

Supporting Information

Gravel et al. 10.1073/pnas.1502741112

Description of the CARTaGENE Cohort

A full description of the CARTaGENE cohort can be found in Awadella et al. (1).

The following information was taken directly from the above cited reference.

CARTaGENE (CaG) is the largest ongoing prospective health study of men and women in Quebec, Canada. A total of 20 007 men and women were enrolled from August 2009 to October 2010 and are tracked based on linkage to governmental health administrative databases and direct reassessment. The content of the data encompasses a broad range of chronic conditions, clinical phenotypes and their potential determinants, making this a versatile research platform for the investigation of the role of genes, the environment and lifestyle on various health conditions. The CaG cohort consists of men and women aged between 40 and 69 y, residing in metropolitan areas representing a total of 55.7% of the Quebec population (Montreal, Quebec, Sherbrooke and Saguenay). Based on population density from the 2006 Census, expected numbers of recruits in each area were as follows: 15 271 for Montreal, 3224 for Quebec City, 804 for Sherbrooke and 701 for Saguenay. Questionnaire modules were completed by most participants (99%). Completion of physiological measurements was also high (>89%) except for spirometry (81.5%), which had strict contraindication criteria and Electrocardiogram (ECG) (39.8%), which was not implemented in all sites.

A questionnaire based on the P₃G DataSHaPER [2] was revised by more than 30 experts from various scientific fields. It has also been pretested with 223 respondents. Topics cover the following: socio-demographic factors, lifestyle, mental state, psychosocial environment, personal and family history of disease, health care utilization,

medication use and women and men's reproductive health and history. Declared health conditions had to have been diagnosed by a physician.

Participants underwent noninvasive physical measurements that included anthropometry, body composition, physical strength, lung function, bone density, blood pressure, cardiac function, peripheral and central blood pressures and cognitive function.

Hematological and biochemical tests include immediate assessment of blood cell counts and biochemical analysis. Quality assurance tests in the optimization phase demonstrated that all parameters were measured with test–retest reliability well in excess of 90%.

A total of 106.5 mL of blood was drawn in Vacutainers tubes from each participant. Part of the samples was sent to clinical diagnostic laboratories for immediate hematological and biochemical analysis, whereas the rest was sent to the Genome Quebec and Saguenay hospital/ECOGENE-21 Biobank (GQ Biobank) for storage. Whole blood, plasma, serum and urine were collected and stored in various conditions at the biobank. Whole blood (10 mL) was aliquoted in 384-well GenPlates by an automated liquid handler dispensing 10 µl in each well, and then stored at room temperature for extraction of DNA (average DNA concentration per GenPlate element is 60 ng/µl).

Population representativity was targeted to ensure the use of the platform for public health research. The obvious benefit of designing CaG as such is to provide unbiased estimations of risk exposure and prevalence of health outcomes. The obvious pitfall is that it limits probable representation of minority subgroups and does not allow self-enrolment of potentially long-term members.

1. Awadalla P, et al.; CARTaGENE Project (2013) Cohort profile of the CARTaGENE study: Quebec's population-based biobank for public health and personalized genomics. *Int J Epidemiol* 42(5):1285–1299.

2. Fortier I, et al. (2010) Quality, quantity and harmony: The DataSHaPER approach to integrating data across bioclinical studies. *Int J Epidemiol* 39(5):1383–1393.

Table S1. Country of birth of icHHV-6+ subjects, parents, grandparents, and ethnicity

