

A METHOD OF DISTRIBUTING BETA-RADIATION TO THE RETICULO-ENDOTHELIAL SYSTEM AND ADJACENT TISSUES¹

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In this study, an attempt has been made to measure the accumulation and retention of radioactive particulate matter by macrophages, and to determine the effects of various levels of β -radiation from phosphorus upon these cells and the tissues intimately associated with them. Quantitative studies of phagocytosis (1 to 4), and phagocytosis of radioactive material have received some attention (5 to 11), but as far as we are aware, this study is the first in which a substance emitting only β -radiation has been distributed to the reticulo-endothelial system and its effects noted. Recently, radio-bromine has been used in synthesizing radioactive di-brom trypan blue and the distribution of this compound studied after injection into rabbits and mice (5, 7).

PREPARATION OF RADIOACTIVE CHROMIC PHOSPHATE

Anhydrous chromic phosphate has been used in this study because of its inertness and apparent lack of toxic effect; it is easily prepared in a fine and even suspension of particles, $1\ \mu$ or less in diameter. Radioactive phosphorus (P^{32}) was obtained as a solution of di-sodium phosphate with non-radioactive phosphorus carrier. An equivalent amount of sodium bicarbonate and chromic nitrate solution in excess was added. The freshly precipitated salt was a crystalline hydrate, readily soluble in hot water, acids, or bases. This was centrifuged, washed, and re-centrifuged. After complete drying at 110°C ., the product was heated to 600°C . in the electric furnace. This final treatment resulted in a dark brown, amorphous powder, insoluble in strong acid or alkali, or in aqua regia. The product was transferred to a 50 ml. serum bottle, half filled with pyrex beads. A suitable quantity of isotonic glucose solution was added (1 to 2 ml. per 100 mgm.) and the bottle autoclaved. Rotation of the bottle in a mill for 12 hours, at a speed which allowed the beads to cascade down the sides, resulted in a preparation

suitable for intravenous administration. The final product has the appearance of thin clay mud.

Another method of preparing the chromic phosphate has been used recently; it gave better precipitation of the phosphorus: Every volume of 0.1 N Na_2HPO_4 was mixed with one volume of 0.5 N $\text{Cr}(\text{NO}_3)_3$ and one-third volume of 1.0 N NaAc . The crystalline hydrate obtained was treated as above.

EXPERIMENT I

Two groups of mice were used to obtain information regarding the uptake and retention of chromic phosphate and the effects of its β -radiation.

In *Group A*, 12 female Swiss mice received varying doses of radioactive chromic phosphate via the tail vein, and were allowed varying survival periods (Table I).

In *Group B*, 16 female Swiss mice, divided into 4 groups, were injected through the tail vein with 3.4 mgm. of chromic phosphate, suspended in 0.25 ml. of isotonic glucose. All of the animals received the same weight of salt, but the samples were so prepared that the radioactivity in each sample varied. Thus, Group 1 received 70.8 microcuries per mouse; Group 2, 39.4 microcuries; Group 3, 18.2 microcuries; and Group 4, 4.25 microcuries. Two animals from each group were sacrificed after 3 days and the remainder after 5 days, with 2 control animals for each period.

Samples of spleen, liver, and lung were taken from mice 6 to 12 (Table I) for radioactive and histologic examination while in mice 1 to 5, only the liver was examined radioactively. Tissue samples of 20 to 150 mgm. wet weight were taken for radiologic analysis on a β -sensitive Geiger counter tube and the Lauritsen electroscope (14). Results listed in Table I were calculated as percentage of the dose recovered in each tissue; for comparing the activity in different organs, percentage of recovery per gram is also given.

There are several difficulties attending the conversion of internal β -radiation to comparable roentgen (r) values. A large block of tissue, in which one microcurie of radioactive phosphorus is distributed uniformly in each gram of tissue, absorbs 3,550 ergs per gram of tissue per day. This is equivalent to 42 r of x-rays (12). From a given source in an aqueous media, about 48 per cent of β -radiations of P^{32} are absorbed in each 0.1 cm. distance traversed.² Since the mouse liver and spleen are only 0.2

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²From P^{32} β -ray absorption curves with aluminum (13).

