

eTable 3. Characteristics of included studies for the association between blood n-3 PUFA and risk of prostate cancer ¹

Study	Location	Follow-up (years)	Patient Characteristics				Study type	Exposure measurement	n-3 PUFA type	Exposure range	Study Quality
			Age (years) range or mean	Number of Participants	Number of Cases	Number of Controls					
Crowe et al. ³⁷ 2008	Eight European Countries	4.2	cases: 60.4 controls: 60.1	137,001	962	1,061	Nested case-control	Plasma PL quintile	ALA	Highest: 1.50% Reference: 0.09%	7
									EPA	Highest: 1.65% Reference: 0.48%	
									DHA	Highest: 4.97% Reference: 2.48%	
									DPA	Highest: 2.02% Reference: 0.71%	
Chavarro et al. ¹⁵ 2007	USA	13	40-84	14,916	476	476	Nested case-control	Whole blood quintile	ALA	Highest: 1.95% Reference: 0.24%	6
									EPA	Highest: 2.36% Reference: 1.28%	
									DHA	Highest: 3.37% Reference: 0.77%	
									DPA	Highest: 1.19% Reference: 0.77%	
Bassett ²⁷ 2013	Australia	8.9	27-80	17,045	464	1,717	Case-cohort	Plasma PL quintile	ALA	Highest: 0.25% Reference: 0.09%	6
									LC-n-3	Highest: 6.70% Reference: 3.66%	

										EPA	Highest: 1.67%		
											Reference: 0.59%		
										DHA	Highest: 5.34%		
											Reference: 2.75%		
										DPA	Highest: 1.59%		
											Reference: 0.98%		
										total n-3	Highest: 8.38%		
											Reference: 5.10%		
Männistö et al. ³⁰ 2003	Finland	5--8	50-69	290,406	198	198	Nested case-control	Serum quartile	ALA	Highest: 0.91%	6		
											Reference: 0.47%		
										DHA	Highest: 1.05%		
											Reference: 0.55%		
										EPA	Highest: 2.74%		
											Reference: 0.92%		
Harvei et al. ⁸ 1997	Norway	11.6	50	NR	141	141	Nested case-control	Serum quartile	ALA	Highest: 0.21%	7		
											Reference: 0.06%		
										EPA	Highest: 2.38%		
											Reference: 0.41%		
										DHA	Highest: 6.36%		
											Reference: 1.65%		
										DPA	Highest: 1.33%		
											Reference: 0.44%		
										total n-3	Highest: 9.07%		
											Reference: 5.23%		

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Park et al. ³⁶ 2009	USA	1.9	45-75	31,136	376	729	Nested case-control	Erythrocyte membrane quartile	ALA EPA DHA DPA total n-3	Highest: 0.80% Reference: 0.17% Highest: 0.88% Reference: 0.21% Highest: 8.73% Reference: 2.75% Highest: 2.15% Reference: 0.63% Highest: 11.77% Reference: 4.00%	8
Brasky et al ¹⁴ 2011	USA	7	55-84	18,882	1,658	1,803	Nested case-control	Serum PL quartile	ALA EPA DHA EPA+DHA	Highest: 0.20% Reference: 0.06% Highest: 0.84% Reference: 0.22% Highest: 3.58% Reference: 1.13% Highest: 4.38% Reference: 1.39%	8
Cheng et al. ³⁵ 2013	USA	7	45-69	18,314	641	1,398	Nested case-control	Serum PL quartile	ALA EPA DHA	Highest: 0.12% Reference: 0.05% Highest: 0.84% Reference: 0.22% Highest: 3.43%	8

Reference: 1.06%

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									DPA	Highest: 0.95%	
										Reference: 0.36%	
									total n-3	Highest: 4.80%	
										Reference: 3.53%	
Brasky et al. ³⁴ 2013	USA	6	>50	35,533	834	1,393	case-cohort	Plasma PL quartile	ALA	Highest: 0.19%	8
										Reference: 0.05%	
									EPA	Highest: 0.94%	
										Reference: 0.22%	
									DHA	Highest: 3.96%	
										Reference: 1.17%	
									DPA	Highest: 1.05%	
										Reference: 0.38%	
									LC-n-3	Highest: 5.76%	
										Reference: 1.84	

¹ EPA, eicosapentaenoic acid; DHA, docosahexaenoic acid; DPA, docosapentaenoic acid; ALA, alpha-linolenic acid; PL, phospholipid.