

Supplementary Information

Metabolic theory predicts whole-ecosystem properties

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This PDF file includes:

Materials and Methods

Table S1

Table S2

Table S3

Figure S1

Materials and Methods

1. Proof of Equation 1 (main text)

Here we show that the average residence time of carbon molecules within an ecosystem at equilibrium is proportional to its total biomass divided by *GPP*. We assume that *GPP* is measured by the number (P) of carbon molecules entering the system every second, and that total biomass is measured as the total number (B) of carbon molecules in the ecosystem. We work in discrete time in seconds though the proof can be made general.

Of the P molecules entering the system every second, let the proportion staying in the system for time t and then leaving be p_τ , for $\tau = 1, 2, 3, \dots T$ seconds. The number of molecules in the system that entered 1 s ago and stay for 1 s or more is $P(p_1 + p_2 + p_3 + \dots + p_\tau + \dots + p_T)$, $= P$. The number that entered 2 s ago and stay 2 s or more is $P(p_2 + p_3 + \dots + p_\tau + \dots + p_T)$. This is less than P because Pp_1 molecules, that entered 2 s ago, have now left the system. The number that entered 3 s ago and stay 3 s or more is $P(p_3 + \dots + p_\tau + \dots + p_T)$, and so on up until the oldest molecules in the system which entered T s ago. Addition gives the total number of molecules in the system as

$$\begin{aligned}
 & P(p_1 + p_2 + p_3 + \dots + p_\tau + \dots + p_T) \\
 & + \quad P(p_2 + p_3 + \dots + p_\tau + \dots + p_T) \\
 & + \quad \quad P(p_3 + \dots + p_\tau + \dots + p_T) \\
 & + \\
 & \dots \\
 & + \quad \quad \quad P(p_\tau + \dots + p_T) \\
 & + \\
 & \dots \\
 & + \quad \quad \quad \quad P(p_T) \\
 \\
 & = P(p_1 + 2p_2 + 3p_3 + \dots + \tau p_\tau + \dots + T p_T)
 \end{aligned}$$

So the total number of carbon molecules in the system (B) is $P \sum_\tau \tau p_\tau$. $\sum_\tau \tau p_\tau$ is by definition the average residence time of a carbon molecule in the system, and so average residence time = B/P (Eq. 1, main text).

2. Proof of Equation 7 (main text)

TST_c is the sum of the flows through each compartment that have previously passed through them, and TST is given by Eq. 6 (main text). We assume there is just one compartment at each trophic level and that the flow from decomposers goes only to level 2. We define d_1 , d_2 and P_2 as in the main text, and write $d_1 d_2 = d$. Then to derive an equation for FCI we go through the compartments one at a time, calculating how much of their outflow returns to them. The outflow from decomposers is $d(P + P_2 \frac{1-t^{n-1}}{1-t})$, of which a proportion d_1 returns directly to decomposers. A further proportion td_1 returns to decomposers from level 3, $t^2 d_1$ from level 4, and so on, giving in all

$$d(P + P_2 \frac{1-t^{n-1}}{1-t})d_1 \frac{1-t^{n-1}}{1-t} \tag{Eq. S1}$$

This is the flow through decomposers that has passed through them before.

The flow into level 2 is P_2 , of which dP_2 returns to level 2 directly, P_2td returns via level 3 and so on, giving a total of $P_2d \frac{1-t^{n-1}}{1-t}$ for the flow through level 2 that has passed through level 2 before.

The flow into level 3 is P_2t , of which dt returns to level 3 without going through any higher level, t^2d returns via level 4 and so on, giving a total of $P_2d(t^2 + t^3 + t^4 + \dots + t^{n-3})$.

Similarly the flow into level 4 that has been there before is $P_2d(t^4 + t^5 + t^6 + \dots + t^{n-4})$, and so on, so the total for non-decomposers is

$$\frac{P_2d}{1-t} \left\{ \frac{1-t^{2n-2}}{1-t^2} - \frac{t^{n-1}-t^{2n-2}}{1-t} \right\} \quad \text{Eq. S2}$$

Adding together expressions S1 and S2 gives TST_c as

$$TST_c = \frac{d}{1-t} (Pd_1(1-t^{n-1}) + P_2 \left\{ d_1 \frac{(1-t^{n-1})^2}{1-t} + \frac{1-t^{2n-2}}{1-t^2} - \frac{t^{n-1}-t^{2n-2}}{1-t} \right\}) \quad \text{Eq. S3}$$

FCI can now be obtained as $FCI = 100 \times TST_c / TST$.

3. Proof that $FCI \sim 100 d_1 d_2 (d_1 + t)$, when t, d_1 and d_2 are small (main text)

To first order in t, d_1 and d_2 , Eqs. 6 and 7 (main text) give

$$P_2 = Pt \quad \text{Eq. S4}$$

$$TST = P \quad \text{Eq. S5}$$

$$TST_c = d_1 d_2 (Pd_1 + Pt) \quad \text{Eq. S6}$$

It follows from Eq. S4 to S6 that $FCI = 100 TST_c / TST \sim 100 d_1 d_2 (d_1 + t)$

Table S1. Summary parameter values for 37 ecological steady-state trophic networks we constructed (see Fig. 1 & 3). **Model** is model number (see Fig. 1, Fig. S1); **Hab** is habitat (T, terrestrial, M, pelagic marine); **PComp** is total number of primary producer compartments; **Comp** is total number of trophic compartments; **TL** is total number of trophic levels; **L/C** is linear (L, no recycling) or cyclic (C, with recycling); **Temp** is mean environmental temperature, and is assumed to approximately equal ectotherm body temperature (Kelvin); **GPP** is gross primary production (kg C/yr m²); **PMass** is mean size of an individual primary producer (kg C); **β** is the mass scaling exponent (see Eq. 3, main text); **TTE₁₋₂** is trophic transfer efficiency from the first to second trophic level (all other TTE's = 0.1, except to and from decomposers [see]); **TTE_{d1}** is trophic transfer efficiency to the decomposer compartment (if present); **TTE_{d2}** is trophic transfer efficiency from the decomposer apartment (if present); **B_{eco}** is total biomass of the ecosystem (kg C/m²); **\hat{t}_{eco}** is total residence time of carbon within the ecosystems (yr); **GPP/B_{eco}** (yr); **FCI** is Finn Cycling Index; and **TST** is total systems throughput (kg C/yr m²). For additional details about each model see Fig. S1, or contact the corresponding author.

Model	Hab	PComp	Comp	TL	L/C	Temp	GPP	PMass	β	TTE ₁₋₂	TTE _{d1}	TTE _{d2}	B _{eco}	\hat{t}_{eco}	GPP/B _{eco}	FCI	TST
1a	T	1	4	4	L	293	0.6	100	0.75	0.10	0.00	0.00	66.24	110.39	0.0091	0	0.667
1b	T	1	4	4	L	293	0.6	10	0.75	0.10	0.00	0.00	37.35	62.25	0.0161	0	0.667
1c	T	1	4	4	L	293	0.6	1	0.75	0.10	0.00	0.00	21.10	35.17	0.0284	0	0.667
1d	T	1	4	4	L	293	0.6	0.1	0.75	0.10	0.00	0.00	11.97	19.94	0.0501	0	0.667
1e	T	1	4	4	L	293	0.6	0.01	0.75	0.10	0.00	0.00	6.83	11.38	0.0879	0	0.667
1f	T	1	4	4	L	293	0.6	0.001	0.75	0.10	0.00	0.00	3.94	6.57	0.1523	0	0.667
1g	T	1	4	4	L	293	0.06	0.001	0.75	0.10	0.00	0.00	0.39	6.57	0.1523	0	0.067
1h	T	1	4	4	L	293	0.6	100	0.66	0.10	0.00	0.00	95.53	159.21	0.0063	0	0.667
1i	T	1	4	4	L	293	0.6	10	0.66	0.10	0.00	0.00	44.74	74.57	0.0134	0	0.667
1j	T	1	4	4	L	293	0.6	1	0.66	0.10	0.00	0.00	20.99	34.98	0.0286	0	0.667
1k	T	1	4	4	L	293	0.6	0.1	0.66	0.10	0.00	0.00	9.88	16.46	0.0607	0	0.667
1l	T	1	4	4	L	293	0.6	0.01	0.66	0.10	0.00	0.00	4.68	7.80	0.1282	0	0.667
1m	T	1	4	4	L	293	0.6	0.001	0.66	0.10	0.00	0.00	2.25	3.75	0.2667	0	0.667
1n	T	1	4	4	L	293	0.06	0.001	0.66	0.10	0.00	0.00	0.23	3.75	0.2667	0	0.067
2a	T	1	5	4	C	293	0.6	100	0.75	0.01	0.40	0.50	66.77	111.28	0.0090	10.77	1.200
2b	T	1	5	4	C	293	0.6	10	0.75	0.01	0.40	0.50	37.88	63.14	0.0158	10.77	1.200
2c	T	1	5	4	C	293	0.6	1	0.75	0.01	0.40	0.50	21.64	36.06	0.0277	10.77	1.200
2d	T	1	5	4	C	293	0.6	0.1	0.75	0.01	0.40	0.50	12.50	20.83	0.0480	10.77	1.200
2e	T	1	5	4	C	293	0.6	0.01	0.75	0.01	0.40	0.50	7.36	12.27	0.0815	10.77	1.200
2f	T	1	5	4	C	293	0.6	0.001	0.75	0.01	0.40	0.50	4.47	7.46	0.1341	10.77	1.200
2g	T	1	5	4	C	293	0.06	0.001	0.75	0.01	0.40	0.50	0.45	7.46	0.1341	10.77	0.120
2h	T	1	5	4	C	293	0.6	100	0.75	0.01	0.40	0.10	66.16	110.27	0.0091	1.61	0.951
3	M	1	5	5	L	293	0.6	1E-12	0.75	0.10	0.00	0.00	0.10	0.17	5.7488	0	0.667
4a	M	1	6	5	C	293	0.6	1E-12	0.75	0.10	0.40	0.50	0.35	0.60	1.6918	10.69	0.000
4b	M	1	6	5	C	293	0.06	1E-12	0.75	0.10	0.40	0.10	0.02	0.25	3.9206	1.67	0.000
5	M	1	3	3	L	293	0.6	1E-12	0.75	0.10	0.00	0.00	0.97	1.61	0.6204	0	0.666
6a	M	1	4	3	C	293	0.6	1E-12	0.75	0.10	0.40	0.50	3.69	6.16	0.1624	10.87	1.200
6b	M	1	4	3	C	280	0.6	1E-12	0.75	0.10	0.40	0.50	9.65	16.09	0.0622	10.87	1.200
6c	M	1	4	3	C	300	0.6	1E-12	0.75	0.10	0.40	0.50	2.53	4.21	0.2375	10.87	1.200
6d	M	1	4	3	C	293	0.6	1E-12	0.75	0.10	0.40	0.10	1.41	2.36	0.4243	1.53	0.972
7a	T	2	7	5	L	293	0.6	92.24	0.75	0.10	0.00	0.00	36.95	61.57	0.0162	0	0.666
7b	T	2	7	5	L	300	0.6	92.24	0.75	0.10	0.00	0.00	20.75	34.58	0.0289	0	0.666
7c	T	2	7	5	L	280	0.6	92.24	0.75	0.10	0.00	0.00	119.59	199.32	0.0050	0	0.666
8	T	2	8	5	C	293	0.6	92.24	0.75	0.10	0.40	0.50	37.62	62.71	0.0159	10.13	1.200
9	T	1	6	5	L	280	0.09	0.001	0.75	0.10	0.00	0.00	2.13	23.71	0.0422	0	0.100
10	T	1	6	5	L	280	0.09	10	0.75	0.10	0.00	0.00	18.69	207.63	0.0048	0	0.100
11a	M	3	9	4	L	293	0.6	1.25E-09	0.75	0.10	0.00	0.00	0.52	0.86	1.1604	0	0.666