TABLE I
Group A—12 mice receiving varying doses of radioactive chromic phosphate

Animal number	Body weight	Duration of experiment	Final body weight	Chromic phosphate			Liver			Spleen			Lung			
				Volume of dose			Uptake per gram of tissue	Uptake whole organ	Total r† accumulated	Uptake per gram of tissue	Uptake whole organ	Total r† accumulated	Uptake per gram of tissue	Uptake whole organ	Total r† accumulated	
	grams		grams	ml.	mgm.	microcuries*	per cent	per cent		per cent	per cent		per cent	per cent		
1		24 hours		0.10	0.26	3.75	99									
2	18.0	24 hours	18.0	0.10	0.26	3.75	72									
3	21.5	24 hours	21.5	0.10	0.26	3.75	140									
4	24.0	24 hours	24.0	0.10	0.26	3.75	63									
5	23.0	108 hours	23.0	0.50	1.3	18.8	83									
6	20.5	30 days	20.0	0.50	1.3	18.8	90	81	4,270	49	4.3	1,140	15.7	2.6		88
7	20.5	10 days	16.0	0.50	20.0	230	78	59	39,800	50**	4.9	9,650	6.3	0.63	1,470	
8	20.0	15 days	19.0	0.25	10	115	57	65	20,800	54**	6.2	9,000	9.0	1.4	1,500	
9	21.5	15 days	21.0	0.25	10	115	61	77	22,200	58**	7.0	9,300	8.0	1.9	1,330	
10	20.5	5 days	20.0	0.25	10	265	70	69	24,500	98**	11.7	15,800	7.2	1.3	2,070	
11	24.0	23 days†	18.0	0.25	10	265	70	67	52,300	60**	13.1	20,200	12.1	2.7	3,950	
12	22.5	23 days†	17.0	0.25	10	265	77	72	57,500	50**	14.7	17,000	33.5	6.6	11,300	

* Microcuries with uranium X₂ standard = 3.7×10^4 primary β -particles per second.

** Based on an estimated normal spleen weight of 120 mgm.; observed weight, 7 to 13 mgm.

† Died.

‡ In β -radiation (see text).

to 0.6 cm. thick, an appreciable and varying portion of the β -rays will be absorbed outside the liver and spleen. A graphic model of the liver elliptically shaped (2.9, 2.6 cm. diameters) and 0.60 cm. thick in the middle tapered to the edge, gave an average distance of 0.2 cm. traversed by β -particles of internally produced β -radiation. The thin periphery of the liver and the spleen will absorb less (20 to 50 per cent). Near the center of the liver, the energy absorbed will be close to 90 per cent or 38 r per microcurie per gram of tissue per day (Figure 1). The liver on the average will receive $42 \times 0.73 = 30.7$ r per microcurie per gram of tissue per day. Estimation of the spleen is more difficult because of its variation in size and also in position with respect to the liver. A conservative estimate for the spleen and lungs is 30 to 50 per cent self-absorption. The r values in Table I and in the text are based upon the constants: 30.7 r per microcurie of P³² per gram of liver per day and 17 r for the lungs and spleen. The values in Table I are corrected for the decay of P³² and are accumulated to the termination of each observation.

Results

None of the mice used in these 2 groups showed untoward symptoms during or after injection. Quantitative measurements of the uptake of the suspension agreed substantially with those obtained by other workers on similar problems (1, 2, 9). The bulk of the material was found in the liver, with similar quantities per gram of tissue in the spleen. The lungs showed a smaller uptake than these organs. Considerably more chromic phosphate is found in the liver

than in the similar case of azo-dye administration (7). In the case of one mouse, allowed to survive 30 days after injection, 81 per cent of the dose administered was retained in the liver.

Livers examined macroscopically always showed varying degrees of color change, depending upon the amount of material administered. The opaque, mud-colored livers are evidence of their chromic phosphate content. Histologic examination of the liver revealed that almost all of its chromic phosphate content could be accounted for in the endothelial cells of the sinusoids. Rarely, a few granules were seen within the hepatic cells. Except for an occasional macrophage showing nuclear pyknosis, none of the cells, even when heavily laden with the chromic phosphate, appeared to be injured. The spleen, on the other hand, showed a reaction in keeping with the known high radiosensitivity of lymphoid tissue. In the animals of Group B, splenic weights were found at necropsy to vary inversely as the total dose of radiation administered. In animals 6 to 12 of Group A (Table I), which had received a considerably higher dosage, the spleens were reduced almost to a connective tissue framework and macrophages.³ As in the liver, the radioactivity found

³ A 4.5 kilogram rabbit was given 4 ml. of chromic phosphate suspension (total dose 800 microcuries and 60

in the spleen could be accounted for by the chromic phosphate granules in individual and fused macrophages. Except for the presence of sparsely distributed macrophages bearing chromic phosphate particles, the lungs appeared normal, there being no evidence of parenchymal damage due to the β -radiation.

