# Naloxone for Overdose Prevention patient city, state, ZIP code prescriber city, state, ZIP code prescriber phone number Naloxone HCl 1 mg/mL 2 x 2 mL as pre-filleld Luer-Lock needless syringe (NDC 76329-3369-1) Refills: 2 x Intranasal Mucosal Atomizing Device (MAD 300) Refills: For suspected opioid overdose, spray 1mL in each nostril. Repeat after 3 minutes if no or minimal response. Pharmacist: Call 1-800-788-7999 to order MAD 300. prescriber signature

#### **How to Avoid Overdose**

- · Only take medicine prescribed to you
- · Don't take more than instructed
- · Call a doctor if your pain gets worse
- Never mix pain meds
  Store your medicine to an overdose with alcohol
- Avoid sleeping pills when taking pain meds naloxone
- Dispose of unused medications
- in a secure place
- · Learn how to use

 Teach your family + friends how to respond



Signs of an overdose:

- Slow or shallow breathing
- Gasping for air when sleeping or weird snoring
- · Pale or bluish skin
- Slow heartbeat, low blood pressure
- Won't wake up or respond (rub knuckles on sternum)



All you have to say:

"Someone is unresponsive and not breathing." Give clear address and location.



### Airway

Make sure nothing is inside the person's mouth.



### Prepare Naloxone

Are they any better? Can you get naloxone and prepare it quickly enough that they won't go for too long without your breathing assistance?

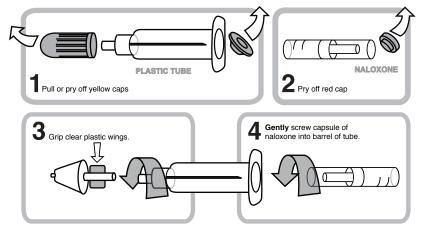
# Rescue breathing

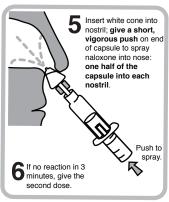
Oxygen saves lives. Breathe for them. One hand on chin, tilt head back, pinch nose closed. Make a seal over mouth & breathe in

1 breath every 5 seconds

Chest should rise, not stomach

## PrescribeToPrevent.org





Source: HarmReduction.org

#### Evaluate + support

- Give another 2 sprays of naloxone in 3 minutes if no or minimal breathing or responsiveness
- · Naloxone wears off in 30-90 minutes
- · Comfort them; withdrawal can be unpleasant
- Get them medical care and help them not use more opiate right away
- Encourage survivors to seek treatment if they feel they have a problem

