SUPPLEMENTARY APPENDIX

Interview schedule pre-trial

Introductions/ written consent/ audio recorder on

As you know we are currently developing a mobile health system to support people living with COPD to manage their own condition. We would like to find out a bit more about how you currently experience your condition, and who manages COPD at home at the moment.

- 1. First of all, could you tell me about how your condition affects you on a daily basis?
- 2. How do you currently manage your disease on a good day (self, carer, health-care professional input)?
- 3. Tell me a bit more about what a good day is like.
- 4. Do you know what an exacerbation is?
- 5. How do your symptoms change when you have feel an exacerbation coming on? How does it start?
- 6. Tell me a bit more about what a bad day looks like.

- 7. How do you manage your condition when you have a bad day?
- 8. What are the main issues that you face in managing your condition?
- 9. How confident do you feel in managing your COPD at home?
- 10. What is your experience of the current care provided to you?
- 11. Is there anything you can think of that might facilitate the management of your condition?
- 12. How do you feel about using IT in your daily life (mobile phones, computer, internet, smart phones)?
- 13. How do you feel about using technology to help manage your condition?
- 14. Can you think of any difficulties/challenges such a system might bring?
- 15. What do you expect from this application in terms of managing your condition?

Many thanks for taking part in this research.