Table S2. Empirical data for the body size dependence of carbon and nitrogen half-life within individual organisms (see Fig. 4A). **Taxa** is broad taxonomic group; **Mass** is wet mass of the entire organism (g); **Tissue type** is the tissue used to estimate half-life; **HL** is half-life (measured as the amount of time required for the stable-isotopic signature of the tissue to reach a midpoint value between the enriched and original value, see original sources for exact equations) (d); **HL15°C** is the temperature corrected half-life to 15°C, using Eq. 3 (main text); **Thermy** is 'Endo' for endotherm, and 'Ecto' for ectotherm; **Temp** is body temperature, for ectotherms it is assumed to be equivalent to environmental temperature and for endotherms 37°C; **Source** is data source from which data was obtained; and **Original Source** is the original source from which Source papers obtained data (see Table S3 for full citations).

Element	Taxa	Species	Common name	Mass	Tissue type	HL	HL15°C	Thermy	Temp	Source	Original source
Carbon	Bird	<i>Aythya valisineria</i>	Canvasback	1248	Blood	23	147.27873	Endo	37	[1]	[2]
Carbon	Bird	<i>Calidris alpina pacifica</i>	Dunlin	44	Blood	11.2	71.71834	Endo	37	[3]	[4]
Carbon	Bird	<i>Calidris alpina pacifica</i>	Dunlin	56	Blood	11.23	71.91044	Endo	37	[1]	[4]
Carbon	Bird	<i>Catharacta skua</i>	Great skua	970	Blood	15.1	96.69169	Endo	37	[3]	[5]
Carbon	Bird	<i>Corvus Brachyrhynchos</i>	American crow	384.8	Blood (plasma)	2.9	18.56992	Endo	37	[3]	[6]
Carbon	Bird	<i>Corvus Brachyrhynchos</i>	American crow	428	Blood	29.8	190.82201	Endo	37	[1]	[6]
Carbon	Bird	<i>Coturni japonica</i>	Japanese quail	115	Blood	11.2	71.71834	Endo	37	[3]	[7]
Carbon	Bird	<i>Coturni japonica</i>	Japanese quail	115	Bone	173.3	1109.71324	Endo	37	[3]	[7]
Carbon	Bird	<i>Coturni japonica</i>	Japanese quail	115	Liver	2.5	16.00855	Endo	37	[3]	[7]
Carbon	Bird	<i>Coturni japonica</i>	Japanese quail	115	Muscle (flight)	12.4	79.40244	Endo	37	[3]	[7]
Carbon	Bird	<i>Dendroica coronata</i>	Yellow-rumped warbler	12	Blood	10.9	69.79731	Endo	37	[8]	[9]
Carbon	Bird	<i>Dendroica coronata</i>	Yellow-rumped warbler	12	Blood (plasma)	1	6.40342	Endo	37	[8]	[9]
Carbon	Bird	<i>Dendroica coronata</i>	Yellow-rumped warbler	12.5	Blood	4.5	28.81540	Endo	37	[1]	[10]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	22	Blood	19.3	123.58606	Endo	37	[8]	[11]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	22	Blood (plasma)	6.7	42.90293	Endo	37	[8]	[11]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	22	Bone (collagen)	20.4	130.62983	Endo	37	[8]	[11]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	22	Gizzard	14.1	90.28826	Endo	37	[8]	[11]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	22	Heart	15.2	97.33203	Endo	37	[8]	[11]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	22	Intestine	10.3	65.95525	Endo	37	[8]	[11]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	22	Liver	9.8	62.75354	Endo	37	[8]	[11]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	22	Muscle (flight)	23.5	150.48044	Endo	37	[8]	[11]
Carbon	Bird	<i>Passer domesticus</i>	House sparrow	23	Blood	15.6	99.89340	Endo	37	[1]	[1]
Carbon	Bird	<i>Sylvia borin</i>	Garden warbler	24.8	Blood	5.4	34.57848	Endo	37	[3]	[12]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Blood	13.4	85.80587	Endo	37	[8]	[8]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Brain	12.8	81.96381	Endo	37	[8]	[8]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Gizzard	7	44.82396	Endo	37	[8]	[8]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Heart	12	76.84107	Endo	37	[8]	[8]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Intestine	5.6	35.85917	Endo	37	[8]	[8]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Kidney	8	51.22738	Endo	37	[8]	[8]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Liver	8.3	53.14841	Endo	37	[8]	[8]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Muscle (flight)	14.5	92.84963	Endo	37	[8]	[8]
Carbon	Bird	<i>Taeniopygia guttata</i>	Zebra finch	16	Muscle (leg)	18.1	115.90196	Endo	37	[8]	[8]
Carbon	Fish	<i>Danio rerio</i>	Zebra danio	0.28	Muscle	53.3	171.99465	Ecto	28.5	[13]	[14]
Carbon	Fish	<i>Dicentrarchus labrax</i>	European sea bass	8	Muscle	157.5	119.58432	Ecto	12	[13]	[15]
Carbon	Fish	<i>Lateolabrax japonicus</i>	Japanese temperate bass	9.87	Muscle	21	42.59146	Ecto	23	[13]	[16]