All animals which received doses greater than 20 microcuries showed an 80 to 95 per cent decrease in spleen size by the fifth day. The general loss of weight of *Group A* animals 7 to 12 is noted in Table I. Animals in this series receiving more than 100 microcuries incurred a 25 per cent weight loss.

EXPERIMENT II

Five female mice, *Group C*, weight 20 to 23 grams, were injected with a tracer dose of chromic phosphate of 1 mgm. in weight. These mice were sacrificed at 5 days and the various tissues were assayed for radioactivity as in Experiment I (Table II).

A female dog, weight 8.5 kgm., was given a comparable dose of 30 microcuries and 85 mgm. of CrPO_4 . The dog was sacrificed at the end of 4 days. Liver, spleen, lungs, red bone marrow, lymph nodes, and pituitary were removed whole, weighed, and ashed at 500° C. Results are tabulated in Table III.

Results

In the dog and mice, as much as 90 per cent of the total injected chromic phosphate suspension can be recovered from the liver in 4 to 5 days. In both animals, the liver, lungs, and spleen account for the major part (95 to 98 per cent) of the total injected material. An almost

mgm. of chromic phosphate). After 30 days the spleen was examined at biopsy; at that time it was 5 cm. wide and 10 cm. long. By 60 days, no changes in body weight had occurred; there were no macroscopic changes in any abdominal or thoracic viscera, except the spleen. Of the spleen, there remained only a small pencil-shaped sac filled with a little fluid and chromic phosphate.

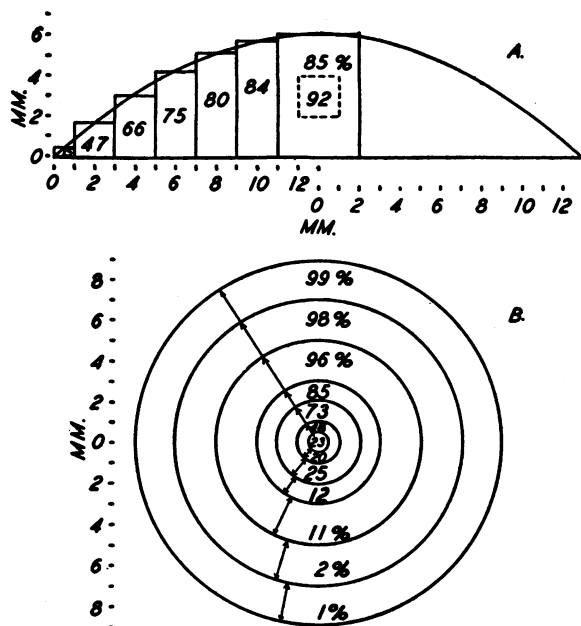


FIG. 1

A. CROSS-SECTION OF WHOLE MOUSE LIVER (WEIGHT 1.1 GRAMS) RESTING ON A FLAT SURFACE

The segments are labeled according to the average percentage of radiation absorption by the whole liver of β -rays originating in that segment.

B. THE CONCENTRIC RINGS ARE THE EXPECTED ABSORPTION OF THE β -RAYS AT VARIOUS RADII FROM A POINT SOURCE

Consider the center of "B" to occur anywhere in "A" and that both have solid dimensions. In the 85 per cent volume in "A," the average of all possible point sources of radiation will travel so that 85 per cent will be absorbed in the liver. It can be determined directly from the diagram that if the "B" is superimposed upon "A" so that the centers of each coincide, then 92 per cent of the effective absorption area of "B" will be covered by "A" (see dotted area in center of "A").

negligible amount is distributed in the other tissues.