Country	Country of birth [N (%)]	Mother's country of birth [N (%)]	Mother's mother country of birth [N (%)]	Mother's father country of birth [N (%)]	Father's country of birth [N (%)]	Father's mother country of birth [N (%)]	Father's father country of birth [N (%)]	Ethnicity [N (%)]
Canada	94 (83.2)	86 (77.5)	79 (72.5)	79 (72.5)	85 (75.9)	79 (71.8)	78 (70.9)	White/European [98 (88.3)]
France	3 (2.7)	5 (4.5)	4 (3.7)	5 (4.6)	3 (2.7)	3 (2.7)	3 (2.7)	Arab [7 (6.3)]
United Kingdom	2 (1.8)	3 (2.7)	4 (3.7)	4 (3.7)	4 (3.6)	6 (5.5)	8 (7.3)	Black African [2 (1.8)]
Egypt	2 (1.8)	1 (0.9)	1 (0.9)	2 (1.8)	4 (3.6)	2 (1.8)	1 (0.9)	Caribbean [1 (0.9)]
Lebanon	2 (1.8)	1 (0.9)	2 (1.8)	2 (1.8)	1 (0.9)	2 (1.8)	2 (1.8)	Latino 1 [(0.9)]
Argentina	1 (0.9)	1 (0.9)	1 (0.9)		1 (0.9)	1 (0.9)	1 (0.9)	Mixed ethnicity [1 (0.9)]
Israel	1 (0.9)							West Asian [1 (0.9)]
Romania	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	
Trinidad and Tobago	1 (0.9)							
Equador	1 (0.9)	1 (0.9)			1 (0.9)			
El Salvador	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	
Algeria	1 (0.9)							
Cameroon	1 (0.9)							
Guadeloupe	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)				
Morocco	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	
Guinea		1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	1 (0.9)	
Haiti		2 (1.8)	1 (0.9)	1 (0.9)	2 (1.8)	1 (0.9)	1 (0.9)	
Ireland		1 (0.9)	1 (0.9)	1 (0.9)				
Italy		3 (2.7)	4 (3.7)	4 (3.7)	3 (2.7)	5 (4.5)	5 (4.5)	
Turkey		2 (1.8)	2 (1.8)	2 (1.8)	1 (0.9)	1 (0.9)	3 (2.7)	
United States			3 (2.8)	2 (1.8)	1 (0.9)	4 (3.6)	1 (0.9)	
Algeria			1 (0.9)		1 (0.9)			
Macedonia			1 (0.9)					
Poland				1 (0.9)				
Uruguay				1 (0.9)				
Guyana					1 (0.9)	1 (0.9)	1 (0.9)	
Spain						1 (0.9)	1 (0.9)	
Syrian Arab Republic							1 (0.9)	
Total N	113	111	109	109	112	110	110	110

Table S2. Mean ± SE for selected physical, hematological, and biochemical measures in controls and icHHV-6+ subjects