Element	Taxa	Species	Common name	Mass	Tissue type	HL	HL15°C	Thermy	Temp	Source	Original source
Carbon	Fish	<i>Lepomis macrochirus</i>	Bluegill	0.06	Muscle	18	32.06743	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Lepomis macrochirus</i>	Bluegill	5.38	Muscle	29	51.66419	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Lepomis macrochirus</i>	Bluegill	72.7	Muscle	116	206.65678	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Micropterus salmoides</i>	Largemouth bass	0.52	Muscle	18	32.06743	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Micropterus salmoides</i>	Largemouth bass	5.6	Muscle	25	44.53809	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Micropterus salmoides</i>	Largemouth bass	413	Muscle	173	308.20364	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Oreochromis niloticus</i>	Nile tilapia	23.87	Muscle	23.3	56.06088	Ecto	25	[13]	[17]
Carbon	Fish	<i>Oreochromis niloticus</i>	Nile tilapia	24.46	Muscle	26	62.55720	Ecto	25	[13]	[17]
Carbon	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.00067*	Whole organism	8.7	7.24536	Ecto	13	[13]	[18]
Carbon	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.00067*	Whole organism	2.9	5.39540	Ecto	22	[13]	[18]
Carbon	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.00718*	Whole organism	11.6	9.66048	Ecto	13	[13]	[18]
Carbon	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.00718*	Whole organism	5	9.30241	Ecto	22	[13]	[18]
Carbon	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.02080*	Whole organism	17.3	14.40745	Ecto	13	[13]	[18]
Carbon	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.02080*	Whole organism	5.8	10.79080	Ecto	22	[13]	[18]
Carbon	Fish	<i>Paralichthys dentatus</i>	Summer flounder	58.8	Muscle	69	106.89063	Ecto	19.9	[13]	[19]
Carbon	Fish	<i>Paralichthys dentatus</i>	Summer flounder	102	Muscle	49	79.30979	Ecto	20.4	[13]	[19]
Carbon	Fish	<i>Paralichthys olivaceus</i>	Japanese flounder	0.26	Muscle	17.3	22.96049	Ecto	18.15	[13]	[20]
Carbon	Fish	<i>Paralichthys olivaceus</i>	Japanese flounder	0.26	Muscle	13.9	16.64862	Ecto	17	[13]	[20]
Carbon	Fish	<i>Paralichthys olivaceus</i>	Japanese flounder	1.06	Muscle	5	6.84543	Ecto	18.5	[13]	[20]
Carbon	Fish	<i>Perca flavescens</i>	Yellow perch	0.11	Muscle	8	14.25219	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Perca flavescens</i>	Yellow perch	2.24	Muscle	58	103.32839	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Perca flavescens</i>	Yellow perch	11.16	Muscle	116	206.65678	Ecto	21.5	[13]	[13]
Carbon	Fish	<i>Pleuronectes americanus</i>	Winter flounder	0.00255*	Whole organism	2.2	2.88113	Ecto	18	[13]	[21]
Carbon	Fish	<i>Pleuronectes americanus</i>	Winter flounder	0.00322*	Whole organism	4.1	3.41448	Ecto	13	[13]	[21]
Carbon	Fish	<i>Pomatoschistus minutus</i>	Sand goby	5.85	Muscle	23.9	28.62604	Ecto	17	[13]	[22]
Carbon	Fish	<i>Pseudoplatystoma corruscans</i>	Pintado	0.77	Whole organism	105	291.35423	Ecto	26.69	[13]	[23]
Carbon	Fish	<i>Sciaenops ocellatus</i>	Red drum	0.00016*	Whole organism	6	18.57412	Ecto	28	[13]	[24,25]
Carbon	Fish	<i>Sciaenops ocellatus</i>	Red drum	0.00496*	Whole organism	5	15.47844	Ecto	28	[13]	[24,25]
Carbon	Fish	<i>Sciaenops ocellatus</i>	Red drum	0.00597*	Whole organism	7	15.46772	Ecto	24	[13]	[24,25]
Carbon	Fish	<i>Solea senegalensis</i>	Senegalese sole	0.00176*	Whole organism	2.5	4.45380	Ecto	21.5	[13]	[26]
Carbon	Fish	<i>Solea senegalensis</i>	Senegalese sole	0.00176*	Whole organism	2.7	4.81011	Ecto	21.5	[13]	[26]
Carbon	Fish	<i>Solea senegalensis</i>	Senegalese sole	0.00176*	Whole organism	3.5	6.23533	Ecto	21.5	[13]	[26]
Carbon	Mammal	<i>Equus caballus</i>	Horse	409778	Hair	136	870.86556	Endo	37	[3]	[27]
Carbon	Mammal	<i>Meriones unguiculatus</i>	Gerbil	64.8	Brain	27.7	177.37482	Endo	37	[3]	[28]
Carbon	Mammal	<i>Meriones unguiculatus</i>	Gerbil	64.8	Fat	15.8	101.17408	Endo	37	[3]	[28]
Carbon	Mammal	<i>Meriones unguiculatus</i>	Gerbil	64.8	Hair	46.2	295.83815	Endo	37	[3]	[28]
Carbon	Mammal	<i>Meriones unguiculatus</i>	Gerbil	64.8	Liver	6.4	40.98190	Endo	37	[3]	[28]
Carbon	Mammal	<i>Meriones unguiculatus</i>	Gerbil	64.8	Muscle	27.7	177.37482	Endo	37	[3]	[28]
Carbon	Mammal	<i>Mus musculus</i>	Mouse	18.55	Blood	16.9	108.21785	Endo	37	[3]	[29]
Carbon	Mammal	<i>Mus musculus</i>	Mouse	18.55	Muscle	23.9	153.04181	Endo	37	[3]	[29]
Carbon	Mammal	<i>Mus musculus</i>	Mouse (28 d)	19	Blood	20.4	130.62983	Endo	37	[8]	[30]
Carbon	Mammal	<i>Mus musculus</i>	Mouse (172 d)	19	Blood	19.8	126.78778	Endo	37	[8]	[30]
Carbon	Mammal	<i>Mus musculus</i>	Mouse (28 d)	19	Brain	17.8	113.98093	Endo	37	[8]	[30]
Carbon	Mammal	<i>Mus musculus</i>	Mouse (28 d)	19	Heart	13.9	89.00758	Endo	37	[8]	[30]
Carbon	Mammal	<i>Mus musculus</i>	Mouse (28 d)	19	Kidney	4.6	29.45574	Endo	37	[8]	[30]
Carbon	Mammal	<i>Mus musculus</i>	Mouse (28 d)	19	Liver	5	32.01711	Endo	37	[8]	[30]
Carbon	Mammal	<i>Mus musculus</i>	Mouse (172 d)	19	Liver	7.7	49.30635	Endo	37	[8]	[30]

Element	Taxa	Species	Common name	Mass	Tissue type	HL	HL15°C	Thermy	Temp	Source	Original source
Carbon	Mammal	<i>Mus musculus</i>	Mouse (28 d)	19	Muscle (leg)	23.1	147.91907	Endo	37	[8]	[30]
Carbon	Mammal	<i>Mus musculus</i>	Mouse (172 d)	19	Muscle (leg)	18.2	116.54230	Endo	37	[8]	[30]
Carbon	Mammal	<i>Mus musculus</i>	Mouse	27.7	Blood	18.6	119.10367	Endo	37	[3]	[3]
Carbon	Mammal	<i>Rattus norvegicus</i>	Rat	288	Blood	24.7	158.16455	Endo	37	[3]	[3]
Carbon	Mammal	<i>Vicugna pacos</i>	Alpaca	60000	Liver	37.3	238.84768	Endo	37	[8]	[31]
Carbon	Mammal	<i>Vicugna pacos</i>	Alpaca	60000	Muscle (leg)	178.7	1144.29173	Endo	37	[8]	[31]
Carbon	Shark	<i>Carcharhinus plumbeus</i>	Sandbar shark	5500	Blood	93.25	197.42225	Ecto	23.5	[32]	[32]
Carbon	Shark	<i>Carcharhinus plumbeus</i>	Sandbar shark	5500	Muscle	155.2	328.57837	Ecto	23.5	[32]	[32]
Nitrogen	Amphibian	<i>Rana palmipes</i>	Tadpole	2.115	Muscle	138.6	293.43403	Ecto	23.5	[33]	[33]
Nitrogen	Bird	<i>Aythya valisineria</i>	Canvasback	1250	Blood	23.2	148.55941	Endo	37	[3]	[2]
Nitrogen	Bird	<i>Calidris alpina pacifica</i>	Dunlin	44	Blood	10	64.03423	Endo	37	[3]	[4]
Nitrogen	Bird	<i>Catharacta skua</i>	Great skua	970	Blood	12	76.84107	Endo	37	[3]	[5]
Nitrogen	Bird	<i>Dendroica coronata</i>	Yellow-rumped warbler	11.5	Blood	7.5	48.02567	Endo	37	[3]	[10]
Nitrogen	Bird	<i>Sylvia borin</i>	Garden warbler	24.8	Blood	8.1	51.86772	Endo	37	[3]	[12]
Nitrogen	Crustacean	<i>Euphausiacea</i> spp.	Krill	0.01	Whole organism	784	159.87826	Ecto	-1.5	[33]	[34]
Nitrogen	Crustacean	<i>Euphausiacea</i> spp.	Krill	0.01	Whole organism	156	43.08434	Ecto	1.5	[33]	[34]
Nitrogen	Fish	<i>Ancistrus triradiatus</i>	Armored catfish	1.44	Blood	16.9	35.77947	Ecto	23.5	[33]	[33]
Nitrogen	Fish	<i>Ancistrus triradiatus</i>	Armored catfish	1.44	Muscle	18.2	38.53174	Ecto	23.5	[33]	[33]
Nitrogen	Fish	<i>Ancistrus triradiatus</i>	Armored catfish	1.44	Muscle (fin)	12.2	25.82897	Ecto	23.5	[33]	[33]
Nitrogen	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.01	Whole organism	8	6.66240	Ecto	13	[33]	[18]
Nitrogen	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.01	Whole organism	3	5.58145	Ecto	22	[33]	[18]
Nitrogen	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.1	Whole organism	14	11.65921	Ecto	13	[33]	[18]
Nitrogen	Fish	<i>Paralichthys dentatus</i>	Summer flounder	0.1	Whole organism	6	11.16290	Ecto	22	[33]	[18]
Nitrogen	Fish	<i>Pleuronectes americanus</i>	Winter flounder	0.00255*	Whole organism	3.1	4.05978	Ecto	18	[21]	[21]
Nitrogen	Fish	<i>Pleuronectes americanus</i>	Winter flounder	0.00322*	Whole organism	3.9	3.24792	Ecto	13	[21]	[21]
Nitrogen	Fish	<i>Salvelinus namaycush</i>	Lake trout	55	Whole organism	69	45.97915	Ecto	10.6	[33]	[35]
Nitrogen	Gastropod	<i>Elimia</i> sp.	Snail	0.1	Whole organism	69	54.36701	Ecto	12.4	[33]	[36]
Nitrogen	Gastropod	<i>Lavigeria grandis</i>	Snail	0.495	Muscle	49.5	129.60970	Ecto	26	[33]	[33]
Nitrogen	Gastropod	<i>Tarebia granifera</i>	Snail	0.055	Muscle	20.2	42.76599	Ecto	23.5	[33]	[33]
Nitrogen	Mammal	<i>Mus musculus</i>	Mouse	18.55	Blood	19.3	123.58606	Endo	37	[3]	[29]
Nitrogen	Mammal	<i>Mus musculus</i>	Mouse	18.55	Liver	7.3	46.74498	Endo	37	[3]	[29]
Nitrogen	Mammal	<i>Mus musculus</i>	Mouse	18.55	Muscle	24.8	158.80489	Endo	37	[3]	[29]
Nitrogen	Mammal	<i>Mus musculus</i>	Mouse	27.7	Blood	19.6	125.50709	Endo	37	[3]	[3]
Nitrogen	Mammal	<i>Rattus norvegicus</i>	Rat	288	Blood	21.3	136.39291	Endo	37	[3]	[3]
Nitrogen	Shark	<i>Carcharhinus plumbeus</i>	Sandbar shark	5500	Blood	60.6	128.29799	Ecto	23.5	[32]	[32]
Nitrogen	Shark	<i>Carcharhinus plumbeus</i>	Sandbar shark	5500	Muscle	92.35	195.51683	Ecto	23.5	[32]	[32]

