

Supporting Information

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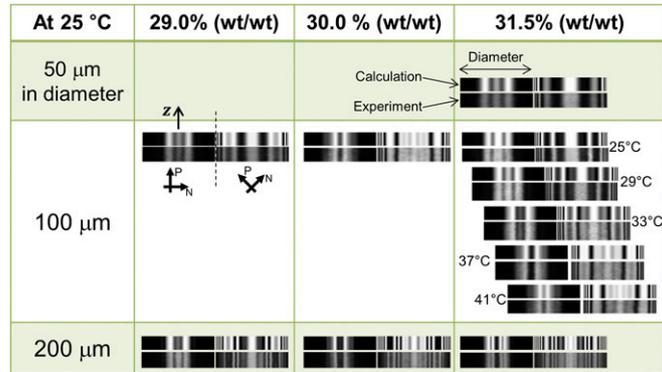


Fig. S1. POM images and simulated patterns of nematic SSY in a cylinder between crossed polarizers according to the diameter, concentration, and temperature of the SSY sample; z is parallel to the cylindrical axis of the capillary. The left and right columns of each set have different directions of crossed polarizers; the pass axis directions of a polarizer (P) and an analyzer (N) are shown as arrows. The lower row in each set of POM images shows the experimental images taken under monochromatic illumination (wavelength = 650 nm), and the upper row corresponds to POM patterns simulated by Jones matrix calculations of director-field models. *Materials and Methods* discusses the calculation of director fields. Within these ranges of concentration and temperature, nematic SSY adopts TER director configurations.

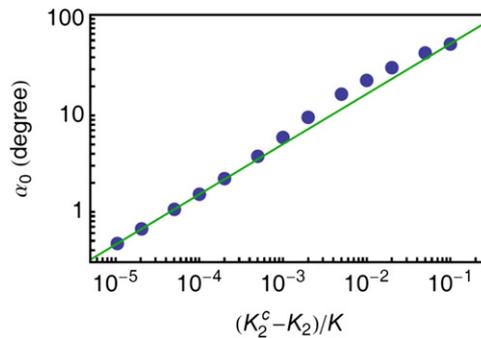
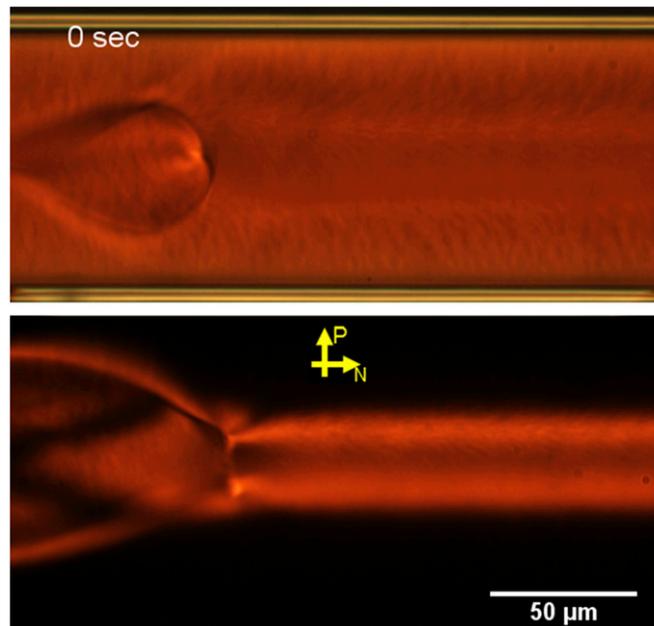


Fig. S2. Numerical calculation of twist angle $\alpha_0 = \alpha(r=0)$ for various values of the twist elastic modulus K_2 when splay (K_1) and bend (K_3) moduli are equal to K . When K_2 surpasses the critical value, $K_2^c \approx 0.27K$, no twist solution with finite α_0 exists. The solid line is a linear fit in the log–log scale and indicates that α_0 in the vicinity of the critical point is well-described by a power law $\alpha_0 \sim (K_2^c - K_2)^\beta$, where the critical exponent $-\beta \sim 0.5$.



Movie S1. Optical microscopy images of double helices of disclinations slowly growing from the left side while replacing the TER configuration on the right side. *Upper* shows bright-field images of a growing helix, and *Lower* shows another helix's POM images taken under polychromatic illumination; the pass axis directions of a polarizer (P) and an analyzer (N) are shown as arrows.

[Movie S1](#)