

S6 Table. Association of maternal blood pressure levels in early pregnancy with offspring cardiometabolic traits at 4 years of age, after excluding women with gestational diabetes (n=48), Rhea pregnancy cohort Crete, Greece

| Offspring cardiometabolic traits at 4 years of age | n | SBP in early pregnancy (per increase in 10 mm Hg) (n=488) | | | DBP in early pregnancy (per increase in 10 mm Hg) (n=488) | | |
|--|-----|---|--------------------------|--------------------------|---|--------------------------|--------------------------|
| | | Model 1 | Model 2 | Model 3 | Model 1 | Model 2 | Model 3 |
| <i>Adiposity outcomes</i> | | | | | | | |
| | | RR (95%CI) | RR (95%CI) | RR (95%CI) | RR (95%CI) | RR (95%CI) | RR (95%CI) |
| Overweight/obese | 103 | 1.23 (1.04, 1.44) | 1.22 (1.04, 1.44) | 1.22 (1.02, 1.45) | 1.25 (1.06, 1.47) | 1.23 (1.04, 1.46) | 1.23 (1.03, 1.47) |
| WC (cm) \geq 90th pct | 54 | 1.22 (0.97, 1.54) | 1.18 (0.93, 1.51) | 1.07 (0.84, 1.36) | 1.22 (0.96, 1.56) | 1.18 (0.92, 1.53) | 1.14 (0.88, 1.48) |
| | | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) |
| Child BMI | 462 | 0.18 (0.00, 0.36) | 0.18 (0.00, 0.35) | 0.13 (-0.05, 0.32) | 0.15 (-0.03, 0.33) | 0.15 (-0.02, 0.32) | 0.12 (-0.04, 0.30) |
| WC (cm) | 458 | 0.48 (0.05, 0.92) | 0.48 (0.05, 0.92) | 0.27 (-0.13, 0.68) | 0.44 (-0.02, 0.91) | 0.40 (-0.05, 0.86) | 0.32 (-0.05, 0.71) |
| Sum of 4 Skinfolds (mm) | 451 | 1.85 (0.40, 3.30) | 1.74 (0.31, 3.18) | 1.43 (-0.09, 2.95) | 2.30 (1.02, 3.57) | 2.16 (0.93, 3.39) | 1.93 (0.71, 3.16) |
| <i>Non-fasting lipid levels</i> | | | | | | | |
| | | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) |
| TC(mg/dl) | 395 | -0.70 (-3.07, 1.67) | -0.67 (-3.07, 1.72) | -1.29 (-3.76, 1.17) | -1.62 (4.50, 1.25) | -1.36 (-4.20, 1.47) | -1.79 (-4.77, 1.19) |
| HDL-C(mg/dl) | 395 | 0.51 (-0.46, 1.48) | 0.54 (-0.43, 1.51) | 0.72 (-0.34, 1.79) | -0.49 (-1.60, 0.62) | -0.24 (-1.37, 0.88) | -0.22 (-1.40, 0.95) |
| <i>Blood pressure levels</i> | | | | | | | |
| | | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) | β -coeff. (95%CI) |
| SBP percentiles | 360 | 0.18 (0.00, 0.37) | 0.19 (0.00, 0.38) | 0.23 (0.02, 0.43) | 0.20 (-0.01, 0.41) | 0.17 (-0.04, 0.39) | 0.17 (-0.04, 0.39) |
| DBP percentiles | 360 | 0.07 (-0.04, 0.19) | 0.07 (-0.04, 0.19) | 0.09 (-0.02, 0.21) | 0.10 (-0.03, 0.23) | 0.08 (-0.05, 0.21) | 0.08 (-0.05, 0.21) |

BMI, Body Mass Index; WC, Waist Circumference; TC, Total Cholesterol; LDL-C, Low Density Lipoprotein Cholesterol; HDL-C, High Density Lipoprotein Cholesterol; SBP, Systolic Blood Pressure; DBP, Diastolic Blood Pressure; pct, percentile;

Model 1: adjusted for child sex.(except models using offspring systolic and diastolic blood pressure percentiles as an outcome)

Model 2: model 1 further adjusted for maternal age, education level, parity, smoking during pregnancy and pre-pregnancy BMI

Model 3: model 2 additionally adjusted for gestational weight gain, birth weight, breastfeeding duration, and TV watching at 4 years of age (hours/day). Models using offspring WC and sum of skinfolds as an outcome variable were also adjusted for child height, while those using offspring non-fasting lipid levels as an outcome were also adjusted for child BMI. Bold indicated statistically significant differences at p<0.05