In comparison to *Group A*, Table I, there may

TABLE II
Group C—Percentage of recovery of CrPO₄ per gram of tissue 5 days after 1 mgm. dose of CrPO₄

Whole liver	Liver	Lung	Spleen	Femur	Lymph nodes	Thymus	Kidney	Salivary gland	Skin and subcutaneous C.T.	Blood	Muscle	Intestine
81	83	37	32	3.3	1.1	1.1	1.0	0.80	0.7	0.11	0.1	
85	90	15	49	2.3	0.6		0.7				0.02	
90	99	26	50	3.0	0.4		0.8		0.6	0.1		1.0
91	89	29	45	2.7	0.5		0.5		0.9	0.1		
89	92	30	47	1.5	1.0		0.9					

TABLE III
 Recovery of CrPO_4 in an 8.5 kgm. dog, female; dose 85 mgm.
 and 30 microcuries of CrPO_4

Organ	Recovery per 100 grams of tissue	Recovery per whole organ
	<i>per cent</i>	<i>per cent</i>
Liver	29.1	90.2
Spleen	18.4	6.3
Lungs	1.0	1.6
Red bone marrow	0.35	} 98.1
Lymph nodes	0.45	
Pituitary	0.26	
All others		
		} 1.9

be some reason for expecting the phagocytic efficiency of the liver to be decreased with the larger dosages of chromic phosphate. The percentage of recovery of a dose of 10 mgm. or greater per mouse is lower than that observed with doses of 1 mgm. per mouse. This might have been a result of partial blockage of the liver endothelial cells. It is also possible that the greater concentration of the chromic phosphate suspension given to *Group A* animals 7 to 12 may have resulted in a different particular aggregation pattern of the chromic phosphate when injected into the blood stream.

EXPERIMENT III

Two more groups of mice were employed in order to obtain information regarding (1) the effects of high levels of β -radiation, over longer periods of time, and (2) the effects of prolonged retention of large amounts of inert chromic phosphate in the body. In *Group D*, comprising 24 female "A" strain mice, weight 25 to 27 grams, 10 animals were injected intravenously with 9.0 mgm. of radioactive chromic phosphate (300 microcuries), 6 with 3.6 mgm. (120 microcuries), 5 with 1.8 mgm. (60 microcuries), and 3 served as controls. All animals were sacrificed at the end of 3 months. In *Group E* "A" strain male mice, weight 19 to 23 grams, 12 mice received intravenously 20 mgm. of inert (non-radioactive) chromic phosphate and 11 others received 13 mgm. Fifteen untreated animals served as controls. Three mice on each level and 3 controls were sacrificed at the end of 3, 7, and 12 months.

Results

All but 2 of the animals of *Group D* appeared in good condition at the end of 3 months. Growth had continued and the mice appeared normal in every respect. Radioactive analyses were not made, but it was estimated on the basis of data obtained from Experiment I that the

mice in *Group D* on the highest dosage received a minimum of 81,000 r in the liver and spleen and 12,000 r in the lungs. These organs in the mice on the 2 lower dosages of radioactive material received proportionately less irradiation. Since the half-life of the P^{32} used in preparing the chromic phosphate was approximately 14.5 days, only about 1 per cent of the activity could be expected to remain after 3 months.

Histologic examination of the liver revealed that in the 10 animals which had received 300 microcuries in 9.0 mgm., much of the chromic phosphate had been retained in the Kupffer cells. In the animals of the 1.8 mgm. dose, little or no chromic phosphate could be detected. In all but 2 animals of the 2 groups, the livers appeared normal except for the phagocytized material. These 2 mice which had received the high radioactive dosage showed a yellow tingeing of the skin suggestive of liver damage, and at the end of the experiment, their weights were significantly less than the group average. Necropsy revealed large livers which, on histologic section, were diagnosed as hepatomata. No metastases were found. In several thousand autopsies of mice of this strain, this type of tumor had not previously been encountered.

The spleen of all the animals in *Group D* (3 months after injection) appeared normal in size and weight, and on microscopic section, it was found that complete restoration to normal organization had occurred after the destructive effects of the radiation had disappeared. The lungs of all animals but one were of normal appearance. The right lung of this animal was capped at the apex by a firm white nodule which, on microscopic examination, was diagnosed as a bronchiogenic carcinoma. No other evidence of neoplasm was found in this animal, and since on 2 subsequent occasions, similar nodules have been found in normal mice, they probably have no relation to the radioactive material injected.

All of the animals of *Group E* which had received large quantities (13 had 20 mgm.) of inert chromic phosphate seemed normal in appearance, growth, weight, and activity. All of the mice when autopsied after 3, 7, and 12 months, respectively, showed chromic phosphate microscopically in the lungs, spleen, and particularly in the Kupffer cells of the liver. Here,

many of the cells had aggregated into clumps of from 5 to 20 cells in the sinusoids or in the connective tissue surrounding the larger vessels. Lymphoid infiltration was sometimes noted in these perivascular sites and was, in some instances, accompanied by moderate numbers of neutrophilic leukocytes. In one of the livers, areas of definite necrosis were observed, but these were small and replaced in part by connective tissue. Except for the widely scattered deposits of chromic phosphate which could be observed grossly as well as microscopically, the livers seemed to be essentially normal.

