

*Supporting information*

# **Dysfunctional Conformational Dynamics of Protein Kinase A Induced by a Lethal Mutant of Phospholamban Hinder Phos- phorylation**

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## SI Materials and Methods

Lactic dehydrogenase (LDH) and pyruvate kinase (PK) were purchased from Sigma (Solon, Ohio, USA). Adenosine 5'-triphosphate (ATP), phosphoenolpyruvate (PEP), magnesium chloride, and reduced nicotinamide adenine dinucleotide (NADH) were purchased from Sigma Aldrich (St. Louis, MO, USA).

**Sample Preparation.** Final concentrations for ITC measurements were between ~30  $\mu\text{M}$  of PKA-C as confirmed by  $A_{280} = 52060 \text{ M}^{-1} \text{ cm}^{-1}$ . 2 mM of ATP $\gamma\text{N}$  was used for a nucleotide saturated state. All ITC measurements were performed with a Microcal VP-ITC instrument at 27°C. Approximately 1.7 mL of PKA-C was used for each experiment and 280  $\mu\text{L}$  of 1.0-1.2mM of PLN<sub>1-19</sub> or R14del<sub>1-19</sub> in the titrant syringe. All experiments were performed in duplicate or triplicate. The heat of dilution of the ligand to the buffer was measured and subtracted from the experiment accordingly. Binding was assumed to be 1:1 and was analyzed using the Wiseman Isotherm[1] using the NanoAnalyze software.

$$\frac{d[\text{MX}]}{d[X_{\text{tot}}]} = \Delta H \cdot V_0 \left[ \frac{1}{2} + \frac{1 - (1+r)/2 - R_m/2}{(R_m^2 - 2R_m(1-r) + (1+r)^2)^{1/2}} \right] \quad (1)$$

where the change of the total complex,  $d[\text{MX}]$  with respect to the change of the ligand concentration,  $d[X_{\text{tot}}]$  is dependent on  $r$ , the ratio of the  $K_d$  with respect to the total protein concentration, and  $R_m$ , the ratio between the total ligand and total protein concentration. The free energy of binding was determined using the following:

$$\Delta G = RT \ln K_d$$

Where  $R$  is the universal gas constant and  $T$  is the temperature at measurement (300K). The entropic contribution to binding was calculated using the following:

$$T\Delta S = \Delta H - \Delta G$$

**NMR spectroscopy.** Samples for triple resonance assignment experiments were made to a concentration ~0.4-0.8 mM in 20 mM KH<sub>2</sub>PO<sub>4</sub>, 90 mM KCl, 10 mM DTT, 10 mM MgCl<sub>2</sub> 1 mM NaN<sub>3</sub> at pH 6.5. 12 mM ATP $\gamma$ N was added for the binary complex and 12 mM ATP $\gamma$ N with 1.0 mM of PKI<sub>5-24</sub> and 60 mM MgCl<sub>2</sub> was added for the closed form complex. All experiments were performed on a 850 MHz Bruker Advance III spectrometer equipped with a TCI cryoprobe. All experiments were performed at 300K. All data was processed using NMRpipe[2], and visualized using Sparky.

The TROSY-based[3, 4] HNCA and HN(CO)CA experiments were collected with a minimum of 24 scans, 2048 (proton), 64 (nitrogen), and 80 (carbon) complex points and the TROSY-based HN(CA)CB and HN(CO)CACB experiments were collected with a minimum of 32 scans, 2048 (proton), 64 (nitrogen) and 100 (carbon) complex points were performed to measure the <sup>13</sup>C <sup>$\alpha$</sup>  and <sup>13</sup>C <sup>$\beta$</sup>  correlations. All <sup>1</sup>H-<sup>15</sup>N Trosy-HSQC experiments were acquired with 2048(proton) and a minimum of 100(nitrogen) complex points. Combined chemical shift perturbations were calculated using amide 1H and 15N chemical shifts according the following:

$$\Delta\delta = \sqrt{\Delta\delta_H^2 + 0.154\Delta\delta_N^2} \quad (2)$$

<sup>15</sup>N[<sup>1</sup>H]-NOE values[5] were determined by the ratio of signal intensity from TROSY-select[6] experiments with and without <sup>1</sup>H saturation of 5 s. Error was calculated from error propagation of the root mean square noise. Mapping of slow conformational dynamics was performed by utilizing the Trosy Hahn-Echo method[7]. This modified transverse relaxation optimized experiment allows for the measurement of  $\alpha$ ,  $\beta$  and longitudinal two spin order (zz) during a Hahn echo period set to 2/J<sub>NH</sub> (10.8 ms). The R<sub>ex</sub> value was computed as the following[8]:

$$R_{ex} \approx C_{zz} \ln \rho_{zz} + C_{\beta} \ln \rho_{\beta} \quad (3)$$

where  $C_{zz} = (2\tau)^{-1}$ ,  $C_{\beta} = (\langle\kappa\rangle - 1)(4\tau)^{-1}$ ,  $\kappa = 1 - 2 \ln \rho_{zz} / \ln \rho_{\beta}$ ,  $\rho_{zz} = I_{zz} / I_{\alpha}$ , and  $\rho_{\beta} = I_{\beta} / I_{\alpha}$ .  $\langle\kappa\rangle$  was determined from the trimmed mean from the resonances that did not exhibit chemical exchange. All data was acquired in an interleaved fashion and standard deviation was calculated from error

propagation from the root mean square noise of the data. Residues with  $R_{ex}$  were qualitatively identified by measuring the change in the inverse peak height with increasing temperature as described previously[8].

### **Analysis of the Chemical Shift Perturbations**

We employed the COordiNate Chemical Shift bEhavior (CONCISE)[9] method to monitor trajectories of chemical shifts and measure the change in equilibrium position associated with each PKA-C construct (apo, ATP $\gamma$ N, ATP $\gamma$ N/PLN<sup>R14del</sup>, ATP $\gamma$ N/PLN<sup>WT</sup>, and ATP $\gamma$ N/PKI). In short, through Principal Component Analysis (PCA), the method identifies a set of residues whose chemical shifts respond linearly to the conformational transition. Each one of these residues provides a measure of the equilibrium position for every PKA-C construct in form of scores along the first principal component. The equilibrium position for a given construct is given by the average of the PC-scores over all linear residues.

To identify the residues whose chemical shifts follow a linear pattern, a threshold of 3.0 for the ratio of the standard deviations of PC1 over PC2 was used, and residues that were affected by chemical shifts perturbations below 0.05 ppm were also discarded (see [9]for details on the threshold calibration). After these thresholds were applied, a total of 105 residues formed the subset that was used to trace the equilibrium position of each state (see Table S4). To identify the largest group of residues that respond to ligand binding in a correlated fashion, an adapted[9] version of the chemical shift covariance analysis[10] (CHESCA) was applied to the PCA projection of the chemical shifts. First, the correlation matrix between all linear residues' PC1 projections was constructed (**Figure S5B**) and used to build a dendrogram through hierarchical clustering. The dendrogram was then cut at a 0.97 level of correlation coefficient, which has been shown to be appropriate to identify correlated clusters of residues[10]. We notice that only a handful of residues were filtered out by the CHESCA analysis from the linear subset identified through CONCISE (residues 76, 176, 226, 306, and 336), which confirms that

those residues' chemical shifts not only respond *linearly* to ligand binding, but they all also respond in a *correlated* way.

### **Dynamic Light Scattering**

Samples prepared for NMR relaxation experiments were evaluated with a Malvern Zetasizer  $\mu$ V system. 100  $\mu$ L of sample was placed in a polystyrene micro cuvette and equilibrated for five minutes at 298K. Measurements were made after automatic optical adjustment and six runs were collected, each run consisting of an average of eleven measurements. The Z-average diameter, reporting on the hydrodynamic radius of the protein, was from a cumulate analysis of the measured intensity autocorrelation function using the Zetasizer software Version 6.34. Assuming isotropic molecular tumbling, the rotation correlation time ( $\tau_c$ ) was calculated using the Stokes-Einstein equation at 300K.

### **MD simulations**

The ternary complex PKA-C/ATPyN/PLN was obtained from molecular docking calculations as described previously[11]. The system was solvated in a cubic box of 80 x 80 x 80  $\text{\AA}^3$  using a TIP3P water model. Counter ions were added to reach neutrality and an ionic strength of ~150 mM. All of the simulations were set up using CHARMM c36a1 [12] and performed with NAMD 2.7b1[13]. CHARMM27 force field [14] with CMAP correction [15] was used for all of the calculations. After initial minimization, the system was gradually heated from 10 to 310  $K$  every 30  $K$  using 10 ps of NPT simulations at each temperature. During energy minimization and heating, harmonic restraints were kept on non-water and non-counter ions and gradually decreased from 25 to 3  $kcal/mol*\text{\AA}^2$ . Harmonic restraints with a force constant (3  $kcal/mol*\text{\AA}^2$ ) were applied to all protein heavy atoms during the initial 5  $ns$ . The simulations were carried out at 310  $K$  employing Langevin dynamics with a damping constant of 1.0  $ps^{-1}$  and at 1  $atm$  using a Nosé-Hoover Langevin piston pressure control[16]. Long-range electrostatic interactions were calculated using a particle-mesh Ewald (PME) summation[17]. Non-bonding interactions were calculated using a cutoff radius of 9  $\text{\AA}$ . Rattle algorithms were applied to all bonds involving

hydrogen atoms[18]. The equations of motion were integrated using r-RESPA multiple time step scheme[19] with a time step of 2 fs. The system was simulated for a total of 80 ns.

The last 25 ns of both WT and R14Del MD trajectories (saved every 1 ps) were used to calculate the root mean square fluctuation (RMSF) for each residue of the kinase. First, as in reference[11], the trajectories were aligned by overlaying the backbone atoms (N, C $\alpha$ , and C) of the E and F helices (residues 140-160 and 217-233). Next, the backbone RMSF for the  $n^{\text{th}}$  residue  $RMSF(n)$  was calculated as a per-residue average over the N, C $\alpha$ , and C atoms:

$$RMSF(n) = \frac{1}{3} \sum_{i=N,C\alpha,C} \sqrt{\frac{1}{3N} \sum_{j=1}^N \sum_{q=x,y,z} (q_i^n(j) - \langle q_i^n \rangle)^2}$$

Where the index  $j$  runs over all the time frames  $N$ , and  $\langle q_i^n \rangle$  is the average coordinate of the atom  $i$  of residue  $n$ .

The results were plotted in **Figure S12D** for the WT and R14Del trajectories individually, and as the difference between the R14Del and WT RMSF in **Figure S12E**.

## Figure Captions

**Figure S1.** **A)** ITC thermographs of titrations of  $\text{PLN}_{1-19}^{\text{WT}}$  to Apo PKA-C (black),  $\text{PLN}_{1-19}^{\text{WT}}$  to ATP $\gamma$ N saturated PKA-C (green) and  $\text{PLN}_{1-19}^{\text{R14del}}$  to ATP $\gamma$ N saturated PKA-C (orange). **B)** Substrate concentrations of 10-300  $\mu\text{M}$  and PKA-C concentration of 64 nM and **C)** substrate concentrations of 100-900  $\mu\text{M}$  and PKA concentration of 256 nM.

**Figure S2.**  $^1\text{H}$ - $^{15}\text{N}$  TROSY-HSQC spectra for PKA-C/ATP $\gamma$ N (violet), PKA/C  $\text{PLN}_{1-19}^{\text{R14del}}$  (orange), PKA-C/ $\text{PLN}_{1-19}^{\text{WT}}$  (green) and PKA-C/PKI $_{5-24}$  form (red).

**Figure S3.** The random coil chemical shift index for the backbone carbon atoms for the Apo PKA-C, PKA-C/ATP $\gamma$ N (binary) and PKA-C/PKI $_{5-24}$  (closed) form. 92%, 89% and 94% of the observable resonances for apo, binary and closed were assigned. Note since that ATP $\gamma$ N form experiences significant conformational exchange, the least number of resonances are observed.

**Figure S4.** Strip plots of resonance assignment experiments for a section of the glycine-rich loop (I46 to G50) corresponding to the **A)**  $^{13}\text{C}\alpha$  and **B)**  $^{13}\text{C}\beta$  chemical shifts from Trosy-based HNCA/HN(CO)CA/HN(CA)CB/HN(CO)CACB experiments.

**Figure S5.** **A)** Scatter plot of the chemical shift perturbation with binding of  $\text{PLN}_{1-19}^{\text{WT}}$  and  $\text{PLN}_{1-19}^{\text{R14del}}$  to PKA-C/ATP $\gamma$ N **B)** CHESCA analysis[10] of the chemical shifts shows the largest cluster of coordinated chemical shifts to be dispersed throughout the enzyme.

**Figure S6:** Residues that are broadened beyond detection with  $\text{PLN}_{1-19}^{\text{R14del}}$  but are present with  $\text{PLN}_{1-19}^{\text{WT}}$  (red) and were too weak to be detected using NMR relaxation studies (orange) Note that many of the missing residues are along catalytically important regions

**Figure S7:** CONCISE analysis of the backbone chemical shifts including PKA-C/ATP $\gamma$ N/Kemptide as a second Michealis complex.

**Figure S8.** The dynamic light scattering data for PKA-C/PLN<sub>1-19</sub><sup>WT</sup> and PKA-C/PLN<sub>1-19</sub><sup>R14del</sup> and PKA-C/ATPγN. The raw scattering correlation plot for all runs as well as the size of the particles from the fit are shown.