Variable	N	Controls	icHHV6+	Control females	icHHV6+ females	Control males	icHHV6+ males	P value sex*	P value icHHV6+†
Peripheral blood pressure									
Systolic blood pressure (mmHg)	19,247	124.02 ± 0.11	126.83 ± 1.45	119.78 ± 0.15	123.83 ± 2.17	128.27 ± 0.16	129.82 ± 1.91	<0.001	1.00
Diastolic blood pressure (mmHg)	19,247	73.71 ± 0.07	75.12 ± 0.97	71.97 ± 0.1	73.13 ± 1.46	75.45 ± 0.1	77.11 ± 1.28	0.028	1.00
Anthropometry									
BMI (kg/m ²)	18,336	27.5 ± 0.04	29.03 ± 0.69	27.02 ± 0.05	29.73 ± 1.03	27.98 ± 0.06	28.33 ± 0.91	1.00	0.958
% body fat	18,336	30.42 ± 0.05	31.83 ± 0.72	35.49 ± 0.07	37.81 ± 1.08	25.35 ± 0.08	25.84 ± 0.95	<0.001	1.00
Hematology									
White blood cells (10 ⁹ cells/L)	18,744	6.89 ± 0.02	6.85 ± 0.22	6.98 ± 0.02	6.98 ± 0.33	6.8 ± 0.02	6.71 ± 0.28	<0.001	1.00
Red blood cells (10 ¹² cells/L)	18,744	4.53 ± 0	4.6 ± 0.03	4.29 ± 0	4.38 ± 0.05	4.76 ± 0	4.82 ± 0.05	<0.001	1.00
Hemoglobin (g/dL)	18,746	139.59 ± 0.07	140.36 ± 0.96	131.89 ± 0.1	133.2 ± 1.45	147.29 ± 0.1	147.53 ± 1.25	<0.001	1.00
Hematocrit	18,745	0.41 ± 0	0.42 ± 0	0.39 ± 0	0.4 ± 0	0.43 ± 0	0.43 ± 0	<0.001	1.00
Mean corpuscular volume (fL)	18,745	90.74 ± 0.03	90.6 ± 0.44	90.82 ± 0.05	90.94 ± 0.67	90.67 ± 0.05	90.25 ± 0.58	1.00	1.00
Mean corpuscular hemoglobin (pg)	18,745	30.89 ± 0.01	30.64 ± 0.19	30.78 ± 0.02	30.57 ± 0.29	31 ± 0.02	30.71 ± 0.25	1.00	1.00
Mean corpuscular hemoglobin concentration (g/L)	18,745	340.24 ± 0.06	337.92 ± 0.75	338.75 ± 0.08	335.91 ± 1.13	341.73 ± 0.08	339.92 ± 0.97	<0.001	0.068
Red cell distribution width (RDW)	18,746	13.38 ± 0.01	13.44 ± 0.1	13.39 ± 0.01	13.34 ± 0.16	13.36 ± 0.01	13.54 ± 0.13	1.00	1.00
Platelets (10 ⁹ cell/L)	18,728	243.66 ± 0.42	237.78 ± 4.56	258.65 ± 0.59	245.85 ± 6.88	228.67 ± 0.6	229.7 ± 5.98	<0.001	1.00
Lymphocytes (in proportion to total leukocytes)	16,963	0.29 ± 0	0.3 ± 0.01	0.3 ± 0	0.31 ± 0.01	0.28 ± 0	0.29 ± 0.01	1.00	1.00
Monocytes (in proportion to total leukocytes)	16,962	0.08 ± 0	0.08 ± 0	0.07 ± 0	0.07 ± 0	0.08 ± 0	0.08 ± 0	<0.001	1.00
Neutrophils (in proportion to total leukocytes)	16,820	0.61 ± 0	0.59 ± 0.01	0.61 ± 0	0.59 ± 0.01	0.61 ± 0	0.59 ± 0.01	1.00	1.00
Eosinophils (in proportion to total leukocytes)	16,962	0.02 ± 0	0.03 ± 0	0.02 ± 0	0.02 ± 0	0.03 ± 0	0.03 ± 0	0.055	1.00