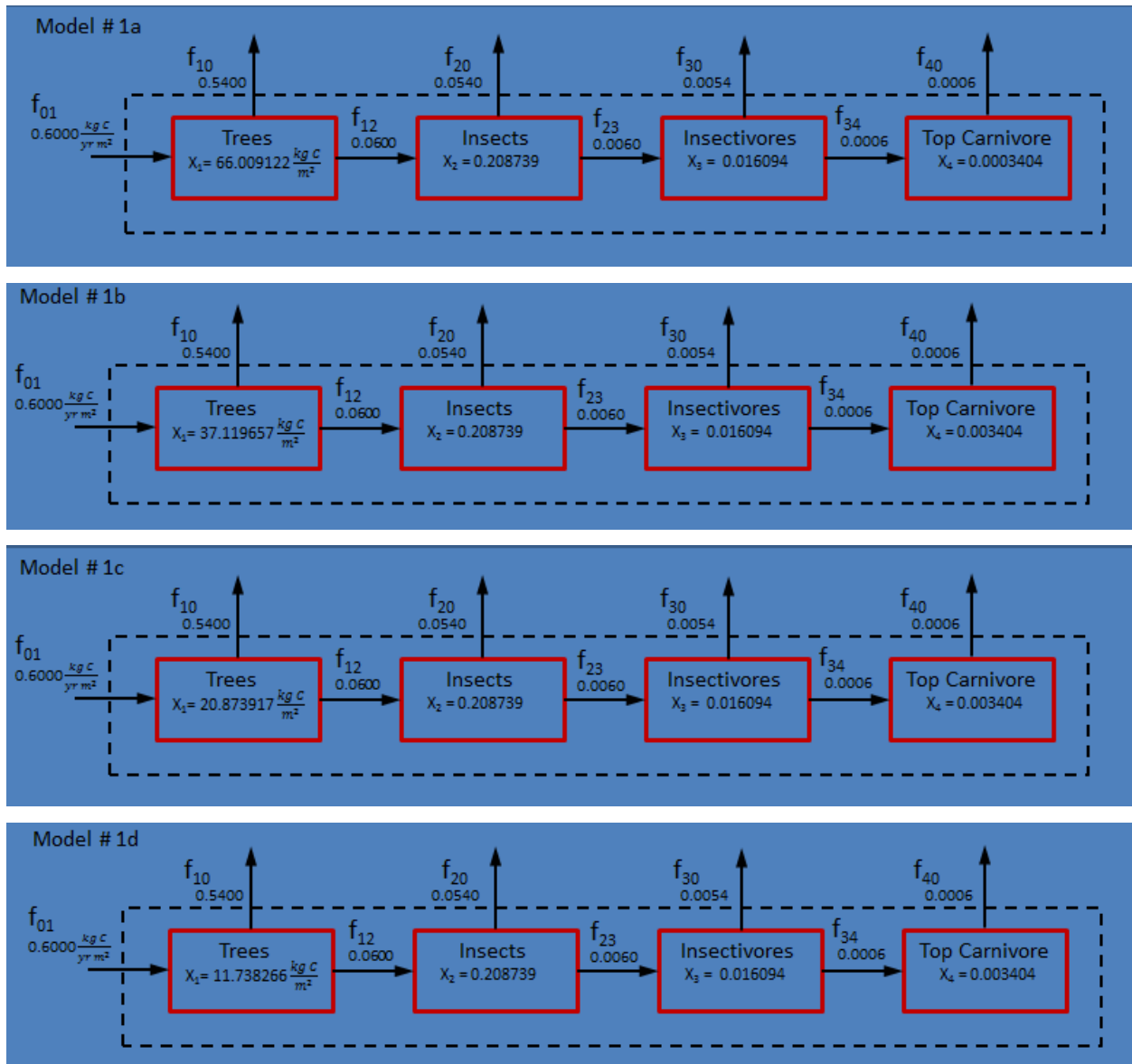
* Dry mass converted to wet mass using data for Chinook salmon (*Oncorhynchus tshawytscha*) – dry mass is 14.9% of wet mass [37].

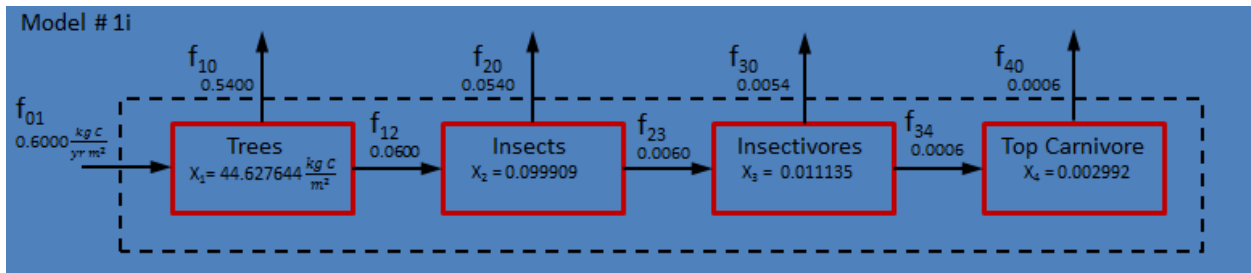
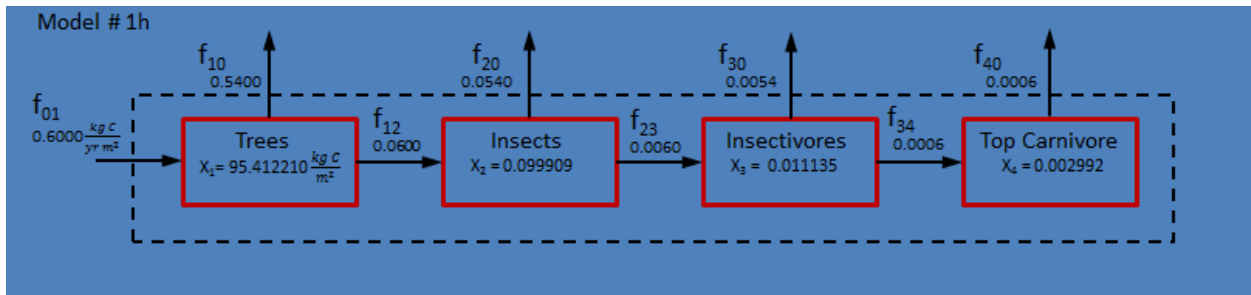
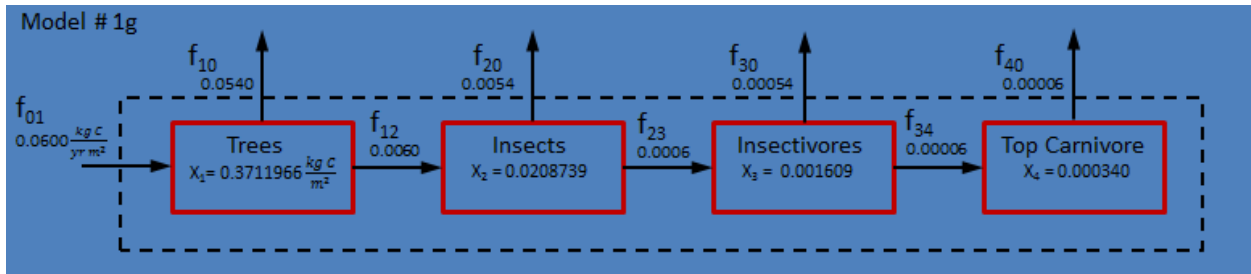
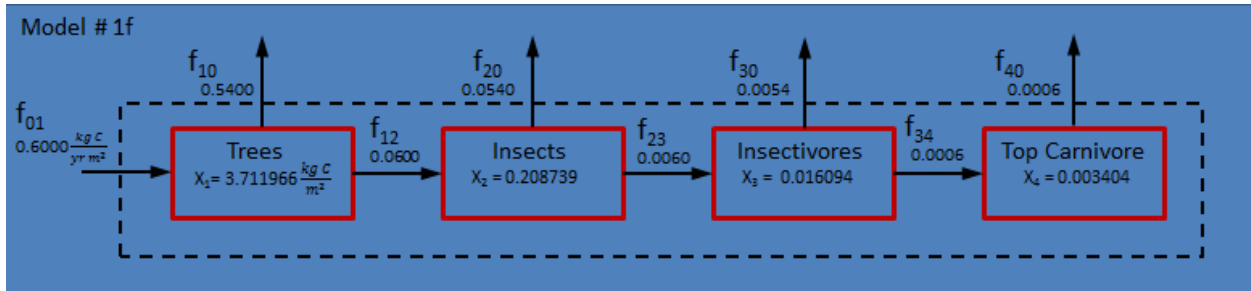
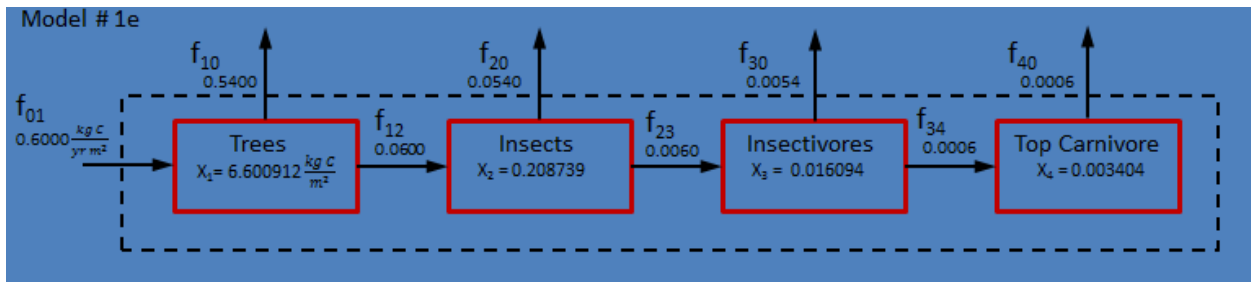
Table S3. Data sources for carbon and nitrogen half-life within individual organisms (see Table S2).