**Figure S9. A)** NMR analysis of picosecond to nanosecond dynamics of ternary complex of PKA-C/PLN<sub>1-19</sub><sup>WT</sup> and PKA-C/PLN<sub>1-19</sub><sup>R14del</sup>. **B)** NMR analysis of microsecond to millisecond dynamics of the same complexes were performed using the Trosy Hahn-Echo experiments. The negative NOE values and the apparent R<sub>ex</sub> values along the first 15 residues on the N-terminus result from these residues being disordered with respect to the rest of the protein, resulting in a very small apparent τ<sub>c</sub>. **C)** Change of the inverse peak height with respect to temperature for PKA-C/PLN<sub>1-19</sub><sup>WT</sup> and PKA-C/PLN<sub>1-19</sub><sup>R14del</sup>.

**Figure S10.** Backbone dynamics of the ternary complexes of PLN<sub>1-19</sub><sup>WT</sup> and PLN<sub>1-19</sub><sup>R14del</sup>. **A)** Mapping of HX NOE for the ternary complex of PLN<sub>1-19</sub><sup>WT</sup> and PLN<sub>1-19</sub><sup>R14del</sup>. **B)** Mapping of Rex from Trosy Hahn-Echo for the ternary complex of PLN<sub>1-19</sub><sup>WT</sup> and PLN<sub>1-19</sub><sup>R14del</sup>.

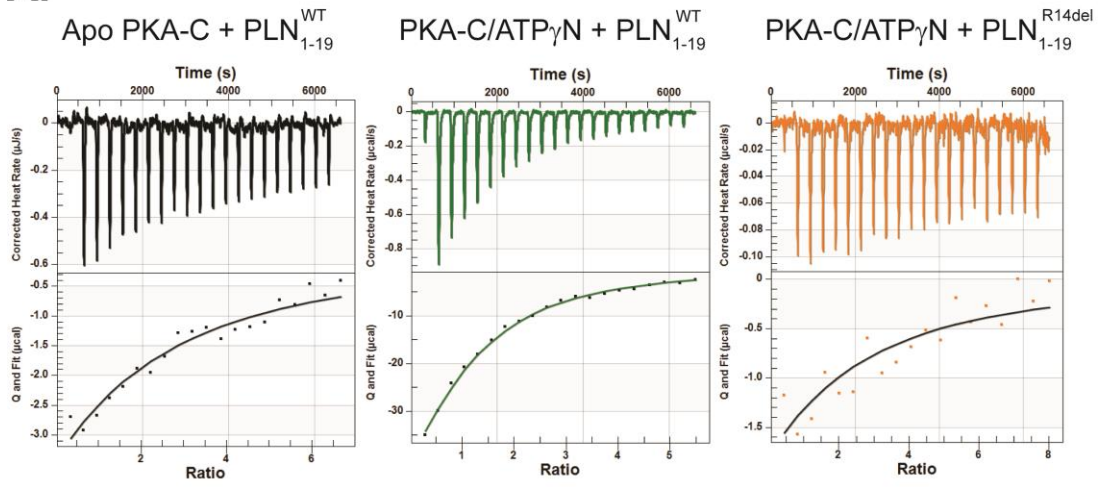
**Figure S11. A)** Mapping of R<sub>ex</sub> around the N-terminus of PKA-C on the PKA-C/ATPγN, PKA-C/PLN<sub>1-19</sub><sup>WT</sup> and PKA-C/PLN<sub>1-19</sub><sup>R14del</sup> bound forms. Conformational exchange is propagated from the C-helix to the αC-β1 linker. **B)** R<sub>ex</sub> of PKA-C/ATPγN along the C-terminus and the F-helix.

**Figure S12. A)** Time-dependent distances between guanidino groups of Arg side chains and the nearest neighbors within the active site in PKA-C/PLN<sub>1-19</sub><sup>WT</sup>. **B)** Time course of the torsion angles during the MD simulations. **C)** Time course of the Arginine-phosphate distance during the MD simulations. **D)** RMSF analysis of the trajectories of PKA-C/PLN<sub>1-19</sub><sup>WT</sup> [11] and PKA-C/PLN<sub>1-19</sub><sup>R14del</sup>. **E)** Difference of the RMSF between PKA-C/PLN<sub>1-19</sub><sup>R14del</sup> and PKA-C/PLN<sub>1-19</sub><sup>WT</sup>.

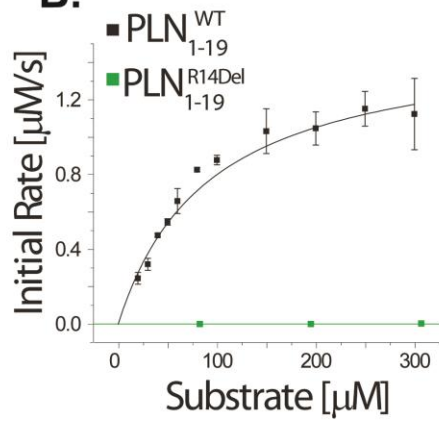


**Figure S1.**

**A.**



**B.**



**C.**

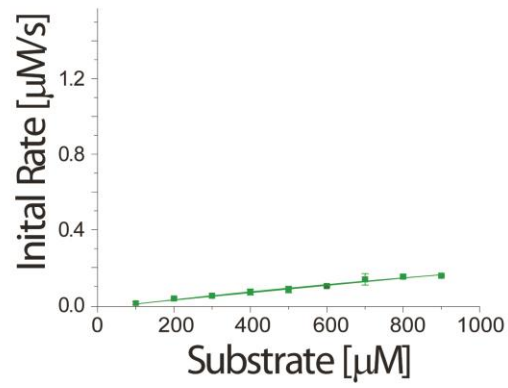


Figure S2

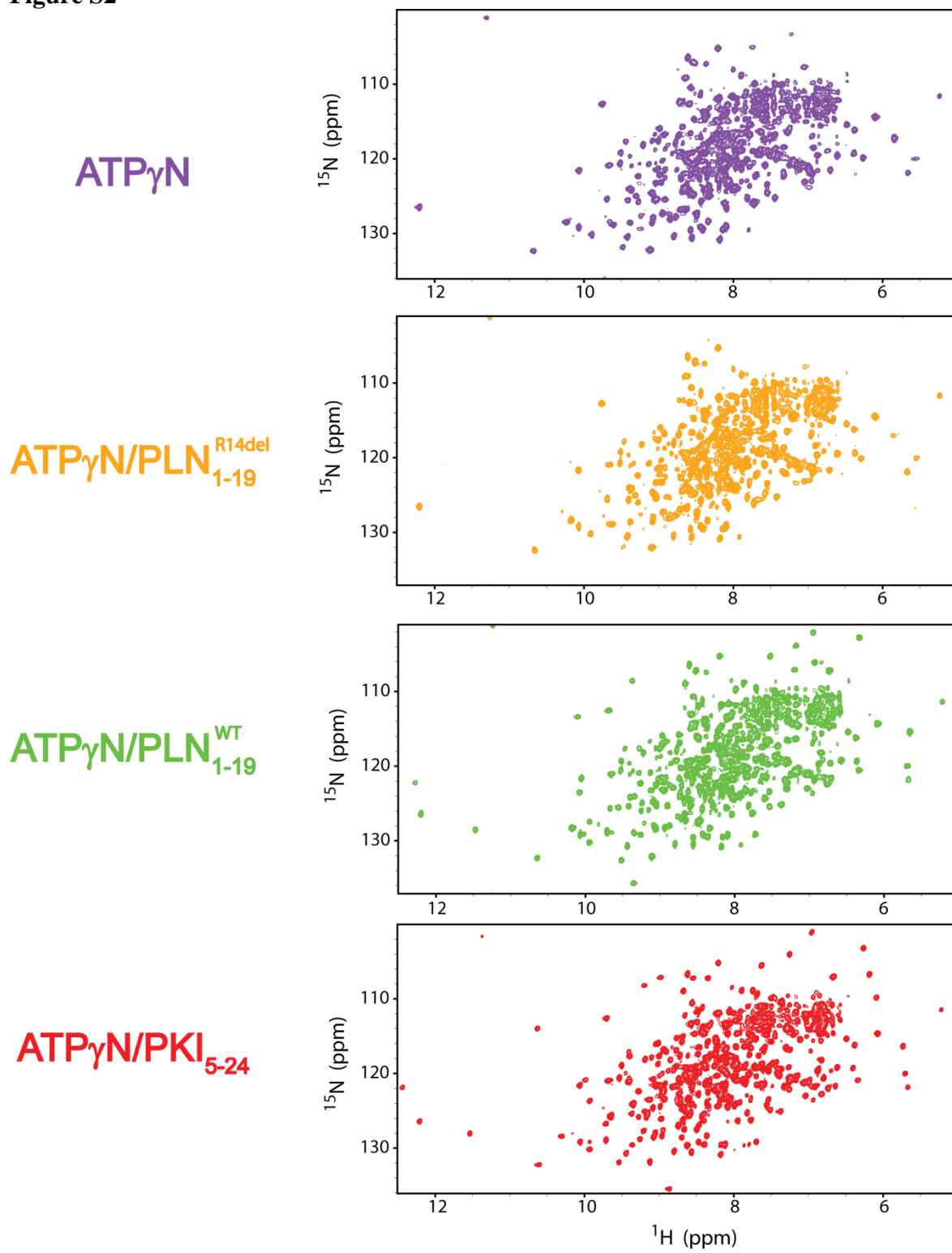


Figure S3

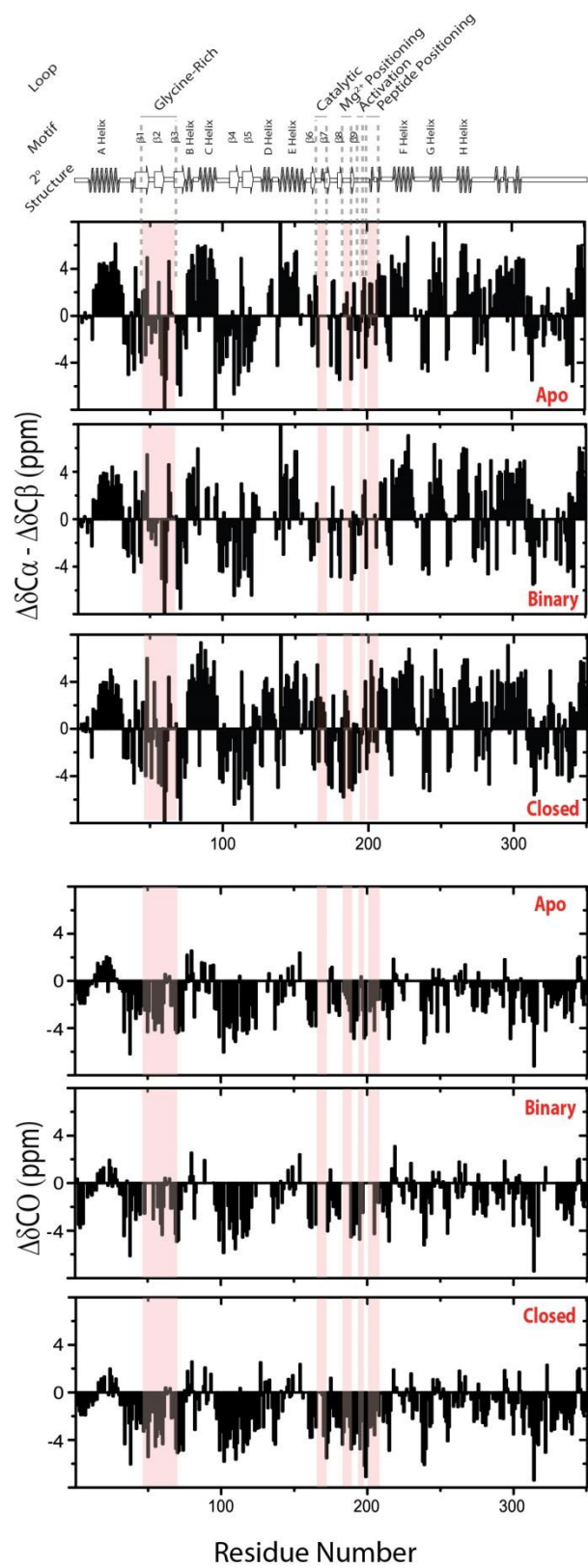
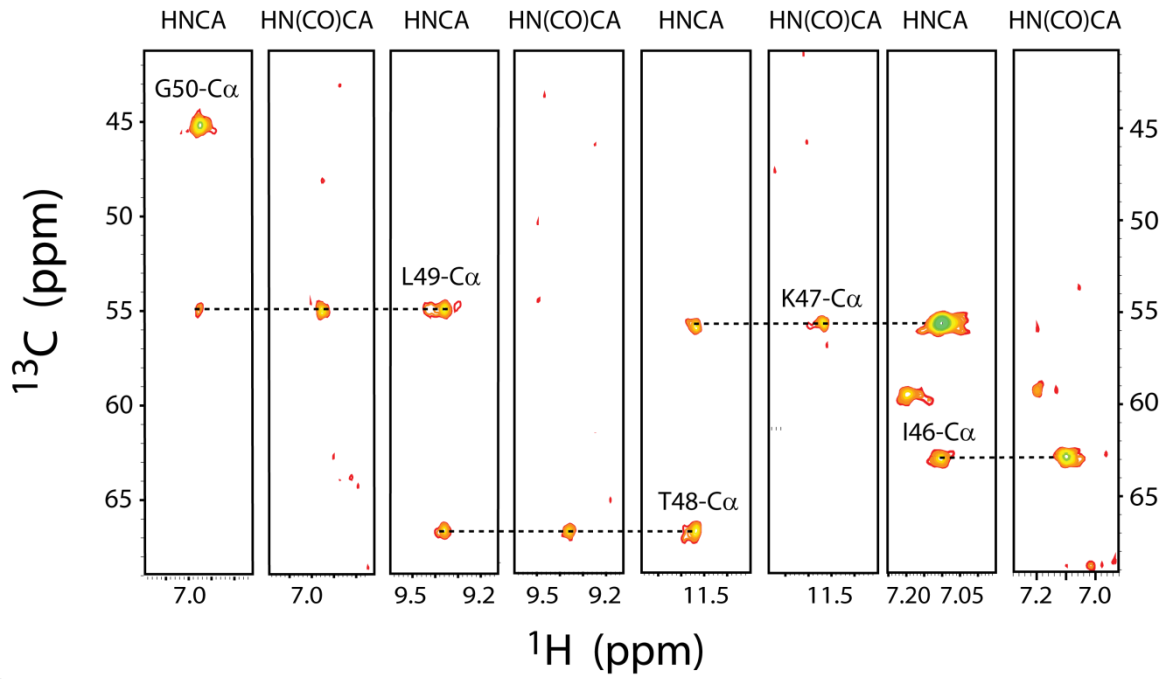


