

Questionnaires

Constructs	Items	Source(s)
Perceived susceptibility to chronic diseases	1-There is a great chance that I will be exposed to a chronic disease. 2-There is a person with chronic disease among my family members. 3-It is most likely that I will catch chronic diseases in my lifetime. 4-I have a higher likelihood of taking chronic diseases.	Items 1-3 [1]
	5-I have a strong possibility of attack or deterioration of chronic disease due to improper daily habits (drinking, smoking, dietary habit, lack of exercise, etc.). 6-I would say that I am the type of person who is likely to get chronic diseases.	Items 4-6 [2]
Perceived severity to chronic diseases	1-I am afraid of facing attack or deterioration of chronic diseases. 2-If I face attack or deterioration of chronic disease, I will have difficulty with my work life (or domestic affairs). 3-If I face attack or deterioration of chronic disease, it will hinder my personal relationships. 4-If I face attack or deterioration of chronic disease, I will be long haunted by resultant problems.	[2]
	1-I have the impression that I sacrifice a lot for my health. 2-I consider myself very health conscious. 3-I think that I take health into account a lot in my life.	
Health consciousness	4-I think it is important to know well how to stay healthy. 5-My health is so valuable to me, that I am prepared to sacrifice many things for it. 6-I have the impression that other people pay more attention to their health than I do. (R) 7-I do not continually ask myself whether something is good for me. (R) 8-I really don't think often about whether everything I do is healthy. (R) 9-I don't want to ask myself all the time, whether the things I eat are good for me. (R) 10-I often dwell on my health. 11-I am prepared to do many things to have good health.	[3]
	1-Using the Internet for health information is useful in managing my daily health. 2-Using the Internet for health information is advantageous in better managing my health. 3-Using the Internet for health information is beneficial to me. 4-Using the Internet for health information is valuable to my healthcare.	[4]
Perceived usefulness of the Internet	1-Learning to use the Internet for searching health information was easy for me. 2-My interaction with the Internet for health information is clear and understandable. 3-I find the Internet for health information to be flexible to interact with. 4-It is easy for me to become skillful at using the Internet for health information.	[4]
Perceived ease of Internet use	1-Using the Internet for seeking health information and health management would be a good idea. 2-Using the Internet for seeking health information would be a wise idea. 3-I like the idea of using the Internet for seeking health information and health management. 4-Using the Internet for seeking health information and health management would be a pleasant experience.	[5]
Attitude	1-I use the Internet to get general health information. 2-I use the Internet to get description of various diseases.	Items 1-7 [6]
Internet use for health information		

	<hr/> <u>3-I use the Internet to get information on medicine/drug.</u>	Items 8 & 9 [2]
	4-I use the Internet to be equipped with information before/after doctor's appointment.	Items 10 & 11 [7]
	5-I use the Internet to decide about whether or not to visit a doctor.	
	6-I use the Internet to decide about how to treat an illness.	
	7-I use the Internet to understand how to deal with an illness.	
seeking	8-I use the Internet to get information on treatments/therapy/ diagnosis.	
	9-I use the Internet to get information on hospitals/clinics/other healthcare facilities.	
	10-I use the Internet to get information on health management (exercise, abstinence from drinking, smoking, diet, nutrition, stress, mental health, etc.).	
	11-I use the Internet to get information on how to care for oneself.	
	1-I use the Internet to get social support from other users via bulletin board, chat room, or conference.	
	2-I use the Internet to get online medical consultation from medical professionals.	
	3-I use the Internet to interact with people with similar health	
Internet use to communicate about health	conditions.	Item 1 & 2 [6]
	4-I use the Internet to use mail to communicate with a doctor or a doctor's office.	Items 3-5 [7]
	<hr/> 5-I use the Internet to share and exchange experiences about health and diseases	

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