Loss-of-Function Mutations in CAST Cause Peeling Skin, Leukonychia, Acral Punctate Keratoses, Cheilitis, and Knuckle Pads

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Calpastatin is an endogenous specific inhibitor of calpain, a calcium-dependent cysteine protease. Here we show that loss-of-function mutations in calpastatin (*CAST*) are the genetic causes of an autosomal-recessive condition characterized by generalized peeling skin, leukonychia, acral punctate keratoses, cheilitis, and knuckle pads, which we propose to be given the acronym PLACK syndrome. In affected individuals with PLACK syndrome from three families of different ethnicities, we identified homozygous mutations (c.607dup, c.424A>T, and c.1750delG) in *CAST*, all of which were predicted to encode truncated proteins (p.Ile203Asnfs*8, p.Lys142*, and p.Val584Trpfs*37). Immunohistochemistry shows that staining of calpastatin is reduced in skin from affected individuals. Transmission electron microscopy revealed widening of intercellular spaces with chromatin condensation and margination in the upper stratum spinosum in lesional skin, suggesting impaired intercellular adhesion as well as keratinocyte apoptosis. A significant increase of apoptotic keratinocytes was also observed in TUNEL assays. In vitro studies utilizing siRNA-mediated *CAST* knockdown revealed a role for calpastatin in keratinocyte adhesion. In summary, we describe PLACK syndrome, as a clinical entity of defective epidermal adhesion, caused by loss-of-function mutations in *CAST*.

Peeling skin syndrome (PSS) is characterized by continuous shedding of the stratum corneum of the epidermis with onset from birth or infancy and lasting throughout life.¹ Skin peeling can be accompanied by erythema, vesicular lesions, or other ectodermal features including fragile hair and nail abnormalities.² PSS can be divided into two clinical forms: acral PSS (APSS [MIM 609796]) and generalized PSS (GPSS [MIM 270300]). APSS involves the palmar, plantar, and dorsal surfaces of hands and feet and can be associated with mutations in transglutaminase 5 (TGM5 [MIM 603805]).³ In addition, mutations in the gene encoding for the cysteine protease inhibitor cystatin A (CSTA [MIM 184600]) have recently been associated with autosomal-recessive exfoliative ichthyosis (MIM 607936) and also APSS.^{4,5} Individuals with inflammatory GPSS associated with mutations in corneodesmosin (CDSN [MIM 602593]) can also present with severe pruritus, food allergies, and repeated episodes of angioedema, urticaria, and asthma.⁶ A similar entity termed SAM syndrome (severe dermatitis, multiple allergies, and metabolic wasting [MIM 615508]), which is caused by desmoglein 1 (DSG1 [MIM 125670]) deficiency, shares clinical features with inflammatory GPSS and atopy.⁷ A homozygous missense mutation was identified within *CHST8* (MIM 610190), encoding N-acetylgalactosamine-4-O-sulfotransferase, in a large consanguineous family with non-inflammatory GPSS.⁸ However, the genetic basis of a number of PSS cases is still unresolved.^{9,10}

Here we show that homozygous loss-of-function (LOF) mutations in *CAST* (MIM 114090) underlie autosomal-recessive generalized PSS with leukonychia, acral punctate keratoses, cheilitis, and knuckle pads. We propose this clinical entity to be given the acronym PLACK syndrome. Via exome sequencing and Sanger sequencing we demonstrate that distinct homozygous LOF *CAST* mutations segregate with the disorder in all three families with PLACK syndrome. *CAST* encodes calpastatin, an endogenous protease inhibitor. Our findings emphasize the important role of the protease-inhibitor balance in epidermal homeostasis.

We ascertained a 28-year-old Chinese female (individual 1, V-3 in Figure 1A) affected with PLACK syndrome who was born to second-cousin parents (Figure 1A). She was found to have trauma-induced recurrent blistering prominently on the extremities since infancy, which was worse in summer. In winter, asymptomatic skin peeling was more prominent, either spontaneously or after the



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Figure 1. Clinical Findings of PLACK Syndrome

(A) Family pedigree of individual 1. The arrow indicates individual 1 (V-3).

(B) Individual 1 showed clinical features of generalized skin peeling, cheilitis, plantar keratoses on weight-bearing areas, blistering, leukonychia, and knuckle pads with multiple hyperkeratotic micropapules.