Figure S4

**A.**



**B.**

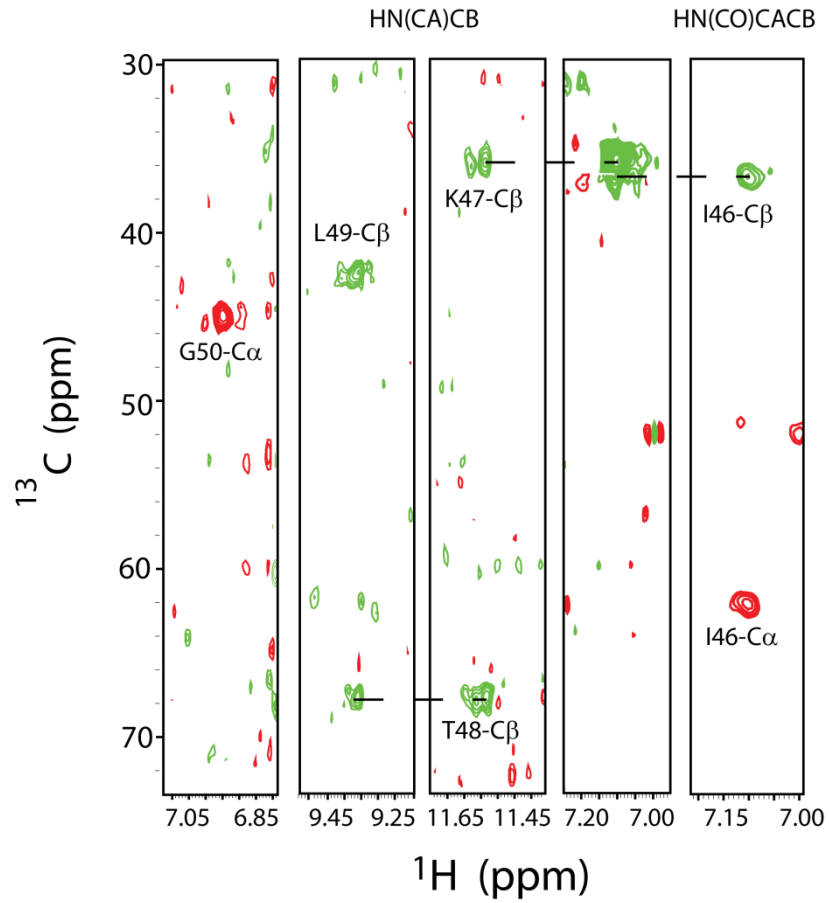
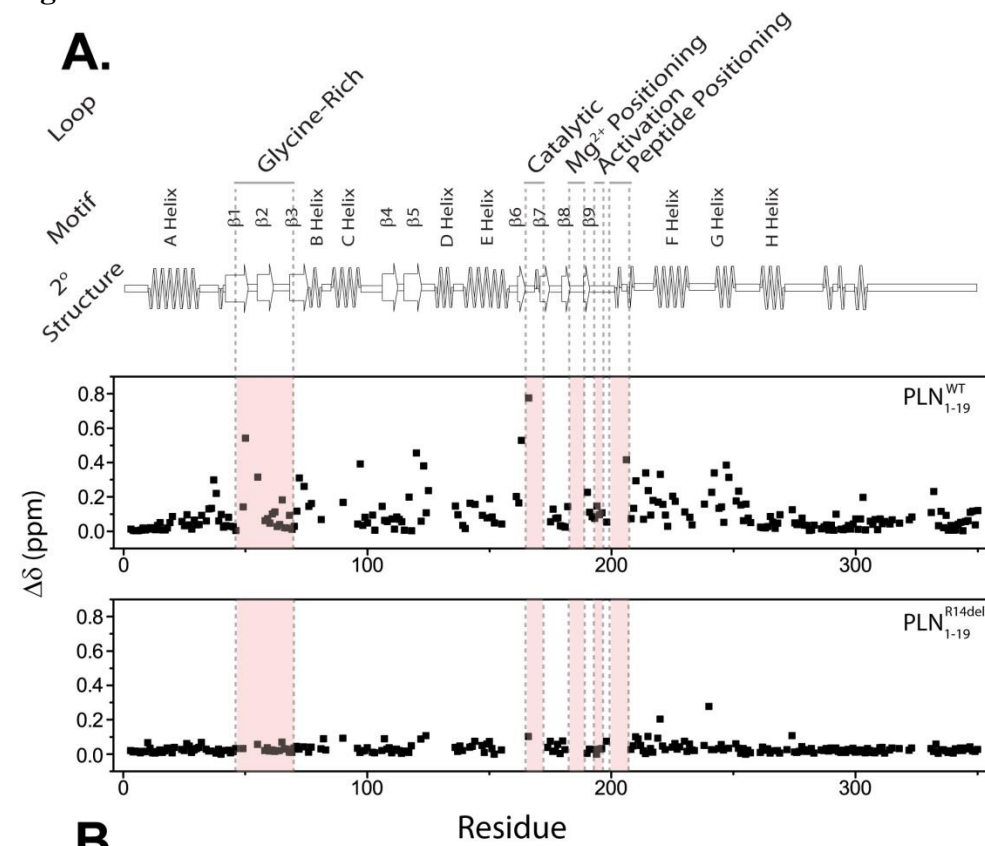
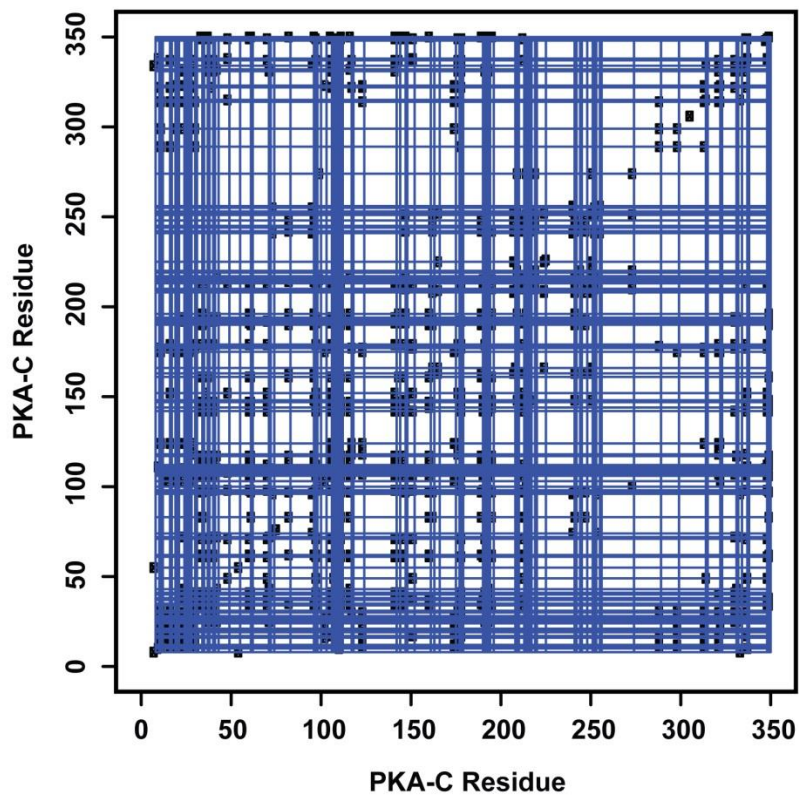


Figure S5



**B.**



**Figure S6**

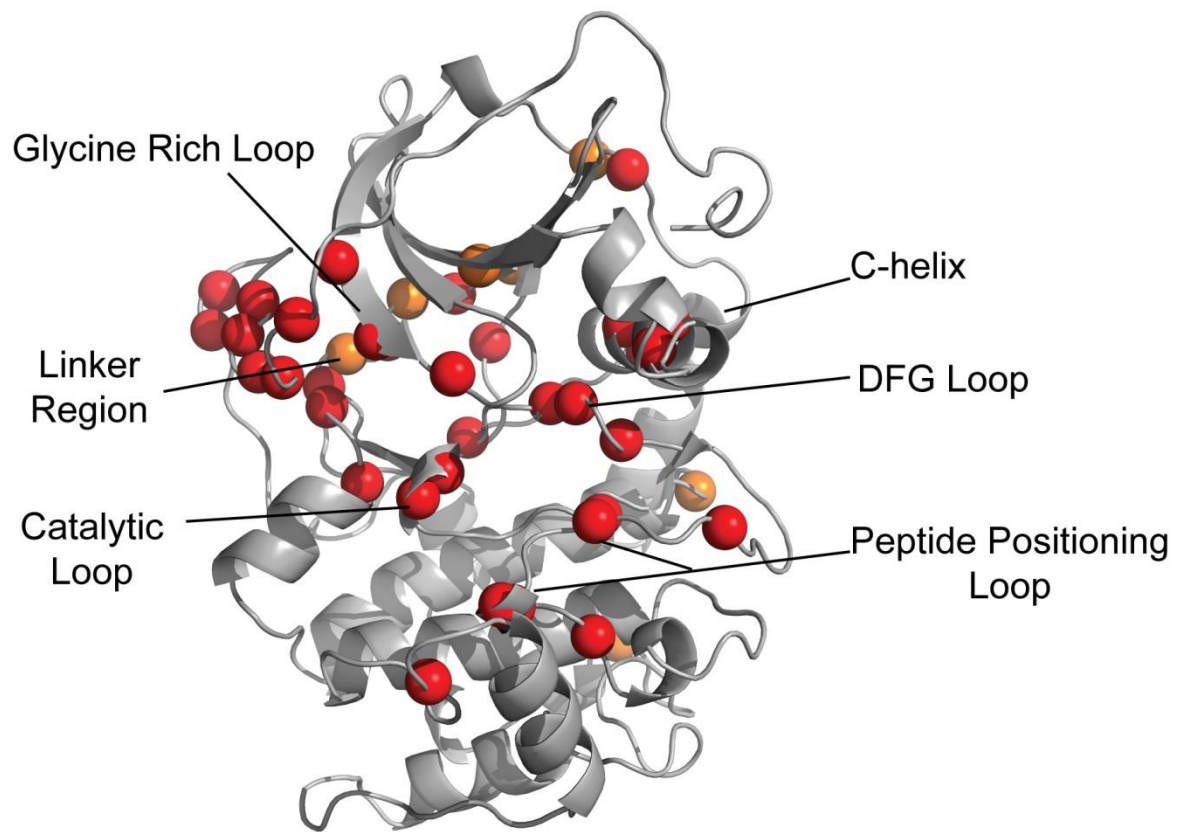
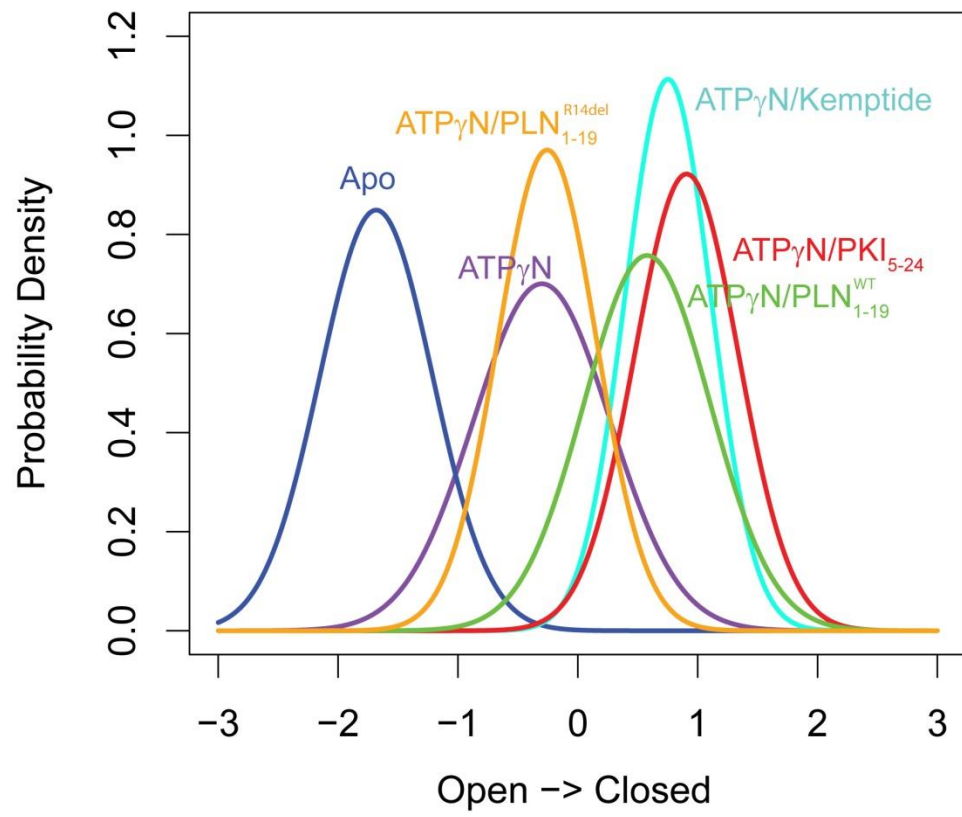
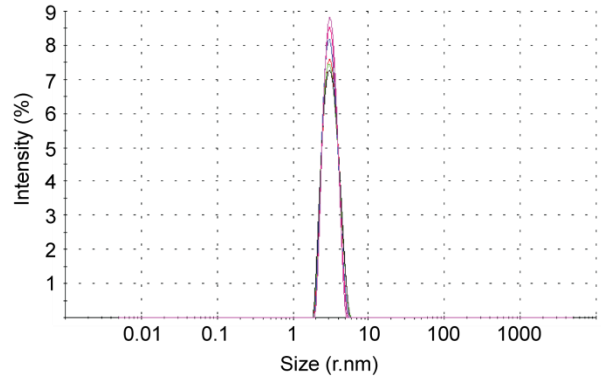
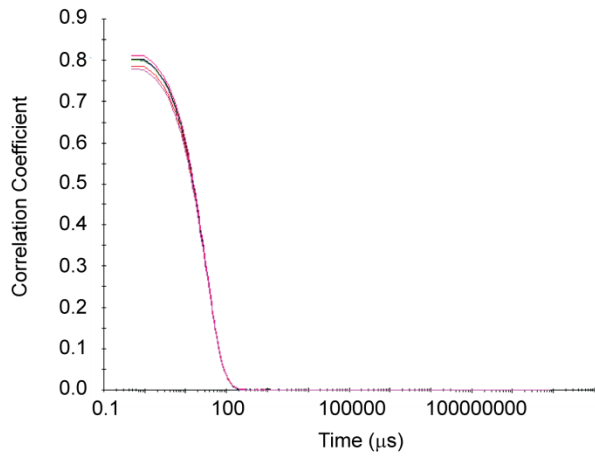


