

SDR soleus muscles

	type 1 fiber (μm^2)	type 2 fiber (μm^2)
control	996 \pm 8.7	694 \pm 5.1
BCAA	1008 \pm 8.3	633 \pm 5.2
Dex	1051 \pm 8.5	759 \pm 5.9
BCAA + Dex	899 \pm 4.6	752 \pm 6.1

SDR EDL muscles

	type 1 fiber (μm^2)	type 2 fiber (μm^2)
control	423 \pm 22.4	661 \pm 4.8
BCAA	374 \pm 18.2	642 \pm 4.7
Dex	476 \pm 16.3	722 \pm 4.8
BCAA + Dex	444 \pm 23.0	577 \pm 3.7

GH-treated SDR soleus muscles

	type 1 fiber (μm^2)	type 2 fiber (μm^2)
control	1569 \pm 16.6	1067 \pm 10.6
BCAA	1558 \pm 11.8	1015 \pm 8.0
Dex	1284 \pm 10.5	775 \pm 5.9
BCAA + Dex	1376 \pm 14.6	946 \pm 9.8

GH-treated SDR EDL muscles

	type 1 fiber (μm^2)	type 2 fiber (μm^2)
control	622 \pm 31.2	834 \pm 8.3
BCAA	605 \pm 26.6	837 \pm 8.7
Dex	383 \pm 31.3	592 \pm 8.6
BCAA + Dex	604 \pm 15.0	726 \pm 6.4