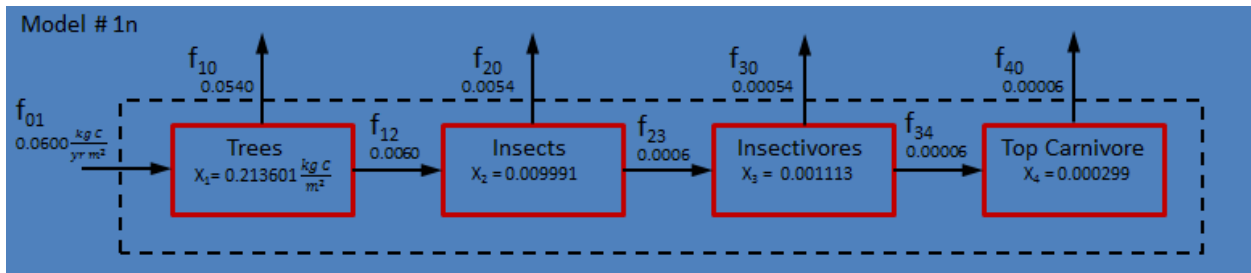
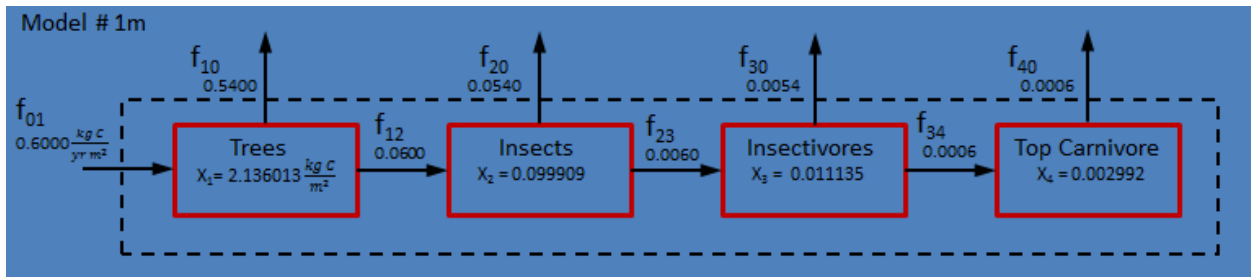
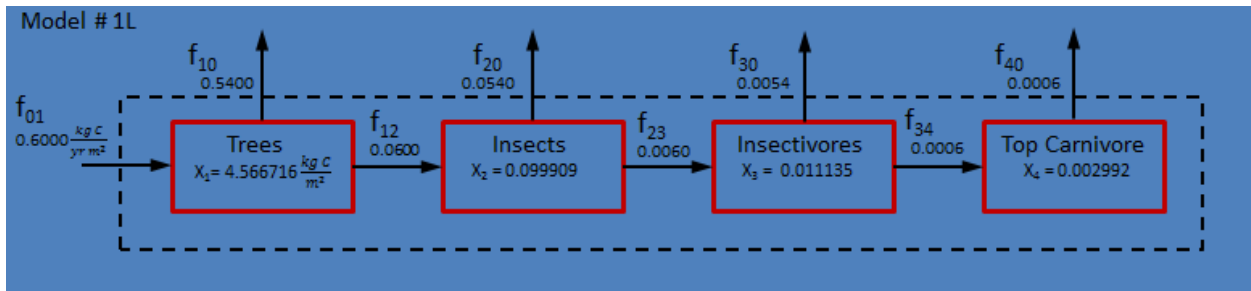
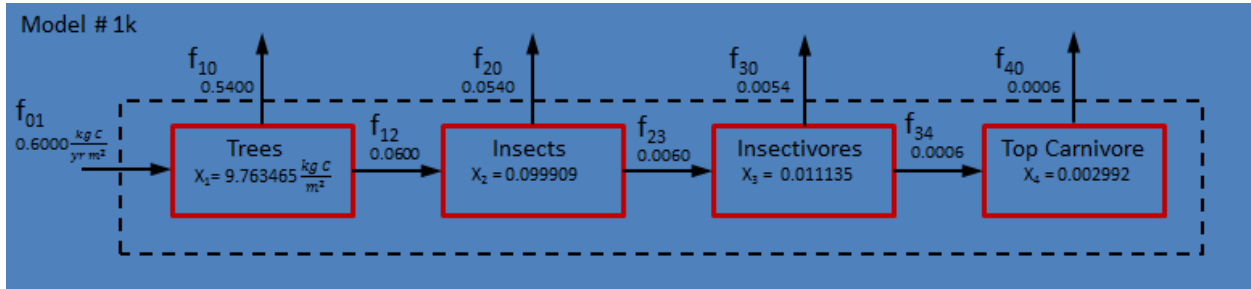
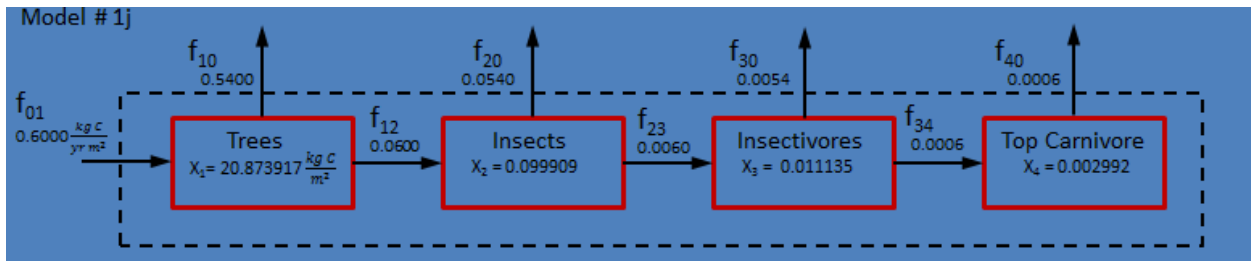
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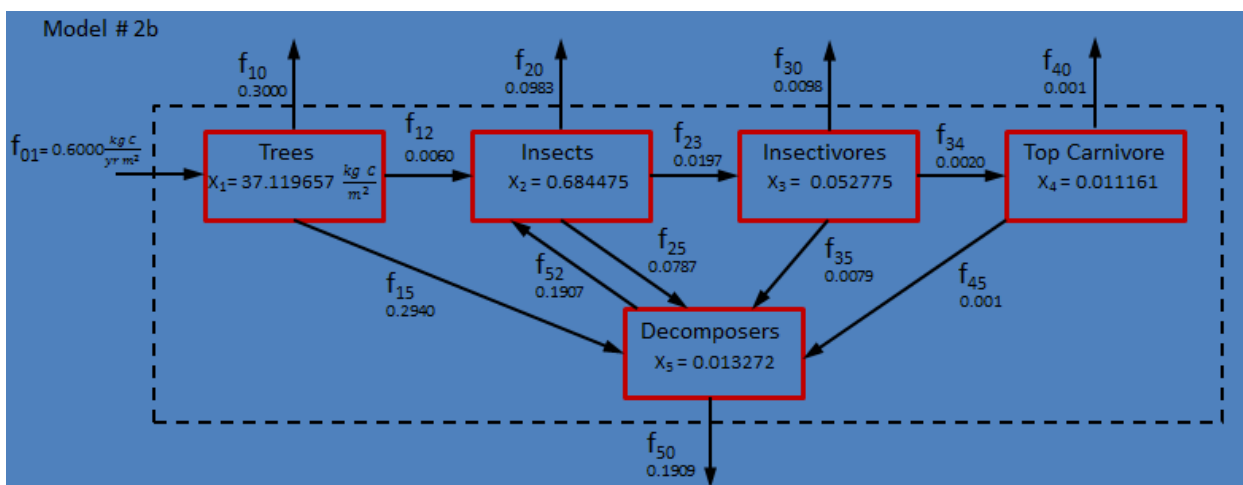
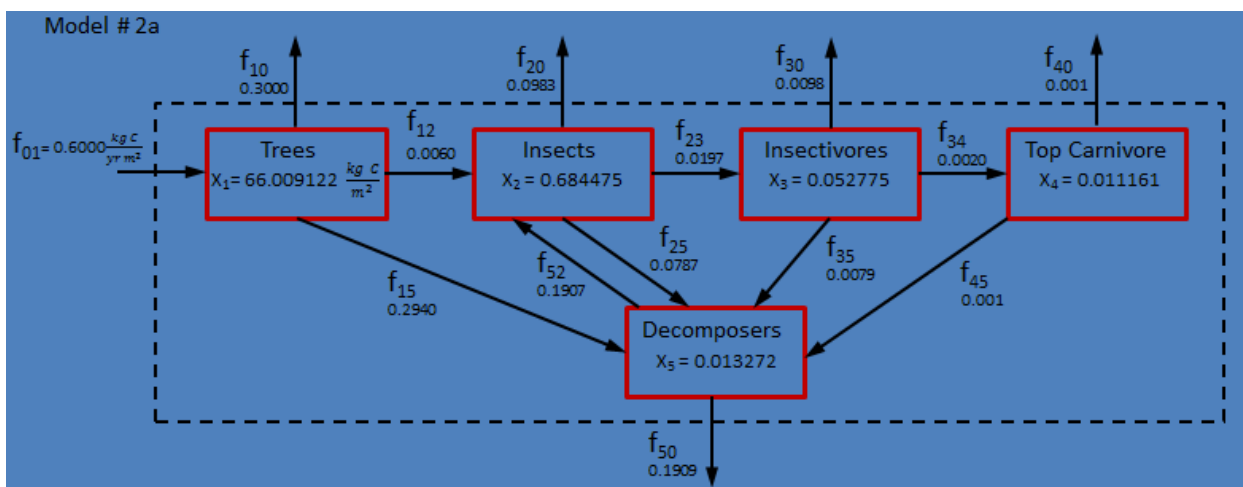
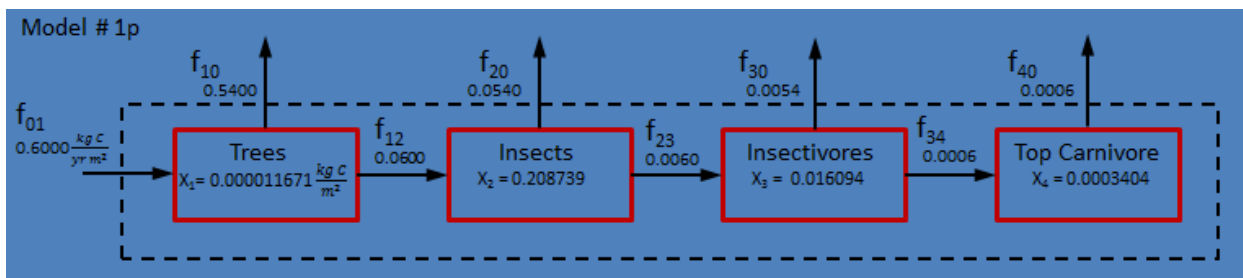
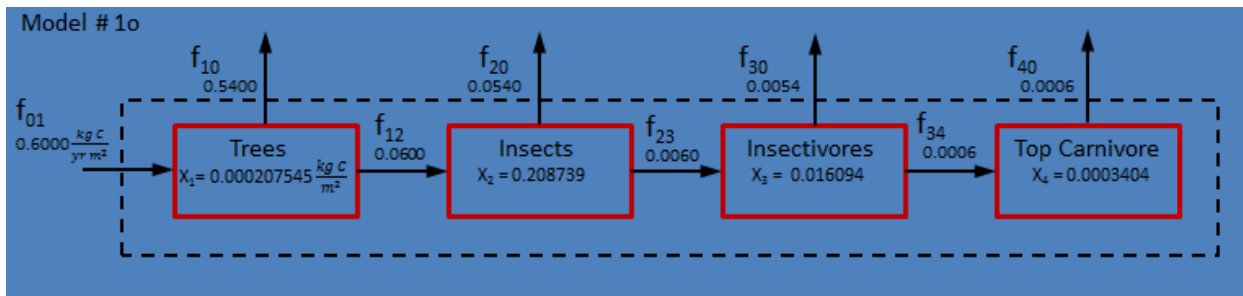
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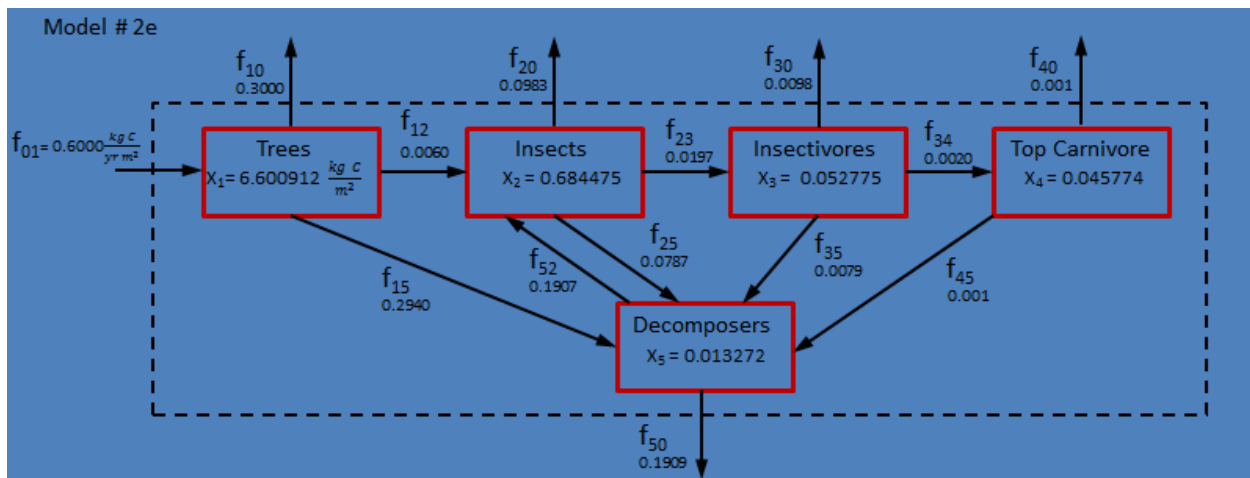
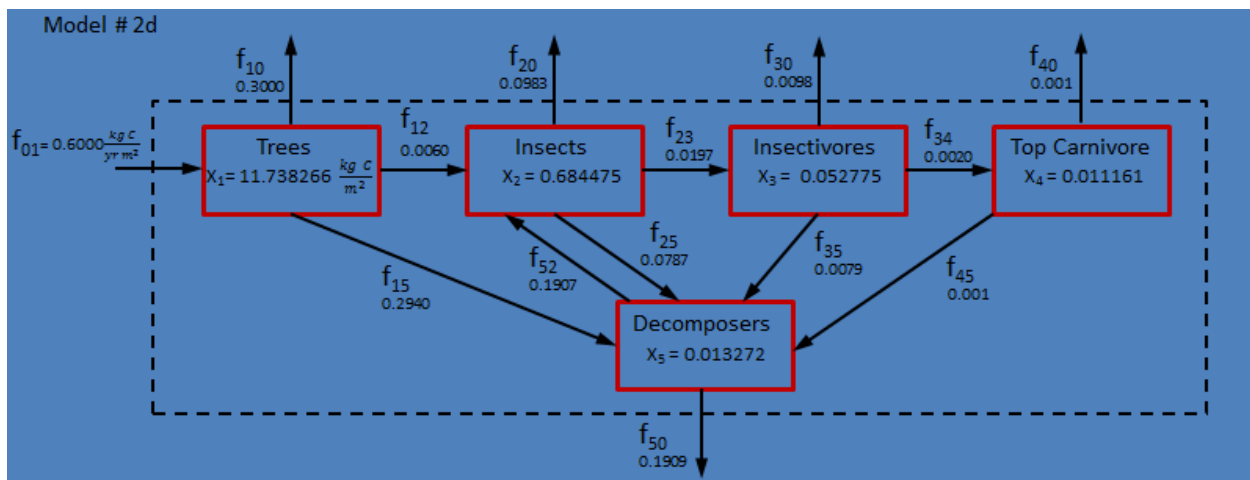
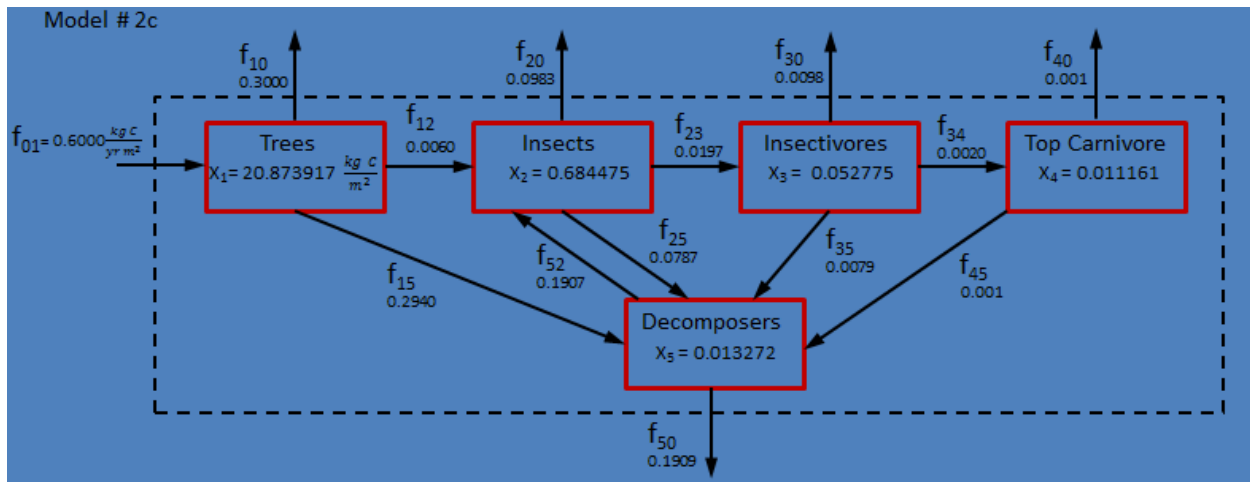
Figure S1. The 37 ecological steady-state (inputs equal outputs) carbon flow models we constructed for numerical evaluation. In each trophic compartment (red box) is shown the ecological functional group (e.g., trees, insects, top carnivore) and total compartment biomass X_i (kg C/m^2). Black arrows in and out of compartments represent carbon flows in and out, respectively. The incoming flow on the left of the system (f_{01}) is GPP (kg C/yr m^2) and all outgoing flows f_{i0} represent respiration (kg C/yr m^2). Dotted line represents the system boundary. See Table S1 for summary data for each model, and Materials and Methods for details of model calculations.