Figure S7

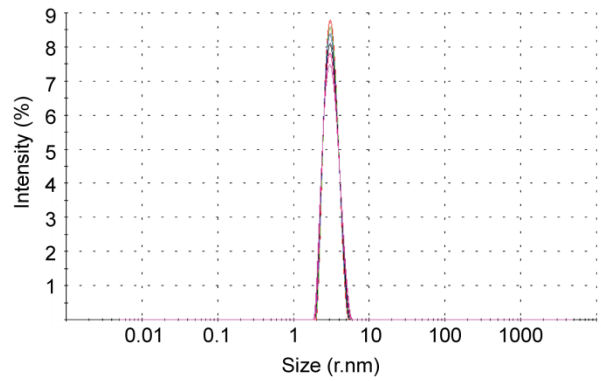
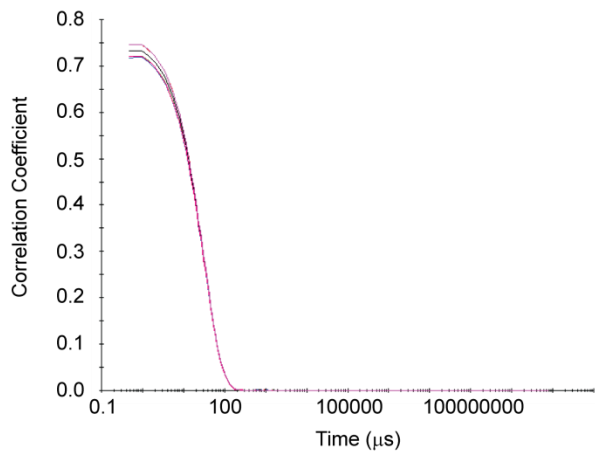


**Figure S8**

***ATP<sub>γ</sub>N***



***ATP<sub>γ</sub>N/PLN<sup>R14del</sup><sub>1-19</sub>***



***ATP<sub>γ</sub>N/PLN<sup>WT</sup><sub>1-19</sub>***

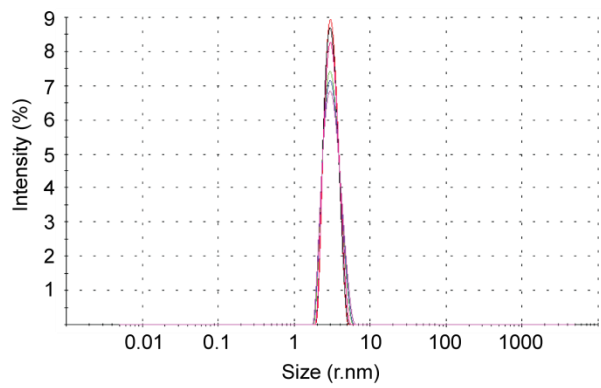
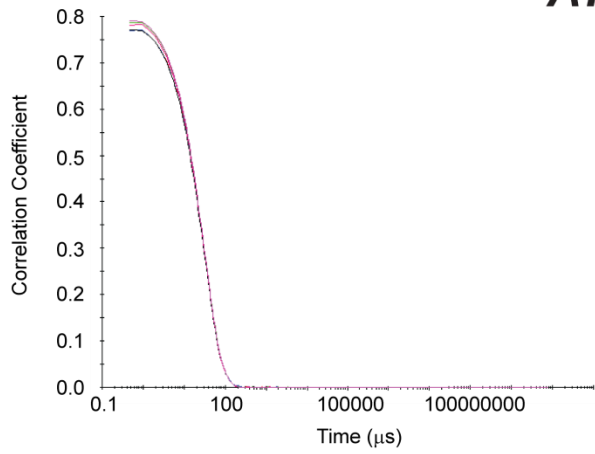




