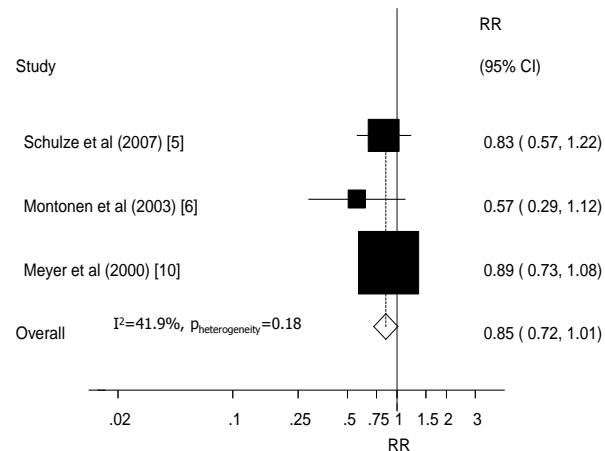
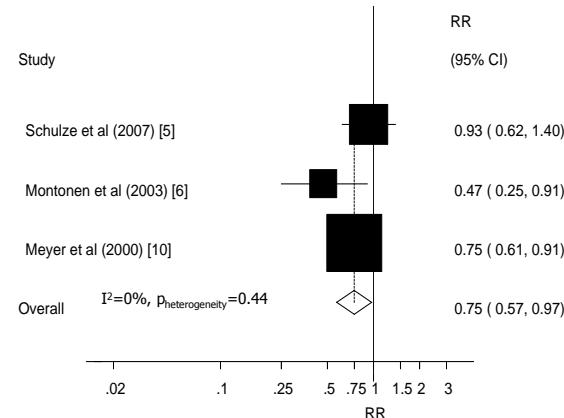


ESM Figure 3: Soluble (a, b) and insoluble fibre (c, d) and type 2 diabetes, high vs. low (a, c) and linear dose-response (b, d) meta-analysis per 10 g/d. The RR of each study is represented by a square and the size of the square represents the weight of each study to the overall estimate. 95% CIs are represented by the horizontal lines and the diamond represents the overall estimate and its 95% CI

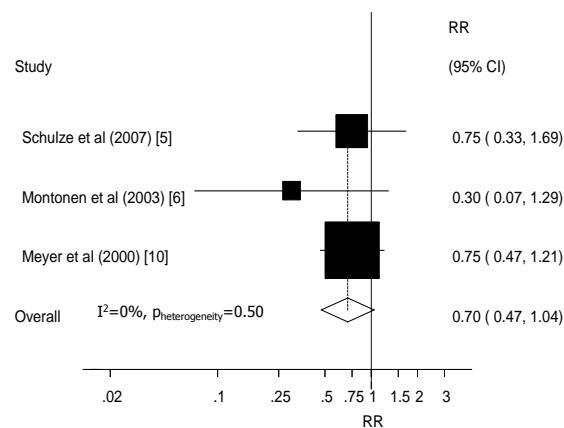
A



C



B



D

