

- Phototherapy is a treatment for many dermatologic conditions such as psoriasis, atopic dermatitis, and mycosis fungoides.
- Some patients find in-office phototherapy to be inconvenient or inaccessible, which may exclude the use of phototherapy from the dermatologist's treatment arsenal in these patients.
- Commercial tanning beds could be used as a more convenient alternative to in-office phototherapy for patients who would otherwise have no access to phototherapy as a treatment option.
- This review demonstrates that commercial tanning beds have the potential to be effective in the treatment of psoriasis, acne, atopic dermatitis, hand eczema, mycosis fungoides, vitiligo, and pruritus.

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