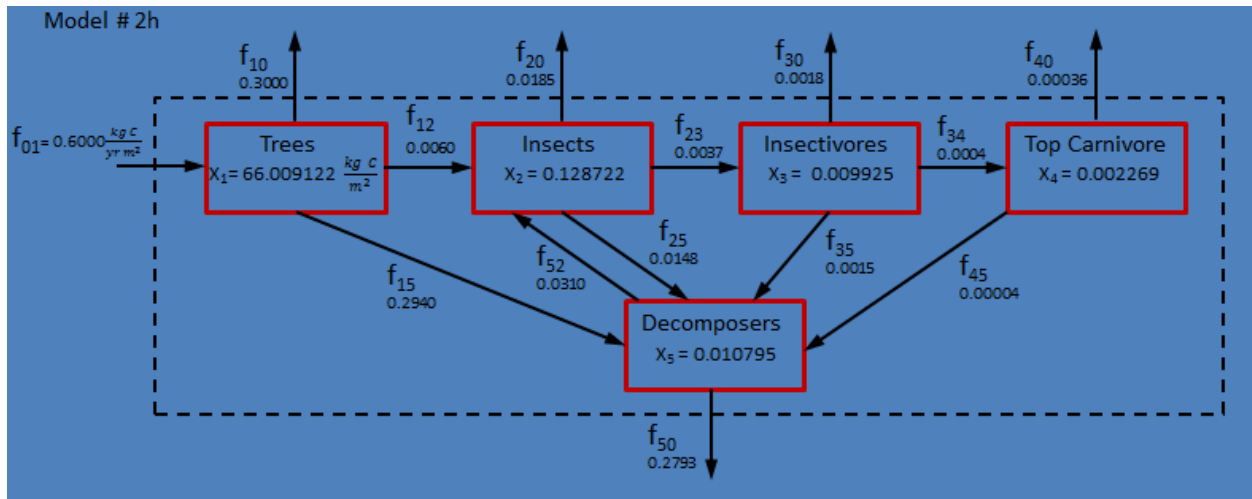
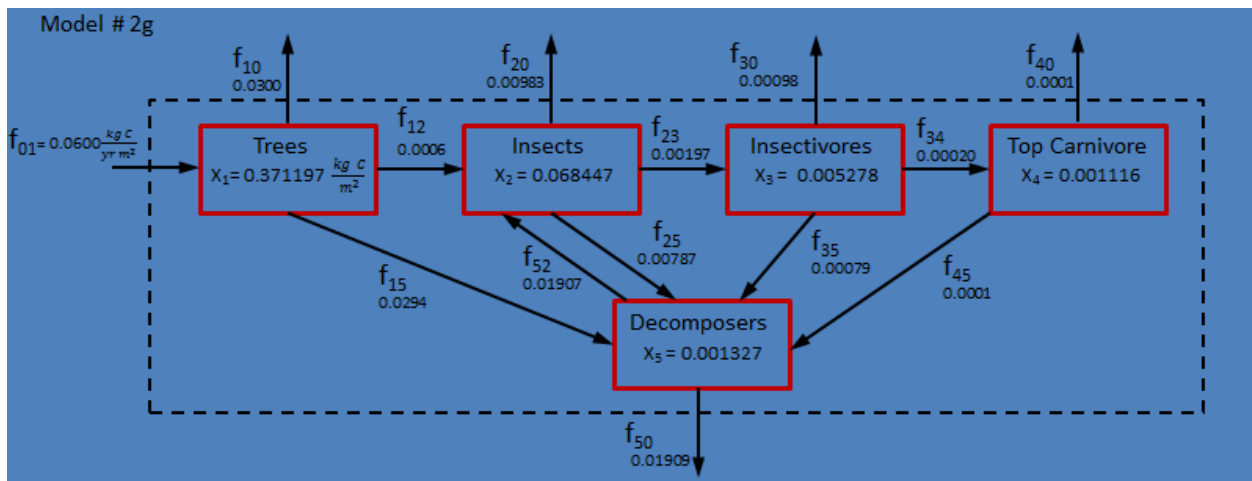
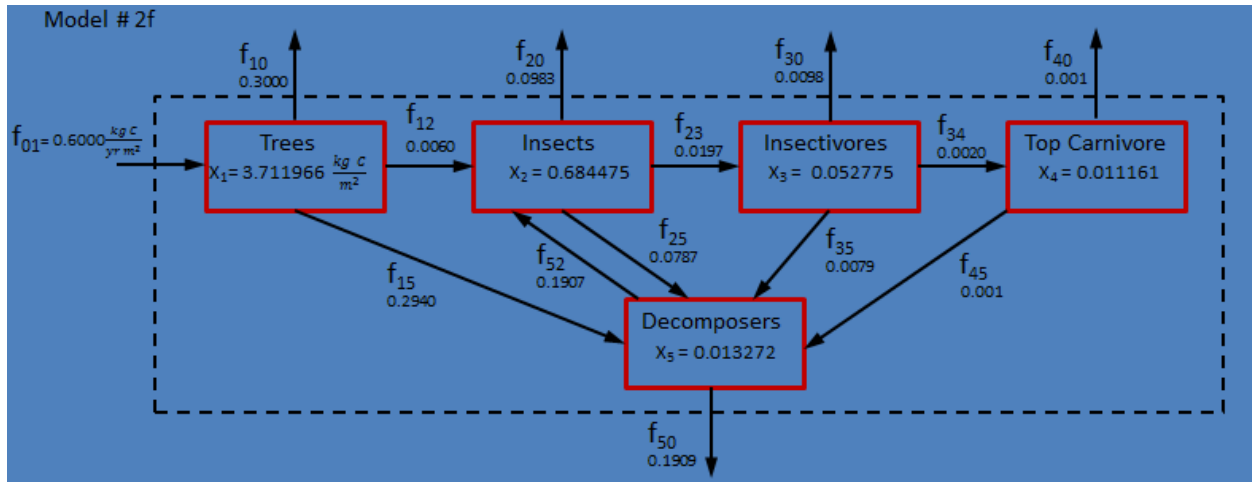


