



Department of Defense **INSTRUCTION**

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USD(P&R)

mTBI/concussion. The diagnosis of mild traumatic brain injury also known as concussion is made when two conditions are met. In the absence of documentation, both conditions are based on self-report information.

An injury event must have occurred.

The individual must have experienced a normal structural neuroimaging by head CT or conventional brain MRI and one of the following:

Alteration of consciousness lasting less than 24 hours.

Loss of consciousness, if any, lasting for less than 30 minutes.

Memory loss after the event, called post-traumatic amnesia, for events immediately surrounding the injury that lasts for less than 24 hours.