Basophils (in proportion to total leukocytes)	16,962	0.01 ± 0	0.01 ± 0	0.01 ± 0	0.01 ± 0	0.01 ± 0	0.01 ± 0	1.00	1.00
Biochemistry									
Glucose (mmol/L)	18,835	5.75 ± 0.01	5.84 ± 0.17	5.54 ± 0.02	5.78 ± 0.26	5.96 ± 0.02	5.89 ± 0.23	1.00	1.00
Uric acid (μmol/L)	18,670	302.52 ± 0.51	304.14 ± 6.87	261.48 ± 0.71	270.42 ± 10.53	343.56 ± 0.72	337.87 ± 8.84	<0.001	1.00
Creatinine (μmol/L)	19,365	77.43 ± 0.12	77.74 ± 1.59	68.16 ± 0.16	70.96 ± 2.41	86.69 ± 0.17	84.52 ± 2.07	<0.001	1.00
Albumin (g/L)	19,365	42.69 ± 0.02	42.53 ± 0.29	42.17 ± 0.03	42.2 ± 0.44	43.2 ± 0.03	42.87 ± 0.38	0.067	1.00
Total calcium (mmol/L)	18,819	2.37 ± 0	2.38 ± 0.01	2.37 ± 0	2.38 ± 0.01	2.37 ± 0	2.38 ± 0.01	1.00	1.00
Sodium (mmol/L)	19,365	138.98 ± 0.02	139.18 ± 0.23	138.93 ± 0.02	139.41 ± 0.35	139.04 ± 0.02	138.95 ± 0.3	1.00	1.00
Potassium (mmol/L)	19,296	4.29 ± 0	4.34 ± 0.06	4.25 ± 0	4.29 ± 0.09	4.33 ± 0	4.39 ± 0.08	0.847	1.00
Chloride (mmol/L)	19,365	103.7 ± 0.02	103.92 ± 0.25	103.72 ± 0.03	104.28 ± 0.38	103.67 ± 0.03	103.55 ± 0.33	1.00	1.00
Aspartate aminotransferase (AST) (IU/L)	19,365	24.84 ± 0.07	26.05 ± 0.8	22.99 ± 0.1	24.83 ± 1.21	26.68 ± 0.11	27.27 ± 1.04	0.003	1.00
Alanine aminotransferase (ALT) (IU/L)	19,362	25.28 ± 0.1	27.44 ± 1.44	21.39 ± 0.15	24.91 ± 2.18	29.17 ± 0.15	29.97 ± 1.88	<0.001	1.00
Gamma glutamyltransferase (GGT) (IU/L)	19,364	27.57 ± 0.24	29.38 ± 3.23	22.09 ± 0.34	24.04 ± 4.89	33.04 ± 0.35	34.73 ± 4.21	0.017	1.00
Triglycerides (mmol/L)	19,364	1.88 ± 0.01	1.86 ± 0.12	1.6 ± 0.01	1.64 ± 0.18	2.15 ± 0.01	2.07 ± 0.16	0.001	1.00
Total cholesterol (mmol/L)	19,365	5.12 ± 0.01	5.16 ± 0.1	5.25 ± 0.01	5.21 ± 0.15	4.98 ± 0.01	5.1 ± 0.13	0.974	1.00
HDL-cholesterol (mmol/L)	19,364	1.24 ± 0	1.27 ± 0.04	1.41 ± 0	1.43 ± 0.06	1.07 ± 0	1.11 ± 0.05	<0.001	1.00
LDL-cholesterol (mmol/L)	18,774	3.04 ± 0.01	3.07 ± 0.09	3.11 ± 0.01	3.03 ± 0.13	2.97 ± 0.01	3.11 ± 0.12	1.00	1.00
Glycated hemoglobin HbA1C (0–1)	19,230	0.06 ± 0	0.06 ± 0	0.06 ± 0	0.06 ± 0	0.06 ± 0	0.06 ± 0	1.00	1.00
Thyroid stimulating hormone (TSH) (UI/L)	19,352	1.91 ± 0.01	2.11 ± 0.18	1.9 ± 0.02	2.21 ± 0.27	1.92 ± 0.02	2 ± 0.23	1.00	1.00
Free-T4 (pmol/L)	19,363	11.45 ± 0.02	11.77 ± 0.25	11.39 ± 0.03	11.58 ± 0.38	11.51 ± 0.03	11.96 ± 0.33	1.00	1.00