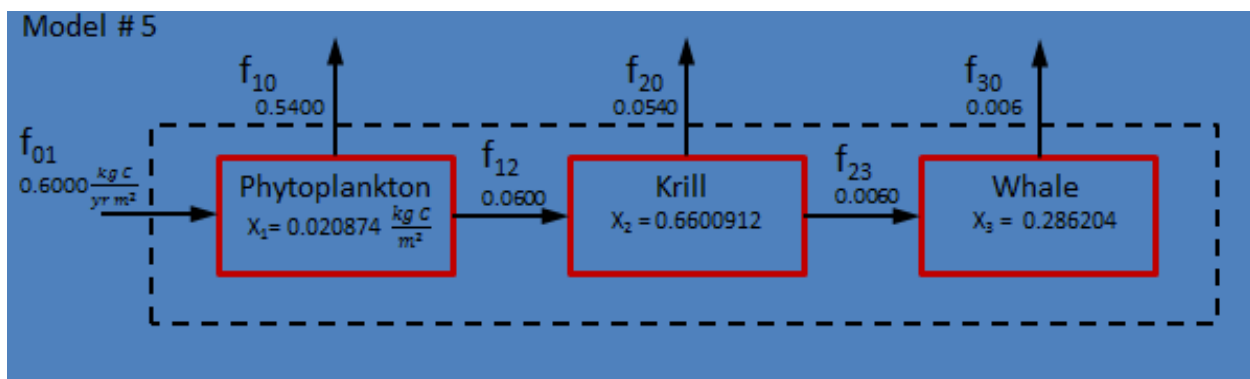
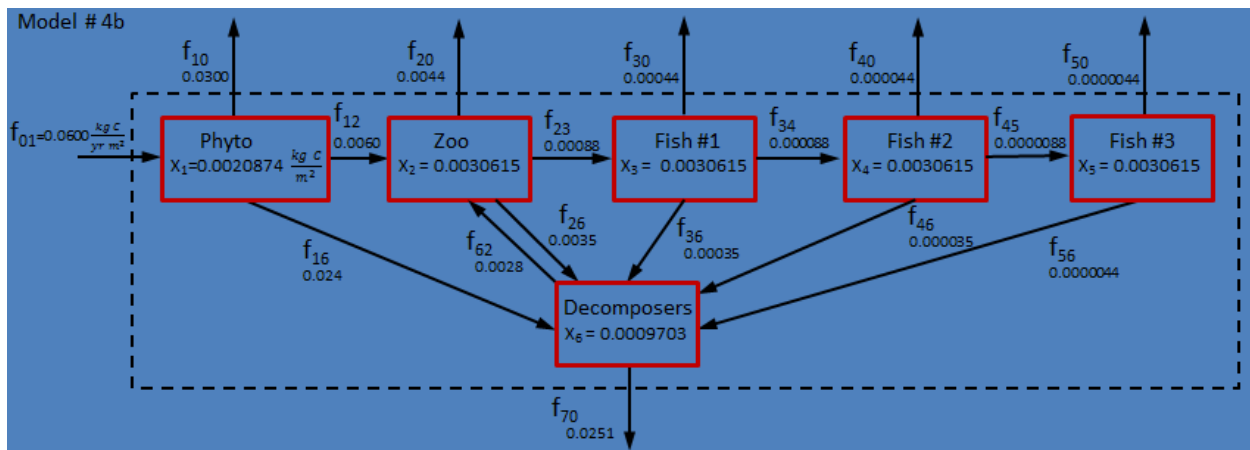
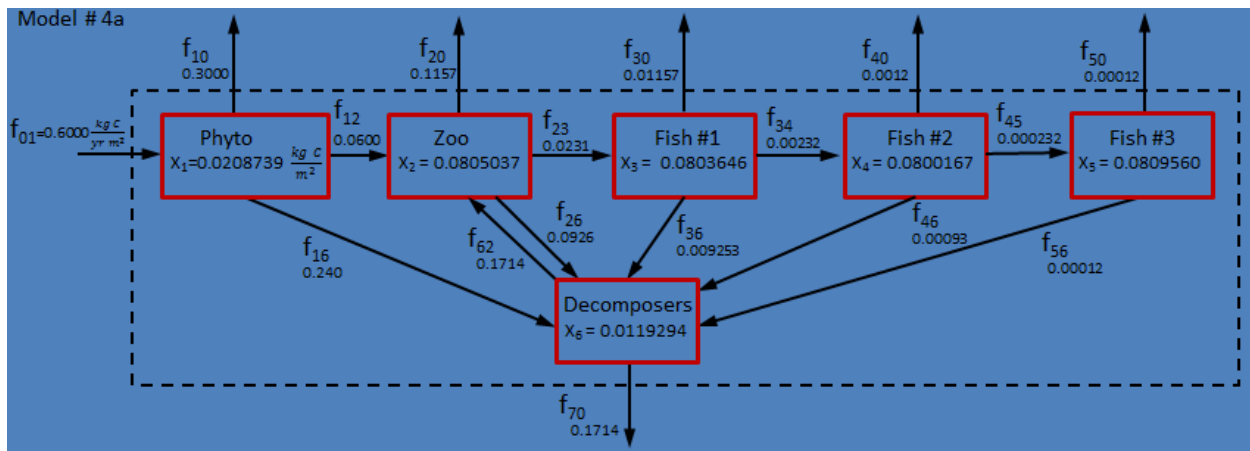
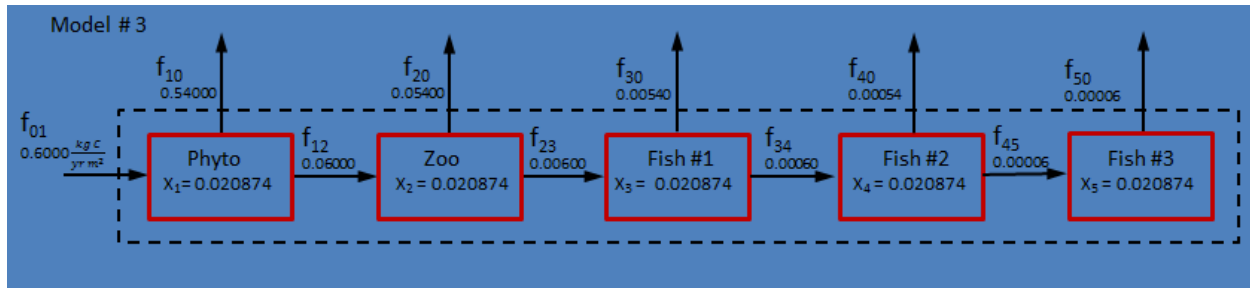




