

Supporting Information of

Excess Relative Risk as an Effect Measure in Case-Control Studies of Rare Diseases

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S5 Exhibit. A proof that for an observed exposure-disease association to be explained away by an unmeasured factor, the putative factor (if it exists) must be at least as strongly associated with exposure, and also as strongly associated with disease, as that seen between the exposure and disease under study.

Assumed that the exposure under study (E) has no effect whatsoever on the occurrence of the disease (D), except for the possible confounding effect from a binary confounder (U) which is unmeasured in the study. The excess risk quantifying the relation between U and E is

$ER_{UE} = \Pr(U = 1 | E = 1) - \Pr(U = 1 | E = 2)$, and the excess risk quantifying the relation between U and D is $ER_{UD} = \Pr(D = 1 | U = 1) - \Pr(D = 1 | U = 2)$, respectively. The observed disease risks

are then $p_U \times (r + ER_{UD}) + (1 - p_U) \times r$ in the unexposed population, and

$(p_U + ER_{UE}) \times (r + ER_{UD}) + (1 - p_U - ER_{UE}) \times r$ in the exposed population, respectively, where

$p_U = \Pr(U = 1 | E = 2)$ is the proportion of people with $U = 1$ in the unexposed population and $r = \Pr(D = 1 | U = 2)$ is the disease risk for people with $U = 2$. The apparent excess risk for the

relation between E and D is

$$\begin{aligned} ER_{ED} &= \Pr(D = 1 | E = 1) - \Pr(D = 1 | E = 2) \\ &= (p_U + ER_{UE}) \times (r + ER_{UD}) + (1 - p_U - ER_{UE}) \times r \\ &\quad - p_U \times (r + ER_{UD}) - (1 - p_U) \times r \\ &= ER_{UE} \times ER_{UD}, \end{aligned}$$

and the apparent excess risk ratio,

$$ERR_{ED} = \frac{ER_{UE} \times ER_{UD}}{\Pr(D = 1 | E = 2)}.$$

Assuming $ER_{UE} > 0$ and $ER_{UD} > 0$ (positive associations between U and E and between U

and D), the following two inequalities are derived:

$$\begin{aligned}
ERR_{ED} &= \frac{ER_{UE} \times ER_{UD}}{\Pr(D = 1 | E = 2)} \\
&< \frac{ER_{UD}}{\Pr(D = 1 | E = 2)} \\
&= \frac{ER_{UD}}{\Pr(U = 1 | E = 2) \times \Pr(D = 1 | U = 1) + \Pr(U = 2 | E = 2) \times \Pr(D = 1 | U = 2)} \\
&< \frac{ER_{UD}}{\Pr(U = 1 | E = 2) \times \Pr(D = 1 | U = 2) + \Pr(U = 2 | E = 2) \times \Pr(D = 1 | U = 2)} \\
&= \frac{ER_{UD}}{\Pr(D = 1 | U = 2)} \\
&= ERR_{UD}
\end{aligned}$$

and

$$\begin{aligned}
ERR_{ED} &= \frac{ER_{UE} \times ER_{UD}}{\Pr(D = 1 | E = 2)} \\
&= \frac{ER_{UE} \times [\Pr(D = 1 | U = 1) - \Pr(D = 1 | U = 2)]}{\Pr(U = 1 | E = 2) \times \Pr(D = 1 | U = 1) + \Pr(U = 2 | E = 2) \times \Pr(D = 1 | U = 2)} \\
&< \frac{ER_{UE} \times \Pr(D = 1 | U = 1)}{\Pr(U = 1 | E = 2) \times \Pr(D = 1 | U = 1)} \\
&= ERR_{UE}.
\end{aligned}$$