Figure S9

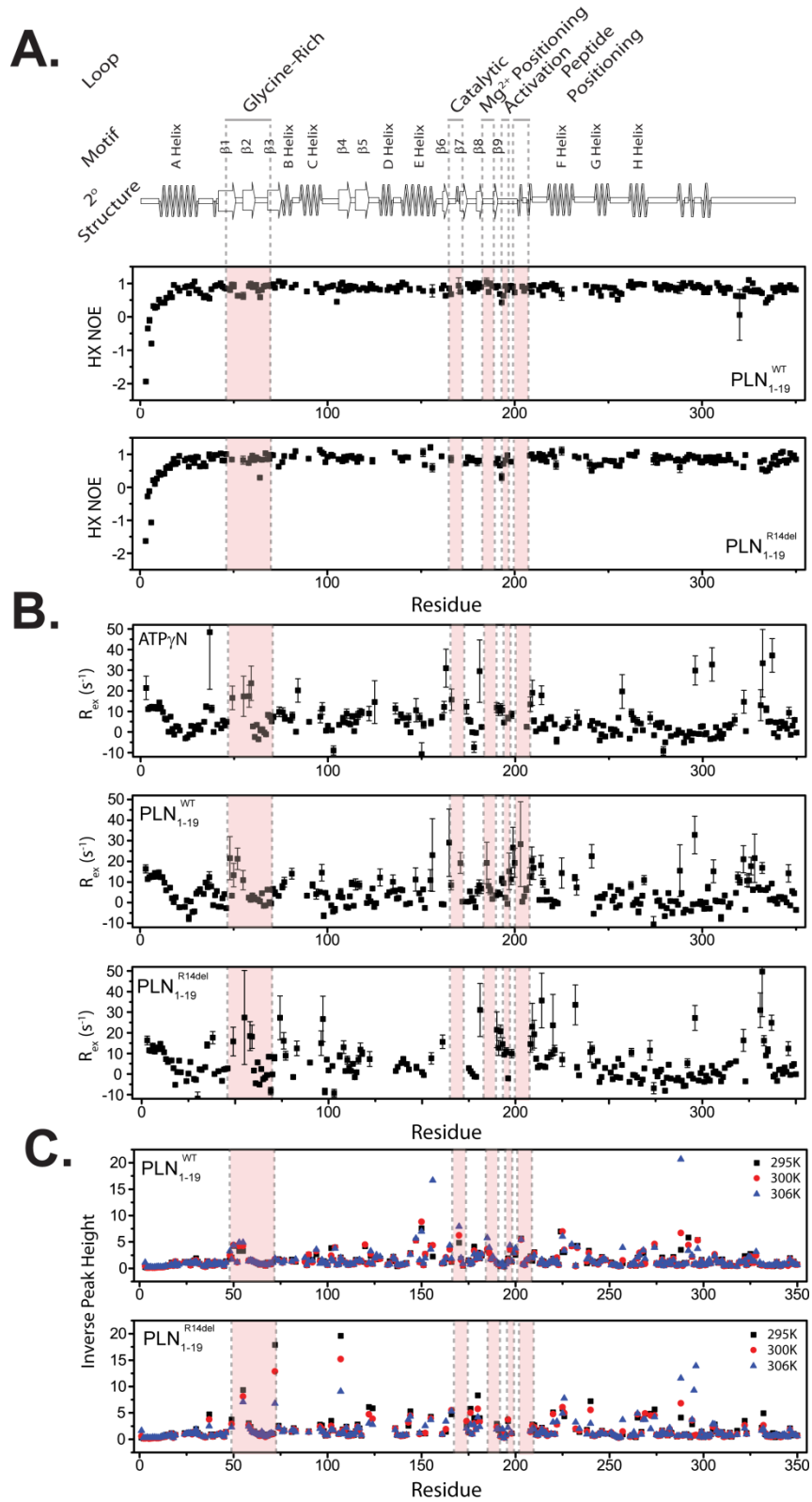


Figure S10

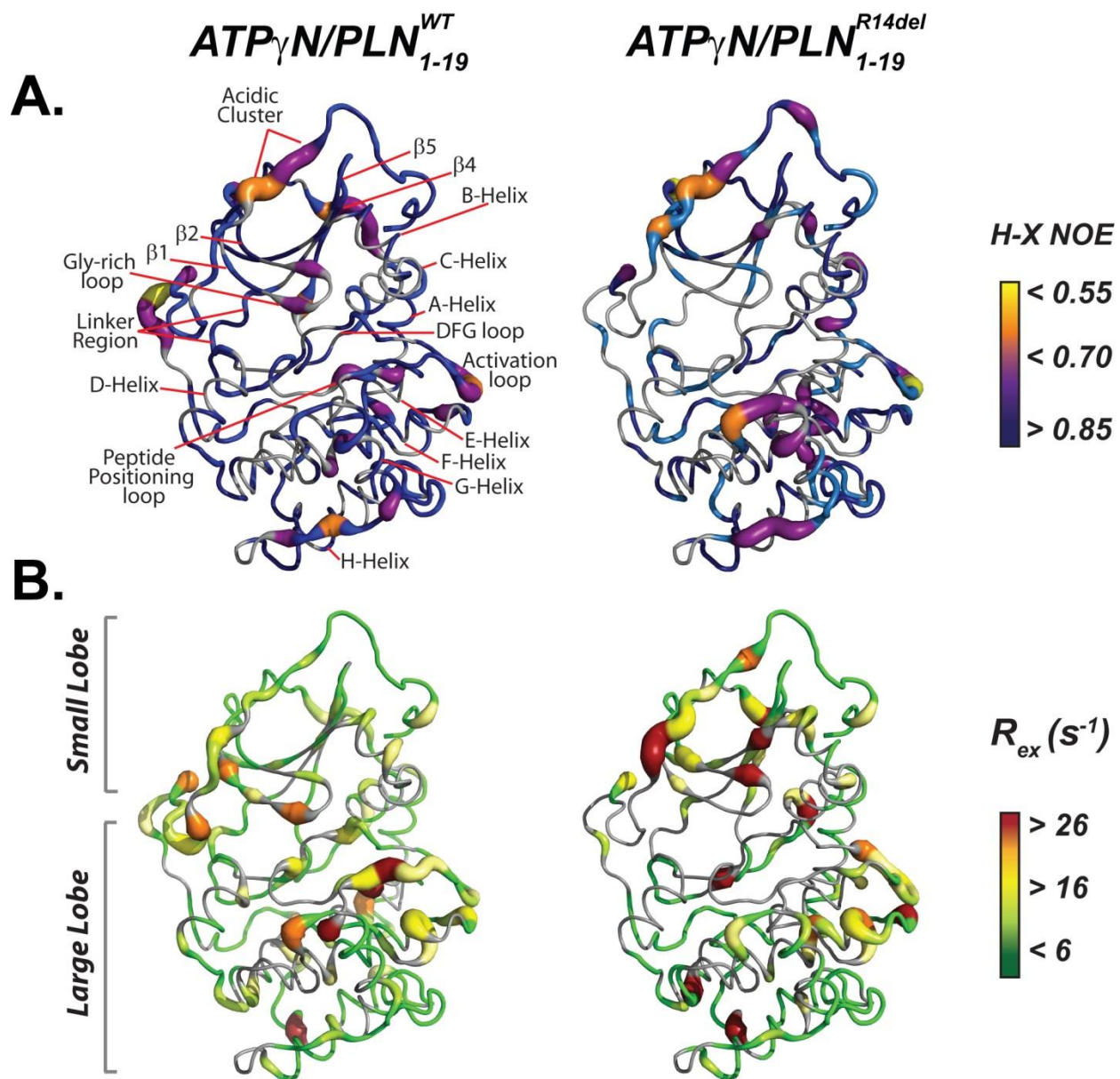


Figure S11

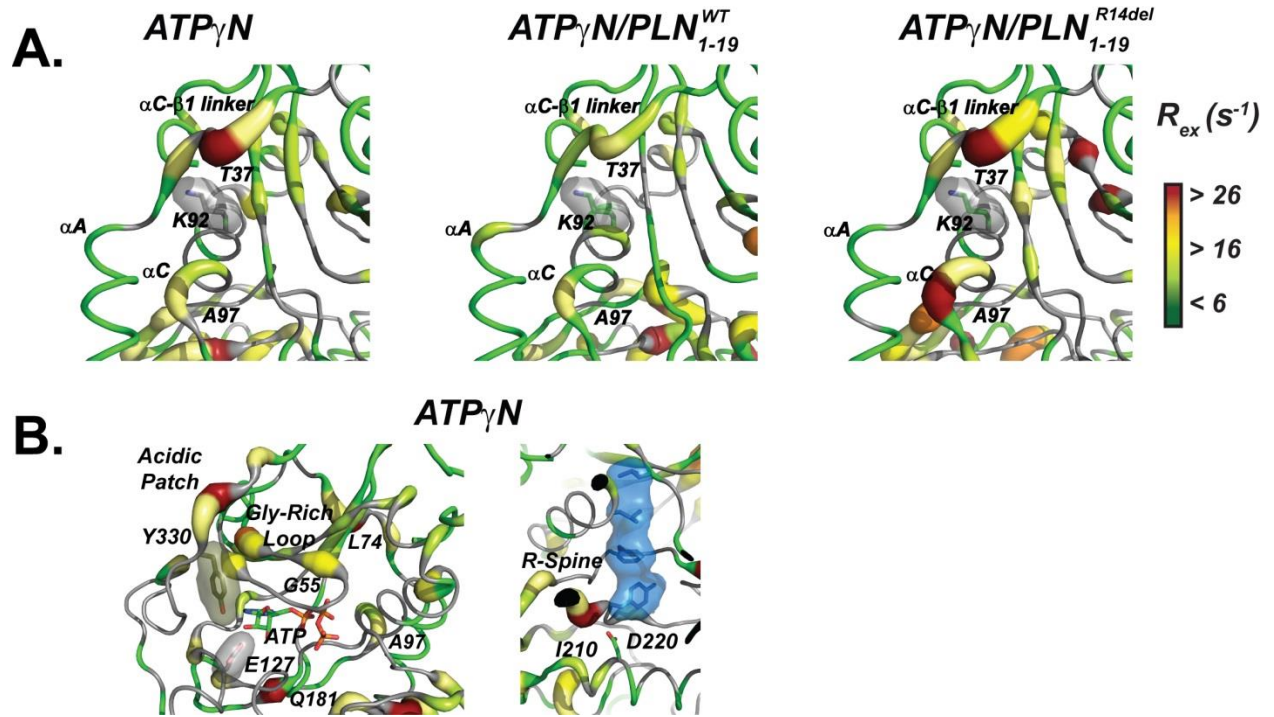
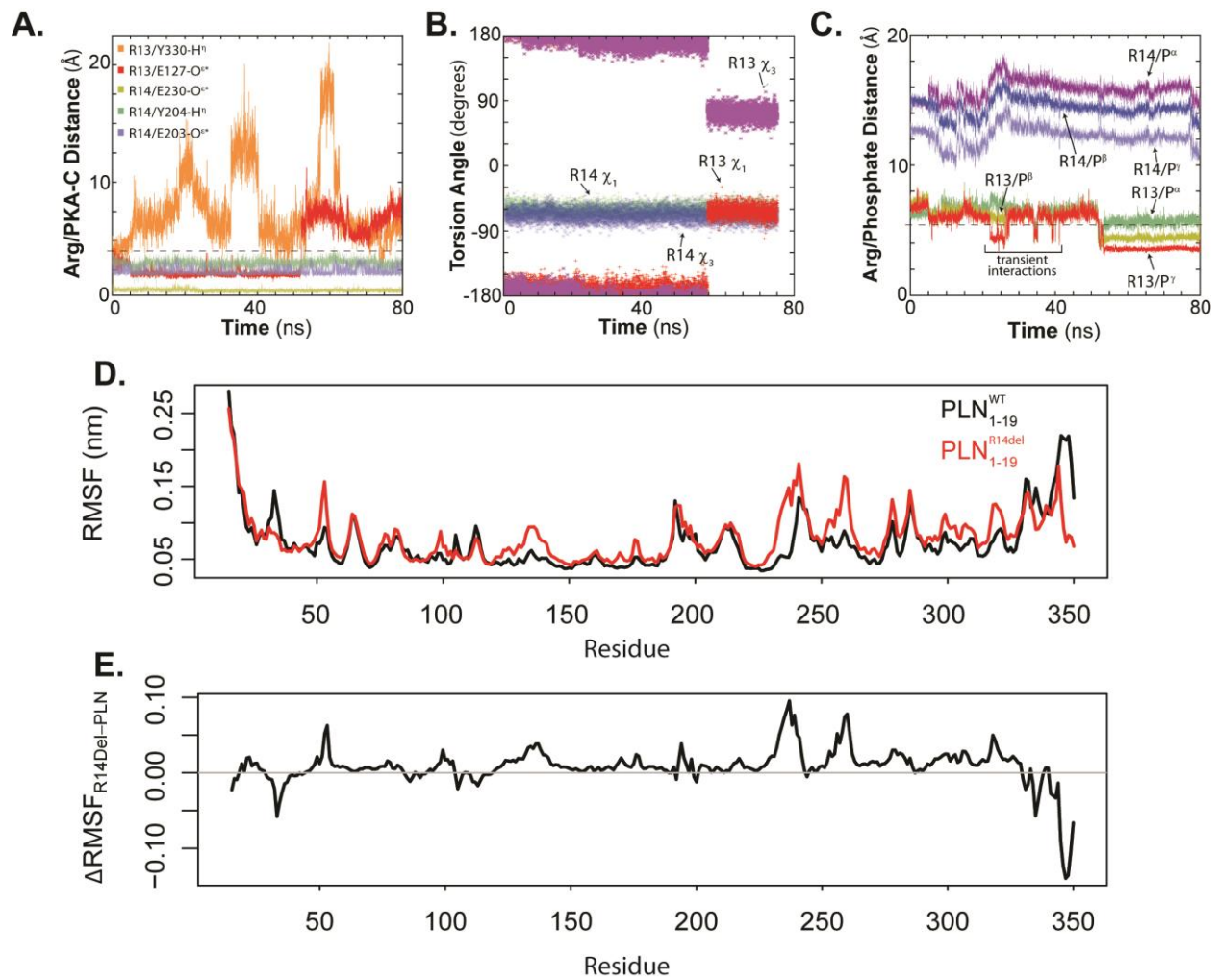


Figure S12



**Table S1: Thermodynamic and kinetics parameters for  $\text{PLN}_{1-19}^{\text{WT}}$  and  $\text{PLN}_{1-19}^{\text{R14del}}$ .** Values for  $K_M$  and  $k_{\text{cat}}$  were obtained from a non-linear least squares analysis of the concentration-dependent initial phosphorylation rates using a standard coupled enzyme activity assay. Binding parameters ( $K_d$ ) are derived from ITC measurements of  $\text{PLN}_{1-19}^{\text{WT}}$  or  $\text{PLN}_{1-19}^{\text{R14del}}$  binding to PKA-C in the presence of 2mM ATP $\gamma$ N. Measurements in the absence of ATP $\gamma$ N were only quantified for  $\text{PLN}_{1-19}^{\text{WT}}$ .

|  | $\text{PLN}_{1-19}^{\text{WT}}$ | $\text{PLN}_{1-19}^{\text{R14del}}$ |
|--|---------------------------------|-------------------------------------|
| $K_d^{\text{apo}}$ ( $\mu\text{M}$ )                   | $173 \pm 32$                    | -                                   |
| $K_d^{\text{binary}}$ ( $\mu\text{M}$ )                | $28.4 \pm 2$                    | $243 \pm 132$                       |
| $k_{\text{cat}}$ ( $\text{s}^{-1}$ )                   | $23.4 \pm 1$                    | $3.8 \pm 2$                         |
| $k_{\text{cat}}/K_M$ ( $\text{M}^{-1} \text{s}^{-1}$ ) | $0.26 \times 10^6$              | $8.9 \times 10^2$                   |

**Table S2:**  $^{15}\text{N}$  relaxation and  $\tau_c$  values for  $\text{PLN}_{1-19}^{\text{WT}}$  and  $\text{PLN}_{1-19}^{\text{R14del}}$ . Average HX-NOE values for both PKA-C/ $\text{PLN}_{1-19}^{\text{WT}}$  and PKA-C/ $\text{PLN}_{1-19}^{\text{R14del}}$  and the average  $R_{\text{ex}}$  value measured by Trosy Hahn-Echo. Note that even many residues in PKA-C/ $\text{PLN}_{1-19}^{\text{R14del}}$  experience  $R_{\text{ex}}$  values that escape quantitation. The rotational correlation time ( $\tau_c$ ) was calculated assuming isotropic rotation by dynamic light scattering.

|  | $\text{PLN}_{1-19}^{\text{WT}}$ | $\text{PLN}_{1-19}^{\text{R14del}}$ |
|--|---------------------------------|-------------------------------------|
| <b>HX-NOE</b>  | $0.80 \pm 0.28$                 | $0.79 \pm 0.29$                     |
| <b>Trim HX-NOE</b>   | $0.84 \pm 0.09$                 | $0.83 \pm 0.10$                     |
| <b><math>\langle R_{\text{ex}} \rangle</math> (<math>\text{s}^{-1}</math>)</b> | $4.5 \pm 7.1$                   | $5.0 \pm 9.2$                       |
| <b><math>\tau_c</math> (ns)</b>  | $25 \pm 0.2$                    | $27 \pm 0.1$                        |

**Table S3:** Thermodynamics of Substrate binding. The enthalpy, entropy and free energy of substrate binding to PKA-C from ITC.

|                       | Apo/PLN <sub>1-19</sub> <sup>WT</sup> | ATPγN PLN <sub>1-19</sub> <sup>WT</sup> | ATPγN/PLN <sub>1-19</sub> <sup>R14del</sup> |
|-----------------------|---------------------------------------|---|---|
| <b>ΔG (kcal/mol)</b>  | -5.2 ± 0.1                            | -6.2 ± 0.1                              | -5.0 ± 0.3                                  |
| <b>ΔH (kcal/mol)</b>  | -1.8 ± 0.3                            | -6.6 ± 0.2                              | -0.7 ± 0.2                                  |
| <b>TΔS (kcal/mol)</b> | 3.4 ± 0.3                             | -0.4 ± 0.1                              | 4.2 ± 0.5                                   |

**Table S4:** List of residues that defined linear trajectories for the 5 states analyzed with CONCISE using the thresholds reported in the Methods section.

|     |     |     |     |     |     |     |     |     |     |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 8   | 10  | 11  | 12  | 16  | 17  | 19  | 20  | 21  | 24  |
| 25  | 26  | 27  | 28  | 30  | 31  | 34  | 35  | 37  | 38  |
| 40  | 41  | 43  | 49  | 55  | 61  | 62  | 71  | 72  | 74  |
| 76  | 83  | 96  | 97  | 98  | 100 | 103 | 106 | 107 | 108 |
| 109 | 110 | 111 | 112 | 117 | 118 | 124 | 142 | 144 | 147 |
| 148 | 152 | 161 | 163 | 166 | 175 | 176 | 177 | 178 | 179 |
| 190 | 191 | 192 | 193 | 194 | 196 | 208 | 209 | 210 | 213 |
| 214 | 215 | 216 | 217 | 219 | 220 | 225 | 226 | 241 | 242 |
| 244 | 245 | 248 | 251 | 252 | 253 | 255 | 256 | 274 | 289 |
| 299 | 306 | 314 | 315 | 322 | 323 | 331 | 332 | 334 | 336 |
| 337 | 338 | 348 | 349 | 350 |     |     |     |     |     |



**Table S5:** Hydrodynamic Radii from each of the individual DLS runs:

PKA/ATP $\gamma$ N

|                |       |       |       |       |       |
|----------------|-------|-------|-------|-------|-------|
| Z-average (nm) |       |       |       |       |       |
| 3.082          | 3.053 | 3.048 | 3.063 | 3.065 | 3.059 |

PKA/ATP $\gamma$ N/PLN<sub>1-19</sub><sup>R14del</sup>

|                |       |       |       |       |       |
|----------------|-------|-------|-------|-------|-------|
| Z-average (nm) |       |       |       |       |       |
| 3.112          | 3.114 | 3.109 | 3.113 | 3.112 | 3.109 |

PKA/ATP $\gamma$ N/PLN<sub>1-19</sub><sup>WT</sup>

|                |       |       |       |       |       |
|----------------|-------|-------|-------|-------|-------|
| Z-average (nm) |       |       |       |       |       |
| 3.047          | 3.049 | 3.048 | 3.024 | 3.045 | 3.043 |

