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### Supporting Information

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#### **Fast Proton Exchange in Histidine: Measurement of Rate Constants through Indirect Detection by NMR Spectroscopy**

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**Table S1.** Absolute values of one-bond scalar coupling constants for a)  $\text{NH}_3^+$ , b)  $\text{NH}^{\epsilon 2}$  and c)  $\text{NH}^{\delta 1}$ :

<b>a) <math> ^1J(\text{NH}_3^+) </math> Hz</b>				
<b>Average pH</b>	<b>272.6 K</b>	<b>278.0 K</b>	<b>283.5 K</b>	<b>292.5 K</b>
<b>1.39</b>	73.54	73.64	74.10	73.79
<b>2.36</b>	72.22	73.28	74.28	73.09
<b>2.70</b>	72.84	73.92	73.37	73.70
<b>3.17</b>	72.24	73.47	73.47	72.86
<b>3.57</b>	73.39	73.47	73.73	73.02
<b>3.86</b>	73.78	73.69	73.14	72.51
<b>4.30</b>	72.67	72.02	71.49	72.25
<b>b) <math> ^1J(\text{NH}^{\epsilon 2}) </math> Hz</b>				
<b>1.39</b>	100.34	100.20	99.90	99.16
<b>2.36</b>	100.25	100.16	97.99	97.36
<b>2.70</b>	99.24	98.51	97.49	97.09
<b>3.17</b>	98.93	98.34	98.10	98.11
<b>3.57</b>	97.97	97.90	98.07	96.50
<b>3.86</b>	99.51	99.07	99.42	99.48
<b>4.30</b>	98.82	95.79	100.71	94.81
<b>c) <math> ^1J(\text{NH}^{\delta 1}) </math> Hz</b>				
<b>1.39</b>	96.71	97.29	101.25	95.06
<b>2.36</b>	93.61	92.27	93.58	102.39
<b>2.70</b>	93.13	92.66	100.91	98.19
<b>3.17</b>	93.31	96.51	97.80	91.99
<b>3.57</b>	92.67	94.38	93.77	97.33
<b>3.86</b>	98.54	103.49	100.86	105.40
<b>4.30</b>	92.08	111.99		

**Table S2.** Chemical shifts  $\delta_{\text{H}}$  of a)  $\text{NH}_3^+$  protons, b)  $\text{NH}^{\epsilon 2}$  proton and c)  $\text{NH}^{\delta 1}$  proton:

<b>a) <math>\delta_{\text{H}}</math> (<math>\text{NH}_3^+</math>) ppm</b>				
<b>Average pH</b>	<b>272.6 K</b>	<b>278.0 K</b>	<b>283.5 K</b>	<b>292.5 K</b>
<b>1.39</b>	8.174	8.134	8.113	8.109
<b>2.36</b>	8.120	8.113	8.114	8.075
<b>2.70</b>	8.086	8.057	8.077	8.032
<b>3.17</b>	8.052	8.034	8.027	8.007
<b>3.57</b>	8.045	8.046	8.032	8.009
<b>3.86</b>	8.036	8.033	8.019	8.021
<b>4.30</b>	8.071	8.095	8.045	7.972
<b>b) <math>\delta_{\text{H}}</math> (<math>\text{NH}^{\epsilon 2}</math>) ppm</b>				
<b>1.39</b>	13.777	13.703	13.659	13.677
<b>2.36</b>	13.793	13.697	13.608	13.599
<b>2.70</b>	13.665	13.714	13.702	13.664
<b>3.17</b>	13.704	13.768	13.647	13.628
<b>3.57</b>	13.713	13.686	13.660	13.574
<b>3.86</b>	13.712	13.712	13.662	13.615
<b>4.30</b>	13.760	13.657	13.524	13.898
<b>c) <math>\delta_{\text{H}}</math> (<math>\text{NH}^{\delta 1}</math>) ppm</b>				
<b>1.39</b>	13.974	13.965	13.907	13.726
<b>2.36</b>	13.971	13.905	13.855	13.966
<b>2.70</b>	13.980	13.930	13.904	13.914
<b>3.17</b>	13.939	14.045	13.854	14.052
<b>3.57</b>	13.955	14.035	13.961	13.693
<b>3.86</b>	14.038	13.963	13.795	14.113
<b>4.30</b>	13.775	14.257		

**Table S3.** Exchange rate constants  $k_{ex}$  for a)  $\text{NH}_3^+$  protons, b)  $\text{NH}^{\epsilon 2}$  proton and c)  $\text{NH}^{\delta 1}$ 

proton:

<b>a) <math>k_{ex} (\text{NH}_3^+) \text{ s}^{-1}</math></b>				
<b>Average pH</b>	<b>272.6 K</b>	<b>278.0 K</b>	<b>283.5 K</b>	<b>292.5 K</b>
<b>1.39</b>	252.1±2.5	418.5±4.2	591.9±5.9	1204.9±12.1
<b>2.36</b>	223.8±2.2	366.7±3.7	542.0±5.4	1067.2±10.7
<b>2.70</b>	207.6±2.1	339.1±3.4	486.8±4.9	968.0±9.7
<b>3.17</b>	271.9±2.7	414.1±4.1	613.7±6.2	1257.5±12.6
<b>3.57</b>	377.1±3.8	575.9±5.8	889.5±8.9	1764.0±17.7
<b>3.86</b>	683.0±6.8	1052.0±10.6	1565.7±15.7	2921.2±29.5
<b>4.30</b>	3065.6±31.0	4107.9±41.8	5416.7±55.6	8397.4±88.6
<b>4.88</b>	17791.7±213.7	22581.6±296.7	27490.8±403.7	41970.8±939.3
<b>b) <math>k_{ex} (\text{NH}^{\epsilon 2}) \text{ s}^{-1}</math></b>				
<b>1.39</b>	1058.6±10.6	1529.5±15.4	2235.7±22.5	3998.0±40.6
<b>2.36</b>	1100.2±11.0	1623.3±16.3	2353.9±23.7	4142.2±42.1
<b>2.70</b>	1103.1±11.0	1648.6±16.6	2427.6±24.4	4218.7±42.9
<b>3.17</b>	1442.4±14.5	2119.9±21.3	3071.7±31.1	5377.7±55.0
<b>3.57</b>	1876.7±18.9	2786.9±28.1	4025.3±40.9	6980.8±72.1
<b>3.86</b>	3627.1±36.8	5131.4±52.4	7080.9±73.2	11562.0±123.3
<b>4.30</b>	12692±136.6	15758±173.9	19474.1±227.7	27363.7±347.7
<b>4.88</b>	68380.8±2725.1	84882.9±5365.4		
<b>c) <math>k_{ex} (\text{NH}^{\delta 1}) \text{ s}^{-1}</math></b>				
<b>1.39</b>	11656.6±117.8	16099.1±163.5	22531.8±230.5	36719.8±388.6
<b>2.36</b>	12761.7±129.1	17909.5±182.2	24688.3±253.3	40844.1±440.8
<b>2.70</b>	12961.9±131.2	18316.4±186.5	25248.3±259.3	41681.8±451.7
<b>3.17</b>	13639.8±138.2	19072.6±194.3	26759.1±275.6	43864.4±481.7
<b>3.57</b>	14812.1±150.2	20631.6±210.6	28074.7±289.9	46728.2±523.9
<b>3.86</b>	16895.0±208.2	23141.6±236.9	31536.2±328.2	49126.8±561.3
<b>4.30</b>	32657.7±340.7	42538.6±457.0	52583.1±609.0	80903.8±1485.1