Supplementary Figure 1. related to Table 1. Iron parameters in mice fed the different iron diets, measured at ZT10. A) Non-heme iron measurement in the liver (n=8); transcript levels of B) transferrin receptor 1 (n-6), C) hepcidin at ZT14 (n=6), and D) ferritin (n=6). (*p .05 compared to HN or 350mg/kg diet).



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Supplementary Figure 2. related to Figure 1. Circadian insulin and food intake in mice fed the different iron diets.. A) *Ad libitum* serum insulin (n=3-6, *p=.05, LN vs HN p=.04, LN vs H p=.04, HN vs H p=.77). B) Feeding behavior as measured by electronic scale in the Comprehensive Laboratory Animal Monitoring System (CLAMS; Columbus Instruments, Columbus, OH; N=6-8).



Supplementary Figure 3. related to Figure 2 .Assessment of Rev-Erbαand NCOR abundance at ZT14. A) Rev-Erb alpha blot B) quantification (n=4, ZT14) C) NCOR blot and quantification. C) NCOR blot D) quantification (n=5). Transcripts of E) Rev-Erbα and F) NCOR (n=5-6)



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Supplementary Figure 4. related to Figure 3. Hepatic iron and heme oxygenase mRNA in mice fed the different iron diets. A) ZT0 heme measured by HPLC (p=.3236); B) ZT0 heme B as measured by Hemochromogen pyridine (p=.6361); C) Hmox-1 transcript levels as normalized by RPL13 and cyclophilin B (ZT10 p=.0289, LN vs HN p=.3219, LN vs H p=.2193, HN vs H p=.0137; ZT14 p=.0018, LN vs HN p=.00237, LN vs H p=.0021, HN vs H p=.537; ZT18 p .0001, LN vs HN p=.0031, LN vs H p=.0002, HN vs H p=.0012). Heme B in D) ALA (n=5-8) and E) INH treated groups vs control (n=4-9)



Supplementary Figure 5. related to Figure 5. Regulation of hepatic gluconeogenesis and heme at ZT12 with $.05\mu$ M hemin supplement to the LN diet A) AUCg for a PTT on mice fed LN or LN+Hemin for 6 weeks(n=6, p=.013). B) Heme B as measured by pyridine hemochromagen assay (n=5-6, p=.021). C) PEPCK mRNA (n=6, p .001) and D) G6Pase mRNA normalized to RPL13 and CyB (n=6, p .001). *p .05, **p .01, and ***p .001



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Supplementary Figure 6. related to Figure 5. Circadian expression of gluconeogenic genes in HepG2 cells. A) Circadian expression of PEPCK and B) G6Pase in DXS shocked HepG2 cells (n=18) in control, FAC, and deferoxamine.



Supplementary Figure 7. related to Figure 7 Circadian expression of hepatic transcripts sensitive to oxidative stress in mice fed LN, HN, and H iron diet A) Superoxide dismutase 1 (SOD1) and B) Catalase (n=6)(*p .05, **p .01, and ***p .001)

