Supplementary Table 1
Association of Nutrient Patterns with Demographic-Clinical Characteristics

	NP1		NP2		NP3		NP4		NP5	
	β	SE	β	SE	β	SE	β	SE	β	SE
Age	0.09	1.69	0.02	1.69	0.07	1.59	0.04	1.70	-0.20	1.67
Gender	-0.09	0.07	0.18	0.09	0.05	0.06	0.02	0.07	0.05	0.07
Education	0.006	0.37	0.15	0.46	-0.18	0.32	0.003	0.35	-0.17	0.35
Family history	0.12	0.07	0.07	0.09	-0.99	0.06	-0.08	0.07	-0.04	0.07
APOE4 carrier	-0.09	0.08	0.03	0.10	0.12	0.08	-0.12	0.08	-0.21	0.08
BMI	0.04	0.64	-0.12	0.79	-0.05	0.56	-0.19	0.59	0.20	0.61
Hip/waist	0.03	0.03	-0.25[a]	0.04	0.10	0.03	0.005	0.03	-0.02	0.03
Systolic BP	-0.27[a]	2.10	0.06	2.67	0.08	1.89	-0.16	1.99	0.26[a]	1.98
Diastolic BP	-0.12	1.29	-0.07	1.61	0.06	1.13	-0.19	1.18	0.06	1.23
HDL/LDL	0.13	0.03	-0.32[a]	0.04	0.05	0.03	0.12	0.03	-0.09	0.03
Triglycerides	-0.03	6.05	-0.09	7.47	-0.13	5.27	-0.14	5.59	0.28a	5.56
Homocystein	0.10	0.44	-0.04	0.55	0.14	0.38	-0.15	0.39	0.20	0.39

a. $p < 0.05$; Coefficient for binary covariates represent mean NP score difference between the two groups; Abbreviations: NP1 = VitB&Minerals, NP2 = VitE&PUFA, NP3 = Anti-oxidants&Fibers, NP4 = VitB12&D, NP5 = Fats

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