 - 1.102)	0.43
Marital status (unmarried)	1.146 (1.023 - 1.284)	0.018
Employment (not in paid employment)	1.725 (1.361 - 2.185)	0.001
Ethnicity (minority status)	0.619 (0.357- 1.071)	0.086
Depressive illness (past two years)	0.938 (0.715 - 1.229)	0.64
Depression (elevated CES-D)	1.050 (0.929 - 1.186)	0.44
Limiting longstanding illness at baseline	1.207 (1.073 - 1.357)	0.002
Cancer at baseline	1.808 (1.543 - 2.120)	0.001
CHD at baseline	1.132 (0.997 - 1.285)	0.055
Diabetes at baseline	1.294 (1.102 - 1.519)	0.002
Heart failure at baseline	1.743 (1.222 - 2.486)	0.002
Stroke at baseline	1.268 (1.068 - 1.506)	0.007
Chronic lung disease at baseline	1.389 (1.190 - 1.621)	0.001
Smoking	1.593 (1.388 - 1.822)	0.001

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<b>Factor</b>	<b>Adjusted hazard ratio (95% C.I.)</b>	<b><i>P</i></b>
Alcohol at least daily	1.072 (0.955 – 1.204)	0.24
No vigorous or moderate physical activity	1.453 (1.298 – 1.626)	0.001

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