**Table S6:** Backbone HX-NOE values for PKA/ATP $\gamma$ N/PLN<sup>R14del</sup><sub>1-19</sub>.

| Residue | HX NOE     | Residue | HX NOE    | Residue | HX NOE    | Residue | HX NOE    |
|---------|------------|---------|-----------|---------|-----------|---------|-----------|
| 3       | -1.63±0.03 | 67      | 1.03±0.01 | 180     | 0.77±0.12 | 288     | 0.60±0.15 |
| 4       | -0.28±0.03 | 68      | 0.85±0.03 | 181     | 0.81±0.06 | 289     | 0.80±0.02 |
| 5       | -0.12±0.06 | 69      | 0.86±0.03 | 190     | 0.73±0.05 | 290     | 0.79±0.02 |
| 6       | -1.07±0.02 | 70      | 0.98±0.03 | 191     | 0.86±0.06 | 291     | 0.86±0.03 |
| 7       | 0.21±0.03  | 71      | 0.97±0.03 | 192     | 0.65±0.02 | 292     | 0.88±0.10 |
| 8       | 0.10±0.06  | 74      | 0.63±0.06 | 193     | 0.31±0.10 | 293     | 0.98±0.02 |
| 9       | 0.26±0.03  | 76      | 0.76±0.04 | 194     | 0.71±0.01 | 295     | 0.95±0.02 |
| 10      | 0.45±0.02  | 77      | 0.95±0.05 | 195     | 0.82±0.02 | 296     | 0.88±0.02 |
| 11      | 0.38±0.02  | 81      | 0.93±0.03 | 196     | 0.97±0.05 | 298     | 0.91±0.02 |
| 12      | 0.41±0.02  | 82      | 0.92±0.04 | 198     | 0.77±0.04 | 299     | 0.76±0.04 |
| 13      | 0.41±0.02  | 83      | 1.10±0.07 | 208     | 0.96±0.04 | 300     | 0.75±0.01 |
| 14      | 0.58±0.02  | 90      | 0.86±0.03 | 209     | 0.99±0.06 | 301     | 0.79±0.02 |
| 15      | 0.63±0.03  | 96      | 1.13±0.06 | 210     | 0.87±0.03 | 302     | 0.90±0.02 |
| 16      | 0.59±0.03  | 97      | 1.06±0.05 | 212     | 0.90±0.02 | 303     | 0.81±0.01 |
| 17      | 0.69±0.03  | 98      | 1.02±0.04 | 213     | 1.01±0.04 | 304     | 0.91±0.02 |
| 18      | 0.86±0.02  | 99      | 0.76±0.02 | 214     | 0.82±0.05 | 305     | 0.76±0.07 |
| 19      | 0.70±0.03  | 100     | 0.92±0.02 | 215     | 0.98±0.03 | 306     | 0.89±0.09 |
| 20      | 0.75±0.01  | 102     | 0.98±0.04 | 216     | 0.92±0.04 | 307     | 0.73±0.03 |
| 21      | 0.95±0.02  | 103     | 0.95±0.06 | 217     | 0.77±0.03 | 308     | 0.89±0.02 |
| 24      | 0.81±0.04  | 106     | 0.85±0.03 | 219     | 1.00±0.02 | 309     | 0.93±0.03 |
| 25      | 0.87±0.03  | 108     | 0.79±0.04 | 220     | 1.07±0.11 | 310     | 0.81±0.04 |
| 26      | 0.62±0.05  | 109     | 0.92±0.02 | 221     | 0.93±0.03 | 311     | 0.83±0.02 |
| 27      | 0.89±0.03  | 110     | 0.82±0.05 | 222     | 0.67±0.13 | 312     | 0.81±0.02 |
| 28      | 0.83±0.04  | 111     | 0.94±0.02 | 225     | 1.10±0.12 | 314     | 0.98±0.03 |
| 29      | 0.73±0.04  | 112     | 0.92±0.03 | 232     | 0.94±0.05 | 315     | 0.83±0.02 |
| 30      | 0.92±0.06  | 113     | 0.95±0.03 | 234     | 0.89±0.04 | 318     | 0.72±0.02 |
| 31      | 0.90±0.04  | 114     | 0.88±0.02 | 238     | 0.93±0.06 | 322     | 0.62±0.08 |
| 32      | 0.63±0.02  | 115     | 0.87±0.04 | 240     | 0.70±0.13 | 323     | 0.97±0.03 |
| 24      | 0.81±0.04  | 116     | 0.77±0.06 | 241     | 0.50±0.04 | 331     | 0.77±0.06 |
| 25      | 0.87±0.03  | 117     | 0.93±0.05 | 242     | 0.63±0.02 | 332     | 0.54±0.07 |
| 26      | 0.62±0.05  | 118     | 0.87±0.02 | 243     | 0.67±0.04 | 333     | 0.82±0.03 |
| 27      | 0.89±0.03  | 108     | 0.79±0.04 | 245     | 0.68±0.03 | 334     | 0.49±0.04 |
| 28      | 0.83±0.04  | 109     | 0.92±0.03 | 246     | 0.68±0.04 | 335     | 0.51±0.04 |
| 29      | 0.73±0.04  | 110     | 0.82±0.05 | 248     | 0.82±0.03 | 336     | 0.59±0.02 |
| 30      | 0.92±0.06  | 111     | 0.94±0.02 | 251     | 0.80±0.04 | 337     | 0.71±0.03 |
| 31      | 0.90±0.04  | 112     | 0.92±0.03 | 252     | 0.78±0.02 | 338     | 0.90±0.02 |
| 32      | 0.63±0.02  | 113     | 0.95±0.03 | 253     | 0.80±0.02 | 339     | 0.96±0.03 |
| 34      | 0.73±0.02  | 114     | 0.88±0.02 | 254     | 0.66±0.03 | 340     | 0.68±0.02 |
| 35      | 0.64±0.02  | 115     | 0.87±0.04 | 255     | 0.66±0.01 | 341     | 0.78±0.02 |

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|    |           |     |           |     |           |     |           |
|----|-----------|-----|-----------|-----|-----------|-----|-----------|
| 37 | 0.97±0.10 | 116 | 0.77±0.06 | 256 | 0.65±0.02 | 342 | 1.04±0.02 |
| 38 | 0.86±0.03 | 117 | 0.93±0.05 | 257 | 0.82±0.04 | 343 | 1.07±0.02 |
| 39 | 0.86±0.02 | 118 | 0.87±0.02 | 261 | 0.99±0.02 | 344 | 0.82±0.03 |
| 40 | 0.98±0.07 | 124 | 0.80±0.10 | 262 | 0.97±0.03 | 345 | 0.74±0.02 |
| 41 | 0.97±0.03 | 136 | 1.06±0.06 | 263 | 0.98±0.02 | 346 | 0.82±0.05 |
| 43 | 1.03±0.03 | 139 | 0.90±0.02 | 264 | 0.95±0.02 | 347 | 1.03±0.03 |
| 44 | 0.81±0.02 | 140 | 0.81±0.02 | 265 | 1.07±0.05 | 348 | 0.90±0.03 |
| 45 | 0.80±0.02 | 142 | 0.91±0.03 | 274 | 0.83±0.15 | 349 | 0.96±0.03 |
| 46 | 1.00±0.03 | 143 | 0.90±0.07 | 275 | 0.98±0.03 | 350 | 0.84±0.02 |
| 49 | 0.84±0.05 | 151 | 1.05±0.12 | 276 | 0.74±0.03 |     |           |
| 55 | 0.82±0.12 | 152 | 0.68±0.04 | 277 | 0.92±0.02 |     |           |
| 58 | 0.73±0.05 | 156 | 0.59±0.13 | 278 | 0.90±0.04 |     |           |
| 59 | 0.86±0.05 | 161 | 0.94±0.03 | 279 | 0.86±0.03 |     |           |
| 60 | 0.96±0.03 | 166 | 0.85±0.11 | 280 | 0.89±0.03 |     |           |
| 61 | 0.82±0.04 | 174 | 0.72±0.06 | 281 | 0.89±0.02 |     |           |
| 62 | 0.90±0.03 | 175 | 0.91±0.04 | 282 | 0.94±0.03 |     |           |
| 63 | 0.86±0.03 | 176 | 0.84±0.10 | 283 | 0.89±0.04 |     |           |
| 64 | 0.29±0.06 | 177 | 0.88±0.03 | 286 | 0.81±0.02 |     |           |
| 65 | 0.84±0.04 | 179 | 0.81±0.08 | 287 | 0.85±0.02 |     |           |

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**Table S7:** Backbone HX-NOE values for PKA/ATPγN/PLN<sup>WT</sup><sub>1-19</sub>.

| Residue | HX NOE     | Residue | HX NOE    | Residue | HX NOE    | Residue | HX NOE    |
|---------|------------|---------|-----------|---------|-----------|---------|-----------|
| 3       | -1.94±0.05 | 77      | 1.02±0.05 | 186     | 0.74±0.08 | 278     | 0.81±0.06 |
| 4       | -0.35±0.03 | 81      | 0.87±0.03 | 187     | 1.00±0.04 | 279     | 0.89±0.02 |
| 5       | -0.11±0.08 | 83      | 0.96±0.05 | 188     | 0.92±0.07 | 280     | 0.95±0.03 |
| 6       | -0.80±0.02 | 89      | 0.76±0.05 | 190     | 0.88±0.04 | 281     | 0.94±0.03 |
| 7       | 0.32±0.02  | 94      | 0.98±0.08 | 191     | 0.92±0.03 | 282     | 0.82±0.04 |
| 8       | 0.27±0.03  | 96      | 0.85±0.03 | 192     | 0.68±0.03 | 283     | 0.91±0.02 |
| 9       | 0.30±0.03  | 97      | 0.73±0.04 | 193     | 0.43±0.06 | 284     | 0.88±0.06 |
| 10      | 0.51±0.02  | 98      | 0.83±0.05 | 194     | 0.63±0.03 | 286     | 0.79±0.02 |
| 11      | 0.43±0.03  | 100     | 0.88±0.02 | 195     | 0.92±0.02 | 287     | 0.86±0.03 |
| 12      | 0.42±0.02  | 102     | 0.90±0.05 | 196     | 0.80±0.08 | 288     | 0.86±0.17 |
| 13      | 0.41±0.03  | 103     | 0.94±0.05 | 197     | 0.89±0.08 | 289     | 0.85±0.02 |
| 14      | 0.56±0.03  | 105     | 0.45±0.04 | 198     | 0.93±0.05 | 290     | 1.01±0.03 |
| 16      | 0.71±0.02  | 106     | 0.81±0.03 | 199     | 0.91±0.06 | 291     | 0.93±0.04 |
| 17      | 0.59±0.03  | 107     | 0.97±0.05 | 200     | 0.73±0.07 | 294     | 1.00±0.08 |
| 18      | 0.95±0.02  | 108     | 1.02±0.04 | 204     | 0.91±0.03 | 295     | 0.90±0.03 |
| 20      | 0.86±0.03  | 109     | 0.77±0.04 | 205     | 0.77±0.02 | 296     | 0.87±0.03 |
| 21      | 0.77±0.04  | 110     | 0.91±0.04 | 206     | 0.86±0.04 | 298     | 0.95±0.02 |
| 24      | 0.88±0.04  | 111     | 0.80±0.02 | 208     | 0.93±0.06 | 299     | 0.91±0.05 |
| 25      | 0.92±0.04  | 112     | 0.93±0.03 | 209     | 0.74±0.06 | 300     | 0.88±0.03 |
| 26      | 0.70±0.03  | 113     | 0.84±0.03 | 210     | 0.94±0.06 | 301     | 0.73±0.03 |
| 27      | 0.91±0.02  | 114     | 0.91±0.02 | 213     | 0.80±0.04 | 302     | 0.83±0.03 |
| 28      | 0.95±0.04  | 115     | 0.88±0.05 | 214     | 0.90±0.05 | 303     | 0.73±0.05 |
| 29      | 1.06±0.04  | 117     | 0.81±0.04 | 215     | 0.64±0.03 | 304     | 0.86±0.03 |
| 30      | 0.79±0.05  | 119     | 0.86±0.03 | 216     | 0.95±0.02 | 308     | 1.01±0.03 |
| 31      | 0.81±0.03  | 121     | 0.79±0.03 | 217     | 0.91±0.03 | 309     | 0.92±0.03 |
| 32      | 0.71±0.03  | 122     | 0.84±0.04 | 218     | 0.82±0.05 | 310     | 0.80±0.04 |
| 34      | 0.58±0.03  | 123     | 0.98±0.07 | 215     | 0.98±0.03 | 311     | 0.85±0.02 |
| 35      | 0.63±0.02  | 124     | 0.93±0.03 | 216     | 0.92±0.04 | 312     | 0.71±0.03 |
| 36      | 0.58±0.06  | 125     | 0.84±0.06 | 217     | 0.77±0.03 | 314     | 0.87±0.03 |
| 37      | 0.55±0.05  | 126     | 0.85±0.05 | 219     | 0.95±0.04 | 315     | 0.83±0.02 |
| 38      | 0.82±0.03  | 128     | 0.81±0.05 | 220     | 0.99±0.05 | 318     | 0.63±0.03 |
| 40      | 0.92±0.04  | 132     | 0.80±0.04 | 221     | 0.83±0.04 | 319     | 0.62±0.05 |
| 41      | 0.95±0.02  | 133     | 0.89±0.03 | 222     | 0.93±0.08 | 320     | 0.05±0.76 |
| 42      | 0.94±0.03  | 135     | 0.85±0.06 | 223     | 0.79±0.02 | 322     | 0.61±0.07 |
| 43      | 1.00±0.03  | 136     | 0.86±0.06 | 225     | 0.68±0.19 | 323     | 0.81±0.02 |
| 44      | 0.90±0.04  | 137     | 0.75±0.03 | 232     | 0.84±0.02 | 324     | 0.84±0.04 |
| 45      | 0.86±0.02  | 138     | 0.93±0.02 | 238     | 0.94±0.03 | 325     | 1.10±0.07 |
| 46      | 0.84±0.04  | 139     | 0.89±0.03 | 241     | 0.73±0.08 | 326     | 0.76±0.03 |
| 48      | 0.80±0.07  | 140     | 1.02±0.03 | 242     | 0.89±0.04 | 327     | 1.01±0.05 |