(C) Histopathology of skin biopsy from lower extremities of individual 1 demonstrated intraepidermal clefting with irregular acantholysis (hematoxylin-eosin staining; scale bar represents 50 μ m).

(D) Similar clinical features were found in individual 2, including skin peeling, cheilitis, punctate keratoses of the soles, leukonychia, and knuckle pads with hyperkeratotic micropapules.

remission of blistering, leaving underlying erythema. The blistering improved and was confined to distal extremities after puberty, and skin peeling progressed to involve nearly the entire body. She had mild pruritus and no history of atopic eczema, food allergy, allergic rhinitis, or asthma. Physical examination revealed generalized dry, scaly skin with superficial exfoliation and underlying erythema (Figure 1B). Cheilitis with dry, shedding scales was observed (Figure 1B). Several blisters were noted on her wrists and soles. Punctate palmoplantar keratoderma was seen, which coalesced into focal keratoderma predominately on the weight-bearing areas (Figure 1B). Knuckle pads with multiple hyperkeratotic micropapules were also found involving all the interphalangeal joints. Leukonychia affected the proximal half of the nails with mild distal onycholysis (Figure 1B). No other systemic abnormalities were identified. Serum total IgE level and blood eosinophil count were within normal range. Histological examination of a biopsy from the scaly skin of her leg showed hyperkeratosis, acanthosis, and intraepidermal clefting with irregular acantholysis (Figure 1C).

We also investigated an affected Nepalese female (individual 2) from non-consanguineous parents who presented to dermatologists at age 3 with a 2-year history of painful lesions on the palms and soles. Clinical examination revealed punctate keratoses on the palms, extending onto the flexor aspect of the wrists and soles, plaques with hyperkeratotic micropapules over the interphalangeal joints, cheilitis of the upper lip, angular cheilitis, subtle telangiectasia on the cheeks, follicular hyperkeratosis on the extensor surface of the knees, and leukonychia of 70%–100% of the nails (Figures 1D and S1). At review at age 4, peeling areas had developed on the distal limbs including the extensor surface of the knees and elbows (Figure 1D). No history of atopic eczema, hay fever, or asthma was recorded and serum total IgE and eosinophil count were normal.

An additional family with known consanguinity, previously reported as having a recessive form of pachyonychia



Figure 2. Homozygous Mutations in CAST and Its Expression and Localization in the Skin

(A) Sequence chromatograms showing homozygous mutations c.607dup, c.424A>T, and c.1750delG in the affected individuals. Arrows indicate the position of the mutation.

(B) Homozygous frameshift mutation c.607dup-mediated mRNA decay of calpastatin in individual 1 is demonstrated by qRT-PCR compared to the normal control. The error bar represents the SEM.

(C) Immunohistochemistry shows absent calpastatin staining in individual 1 (right) compared to normal staining throughout the epidermis in the control (left). The scale bars represent 50 μ m.

congenita, was also enrolled in this study.¹¹ In brief, both affected European male siblings (individuals 3 and 4, now ages 54 and 58 years old) give a history of blistering and peeling of skin from the age of about 3 months on the hands, feet, knuckles, elbows, and knees. Skin fragility is induced by minor trauma and heat and continues to be the greatest problem for these individuals. Both individuals also have leukonychia, leukokeratosis, angular cheilitis, papules on the extensor surface of the fingers and toes, and punctate palmar keratoses and a plantar keratoderma, described in more detail by Haber and Rose.¹¹

We collected blood and saliva samples from the three families after obtaining informed consent. This project was approved by the Clinical Research Ethics Committee of the Peking University First Hospital, East London and City Health Authority Research Ethics Committee, and the Western Institutional Review Board, which all comply with all principles of the Helsinki Accord. After exclusion of pathogenic mutations in *TGM5*, *CSTA*, *CDSN*, and *CHST8* by Sanger sequencing, we performed exome sequencing in individual 1 using 3 μ g of genomic DNA. Exome capture was performed with the NimbleGen SeqCap EZ Library (Roche) for enrichment and then