DISCUSSION

The information obtained on the uptake and retention of radioactive phosphorus in the form of an insoluble chromic salt differs strikingly from that gathered in studies on mice in which soluble radioactive phosphorus was given (14). In the latter work, the liver, kidney, and small intestine contained about 9 per cent per gram of tissue and other soft tissues ranged downward to 1 per cent per gram or less. In such cases, the initial activity was quickly dissipated by excretion and interchange with the phosphate stores in the animal. The high degree of retention of radioactive chromic phosphate and the tolerance of the animal to dosages as large as 1 mgm. per gram of body weight indicate that, except for the β -radiation, the radioactive chromic phosphate is inert. That this retention is partly, if not wholly, attributable to the insolubility of the form of chromic phosphate used seems to follow from the results obtained by Drinker *et al.* (1, 2). These workers believed that the varying degree of retention by the body of different suspensions studied by them was a reflection of their relative solubilities.

The finding of large amounts of the inert chromic phosphate in the spleens and livers of the mice 12 months after injection would suggest that this insoluble material is released slowly from the animal.⁴ That it may be released from certain dying or dead macrophages and be

⁴ Presence of minute traces of radioactivity in the bile, feces, and urine was detected in animals injected with chromic phosphate of high activity, thus indicating a very slow but continuous excretion via these pathways.

phagocytized again by other healthy ones seems likely. However, there is no evidence that it could be "leached out" of the reticulo-endothelial cells and used elsewhere or excreted as readily as when colloidal calcium phosphate is injected (3, 4).

No evidence was obtained of any serious damage caused to mice by the retention of the relatively enormous doses of non-radioactive chromic phosphate over a long period of time. In this respect, it can be best compared to carbon ingested by the pulmonary macrophages. The radioactive chromic phosphate, even in low doses, caused rapid involution of the lymphoid elements associated with the reticulo-endothelial cells bearing the radioactive granules, but, as far as could be determined, the liver and lung parenchymal cells escaped damage except in the 2 mice (Experiment III, *Group D*) receiving the highest dosage of radioactivity (300 microcuries). It is not unlikely that the radioactive chromic phosphate was responsible for these 2 tumors and further experiments are now in progress to decide this question.

There may be considerable variation in tolerance to β -radiation in mice. The 10 mice receiving 300 microcuries in Experiment III lived 3 months in relatively good condition, while mice 11 and 12, receiving 265, died in 23 days.

SUMMARY

Suspensions of anhydrous chromic phosphate were prepared from both radioactive and non-radioactive phosphorus. The average particle size was 1 micron, and the suspension in isotonic glucose was suitable for intravenous injection.

Chromic phosphate is inert and insoluble in the living tissues. Doses as large as 1 mgm. per gram of body weight are tolerated in mice.

Quantitative radioactive determinations of the uptake of intravenously injected radioactive chromic phosphate were made in the mouse and the dog. Approximately 90 per cent of the material was found in the liver. The bulk of the remaining portion was found in the spleen and in the lungs. This agreed with histologic findings.

The chromic phosphate is retained in the endothelial cells of mice for at least 1 year without detected decrement.

The pattern of phagocytosis of injected chromic phosphate particles brings about a concentration of β -radiation in the liver and spleen which is of the order of 100 times the concentration in other tissues, except in the lung tissue. In the mouse, however, about 27 per cent of the β -radiation originating in the liver and spleen is absorbed by adjacent tissues up to 0.60 cm. distance. In larger animals, where the shortest thickness of these organs is 1 cm., relatively little external loss will result.

The lymphoid tissue of the spleen was decidedly sensitive to the radioactive chromic phosphate. Mice that did not die from large doses of β -radiation showed rapid regeneration of the spleen.

Reticulo-endothelial cells, hepatic and pulmonary epithelium are able to withstand large doses of β -radiation. However, in 2 mice, primary hepatoma developed and this may have been due to the high dosage of β -radiation (a magnitude of an accumulation of 80,000 r in 20 days) in the liver.

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