

D. Brachial Plexus Outcome Measure

Activity Scale
SHOULDER
Hand to back of head <i>- Combs back of head</i>
Forward Overhead Reaching <i>- Uses two hands to place a container directly</i>
Midline Activity <i>- Undo button or snap at navel level</i>
Hand to back pant pocket <i>- Puts affected fingers into ipsilateral back pant pocket</i>
ELBOW AND FOREARM
Hand to mouth <i>- Holds plate with unaffected hand, picks up cookie from plate and places it in mouth</i>
Uses computer mouse <i>- Uses affected hand with individual finger isolation on mouse</i>
Playing drums <i>- Hits drum sticks on table</i>
Holds plate with palm up <i>- Holds plate with affected hand palm up</i>
WRIST, FINGERS AND THUMB
Opening large container



Functional

Movement Scale:



1. Cannot complete task
2. Completes task using only unaffected arm
3. Completes task. Absent active movement in primary mover(s). May use PROM to complete movement pattern.
4. Completes task. Initiates all movement actively or position of primary mover(s) is sufficient for function. Compensatory techniques used to complete movement pattern.
5. Completes task with normal movement pattern.

Self-Evaluation Scale



My arm works.....

 _____ 
 Very Poorly Very Well

My hand works.....

 _____ 
 Very Poorly Very Well

My arm and hand looks.....

 _____ 
 Very Bad Very Good

- *Opens 5" diameter container with snap on lid*

Pulls apart medium resistance theraputty

- *Uses power grasp to pull apart theraputty with active wrist extension*

Strings bead

- *Holds either bead or string with precision grip with affected hand*

Ho ES, Curtis CG, Clarke HM. The Brachial Plexus Outcome Measure: development, internal consistency, and construct validity. *J Hand Ther.* 2012;25(4):406-17.