

**Table 7A (Supplementary) Results of the prevalent and incident analyses for nuclear and cortical cataracts. a. Odds ratios for prevalence of nuclear and cortical cataracts for the nutrients that were found to be statistically significant. b. Hazards ratios for incidence of nuclear and cortical cataracts adjusted for energy intake in non-Centrum users for the nutrients that were found to be statistically significant. c. Hazards ratios for incidence of nuclear, cortical and posterior subcapsular cataracts for the nutrients that were found to be statistically significant in Centrum-user, adjusting for energy intake.**

Analysis	Nutrient	Quintile	Ratio (95%CL)	
<b>a, Prevalence</b>				
Mild nuclear	Riboflavin	2	1.05 (0.84-1.30)	
		3	0.86 (0.69-1.07)	
		4	0.89 (0.72-1.11)	
		5	0.78 (0.63-0.97)	
		B12	2	0.80 (0.64-0.99)
		3	0.82 (0.67-1.02)	
		4	0.74 (0.60-0.92)	
		5	0.78 (0.63-0.96)	
Mild cortical	Riboflavin	2	0.98 (0.80-1.21)	
		3	0.91 (0.75-1.12)	
		4	0.87 (0.71-1.07)	
		5	0.80 (0.65-0.99)	
		B12	2	0.93 (0.76-1.14)
		3	0.90 (0.73-1.10)	
		4	0.82 (0.66-1.00)	
		5	0.77 (0.63-0.95)	
Moderate nuclear	Riboflavin	2	0.79 (0.53-1.16)	
		3	0.61 (0.41-0.90)	
		4	0.80 (0.55-1.15)	
		5	0.62 (0.43-0.90)	
		B12	2	0.48 (0.33-0.72)
			3	0.61 (0.42-0.88)
			4	0.55 (0.38-0.80)
			5	0.62 (0.43-0.88)
	B6	2	0.78 (0.53-1.14)	
			3	0.66 (0.44-0.99)
		4	0.61 (0.41-0.90)	
		5	0.67 (0.45-0.99)	
<b>b. Incidence, Centrum non-users</b>				
Mild nuclear	Niacin	2	0.78 (0.60, 1.03)	
		3	0.74 (0.56, 0.96)	
		4	0.77 (0.59, 1.00)	
		5	0.69 (0.52, 0.92)	
		B12	2	0.68 (0.44, 1.05)
		3	0.66 (0.43, 1.02)	
		4	0.67 (0.45, 0.99)	
		5	0.56 (0.37, 0.83)	
<b>c. Incidence, Centrum users</b>				
Mild PSC	Folate	2	1.35 (0.89, 2.04)	
		3	1.17 (0.77, 1.79)	
		4	1.62 (1.09, 2.41)	
		5	1.61 (1.08, 2.41)	