Post Card Consent

NOV 02 2012

Date:

Valid for Use Through: COMIRB

Study Title: Complementary and Alternative Medicine (CAM) usage and Parkinson's

disease

Principal Investigator: Kristina Johnson

COMIRB No: 12-1375

Version Date: Version No:

You are being asked to be in this research study because you can give feedback on the types of Complementary and Alternative Medicine (CAM) therapies that Parkinson's disease patients are using to manage symptoms associated with Parkinson's disease.

If you join the study, you will be asked to fill out a survey both before and after the presentation.

This study is designed to learn more about the types of CAM therapies that Parkinson's disease patients are using to manage Parkinson's disease symptoms. Future Parkinson's disease and CAM therapy studies will be based on the information gathered from these surveys.

Every effort will be made to protect your privacy and confidentiality. No identifiers will be used in the survey - i.e. no names, date of birth or other identifying information will be collected in this survey.

You have a choice about being in this study. You do not have to be in this study if you do not want to be.

If you have questions, you can call Kristina Johnson at 303-905-2531. You can call and ask questions at any time.

You may have questions about your rights as someone in this study. If you have questions, you can call the COMIRB (the responsible Institutional Review Board). Their number is (303) 724-1055.

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CAM and Parkinson's disease
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Complementary and Alternative Medicine Survey

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Date	NOV 02 20	12
Survey ID	COMIRE COMIRE	September 1
Please complete the following information.		
1. Sex/Gender	☐ Male ☐ Female	
2. Race	 □ White □ African-American □ Hispanic □ Asian/Pacific Islander □ Native American 	
Please indicate the following in the space provided	•	
3. Number of years of education (e.g. 12 years = high school graduate, 16 years = college graduate, etc.)		
4. Household income		
5. Age at initial diagnosis of Parkinson's disease		
6. Number of years of Parkinson's disease symptoms		
7. How many medications are you using currently to treat Parkinson's disease symptoms?		
8. Please rate your current overall health	☐ Poor ☐ Fair ☐ Good ☐ Very good ☐ Excellent	
9. Have you used or do you currently use Complementary and Alternative Medicine (CAM) therapies to treat Parkinson's disease (PD) symptoms?	☐ Yes ☐ No	
10. If you use CAM therapies, is your physician aware that you use these therapies?	☐ Yes ☐ No ☐ Yes for some therapies, and No for some therapies ☐ N/A	
11. If you share some CAM therapies with your physician, but not others, please indicate the CAM therapies that your physician does NOT know about		

How often do you use the following CAM therapies?

Natural Products		,			
	Never	Daily	Weekly	Monthly	Yearly
Vitamin E					
Co-Q10					
Fava beans					
Mucuna			口		
Multi-vitamin					
Other vitamins/nutritional supplements					
Other herbal supplements					
Medical marijuana					
	and the state of t				****
Mind/Body Medicine					
	Never	Daily	Weekly	Monthly	Yearly
Acupuncture and acupressure					
Tai Chi					
Meditation/mindfulness					
Yoga					
Hypnotherapy					
Qi Gong					
Relaxation techniques					
Imagery/visualization					П
Biofeedback					
Manipulative and Body-Base	ed Practice	Metallica (Metallica) (Metalli			
	Never	Daily	Weekly	Monthly	Yearly
Massage therapy					
Chiropractic techniques		The same of the sa			. 🔲
Reflexology					
Physical therapy					
Whole Medical Systems	<u></u>				
Aruveda	Never	Daily	Weekly	Monthly	Yearly
TCM - Traditional Chinese Medicine					

Other Therapies					
Diet Exercise Prayer Energy healing (Reiki, Healing Touch)	Never	Daily	Weekly	Monthly	Yearly
Homeopathy Spiritual healing Cognitive behavioral therapy Music therapy Art therapy Chelation Colonic hydrotherapy IV therapies Ionic foot baths					
Additional therapies Other: Other: Other: Other:	Never	Daily	Weekiy	Monthly	Yearly

If you use CAM therapies for PD, have you noticed improvement in your symptoms, and if so how much?

RD & O May X P					
Natural Products					
	N/A	Greatly improved	Some improvement	No improvement	Worsening or side effects
Vitamin E					
Co-Q10					
Fava beans					
Mucuna					
Multi-vitamin					
Other vitamins/nutritional supplements					
Other herbal supplements					
Medical marijuana					
Mind/Body Medicine		·			
	N/A	Greatly improved	Some improvement	No improvement	Worsening or side effects
Acupuncture or acupressure					
Tai Chi					
Meditation/mindfulness					
Yoga				***************************************	
Hypnotherapy					
Qi Gong					
Relaxation techniques					
Imagery/visualization					
Biofeedback					
Manipulative and Body-Based Practice					
	N/A	Greatly improved	Some improvement	No improvement	Worsening or side effects
Massage therapy					
Chiropractic techniques					
Reflexology					
Physical therapy					

Whole Medical Systems					
	N/A	Greatly improved	Some improvement	No improvement	Worsening or side effects
Aruveda					
TCM - Traditional Chinese Medicine					
Other Therapies					
	N/A	Greatly improved	Some improvement	No improvement	Worsening or side effects
Diet					
Exercise					
Prayer					
Energy healing (Reiki, Healing Touch)					
Homeopathy					
Spiritual healing					
Cognitive behavioral therapy					
Music therapy					
Art therapy					
Chelation					
Colonic hydrotherapy					
IV therapies					
Ionic foot baths					
Additional therapies				And the second s	
	N/A	Greatly improved	Some improvement	No improvement	Worsening or side effects
Other:					

If you use CAM therapies for PD, which of the following have improved? (Mark all that apply.)

Natural Products				**************************************		Academic		
	Quality of life	Mood	Sleep	Energy	Motor symptoms (e.g. tremor, slowness,	Other		
Vitamin E		О			stiffness)			
CO-Q10								
Fava Beans								
Mucuna								
Multi-vitamin								
Other vitamins/nutritional supplements								
Other herbal supplements								
Medical marijuana								
Mind/Body Medicine								
	Quality of life	Mood	Sleep	Energy	Motor symptoms (e.g. tremor, slowness,	Other		
Acupuncture or acupressure	П			П	stiffness)			
Tai Chi								
Meditation/mindfulness								
Yoga								
Hypnotherapy								
Qi Gong								
Relaxation techniques								
Imagery/visualization								
Biofeedback								
Manipulative and Body-Based Practice								
	Quality of life	Mood	Sleep	Energy	Motor symptoms (e.g. tremor, slowness,	Other		
Massage therapy					stiffness)			
Chiropractic techniques								
Reflexology								
Physical therapy								

Whole Medical Systems						
	Quality of life	Mood	Sleep	Energy	Motor symptoms (e.g. tremor,	Other
Aruveda TCM - Traditional Chinese Medicine	<u> </u>				slowness, stiffness)	
Other Therapies				-		ere de la companya d
	Quality of life	Mood	Sleep	Energy	Motor symptoms (e.g. tremor, slowness, stiffness)	Other
Diet						
Exercise				. 🗆		
Prayer						
Energy healing (Reiki, Healing Touch)						
Homeopathy						
Spiritual healing						
Cognitive behavioral therapy						
Music therapy						
Art therapy						
Chelation						
Colonic hydrotherapy						
IV therapies						
Ionic foot baths						
Additional therapies not p	reviously men	tioned			A shake of the first area from the same from	
	Quality of life	Mood	Sleep	Energy	Motor symptoms (e.g. tremor, slowness,	Other
Other:					stiffness)	
Other:						
Other:						
Other:						
12. If you checked other in any c specify.	ategory, please					