## B. Active Movement Scale (AMS)

Observation

Shoulder abduction		
Shoulder adduction	 <b>Gravity Minimized</b>	Score
Shoulder flexion	 No contraction	0
Shoulder external rotation	 Contraction, no motion	1
Shoulder internal rotation	 Motion ≤ 1/2 range	2
Elbow flexion	 Motion > 1/2 range	3
Elbow extension	 Full motion	4
Forearm pronation	 Against Gravity	
Forearm supination	 Motion ≤ 1/2 range	5
Wrist flexion	 Motion > 1/2 range	6
Wrist extension	 Full motion	7
Finger flexion		
Finger extension		
Thumb flexion		
Thumb extension		

A score of 4 must be achieved before a higher score can be assigned. Scores are assigned based on the available passive range of motion. Clarke HM, Curtis CG. An approach to obstetrical brachial plexus injuries. *Hand Clinics*. 1995;11:563-580. The AMS was not designed to provide a total score. However, the total score has been used in clinical decision-making algorithms and to demonstrate change. <sup>51,107-108</sup>