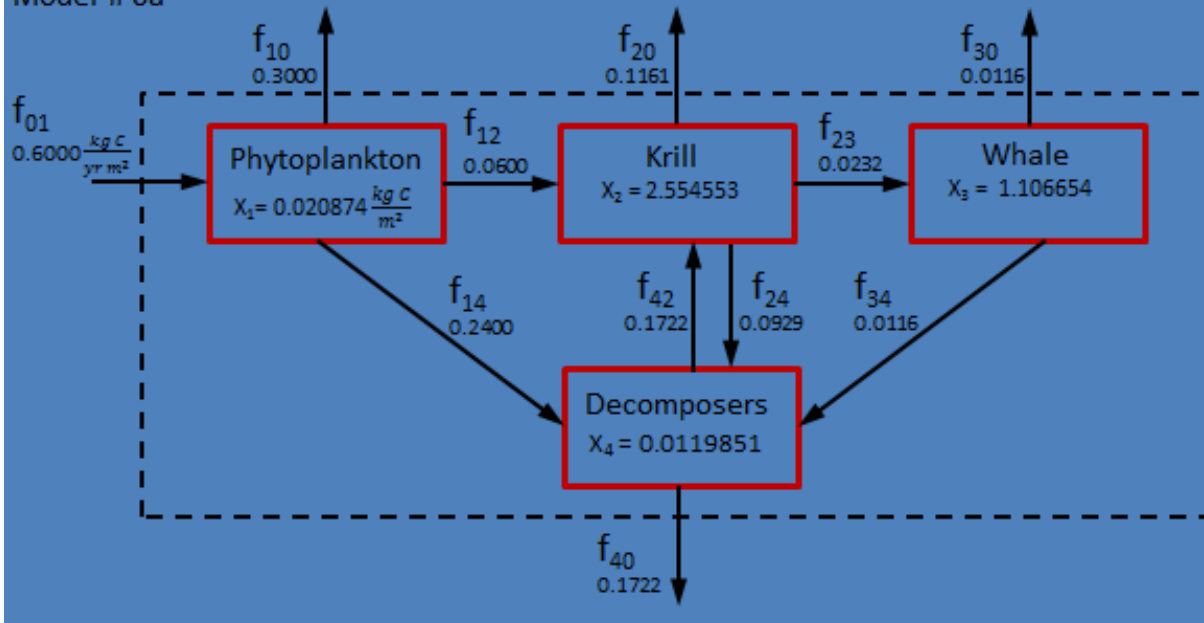








Model # 6a



Model # 6b

