In Vitro Antibacterial Activity of Spectinomycin

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The in vitro inhibitory and bactericidal activities of spectinomycin hydrochloride were tested against a variety of bacteria. The antibiotic was inhibitory at 31.2 μ g/ml to most strains of Escherichia coli, Klebsiella, Enterobacter, and Staphylococcus epidermidis. Concentrations of antibiotic exhibiting bactericidal activity exceeded the inhibitory concentration by at least fourfold. Regression graphs were plotted for results obtained with 30-, 100-, 200-, and 300- μ g spectinomycin discs; tentative interpretative standards are proposed.

Spectinomycin hydrochloride, a basic antibiotic prepared from Streptomyces spectabilis, has been found to be highly effective in the therapy of gonorrhea (2, 3, 5). Because, with the usually recommended dosages, peak concentrations of this agent in the blood may be about 100 μ g/ml (9, 11) and urinary concentrations may attain 1,000 μ g/ml, this investigation was undertaken to study the activity of spectinomycin against bacteria other than Neisseria gonorrhoeae.

MATERIALS AND METHODS

Spectinomycin (Trobicin) was supplied as a sterile dry powder in 100-mg vials through the courtesy of R. T. Pfeifer (The Upjohn Co., Kalamazoo, Mich.). The antibiotic was dissolved in sterile distilled water.

Minimal inhibitory concentrations (MIC) were determined in Mueller-Hinton agar (MHA) and Trypticase soy agar (TSA), both obtained from BBL, by the agar dilution technique (12). The inoculareplicating device described by Steers and co-workers (10) was used, and the concentrations of spectinomycin tested were 1,000, 500, 250, 125, 62.5, 31.2, 15.6, and 7.8 μ g/ml. Inoculum size was adjusted so as to deposit 10⁵ colony-forming units (CFU) on the surface of the agar. The MIC represented the lowest concentration at which there was no growth, a fine barely visible haze, or no more than three discrete colonies.

Bactericidal activity of spectinomycin was determined against three different sizes of inocula (103, $10⁵$, and $10⁷ CFU/ml$ of two strains of each of the following species by use of procedures described by Otto et al. (7): Escherichia coli, Staphylococcus aureus, and Proteus mirabilis. Twofold dilutions of spectinomycin were prepared in tubes containing 0.5 ml of Mueller-Hinton broth (BBL). To each tube was added 0.5 ml of an appropriate dilution of 6-hr broth cultures of the test organisms to provide the desired inoculum size. Colony counts of each of the diluted broth cultures were performed by a pour plate technique. At the end of 18 hr of incubation at 35 C, 0.5 ml of the broth in each tube exhibiting no

visible turbidity was pipetted into correspondingly labeled tubes containing 15 ml of molten (50 C) brain-heart infusion agar, and pour plates were prepared. The pour plates were incubated at ³⁵ C for 72 hr, and the concentrations of spectinomycin that resulted in 99.9% kill of the initial inoculum were calculated.

Disc diffusion tests were performed according to the method described by Bauer et al. (1) with the standards proposed in the Federal Register (21CFR, Part 147.2, 36: 6899-6902, 1971). Discs containing 30, 100, 200, and 300 μ g of spectinomycin were supplied by The Upjohn Co. and were tested against 120 bacterial isolates. To select the 120 test strains, the MIC against each of ³⁶⁸ clinical isolates of bacteria was determined.

RESULTS AND DISCUSSION

Table ¹ shows the MIC of spectinomycin against 368 clinical isolates of bacteria. The majority of strains of Enterobacteriaceae, with the exception of Serratia marcescens and of species of *Proteus*, were inhibited by 31.2 μ g/ml. Most staphylococci and group D streptococci required 62.5 μ g/ml for inhibition. Few strains of Pseudomonas aeruginosa and Herellea vaginicola were inhibited by 62.5 μ g/ml, and most required 500 or 1,000 μ g/ml for inhibition.

The MIC values obtained in MHA and those obtained with the same strains in TSA are shown in Table 2. The MIC values of approximately 56 $\%$ of the strains were identical in both media; however, those of 38% were at least twofold greater in TSA than in MHA. Although heavier growth of some strains of S. epidermidis or group D streptococci on TSA than on MHA may have accounted for some differences in MIC, this factor alone cannot explain these differences completely. Nearly 35% of strains of P. aeruginosa had ^a higher MIC in TSA than in MHA. These findings are suggestive of those

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Organism	Strains (no.)	Cumulative percent inhibited at each concentration $(\mu g/ml)^a$							
		7.8	15.6	31.2	62.5	125	250	500	1,000
$Escherichia coli \ldots \ldots \ldots \ldots \ldots$	97	20	87	88	89	89	90	94	
	38	32	87	90	90	92	97		
	20		100						
$Serratia \ldots \ldots \ldots \ldots \ldots \ldots \ldots$		---	20	60	60	80	100		
$Citrobacter$ diversus $\ldots \ldots \ldots$			57	86	100				
Proteus mirabilis	25			24	96	96	96	96	100
Other <i>Proteus</i> spp	18		11	50	67	72			
$Pseudomonas$ aeruginosa	40				8	13	35	85	95
$Hereilea \dots \dots \dots \dots \dots \dots \dots \dots$	16			6	6	44	69	81	
$Staphylococcus aureus$	27			4	93	96			
$S.$ epidermidis	42		5	79	83	83	83	83	86
Group D streptococci	33		3	21	94	100			

TABLE 1. Minimal inhibitory concentrations of spectinomycin against various bacteria

^a Agar dilution technique with Mueller-Hinton agar.