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|    |           |     |           |     |           |     |           |
|----|-----------|-----|-----------|-----|-----------|-----|-----------|
| 49 | 0.97±0.05 | 142 | 0.97±0.03 | 244 | 0.89±0.02 | 328 | 0.77±0.09 |
| 50 | 0.93±0.10 | 144 | 0.82±0.08 | 245 | 0.80±0.05 | 330 | 0.80±0.04 |
| 52 | 0.63±0.05 | 149 | 0.85±0.04 | 246 | 0.62±0.07 | 331 | 0.75±0.02 |
| 55 | 0.62±0.11 | 151 | 0.77±0.03 | 248 | 0.90±0.04 | 332 | 0.71±0.03 |
| 58 | 0.92±0.05 | 156 | 0.77±0.19 | 251 | 0.87±0.03 | 334 | 0.42±0.06 |
| 59 | 0.99±0.05 | 161 | 0.84±0.03 | 252 | 0.66±0.03 | 335 | 0.51±0.04 |
| 60 | 0.89±0.06 | 162 | 0.94±0.03 | 253 | 0.86±0.03 | 336 | 0.58±0.04 |
| 61 | 0.92±0.04 | 163 | 0.63±0.05 | 254 | 0.77±0.03 | 337 | 0.58±0.03 |
| 62 | 0.95±0.03 | 165 | 0.85±0.07 | 255 | 0.51±0.04 | 338 | 0.86±0.03 |
| 63 | 0.77±0.04 | 166 | 0.67±0.06 | 256 | 0.71±0.03 | 339 | 0.76±0.04 |
| 64 | 0.59±0.04 | 170 | 0.93±0.23 | 257 | 0.68±0.07 | 340 | 0.87±0.02 |
| 65 | 0.80±0.02 | 171 | 0.74±0.06 | 261 | 0.93±0.02 | 341 | 0.80±0.02 |
| 66 | 0.91±0.02 | 175 | 0.98±0.06 | 262 | 1.05±0.03 | 342 | 0.94±0.03 |
| 67 | 0.93±0.02 | 176 | 0.86±0.03 | 263 | 0.87±0.03 | 343 | 0.80±0.03 |
| 68 | 0.94±0.03 | 177 | 0.96±0.03 | 264 | 0.96±0.02 | 344 | 0.73±0.04 |
| 69 | 0.92±0.03 | 178 | 0.77±0.08 | 265 | 0.97±0.05 | 345 | 0.88±0.02 |
| 70 | 0.95±0.03 | 179 | 1.01±0.06 | 267 | 0.98±0.04 | 346 | 0.88±0.06 |
| 71 | 0.97±0.04 | 180 | 0.85±0.07 | 269 | 0.96±0.02 | 347 | 0.94±0.05 |
| 72 | 0.87±0.05 | 181 | 1.00±0.06 | 275 | 1.00±0.03 | 348 | 0.81±0.05 |
| 74 | 1.06±0.05 | 182 | 0.89±0.07 | 276 | 0.85±0.03 | 349 | 0.86±0.03 |
| 76 | 0.93±0.03 | 185 | 1.03±0.12 | 277 | 0.89±0.03 | 350 | 0.81±0.03 |

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**Table S8:** Backbone  $R_{ex}$  values for PKA/ATPyN from the Trosy Hahn-Echo Experiment.

| Residue | $R_{ex}$ ( $s^{-1}$ ) | Residue | $R_{ex}$ ( $s^{-1}$ ) | Residue | $R_{ex}$ ( $s^{-1}$ ) | Residue | $R_{ex}$ ( $s^{-1}$ ) |
|---------|-----------------------|---------|-----------------------|---------|-----------------------|---------|-----------------------|
| 16      | 7.49±0.91             | 97      | 11.36±2.89            | 206     | 2.51±0.73             | 282     | 2.17±0.79             |
| 17      | 1.52±0.22             | 99      | 0.65±0.10             | 208     | 13.45±3.47            | 283     | -1.96±0.36            |
| 18      | -1.19±0.14            | 100     | 3.10±0.17             | 209     | 19.05±6.11            | 286     | -1.22±0.15            |
| 19      | 2.90±0.50             | 102     | 0.91±2.19             | 210     | 5.40±1.39             | 287     | 0.82±0.12             |
| 20      | 2.59±0.28             | 103     | -8.98±2.19            | 211     | 0.36±0.06             | 289     | -0.40±0.06            |
| 21      | 0.79±0.11             | 106     | 3.44±0.57             | 213     | 1.62±0.35             | 290     | -5.10±0.83            |
| 24      | -3.12±0.50            | 108     | 6.53±1.53             | 214     | 17.85±4.58            | 291     | -2.27±0.40            |
| 25      | -2.63±0.41            | 109     | 4.73±0.78             | 215     | 3.79±0.64             | 292     | -1.84±0.59            |
| 26      | -1.23±0.23            | 110     | 8.94±2.20             | 216     | 1.53±0.34             | 293     | 0.11±0.01             |
| 27      | 2.93±0.57             | 111     | 4.22±0.59             | 217     | 6.30±0.94             | 294     | -4.04±1.10            |
| 28      | -1.12±0.20            | 112     | 3.65±0.64             | 219     | 6.81±1.58             | 295     | -0.75±0.10            |
| 29      | 1.34±0.28             | 113     | 7.59±1.32             | 221     | 3.69±0.64             | 296     | 29.88±7.02            |
| 30      | 2.59±0.65             | 114     | 0.40±0.07             | 222     | -4.20±1.68            | 298     | -0.88±0.10            |
| 31      | 3.30±0.65             | 115     | 4.84±1.33             | 225     | 1.76±0.81             | 299     | 2.52±0.67             |
| 32      | 1.14±0.16             | 116     | 8.05±1.89             | 226     | 2.39±1.09             | 300     | 2.89±0.27             |
| 34      | 4.92±0.56             | 117     | 9.29±2.09             | 228     | 4.53±2.61             | 301     | -1.13±0.15            |
| 35      | 12.27±1.30            | 118     | 9.52±1.49             | 232     | 1.91±0.39             | 302     | -0.53±0.06            |
| 37      | 48.49±27.71           | 122     | 8.98±3.47             | 233     | 7.32±3.35             | 304     | -3.47±0.49            |
| 38      | 11.23±1.80            | 125     | 14.53±10.43           | 234     | 4.45±1.17             | 305     | 32.79±8.12            |
| 39      | 0.05±0.01             | 136     | 11.39±2.65            | 240     | 3.02±0.52             | 306     | -3.10±0.75            |
| 41      | 3.56±0.49             | 137     | 5.17±0.69             | 241     | 5.34±0.89             | 307     | 2.30±0.43             |
| 43      | 1.82±0.28             | 139     | 8.46±1.28             | 242     | 1.20±0.13             | 308     | -2.27±0.40            |
| 44      | 5.58±0.82             | 140     | 6.87±1.06             | 244     | 4.20±0.56             | 309     | 0.42±0.07             |
| 45      | 3.15±0.39             | 142     | 3.46±0.59             | 245     | -4.05±0.67            | 310     | -3.06±0.57            |
| 46      | 4.92±1.08             | 143     | 6.90±2.12             | 246     | -1.15±0.22            | 311     | -0.95±0.12            |
| 49      | 16.55±5.77            | 144     | -0.21±0.10            | 247     | 3.14±0.56             | 312     | 3.30±0.40             |
| 55      | 17.29±9.77            | 147     | 10.57±5.63            | 248     | -2.14±0.33            | 314     | 2.12±0.36             |
| 58      | 17.37±5.30            | 149     | 7.08±2.00             | 251     | 1.35±0.26             | 315     | 3.79±0.48             |
| 59      | 23.68±8.37            | 150     | -10.72±5.47           | 252     | -1.62±0.25            | 317     | 5.98±2.69             |
| 60      | 2.74±0.58             | 151     | 3.56±1.73             | 253     | 1.15±0.16             | 322     | 14.66±5.53            |
| 61      | -2.38±0.48            | 155     | 4.66±1.71             | 254     | 0.29±0.03             | 323     | 0.42±0.07             |
| 62      | 3.50±0.67             | 161     | 7.22±1.36             | 255     | 6.95±0.65             | 331     | 12.99±7.52            |
| 63      | -3.50±0.57            | 162     | 12.16±2.68            | 256     | -1.23±0.13            | 332     | 33.43±16.42           |
| 64      | 0.80±0.11             | 163     | 31.01±9.19            | 257     | 19.64±8.24            | 334     | 11.09±1.63            |
| 65      | 1.28±0.25             | 166     | 15.67±5.14            | 261     | -3.22±0.40            | 335     | 4.93±0.62             |
| 66      | -0.29±0.05            | 174     | 12.22±3.54            | 262     | 9.28±1.78             | 336     | 5.17±0.59             |
| 67      | -1.13±0.12            | 175     | 5.85±1.34             | 263     | 6.36±1.58             | 337     | 37.16±8.18            |
| 68      | 8.33±1.18             | 176     | 5.17±1.41             | 264     | 0.72±0.10             | 338     | -0.59±0.08            |
| 69      | 7.69±1.42             | 177     | -0.06±0.01            | 265     | 5.08±1.92             | 339     | 4.59±0.64             |

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|    |            |     |             |     |            |     |            |
|----|------------|-----|-------------|-----|------------|-----|------------|
| 70 | 5.16±0.96  | 178 | -7.37±2.55  | 267 | 4.07±0.52  | 340 | -2.38±0.30 |
| 71 | 7.39±1.35  | 179 | -0.44±0.11  | 268 | 0.91±0.37  | 341 | 1.78±0.20  |
| 74 | 9.80±2.31  | 181 | 29.55±15.18 | 272 | 6.90±2.89  | 342 | 4.99±0.81  |
| 76 | 9.54±2.20  | 182 | 2.42±1.03   | 274 | -1.51±0.47 | 343 | 2.81±0.45  |
| 77 | 6.86±1.60  | 190 | 11.87±2.34  | 275 | 3.51±0.59  | 344 | 4.15±0.62  |
| 80 | 5.69±1.26  | 191 | 10.23±2.26  | 276 | 4.33±0.59  | 345 | 1.56±0.19  |
| 81 | 7.73±1.89  | 192 | 11.39±2.37  | 277 | 2.29±0.32  | 346 | 9.37±2.73  |
| 83 | 0.17±0.03  | 193 | 10.55±2.44  | 278 | 4.53±1.08  | 347 | -1.37±0.25 |
| 84 | 20.16±5.73 | 194 | 4.64±0.39   | 279 | -9.19±2.03 | 348 | 3.11±0.54  |
| 90 | 4.96±1.02  | 196 | 6.73±1.42   | 280 | -5.01±0.77 | 349 | 5.93±0.94  |
| 96 | 7.43±3.00  | 198 | 8.37±1.72   | 281 | 1.91±0.30  | 350 | -0.30±0.04 |

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**Table S9:** Backbone  $R_{ex}$  values for PKA/ATPyN/PLN<sup>R14del</sup><sub>1-19</sub> from the Trosy Hahn-Echo Experiment.

| Residue | $R_{ex}$ (s <sup>-1</sup> ) | Residue | $R_{ex}$ (s <sup>-1</sup> ) | Residue | $R_{ex}$ (s <sup>-1</sup> ) | Residue | $R_{ex}$ (s <sup>-1</sup> ) |
|---------|-----------------------------|---------|-----------------------------|---------|-----------------------------|---------|-----------------------------|
| 16      | 6.58±0.78                   | 106     | 8.81±1.52                   | 209     | 23.05±11.27                 | 289     | -3.26±0.47                  |
| 17      | 2.90±0.40                   | 108     | 13.04±3.05                  | 210     | 19.31±6.73                  | 290     | -5.88±0.90                  |
| 18      | -5.15±0.58                  | 109     | 1.49±0.25                   | 211     | 7.43±1.27                   | 291     | -5.65±0.93                  |
| 19      | 0.95±0.15                   | 110     | 6.78±1.93                   | 212     | 3.26±0.50                   | 292     | 5.26±2.09                   |
| 20      | 6.51±0.54                   | 111     | 3.11±0.41                   | 213     | 4.14±0.75                   | 293     | -0.70±0.08                  |
| 21      | 0.89±0.12                   | 112     | 1.45±0.27                   | 214     | 35.69±13.33                 | 294     | -0.17±0.04                  |
| 24      | -3.37±0.53                  | 113     | 4.93±0.68                   | 215     | 3.79±0.78                   | 295     | -2.18±0.28                  |
| 25      | 0.28±0.04                   | 114     | -1.56±0.25                  | 216     | 3.41±0.79                   | 296     | 27.19±6.08                  |
| 26      | 5.93±0.90                   | 115     | 0.91±0.25                   | 217     | 8.02±1.25                   | 298     | -3.10±0.55                  |
| 28      | -2.33±0.37                  | 116     | 6.97±2.08                   | 219     | 9.58±2.29                   | 299     | 0.41±0.09                   |
| 29      | -2.83±0.54                  | 117     | 11.88±3.20                  | 220     | 23.67±14.90                 | 300     | 2.92±0.27                   |
| 30      | -11.86±3.07                 | 118     | 10.15±1.56                  | 221     | 11.62±2.34                  | 301     | -3.77±0.45                  |
| 31      | 2.34±0.44                   | 108     | 13.04±3.05                  | 225     | 7.04±3.38                   | 302     | -0.77±0.09                  |
| 32      | 1.96±0.23                   | 109     | 1.49±0.25                   | 232     | 33.57±9.67                  | 303     | -2.52±0.28                  |
| 34      | 3.39±0.35                   | 110     | 6.78±1.93                   | 233     | 3.28±1.37                   | 304     | -3.20±0.43                  |
| 35      | 14.08±1.48                  | 111     | 3.11±0.41                   | 234     | -0.59±0.13                  | 305     | 3.96±1.15                   |
| 38      | 17.65±2.97                  | 112     | 1.45±0.27                   | 240     | 10.65±4.89                  | 306     | 0.61±0.15                   |
| 39      | 0.02±0.00                   | 113     | 4.93±0.68                   | 241     | 11.98±1.88                  | 307     | 1.28±0.22                   |
| 41      | 1.37±0.18                   | 114     | -1.56±0.25                  | 242     | 3.94±0.44                   | 308     | 0.25±0.03                   |
| 43      | -3.37±0.59                  | 115     | 0.91±0.25                   | 244     | 6.18±0.89                   | 309     | -0.17±0.03                  |
| 44      | 2.18±0.33                   | 116     | 6.97±2.08                   | 245     | -3.82±0.63                  | 310     | -3.55±0.64                  |
| 45      | 2.51±0.28                   | 117     | 11.88±3.20                  | 246     | -1.47±0.29                  | 311     | -1.48±0.17                  |
| 49      | 15.78±6.98                  | 118     | 10.15±1.56                  | 248     | 2.99±0.55                   | 312     | 2.97±0.33                   |
| 55      | 27.41±22.79                 | 122     | 7.28±3.64                   | 251     | 0.77±0.15                   | 314     | 4.62±0.77                   |
| 58      | 18.43±7.04                  | 136     | 1.45±0.38                   | 252     | -2.44±0.36                  | 315     | 5.13±0.61                   |
| 59      | 18.07±5.66                  | 137     | 3.53±0.42                   | 253     | 3.55±0.50                   | 318     | 6.16±0.77                   |
| 60      | 1.68±0.35                   | 139     | 5.36±0.76                   | 254     | -1.47±0.16                  | 322     | 16.37±5.33                  |
| 61      | -4.50±0.94                  | 140     | 7.40±1.05                   | 255     | 7.44±0.63                   | 323     | -3.48±0.56                  |
| 62      | 5.70±1.16                   | 142     | 4.84±0.83                   | 256     | -1.76±0.17                  | 331     | 30.93±8.46                  |
| 63      | -5.06±0.8                   | 143     | 2.24±0.83                   | 257     | 4.44±1.14                   | 332     | 49.66±21.77                 |
| 64      | 2.46±0.32                   | 147     | 3.24±1.54                   | 261     | -3.81±0.44                  | 333     | 16.19±2.42                  |
| 65      | -2.48±0.44                  | 150     | 0.96±0.57                   | 262     | 10.53±1.96                  | 334     | 9.05±1.10                   |
| 66      | -1.75±0.29                  | 140     | 7.40±1.05                   | 263     | -0.40±0.07                  | 335     | 11.58±1.58                  |
| 67      | -0.45±0.05                  | 151     | -0.48±0.24                  | 264     | -0.59±0.08                  | 336     | 3.97±0.41                   |
| 68      | 8.43±1.09                   | 155     | 7.63±2.80                   | 265     | -1.68±0.65                  | 337     | 24.90±3.72                  |
| 69      | -8.25±1.80                  | 161     | 15.64±3.30                  | 267     | -4.65±0.72                  | 338     | -1.19±0.17                  |
| 70      | -0.15±0.03                  | 175     | 2.87±0.60                   | 268     | -2.73±0.94                  | 339     | -0.34±0.05                  |
| 71      | 7.91±1.48                   | 176     | 1.38±0.53                   | 269     | 2.69±1.02                   | 340     | -3.30±0.42                  |



