

Stroke Knowledge Questionnaire

Select the best answer for each question. The best answer may be “all of the above.”

1. Where in the body does a stroke occur?
 - a. Heart
 - b. Brain
 - c. Kidneys
 - d. Lungs

2. Which of the following could represent a stroke?
 - a. Sudden loss of vision
 - b. Weakness on one side of the body
 - c. Sudden onset of slurred speech
 - d. All of the above

3. There is no treatment for stroke once it occurs.
 - a. True
 - b. False

4. Which of the following increase(s) a person’s risk of stroke?
 - a. High blood pressure
 - b. Smoking cigarettes
 - c. Diabetes (high blood sugar)
 - d. All of the above

5. Which of the following medications is/ are used to prevent stroke?
 - a. Aspirin
 - b. Tylenol
 - c. Valium
 - d. All of the above

6. What should you do if you experience signs or symptoms of stroke?
 - a. Call your primary care doctor
 - b. Take an aspirin and wait until symptoms resolve
 - c. Take a nap
 - d. Call 911 immediately

7. Stress is the number one risk factor for stroke
 - a. True
 - b. False

8. Which of the following can a person do to decrease their risk of stroke?
 - a. Stop smoking cigarettes
 - b. Stop drinking coffee

- c. Avoid exercise
 - d. All of the above
9. Stroke is the 3rd leading cause of death in Maryland.
- a. True
 - b. False
10. Which of the following is associated with increased risk of stroke
- a. Sleep apnea
 - b. Large waist size
 - c. Irregular heart rate
 - d. All of the above