P < 0.05 indicates a difference between males and females. Statistically significant values are italic.

**P* value sex indicates whether the mean of the parameter monitored differs according to sex.

†*P* value icHHV-6+ indicates whether mean of the parameter monitored differs between icHHV-6+ and icHHV-6–, irrespective of sex.

Table S3. Prevalence of disease in iciHHV-6- and iciHHV-6+ subjects

Variable	N tested	iciHHV-6- N+ out of N tested (%)	iciHHV6+ N+ out of 113 (%)	iciHHV-6- females [N (%)]	iciHHV6+ females [N (%)]	iciHHV-6- males [N (%)]	iciHHV6+ males [N (%)]	iciHHV6+ vs. iciHHV-6- [OR (95% CI)]	P value sex*	P value i iciHHV-6+†	P value interaction‡
Currently taking prescribed medication	19,542	12,829 (65.6%)	70 (61.9%)	7087 (71.1%)	33 (67.3%)	5742 (60.7%)	37 (57.8%)	0.86 (0.58–1.27)	1.00	1.00	1.00
Disease of the circulatory system											
High blood pressure occurrence	19,436	4,820 (24.9%)	29 (25.9%)	2217 (22.3%)	10 (20.8%)	2603 (27.7%)	19 (29.7%)	1 (0.65–1.56)	1.00	1.00	1.00
Myocardial infarct	19,520	542 (2.8%)	3 (2.7%)	114 (1.1%)	1 (2%)	428 (4.5%)	2 (3.1%)	1.11 (0.33–3.74)	1.00	1.00	1.00
Angina occurrence	19,473	624 (3.2%)	11 (9.7%)	219 (2.2%)	7 (14.3%)	405 (4.3%)	4 (6.3%)	3.31 (1.73–6.35)	1.00	0.017	0.839
Stroke occurrence	19,520	311 (1.6%)	5 (4.5%)	134 (1.3%)	3 (6.3%)	177 (1.9%)	2 (3.1%)	2.87 (1.14–7.23)	1.00	1.00	1.00
Endocrine/metabolic disease											
Diabetes type 1	19,438	120 (0.6%)	2 (1.8%)	35 (0.4%)	1 (2%)	85 (0.9%)	1 (1.6%)	3.2 (0.78–13.14)	1.00	1.00	1.00
Diabetes type 2	19,438	1,329 (6.9%)	7 (6.2%)	488 (4.9%)	2 (4.1%)	841 (8.9%)	5 (7.8%)	0.84 (0.36–1.96)	1.00	1.00	1.00
Thyroid disease occurrence	19,506	2,102 (10.8%)	15 (13.3%)	1604 (16.1%)	11 (22.4%)	498 (5.3%)	4 (6.3%)	1.34 (0.73–2.47)	<0.001	1.00	1.00
High blood cholesterol occurrence	19,040	5,522 (29.2%)	31 (28.2%)	2186 (22.5%)	11 (22.4%)	3336 (36.3%)	20 (32.8%)	0.93 (0.6–1.42)	1.00	1.00	1.00
Diseases of the respiratory system											
Chronic bronchitis occurrence	19,489	976 (5%)	2 (1.8%)	627 (6.3%)	1 (2%)	349 (3.7%)	1 (1.6%)	0.36 (0.09–1.46)	1.00	1.00	1.00
Asthma occurrence	19,498	2,515 (13%)	15 (13.3%)	1539 (15.5%)	8 (16.3%)	976 (10.3%)	7 (10.9%)	1.07 (0.62–1.84)	1.00	1.00	1.00
Diseases of the genitourinary tract											
Renal failure occurrence	19,511	106 (0.5%)	0 (0%)	40 (0.4%)	0 (0%)	66 (0.7%)	0 (0%)	1.64 (0.22–12.1)	1.00	1.00	1.00
Kidney stones occurrence	19,511	1,076 (5.5%)	7 (6.2%)	391 (3.9%)	2 (4.1%)	685 (7.3%)	5 (7.8%)	1.06 (0.46–2.47)	1.00	1.00	1.00
Renal infection occurrence	19,511	319 (1.6%)	3 (2.7%)	251 (2.5%)	2 (4.1%)	68 (0.7%)	1 (1.6%)	1.9 (0.56–6.44)	1.00	1.00	1.00
Diseases of the musculoskeletal system and connective tissue											
Osteoarthritis occurrence	19,325	3,088 (16.1%)	18 (16.2%)	2003 (20.3%)	12 (25%)	1085 (11.6%)	6 (9.5%)	1.02 (0.6–1.75)	0.043	1.00	1.00
Rheumatoid arthritis occurrence	19,325	544 (2.8%)	2 (1.8%)	333 (3.4%)	1 (2.1%)	211 (2.3%)	1 (1.6%)	0.65 (0.16–2.65)	1.00	1.00	1.00
Osteoporosis occurrence	19,391	1,252 (6.5%)	4 (3.6%)	1037 (10.5%)	4 (8.2%)	215 (2.3%)	0 (0%)	0.54 (0.12–2.37)	0.295	1.00	1.00
Diseases of the eyes											
Glaucoma occurrence	19,466	537 (2.8%)	2 (1.8%)	312 (3.1%)	1 (2%)	225 (2.4%)	1 (1.6%)	0.65 (0.16–2.64)	1.00	1.00	1.00
Cataract occurrence	19,466	1,103 (5.7%)	7 (6.3%)	575 (5.8%)	3 (6.1%)	528 (5.6%)	4 (6.3%)	1.1 (0.51–2.39)	1.00	1.00	1.00
Macular degeneration occurrence	19,466	123 (0.6%)	1 (0.9%)	75 (0.8%)	1 (2%)	48 (0.5%)	0 (0%)	2.48 (0.48–12.71)	1.00	1.00	1.00
Diseases of the digestive system											
Cirrhosis occurrence	19,511	52 (0.3%)	0 (0%)	15 (0.2%)	0 (0%)	37 (0.4%)	0 (0%)	3.55 (0.48–26.44)	1.00	1.00	1.00
Chronic hepatitis occurrence	19,511	205 (1.1%)	0 (0%)	78 (0.8%)	0 (0%)	127 (1.3%)	0 (0%)	0.85 (0.12–6.22)	1.00	1.00	1.00
Bowel disorder occurrence	19,483	2,549 (13.2%)	12 (10.6%)	1556 (15.7%)	7 (14.3%)	993 (10.5%)	5 (7.8%)	0.8 (0.44–1.48)	1.00	1.00	1.00
Stomach disorder occurrence	19,485	4,530 (23.4%)	23 (20.5%)	2415 (24.3%)	10 (20.8%)	2115 (22.4%)	13 (20.3%)	0.85 (0.53–1.35)	1.00	1.00	1.00
Irritable bowel occurrence	19,483	868 (4.5%)	5 (4.4%)	670 (6.7%)	3 (6.1%)	198 (2.1%)	2 (3.1%)	1.16 (0.47–2.92)	1.00	1.00	1.00
Polyps occurrence	19,483	862 (4.5%)	8 (7.1%)	421 (4.2%)	5 (10.2%)	441 (4.7%)	3 (4.7%)	1.61 (0.76–3.38)	1.00	1.00	1.00
Diverticular disease occurrence	19,483	546 (2.8%)	3 (2.7%)	329 (3.3%)	3 (6.1%)	217 (2.3%)	0 (0%)	0.85 (0.19–3.84)	1.00	1.00	1.00
Crohn's occurrence	19,483	119 (0.6%)	0 (0%)	66 (0.7%)	0 (0%)	53 (0.6%)	0 (0%)	1.43 (0.19–10.49)	1.00	1.00	1.00
<i>H. pylori</i> occurrence	19,439	538 (2.8%)	2 (1.8%)	296 (3%)	1 (2%)	242 (2.6%)	1 (1.6%)	0.64 (0.16–2.59)	1.00	1.00	1.00
Diseases of the skin and subcutaneous tissue											
Skin disease occurrence	19,458	3,808 (19.7%)	24 (21.4%)	2170 (21.9%)	12 (24.5%)	1638 (17.4%)	12 (19%)	1.14 (0.72–1.79)	1.00	1.00	1.00