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|     |             |     |             |     |            |     |            |
|-----|-------------|-----|-------------|-----|------------|-----|------------|
| 74  | 27.31±10.62 | 177 | 0.15±0.03   | 272 | 11.45±4.73 | 341 | 2.06±0.21  |
| 76  | 16.15±3.97  | 178 | -1.21±0.39  | 274 | -6.88±2.71 | 342 | 2.21±0.34  |
| 77  | 8.89±2.17   | 179 | -1.36±0.34  | 275 | 1.36±0.21  | 343 | 0.15±0.02  |
| 81  | -1.44±0.33  | 181 | 31.04±12.86 | 276 | -1.14±0.15 | 344 | 3.17±0.46  |
| 83  | 12.45±3.55  | 190 | 21.47±8.72  | 277 | 1.15±0.16  | 345 | 1.12±0.14  |
| 90  | 5.56±1.17   | 191 | 12.65±3.67  | 278 | 2.13±0.49  | 346 | 12.40±3.36 |
| 96  | 15.01±5.98  | 192 | 20.70±3.08  | 279 | -4.22±0.91 | 347 | -0.36±0.06 |
| 97  | 26.73±11.01 | 193 | 14.61±2.94  | 280 | -8.09±1.21 | 348 | 4.01±0.69  |
| 98  | -8.46±1.55  | 194 | 9.42±0.88   | 281 | -1.74±0.25 | 349 | 4.85±0.74  |
| 99  | 6.98±1.05   | 195 | 11.06±1.70  | 282 | 4.53±1.01  | 350 | -0.12±0.02 |
| 100 | 1.78±0.25   | 196 | -2.04±0.72  | 283 | -2.20±0.41 |     |            |
| 102 | 3.85±0.72   | 198 | 9.92±2.06   | 286 | -3.02±0.37 |     |            |
| 103 | -9.30±1.91  | 208 | 14.52±3.90  | 287 | -1.83±0.26 |     |            |

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**Table S10:** Backbone  $R_{ex}$  values for PKA/ATPyN/PLN<sup>WT</sup><sub>1-19</sub> from the Trosy Hahn-Echo Experiment.

| Residue | $R_{ex}$ (s <sup>-1</sup> ) | Residue | $R_{ex}$ (s <sup>-1</sup> ) | Residue | $R_{ex}$ (s <sup>-1</sup> ) | Residue | $R_{ex}$ (s <sup>-1</sup> ) |
|---------|-----------------------------|---------|-----------------------------|---------|-----------------------------|---------|-----------------------------|
| 16      | 7.28±0.98                   | 103     | -4.34±1.52                  | 196     | -0.59±0.15                  | 288     | 15.48±12.53                 |
| 17      | 2.13±0.34                   | 104     | -3.36±1.52                  | 197     | 15.19±8.92                  | 289     | 4.61±0.68                   |
| 18      | 0.25±0.03                   | 106     | 2.99±0.45                   | 198     | 11.31±2.64                  | 290     | -4.89±0.86                  |
| 19      | 2.69±0.58                   | 107     | 5.06±1.75                   | 199     | 26.73±9.80                  | 291     | -3.47±0.64                  |
| 21      | -2.28±0.40                  | 108     | 2.51±0.59                   | 200     | 19.31±7.06                  | 294     | -4.06±1.19                  |
| 24      | -2.06±0.41                  | 110     | -1.94±0.47                  | 203     | 28.40±20.61                 | 295     | -0.77±0.12                  |
| 25      | 1.09±0.21                   | 111     | -2.45±0.36                  | 204     | 0.40±0.07                   | 296     | 32.81±9.20                  |
| 26      | -7.49±1.66                  | 112     | 3.11±0.56                   | 205     | 3.06±0.42                   | 298     | -0.58±0.08                  |
| 27      | 0.60±0.08                   | 113     | 9.34±1.54                   | 206     | 6.43±1.51                   | 299     | 0.58±0.16                   |
| 28      | -4.53±0.86                  | 114     | -1.52±0.28                  | 208     | 12.69±4.24                  | 300     | -0.89±0.14                  |
| 29      | -4.26±0.98                  | 115     | 8.82±2.69                   | 209     | 20.47±6.49                  | 301     | -3.03±0.42                  |
| 30      | 4.37±1.21                   | 117     | 8.54±1.92                   | 210     | 16.85±5.59                  | 302     | 0.02±0.00                   |
| 31      | 5.32±0.96                   | 121     | -0.20±0.03                  | 213     | 1.31±0.24                   | 303     | 7.23±1.58                   |
| 32      | 6.53±0.97                   | 122     | 2.86±0.53                   | 214     | 18.10±4.80                  | 304     | -2.93±0.44                  |
| 34      | 4.23±0.43                   | 123     | 0.70±0.25                   | 215     | 9.67±2.22                   | 306     | 15.22±5.53                  |
| 35      | 9.77±1.01                   | 124     | 6.77±1.15                   | 216     | 1.26±0.16                   | 307     | 1.10±0.23                   |
| 36      | 7.99±1.73                   | 125     | -2.06±0.54                  | 217     | 5.36±0.91                   | 308     | 0.51±0.09                   |
| 37      | 12.41±2.56                  | 126     | -0.24±0.07                  | 219     | 1.40±0.32                   | 309     | 0.68±0.14                   |
| 38      | 7.84±1.15                   | 128     | 12.20±4.15                  | 220     | -1.82±0.54                  | 310     | -7.45±1.65                  |
| 39      | -1.26±0.16                  | 132     | 3.51±0.51                   | 221     | 0.55±0.11                   | 311     | 0.44±0.06                   |
| 40      | 3.59±0.69                   | 133     | 5.03±0.86                   | 222     | 0.04±0.01                   | 312     | 3.52±0.44                   |
| 41      | 5.57±0.76                   | 135     | 10.09±3.56                  | 223     | -0.36±0.05                  | 314     | -2.11±0.32                  |
| 42      | -2.00±0.36                  | 136     | 5.67±1.56                   | 225     | 14.33±7.31                  | 315     | -0.40±0.05                  |
| 43      | -1.94±0.34                  | 137     | 1.94±0.24                   | 232     | 12.10±1.51                  | 318     | 4.72±0.53                   |
| 44      | 2.11±0.40                   | 138     | 2.36±0.31                   | 233     | 7.38±3.72                   | 319     | 12.35±2.37                  |
| 45      | 4.13±0.52                   | 139     | 6.39±1.03                   | 241     | 22.52±5.62                  | 320     | 10.28±1.77                  |
| 46      | -2.74±0.65                  | 140     | 6.02±0.99                   | 242     | -5.44±1.04                  | 322     | 21.03±6.59                  |
| 48      | 21.59±10.47                 | 142     | -0.76±0.13                  | 244     | 2.33±0.31                   | 323     | -3.45±0.45                  |
| 49      | 3.36±1.15                   | 144     | -0.25±0.11                  | 245     | -2.05±0.40                  | 324     | 10.60±2.89                  |
| 50      | 13.35±5.71                  | 147     | 11.23±5.63                  | 246     | 2.95±0.74                   | 325     | 10.82±3.32                  |
| 52      | 21.24±5.21                  | 149     | 4.53±0.95                   | 247     | 2.20±0.53                   | 326     | 17.71±4.30                  |
| 55      | 10.88±4.69                  | 150     | 1.36±0.72                   | 248     | 4.08±1.01                   | 327     | 6.21±1.30                   |
| 58      | 2.38±0.54                   | 151     | 6.39±0.91                   | 251     | 7.76±1.40                   | 328     | 21.56±11.77                 |
| 59      | 1.34±0.39                   | 152     | -2.59±0.79                  | 252     | 0.93±0.12                   | 330     | 7.36±1.29                   |
| 60      | 3.46±1.00                   | 155     | 10.88±5.17                  | 253     | 2.96±0.49                   | 331     | 6.22±0.81                   |
| 61      | 2.54±0.65                   | 156     | 23.07±17.63                 | 254     | -2.37±0.28                  | 332     | 16.82±2.68                  |
| 62      | 1.55±0.33                   | 161     | -0.71±0.14                  | 255     | 6.11±0.62                   | 334     | 6.08±0.66                   |
| 63      | 1.35±0.26                   | 162     | -0.89±0.20                  | 256     | -1.34±0.16                  | 335     | 7.12±0.92                   |

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|     |            |     |             |     |             |     |            |
|-----|------------|-----|-------------|-----|-------------|-----|------------|
| 64  | 0.66±0.10  | 165 | 29.05±16.38 | 257 | 4.85±1.44   | 336 | 1.37±0.15  |
| 65  | 4.52±0.75  | 166 | 8.52±2.33   | 262 | 8.30±1.84   | 337 | 9.19±1.11  |
| 66  | -1.54±0.28 | 171 | 19.20±5.06  | 263 | -1.11±0.21  | 338 | 1.81±0.28  |
| 67  | -1.31±0.17 | 172 | 0.49±0.07   | 264 | -0.03±0.00  | 339 | 0.83±0.18  |
| 68  | 6.29±1.13  | 175 | 0.43±0.11   | 265 | 1.49±0.40   | 340 | -0.49±0.07 |
| 69  | 0.21±0.05  | 176 | 5.51±0.91   | 266 | -4.52±1.38  | 341 | 2.76±0.33  |
| 70  | -0.35±0.06 | 177 | 2.28±0.45   | 267 | -0.56±0.09  | 342 | 2.77±0.45  |
| 71  | 6.43±1.49  | 178 | 0.71±0.27   | 268 | 3.33±1.23   | 343 | 1.75±0.28  |
| 72  | 4.61±1.56  | 179 | -2.27±0.70  | 269 | 10.89±2.23  | 344 | 2.37±0.39  |
| 74  | 3.22±0.90  | 180 | 5.51±2.27   | 274 | -10.51±3.72 | 345 | 0.14±0.02  |
| 76  | 7.62±1.46  | 181 | 8.36±2.59   | 275 | 4.96±0.89   | 346 | 14.24±4.23 |
| 77  | 9.93±2.32  | 182 | 6.78±2.38   | 276 | 0.81±0.13   | 347 | -1.30±0.25 |
| 81  | 14.04±2.64 | 185 | 19.25±10.08 | 277 | 1.18±0.19   | 348 | 5.55±1.07  |
| 89  | 3.40±0.47  | 186 | 8.09±3.30   | 278 | -1.60±0.46  | 349 | 4.48±0.72  |
| 92  | 8.51±1.52  | 187 | 5.76±1.85   | 279 | -1.60±0.25  | 350 | -3.51±0.56 |
| 94  | 4.15±2.43  | 188 | 1.82±0.73   | 280 | -6.59±1.12  |     |            |
| 96  | 5.11±1.04  | 190 | 3.56±0.74   | 281 | -2.68±0.43  |     |            |
| 97  | 14.54±4.02 | 191 | 4.98±0.82   | 282 | 4.64±1.15   |     |            |
| 98  | -6.33±1.34 | 192 | 4.08±0.56   | 283 | 0.75±0.12   |     |            |
| 99  | 4.76±0.93  | 193 | 11.07±1.68  | 284 | -4.86±1.51  |     |            |
| 100 | 2.35±0.32  | 194 | 9.44±0.99   | 286 | 0.66±0.09   |     |            |
| 102 | -1.36±0.27 | 195 | 2.42±0.42   | 287 | -0.99±0.17  |     |            |

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