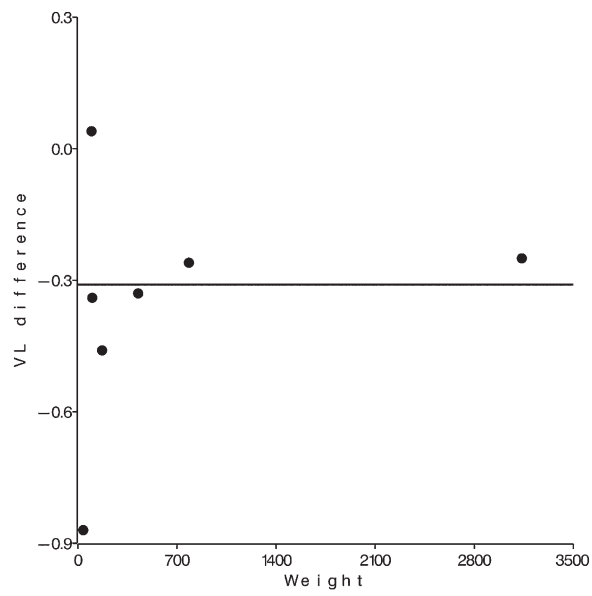


Supplementary Figure 1: Funnel plot. Estimated treatment effect on viral load (VL) difference by inverse of estimated within-study variance (weight).



Supplementary Figure 2: Forest plots by median age, compliance, publication year, trial length, location, drug preparation, and trial type. The null association is shown as the solid horizontal line. The pooled estimate $-0.33 \log_{10}$ copies/mL (95% CI: $-0.56, -0.10$) is shown as the dashed horizontal line.

