## **Neurology** and Therapy



- This Portuguese retrospective neurologist survey evaluated treatment response in 1,131 relapsing-remitting multiple sclerosis patients receiving 12 months' first-line therapy with one of five European Medicine Agency-approved disease-modifying agents.
- Twenty-six percent of patients had a sub-optimal treatment response (defined as ≥1 relapse or increased Expanded Disability Status Scale [EDSS] score).
- After adjustment for differences in duration of therapy, baseline age, and EDSS score among treatments, sub-optimal response appeared to be related only to more severe baseline EDSS score.
- These data suggest that closer monitoring of patients is needed to optimize treatment strategies and improve outcomes.

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