TABLE 2. Relationship of minimal inhibitory concentrations (MIC) in Mueller-Hinton agar (MHA) and Trypticase soy agar (TSA)

Organism	Strains (no.)	MIC range in MHA	Fold relationship of MIC in TSA				
		$(\mu$ g/ml $)$	-2		$+2$	$\geq +4$	
$Staphylococcus aureus$	17	$62.5 - 125$		9a	8		
	26	$15.6 - 62.5$			21	2	
Group D streptococci	22	$31.2 - 125$			20		
$Escherichia coli. \ldots \ldots \ldots \ldots$	39	$7.8 - 15.6$		34			
Klebsiella	14	$7.8 - 250$		10			
	10	$7.8 - 15.6$		10			
		$15.6 - 250$					
Proteus mirabilis	11	$21.2 - 62.5$		6			
Other <i>Proteus</i> spp	10	$15.6 - 62.5$					
$Pseudomonas$ aeruginosa	23	$31.2 - 1,000$		14	8		
Herella vaginicola	8	$125 - 1.000$		5	2		
$Total \dots \dots \dots \dots \dots \dots \dots \dots \dots \dots$	185		11	104	68		

^a Number of strains.

observed with tetracycline, polymyxin B, and gentamicin, the activities of which are affected by cation content of the media (4, 6,13-16).

The inhibitory activity of spectinomycin was related to inoculum size. The minimal bactericidal concentration (MBC) of spectinomycin resulting in killing of 99.9% of the original inoculum within 72 hr as determined by plate count was at least four times the MIC and was usually greater (Table 3), thereby characterizing this antibiotic as being bacteriostatic rather than bactericidal (7).

Regression graphs of the MIC against the zone diameters about each of four discs containing 30, 100, 200, and 300 μ g of spectinomycin are shown in Fig. ¹ through 4.

In general, anticipated concentrations of an antibiotic in the blood should exceed the MIC

by three to five times for an organism to be considered susceptible (8). In the case of spectinomycin, therefore, since blood levels in the order of 100 μ g/ml are readily attainable, it may be reasonable to propose tentatively that organisms inhibited by $31.2 \mu g$ or less/ml be considered susceptible, that organisms inhibited by 62.5 or 125 μ g/ml (concentrations equivalent to or slightly less than peak blood concentrations) be placed into the intermediate category, and that organisms for which concentrations in excess of 125 μ g/ml are required be considered resistant. Separation of organisms into these three categories can be accomplished most readily by using the $100 - \mu g$ disc (Table 4). The $100 - \mu$ g disc achieves somewhat better separation of points on the regression graph than does

Organism	Inoculum size (CFU/ml)	MIC ^a (µg∕ ml)	Concn resulting in 99.9% kill $(\mu g/ml)$
E. coli U6642	2.8×10^3	7.8	
	2.8×10^{5} 2.8×10^{7}	15.6 31.2	250
E. coli (ATCC	3.8×10^3	7.8I	
25922)	3.8×10^{5}	15.61	250
	3.8×10^{7}	62.51	250
S. aureus G2510	1.3×10^3	31.2	
	1.3×10^{5}		31, 2 125, 250, 500
	1.3×10^{7}	$-b$	
S. aureus (ATCC	4.7×10^{2}	31.2	
25923)	4.7×10^{4}	31.2	500, 1,000
	4.7×10^{6}	$\overline{}$	
P. mirabilis U7616	3.2×10^3	31.2	
	3.2×10^{5}	31.2	
	3.2×10^{7}	125	
P. mirabilis U7572	3.6×10^{3}	31.2	
	3.6×10^{5}	31.2	1.000
	3 6 \times 10 ⁷	125	1.000

TABLE 3. Bactericidal activity of spectinomycin with various inoculum sizes

FIG. 1. Regression graph for 30-µg spectinomycin disc.

FIG. 2. Regression graph for 100-µg spectinomycin disc.

FIG. 3. Regression graph for 200-µg spectinomycin disc.

FIG. 4. Regression graph for $300 - \mu g$ spectinomycin disc.

TABLE 4. Suggested susceptibility status on basis of zone diameters obtained with 100-µg spectinomycin discs

Zone diam (mm)	Status
≥ 18	Susceptible
$15 - 17$	Intermediate
≤ 14	Resistant

the $30-\mu g$ disc and therefore appears to be preferable for routine use.

Because very high urinary concentrations of spectinomycin are attained, it may be possible that a second disc with a higher antibiotic content would be desirable for testing urinary isolates of bacteria. However, this has not generally been the practice with other antibiotics and would require documentation of the clinical response of bacteriuria due to a variety of organisms for which the MIC of spectinomycin is known.

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