sequenced on an Illumina HiSeq2000 according to the manufacturer's protocols. Variants were filtered against dbSNP137, the 1000 Genomes Project, HapMap8, and BGI internal databases, as described in our previous study. Because her parents were consanguineous, we focused on homozygous variants to identify the underlying defective gene. Among all the 148 variants fulfilling these criteria, only 15 variants lay in coding exons or splicing boundaries and were predicted to be "not tolerated" by SIFT.¹² These included a one-nucleotide duplication in CAST that was predicted to lead to a frameshift and truncation of the protein. By Sanger sequencing (primers are listed in Table S1), we confirmed that this mutation, c.607dup (p.Ile203Asnfs*8; RefSeq accession numbers NM_001042440.3, NP_001035905.1), was homozygous in individual 1 and heterozygous in her unaffected parents, siblings, and daughters (Figures 1A and 2A). This mutation was not found in 200 ethnically matched controls.

Exome sequencing was performed on genomic DNA from individual 2 using the NimbleGen SeqCap EZ Library SR (Roche) and sequenced on an Illumina HiSeq2000 according to the manufacturer's protocols. Further details

of analysis have been described previously.¹² Analysis of novel variants revealed a homozygous nonsense mutation (c.424A>T [p.Lys142*]) in *CAST*. Sanger sequencing showed co-segregation with the disorder in this family (Figures 2A and S1A). Subsequent exome sequencing and Sanger sequencing also showed a homozygous frameshift mutation, c.1750delG (p.Val584Trpfs*37), in *CAST* in individuals 3 and 4, which co-segregated with the disorder in the family (primers are listed in Table S1). All three identified mutations (including c.607dup) in *CAST* are absent in dbSNP137, HapMap8, the 1000 Genomes Project database, the National Heart, Lung, and Blood Institute Exome Sequencing Project (ESP) Exome Variant Server, and the BGI internal database, highly suggestive of the pathogenicity of these mutations based on their extreme rarity.

All three mutations identified in *CAST* are predicted to encode truncated proteins and lead to a loss of function. To investigate the consequences of homozygosity for the c.607dup mutation in vivo, we examined the mRNA expression of CAST in the skin from individual 1 by using quantitative real-time PCR (qRT-PCR) (primers are listed in Table S2). The level of CAST transcription was determined on the basis of the comparative cycle threshold $(2^{-\Delta\Delta Ct})$ method using cDNA templates generated from a corresponding area of the skin from a gender- and age-matched healthy control as the calibrator. In contrast to the control, we could detect only trace expression of CAST mRNA in individual 1, probably due to mechanisms of nonsensemediated mRNA decay (Figure 2B). Immunohistochemical staining was subsequently performed with a calpastatin antibody (catalog number: sc-20779, Santa Cruz) in paraffin-embedded sections from the pretibial skin lesion of individual 1. A similar analysis was performed on paraffin-embedded sections taken from xerotic left thigh skin of individual 2, but using immunofluorescence. Consistent with the predicted effect of the two mutations and the results of the qRT-PCR analysis of the c.607dup mutation, calpastatin staining was absent or reduced in the skin from both individuals, whereas in the normal control skin, calpastatin is localized throughout the epidermis and has a cytoplasmic localization (Figures 2C and S2). No skin biopsy material was available from individuals 3 or 4.

Calpastatin is a specific endogenous protease inhibitor of calpains (μ -calpain and m-calpain). Calpains are intracellular cysteine proteases that require calcium or epidermal growth factor for their catalytic activity.¹³ In skin, calpains have been reported as being involved in a range of cellular processes, including keratinocyte growth, migration, and cell cycle regulation.¹⁴ These processes are particularly important in epidermal terminal differentiation, characterized by expression of specific structural proteins. Immuno-histochemical staining of lesional skin sections from individual 1 revealed a slight upregulation of loricrin (antibody catalog number ab24643, Abcam), and keratin 10 (antibody catalog number ab76318, Abcam) compared to

control (Figure S3). The increased labeling of these proteins might be a compensatory mechanism for epidermal barrier disruption.¹⁵ In contrast, the staining of filaggrin in the epidermis of individual 1 (antibody catalog number ab81468, Abcam) and in the epidermis of individual 2 (antibody catalog number NCL-Filaggrin, Leica Biosystems), as well as the staining of the tight junction component claudin-1¹⁶ (antibody catalog number 13255, Cell Signaling Technology) in the epidermis of individual 1 was indistinguishable from control (data not shown).

Because increased activity of calpains can induce apoptosis,¹⁷ in situ apoptotic examination of keratinocytes in the lesional skin biopsy from individual 1 was performed by a TUNEL assay (In Situ Cell Death Detection Kit, Roche). Skin sections from an unrelated healthy subject were used as a control. Images above the stratum basale were taken randomly with a fluorescence microscope (IX71, Olympus), with the same settings for both control and individual skin sections. Total cells and apoptotic cells (with fluorescent nuclei) in five random high-power fields $(400 \times)$ were counted. The number of apoptotic cells in the imaged fields was significantly increased in lesional skin compared to normal control (Figures 3A and 3B). Ultrastructural analysis of lesional skin sections from individual 1 was performed by transmission electron microscopy (TEM), which showed expanded intercellular spaces (Figure 3D), apoptotic chromatin condensation, and margination (Figure 3E), supporting the results of the TUNEL assay.

To determine the functional consequences of *CAST* LOF mutations in vitro, we performed siRNA-mediated knockdown (KD) of *CAST* by using a specific siRNA pool (ON-TARGETplus Human *CAST* siRNA-SMARTpool, GE Healthcare Dharmacon) in the immortalized keratinocyte cell line, HaCaT. Non-targeting pool siRNA (ON-TARGET-plus Non-targeting Pool, GE Healthcare Dharmacon) was used as a control. Immunocytochemistry of HaCaT cell monolayers treated with *CAST* siRNA and analysis of total protein lysates by immunoblotting showed robust *CAST* knockdown (Figures 4A–4C).

We then used an in vitro mechanical-induced stress assay to investigate the role of calpastatin in keratinocyte adhesion in CAST siRNA-treated cells (CAST KD cells) and NTP siRNA-treated cells (NTP cells). For this we have used the Flexcell FX-4000 Tension System (Flexcell), which uses vacuum pressure to apply cyclic or static strain to cells cultured on flexible-bottomed culture plates. CAST KD cells (mimicking the homozygous LOF mutations) and NTP cells were subjected to mechanical stretch at a frequency of 5 Hz (five cycles of stretch and relaxation per second) and an elongation of amplitude ranging from 10% to 14% (increase in diameter across the silicone deformable membrane from 10% to 14%). Cells were stretched for 0 hr (non-stretched) and 4 hr. Immunocytochemistry with an in-house LL001 monoclonal keratin 14 antibody¹⁸ performed on siRNA-treated cells before and



Figure 3. Increased Keratinocyte Apoptosis in Lesional Skin

(A and B) TUNEL assay demonstrated increased apoptotic level of keratinocytes in lesional skin from individual 1 (B) compared to the control (A). The scale bars represent 50 μ m.

(C and D) TEM of lesional skin from individual 1 showed expanded intercellular spaces (D, asterisks) compared to the control (C). The scale bars represent 5 μ m.

(E) At higher magnification, chromatin condensation and margination (arrows) were apparent. The scale bar represents 2 µm.

after mechanical stress revealed breakage of the intercellular connections in *CAST* KD cell monolayers, independent of whether they had been subjected to mechanical stress. In contrast, NTP cells presented with stretched keratin filaments after stretching but no disruption in intercellular adhesion prior to mechanical stress (Figures 4D–4G).

A recent study by Nassar et al. looking at *CAST* overexpression in a mouse model reported significant changes in the wound-healing process compared to normal mice.¹⁹ *CAST*-overexpression mice showed a striking delay in wound healing with reduced proliferation and re-epithe-lialization, particularly in the early steps of the wound-healing process.¹⁹ The possible effects of *CAST* LOF mutations on keratinocyte migration were assessed by performing a scratch assay on *CAST* KD cell monolayers compared to NTP cells. Because *CAST* KD scratch wounds, we concluded that cell migration in monolayers was not altered by *CAST* knockdown in three independent experiments (Figure S4).

After observations in *CAST* LOF skin and our in vitro studies indicating a key role for calpastatin in keratinocyte adhesion, we examined desmosomal protein abundance. Immunofluorescence with an antibody targeting desmoplakin (DSP; 11-5F mouse monoclonal, a gift from David Garrod),²⁰ the major protein of the desmosome, was performed on frozen skin sections from individuals 1 and 2.

This showed an apparent increase in DSP abundance, with both a plasma membrane and cytoplasmic localization pattern compared to a specific membranous localization pattern in control skin (Figures 4H, 4I, S3G, and S3H). Furthermore, our in vitro studies displayed a general trend of DSP upregulation in *CAST* KD cells independent of mechanical stress when compared to NTP cells (data not shown).

Calpain and its endogenous specific inhibitor calpastatin constitute an intracellular non-lysosomal proteolytic system ubiquitously distributed in mammal cells and many other organisms. By catalyzing the controlled proteolysis of target proteins, calpains play an important role in various cell functions, including cell proliferation, differentiation, mobility, and cell cycle progression, as well as cell-type-specific functions like cell fusions in myoblasts.^{13,21} Also, activation of calpains has been suggested to trigger apoptosis by cleaving either pro-apoptotic or anti-apoptotic proteins.²² It has been demonstrated in vitro that increased activity of m-calpain results in apoptosis of HaCaT cells.²³ LOF mutations in CAST lead to disinhibition of calpains, thus enhancing apoptosis of keratinocytes, as showed in our TUNEL and TEM results. Elevated apoptotic levels of keratinocytes can result in skin hyperkeratosis,^{24,25} leading to the clinical phenotypes of acral punctate keratoses, knuckle pads with hyperkeratotic micropapules, and leukonychia.





(A–C) HaCaT cells transfected with a pool of NTP siRNA (A) or *CAST* siRNA (B) were stained with an anti-calpastatin (green) antibody and DAPI (blue) as a nuclear marker. Total protein from HaCaT cell lysates after transfection with NTP siRNA or *CAST* siRNA were incubated with an anti-calpastatin antibody (C). GAPDH was used as loading control. A significant reduction in calpastatin protein abundance can be observed in the *CAST* KD cells compared to NTP cells, both by immunocytochemistry and immunoblotting.

(D–G) *CAST* KD (F and G) and NTP (D and E) cells were subjected to cyclic stretching for 0 hr (unstretched; D, F) and 4 hr (E, G) followed by staining with an anti-keratin 14 antibody. Stretching of the keratin filaments can be observed after 4 hr mechanical stress in the NTP cells (arrows) compared to unstretched monolayers. In the *CAST* KD cells, breakage of these filaments together with widening of the intercellular spaces was observed independent of mechanical stress (asterisks).

(H and I) Immunohistochemistry with an anti-desmoplakin antibody on skin sections from individual 2 revealed an upregulation and change in localization of this protein from a membranous appearance (H) to a both membranous and cytoplasmic appearance (I) in comparison to control.

The scale bars in each image represent 20 µm.

Previous studies have shown that calpain could promote focal adhesion disassembly by proteolysis of talin and focal adhesion kinase.^{26,27} Our *CAST* KD experiments indicate that the calpain/calpastatin system might also be critical for intercellular adhesion. Increased calpain activity due to LOF mutations in *CAST* might lead to excessive proteolysis of certain epidermal desmosomal components, which though not extensively described in the present study, result in impaired desmosome function characterized by decreased resistance of the epidermis to mechanical stretch (blistering, skin peeling, and acantholysis). This speculation was further strengthened by the remarkable phenotypic overlap between PLACK syndrome and other inherited disorders with desmosome deficiency, including inflammatory GPSS,⁶ SAM syndrome,⁷ and Netherton syndrome (MIM 256500), the last of which was caused by LOF mutations in *SPINK5* (MIM 605010) encoding protease inhibitor LEKTI,²⁸ leading to over-degradation of CDSN and DSG1, two major components of the desmosome.²⁹ The increased abundance of DSP in keratinocytes observed in the two affected individuals might be a compensatory mechanism in response to desmosomal damage. Although calpastatin was suggested to play diverse physiological roles in neurological, musculoskeletal, and ocular systems,³⁰ no significant related symptoms were observed in our affected individuals. Further studies are required to elucidate whether there is redundancy of the calpain proteolytic system in these organs, explaining the lack of abnormalities. Notably, *Cast*-knockout mice, which showed increased activity of calpains, exhibit no defect under normal conditions³¹ and only slight behavioral changes in a stressful environment.³² These phenotypic differences indicate different physiological functions of the calpain/ calpastatin system between humans and mice.

In summary, we describe the clinical features of an autosomal-recessive entity termed PLACK syndrome with generalized skin peeling, leukonychia, acral punctate keratoses, cheilitis, and knuckle pads, distinct from epidermolysis bullosa, pachyonychia congenita, and Bart-Pumphrey syndrome (MIM 149200), a syndrome associated with sensorineural deafness, leukonychia, and knuckle pads. In three families with PLACK syndrome, homozygous LOF mutations in CAST were identified, leading to reduced abundance of calpastatin, the only known inhibitor of calpains. Mutations of protease inhibitors can disrupt the skin barrier, impair keratinocyte adhesion, affect cell signaling, and cause various genetic skin conditions,^{4,33} such as Netherton syndrome caused by mutations in SPINK528 and Nagashima-type palmoplantar keratosis (MIM 615598) caused by mutations in SERPINB7 (MIM 603357).34,35 Our findings expand the spectrum of these conditions and explore new avenues for proteolytic pathways in skin.

Supplemental Data

Supplemental Data include four figures and two tables and can be found with this article online at http://dx.doi.org/10.1016/j.ajhg. 2014.12.026.

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Web Resources

The URLs for data presented herein are as follows:

1000 Genomes, http://browser.1000genomes.org dbSNP, http://www.ncbi.nlm.nih.gov/projects/SNP/ International HapMap Project, http://hapmap.ncbi.nlm.nih.gov/ NHLBI Exome Sequencing Project (ESP) Exome Variant Server,

http://evs.gs.washington.edu/EVS/

OMIM, http://www.omim.org/

Pachyonychia Congenita Project, http://www.pachyonychia.org/ RefSeq, http://www.ncbi.nlm.nih.gov/RefSeq

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The American Journal of Human Genetics Supplemental Data

Loss-of-Function Mutations in CAST

Cause Peeling Skin, Leukonychia,

Acral Punctate Keratoses, Cheilitis, and Knuckle Pads

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(A) Pedigree of the family of individual 2 showing mutation segregation. The arrow indicates individual 2. (B) Overview of dorsum of hand showing knuckle pads on proximal and distal interphalangeal joints and leukonychia. (C) Scaly papule right ear antihelix. (D) Skin peeling with residual erythema left forearm. (E) Left foot showing leukonychia and papules with hyperkeratotic micropapules left second toe. (F)
Punctate keratoses palm, most prominent along distal palmar creases. (G)
Hyperkeratotic papules extensor surface of knees.



Figure S2. Immunohistochemical Staining of Calpastatin in the Epidermis of Individual 2 and the Normal Control

(A, B) Immunofluorescent staining of calpastatin (green) showed that calpastatin labeling is reduced in individual 2 (B) compared to normal control (A). DAPI was used to stain the nuclei (blue).



Figure S3. Immunohistochemical Staining of Terminal Differentiation Markers and Desmoplakin in the Epidermis of Individual 1 and the Normal Control Keratin 1 (A), keratin 10 (C) and loricrin (E) of individual 1 showed normal distribution with slightly increased staining in the upper epidermis compared with the normal control (B, D, F). Desmoplakin abundance was upregulated in individual 1 with an abnormal cytoplasmic localization (G) compared to the normal control (H). The scale bars on all images represent 50 μm.



Figure S4. Scratch Assay

No significant difference was observed between NTP siRNA and *CAST* siRNA treated cells suggesting that there is no significant increase in cell migration and scratch closure (n=8 from 3 independent experiments).

Table S1. Primer Pairs for Confirmation of CAST Mutations

	Forward Primers (5'-3')	Reverse Primers (5'-3')
c.607dup	GCTTCTTGCCTGAATGTGGC	CCATGGCCTTATTTGCTCTCC
c.424A>T	AATTTTGGGGGGAAGGATTTG	ATTGCTGGGCAGTAGGAGAA
c.1750delG	AGTTAAGTGATGGCATTGTGC	CATCTCGCTAAATCATCAGTC

Table S2. Primer Pair for qRT-PCR

Forward Primers (5'-3')

Reverse Primers (5'-3')

CAST CACAGTGCCAGATGATGCT

TCCTCAGACAAAGCATCCAGA